



Inspiring the leaders of tomorrow to think for themselves and act for others

MESSAGE FROM MR LAWLOR

Many congratulations to all the student musicians involved in this week's superb Christmas Concerts; what a joy for us all as we prepare for the holiday period. A big thank you to Mr Lamberti, Mrs Clements, Mrs Gross, Mr French, Ms Abbott, Mr Barrett, Mr Cooper, Mr Drury, Mr Eaton, Mr Gadd, Mrs Gray, Ms Mardi, Mrs Poole, Mrs Savage, Mrs Smart and Mrs Wheadon, for all that is done to teach, support and inspire our amazing student musicians.



Our now established CCHS Institute provides both a home for and inspiration to academic enrichment activities. For example, this term Mr Carter (Subject Leader of English & School Development Leader) arranged after-school online lectures with Dr Anke Bernau, Senior Lecturer at The University of Manchester and Dr Katie McGettigan, Senior Lecturer at Royal Holloway University. Last week, Mrs Kurian (Subject Leader of Physics & STEM Leader) arranged to host a lecture with the Institute of Physics, bringing Dr Gemma Richardson from the British Geological Survey to the school for an in-person presentation. Alongside opportunities such as these, we have a wealth of clubs & societies, which run activities at lunchtime, providing additional time and space for more academic enrichment. And when we begin the Spring Term, there will be more events for students to benefit from.



Please use the QR code for details on how to donate to the CCHS Foundation.
Thank you for your support.

Or visit www.cchs.co.uk/about-us/cchs-foundation

Help us do more for your daughters – success through community



Success through Community

The CCHS Foundation¹ is a school community enterprise dedicated to raising funds, through voluntary contributions each year, to provide your daughters with more:

- more resources, including books, journals and websites
- more facilities, including
- ICT infrastructure and digital learning devices
- and more opportunities, including
- enrichment activities and educational visits

How to contribute financially towards the CCHS Foundation:

1. Set up a Regular payment by Standing Order with your Bank

This provides the Foundation with a regular income to allow us to plan ahead more effectively, and can be set to a payment amount, frequency and date to suit you. Please contact the school at finance@cchs.co.uk for our bank details.

2. Payment via ParentPay

You should find a payment item assigned to your daughter on ParentPay entitled 'Donate to CCHS Foundation'. Payment may be made via debit or credit card, and the amount can be edited to suit your wishes. Payments may be made as often as you like to suit your circumstances.

Additional payment items may be available at various times, 'giving days', for donating towards a specific fundraising goal.

3. Gift Aid

However you choose to contribute, if you are a UK tax payer, we can benefit further if you complete a Gift Aid Declaration form. This means that we can reclaim from HMRC any income tax you have paid on your donations to us, at a basic tax rate of 20%. The form can be accessed [here](#).

¹ The CCHS Foundation is not a distinct legal entity but a term we are using for this initiative under CCHS's exempt charitable status as an academy.

Ways to donate towards CCHS Capital projects:

1. TotalGiving

The School has set up an online fundraising page via [TotalGiving](#). This allows you to make regular or single contributions online using a credit or debit card. Gift Aid for eligible donations can also be processed through this route.

2. Giving through an employer scheme:

Payroll Giving

Payroll Giving (also known as ‘Give As You Earn’) is a valuable, long term source of revenue, providing regular income to help charities budget and plan more effectively. Your donation can often be made from your pre-tax income. Please ask your employer about this scheme.

As an academy, the School is considered to be an exempt charity and as such does not need to register with the Charity Commission. However, our charitable status is registered with HMRC. ‘Chelmsford County High School for Girls’ should be used as the reference on the payroll giving paperwork.

Company Gifts & Matched Funding

Some companies operate schemes allowing employees to nominate a charity for a company donation. This is often under a ‘matched funding’ programme whereby a company will match the donation made by the employee to their chosen charity. Please ask your employer about this scheme.

4. CAF Giving – more details

The Charities Aid Foundation (CAF) makes giving to charity easy. Through CAF, the value of your donation is increased via tax relief, and you have the option to donate anonymously.

5. Set up a regular payment by Standing Order with your Bank

This provides the School with a regular income to allow us to plan more effectively, and can be set to a payment amount, frequency and date to suit you. Please contact the school at finance@cchs.co.uk for our bank details.

6. Payment via ParentPay

You should find a payment item assigned to your daughter on [ParentPay](#) entitled ‘CCHS Buildings Appeal’. Payment may be made via debit or credit card, and the amount can be edited to suit your wishes. Payments may be made as often as you like to suit your circumstances.

Help us do more for your daughters – success through community

7. Gift Aid

Should you choose to contribute via bank standing order or ParentPay, if you are a UK tax payer we can benefit further if you complete a Gift Aid Declaration form. This means that we can reclaim from HMRC any income tax you have paid on your donations to us, at a basic tax rate of 20%. The form can be accessed [here](#).

Leaving a Legacy Please consider leaving the School a legacy in your will. If you leave a gift to a charity such as CCHS, its value will be deducted from your estate (your money, possessions and property) before Inheritance Tax is calculated.

Thank you, in advance, for any support you can provide to the students of CCHS



CCHS Values

CITIZENSHIP

Inspire future citizens to think for themselves and to act for others. (Amplification of School Vision: 'Developing the leaders of tomorrow')



DISTINCTION

Students will be provided with an outstanding education and we expect them to do their best in all endeavours. (Amplification of School Aim 1: 'The pursuit of excellence')



CHALLENGE

Students will be stimulated to acquire new knowledge & understanding and motivated to develop new skills & attributes. (Amplification of School Aim 2: 'Fulfilling individual potential')



DUTY

Students will conduct themselves with civility and compassion at all times, supporting each other and looking beyond themselves. (Amplification of School Aim 3: 'Contributing to the community')

IMAGINATION

Enable students to explore new ideas and empathise with the thinking of others, without limitation or risk. (English, Sport and Arts subjects)



ENLIGHTENMENT

Equip students with the insight and determination to embrace new ideas, technology and innovation, enabling them to contribute to the ever-changing natural and physical world around them. (Mathematics, Computer Science and Natural Sciences subjects)



DIVERSITY

Provide students with the tools to respect and celebrate the great diversity of cultures, backgrounds and beliefs, within and beyond the School, whilst recognising that we have more in common than that which divides us. (Humanities, Languages and Social Sciences subjects)



D e s i d e r a t a

G O P L A C I D L Y amid the noise

and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

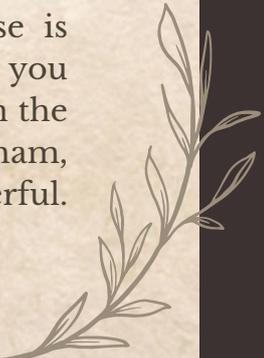
Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

by Max Ehrmann ©1927



Arrival at and departure from school

We continue to engage with local residents (First Avenue, Corporation Road, Swiss Avenue, Westfield Avenue and Elms Drive) concerning their experiences during student arrival and departure periods.

Further to my communications on this matter previously, I note below key points of information to support CCHS families:

- Chelmsford City Council provided the following about the use of Rectory Lane car park:

“Please be advised there is a standard five-minute grace period on all vehicles to allow the purchase of a pay and display ticket. Therefore, any vehicles that are in the car park for the purposes of dropping off and / or picking up should fall within that grace period.”

- As a result of the concerns raised by local residents regarding instances of inconsiderate and at times dangerous parking, South Essex Parking Partnership noted that their Parking Enforcement Team will be stepping up their patrols in the area.
- Our School Eco Committee is undertaking work, supported by the local authority, to explore how students travel to and from school, and how we could support both school families and the wider community with matters of travel, parking and congestion.
- Our Senior Leadership Team is working with local officials and local politicians on the matter of parking and congestion, and we have made suggestions to support this work, including the idea of creating a new entrance/exit point to the school site on the Chelmer Valley Road (east side of the campus).

Thank you, as ever, for your support in ensuring that we are mindful of local residents, as we work to keep people safe and relations cordial.

Please be aware of your surroundings when dropping off and picking up students to and from school. The area directly outside our school, in Broomfield Road, is a very busy thoroughfare. A vehicle which is not parked safely can be dangerous for other vehicles, as can dropping off/picking up students in the buslane.



ROAD SAFETY

CSES- ARU Annual Christmas Lecture – 10th December 2025



On Wednesday the 10th of December, we went to Anglia Ruskin University to attend Professor Neil D. Lawrence's lecture titled "The Atomic Human", which shares the same title as the book that he wrote in 2024. Professor Lawrence was the Director of Machine Learning at Amazon, before becoming the Professor of Machine Learning at the University of Cambridge.

Professor Lawrence shared his ideas about Artificial Intelligence, explaining how AI could never replace humans. He compared AI to Democritus' atomic theory, using the idea that every time a computer becomes capable of performing one of the tasks that was once considered "human" (such as when a computer defeated the World Champion of Chess), a piece of humanity is "cut away". However, he explained that AI will never be able to completely "cut away" at us, as there are some things that humans can do that computers can't. For example, computers do not have feelings or creativity.

Professor Lawrence further emphasised this point through the use of the "iceberg effect", where someone writes the minimum amount of words to provoke powerful feelings. When a human reads the short sentence "For sale: baby shoes, never worn", they are able to empathise with the fact that someone has lost their child. However, computers cannot do this. They cannot lose relatives and they cannot die themselves, meaning they do not understand the feelings that a human experiencing the loss of a loved one would have. He used this point to further emphasise the fact that AI could never replace humans, as they do not have the same feelings and understanding as we do.

Finally, Professor Lawrence explained that, rather than fearing AI and worrying that it will replace us, we should embrace technology, as we will be the ones to steer the use and development of technology in the future.

This lecture was very interesting and allowed us to understand the different viewpoints and beliefs that people have about the usage and development of AI, as well as allowing us to understand that AI will not replace us.

Anjana, 11H

Keeping Well in the Winter



As we enter the winter period, respiratory and gastric viruses begin to thrive. Please practice good hygiene to help prevent these viruses from flourishing. Use the simple rules of “Catch It, Bin It, Kill It”, and remember to wash hands before eating, before and after food preparation, after using the toilet and after blowing your nose, coughing, or sneezing. Hand sanitizer can be used but remember, it does not kill norovirus – only washing with soap and water will.



CATCH IT

Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.



BIN IT

Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.



KILL IT

Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.



UK Health Security Agency

Best Practice: How to hand wash step by step images

Steps 3-8 should take at least 15 seconds.

<p>1 Wet hands with water.</p>	<p>2 Apply enough soap to cover all hand surfaces.</p>	<p>3 Rub hands palm to palm.</p>
<p>4 Right palm over the back of the other hand with interlaced fingers and vice versa.</p>	<p>5 Palm to palm with fingers interlaced.</p>	<p>6 Backs of fingers to opposing palms with fingers interlocked.</p>
<p>7 Rotational rubbing of left thumb clasped in right palm and vice versa.</p>	<p>8 Rotational rubbing, backwards and forwards with clasped fingers of right hand in left palm and vice versa.</p>	<p>9 Rinse hands with water.</p>
<p>10 Dry thoroughly with towel.</p>	<p>11 Use elbow to turn off tap.</p>	<p>12 Steps 3-8 should take at least 15 seconds. ...and your hands are safe.*</p>

Adapted from the World Health Organization/Health Protection Scotland © Crown copyright 2022

*Any skin complaints should be referred to local occupational health or GP.

FREE PARENT WEBINARS

for supporting your secondary aged
child with mental health and wellbeing

Provided by your Mental Health Support Team

@set_camhs_nhs

[Click Here](#)

OR USE THE QR
BELOW TO SIGN UP
AND FIND OUT MORE



Do you want help supporting your child?
We offer a variety of online workshops to
help you to support your child.

Coming up in January, we have:

✓ **Understanding Anxiety & Emotional Based
School Avoidance (EBSA)**
14th January 7pm

In this workshop, we'll look at why anxiety happens, what keeps EBSA going and the impact of avoidance. Parents will also learn practical tools such as grounding techniques, problem solving, worry time and thought challenging to help support their child's confidence, wellbeing and return to learning.

✓ **Introduction to Understanding ADHD**
20th January 10am

This workshop will explore what ADHD is, how it can affect daily functioning at home and school and the challenges it may bring. The session also offers practical strategies and ideas for how parents can support their child's learning, wellbeing and self-esteem. Parents will leave with a greater understanding of ADHD and tools they can use to help their child thrive.





CCHS PARENTS' ASSOCIATION



HOUSE CLOTHING COMPETITION!

30th January, 8-9am, CCHS Dining Area
.....

Turn unwanted clothes into cash for the school and help your house win! The house with the most full bags of clothes collected takes the crown - so start saving now!

Bags will be delivered to tutor groups ready for you to bring in on 30th January. Extra bags are also available from the front office, but you can also use any plastic bags.

✓ Accepted Items:

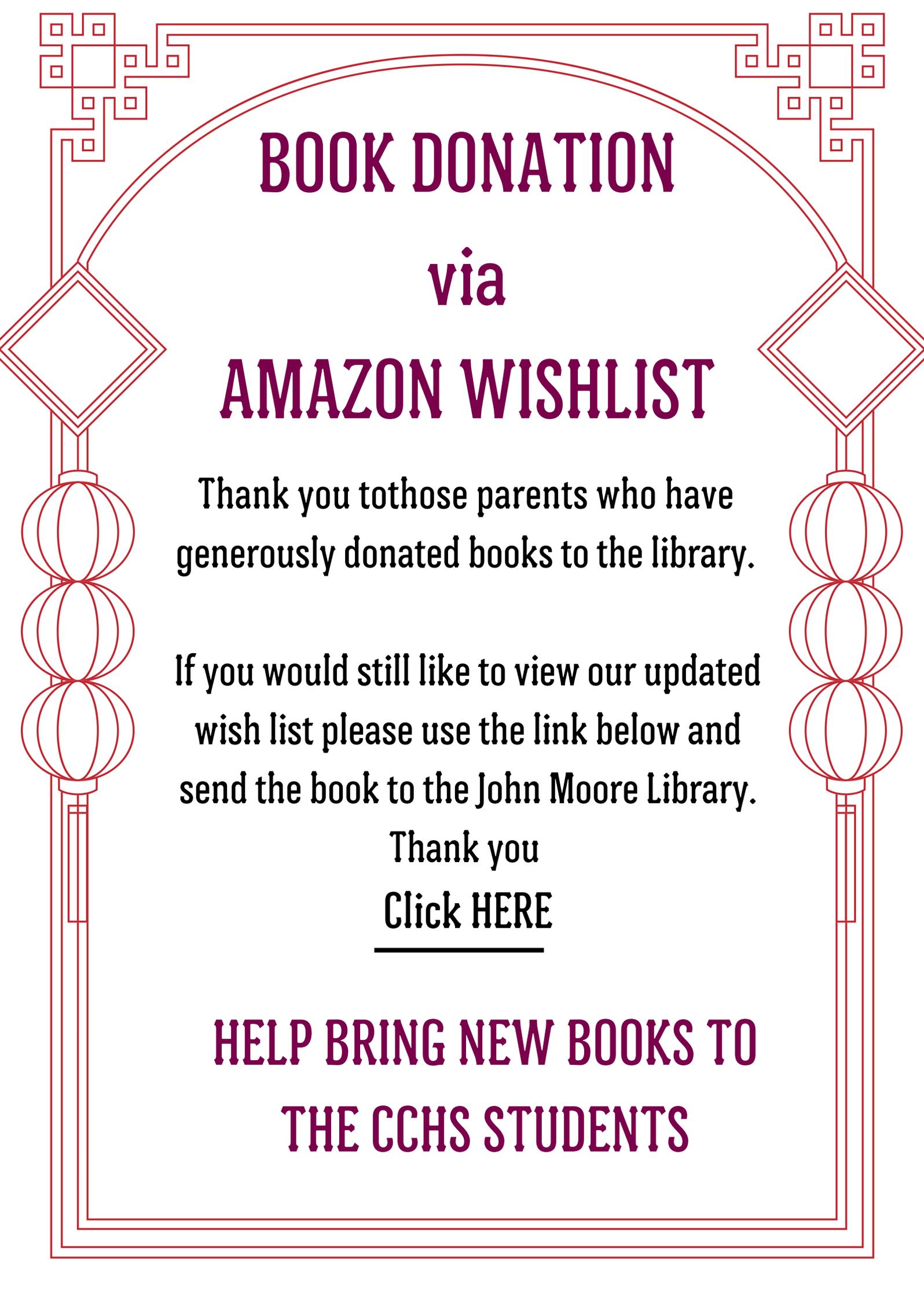
- Adult and children's clothing
- Paired shoes
- Fashion accessories
- Handbags
- Belts
- Hats and scarves
- Jewellery, perfumes
- Unwanted Xmas Gifts

✗ Please Don't Bring...

We don't accept dirty, damaged or wet clothes, toys, books, DVDs, duvets, pillows, uniforms or underclothing, linen, carpets, blankets, curtains, or bric-a-brac.

THANK YOU X





BOOK DONATION

via

AMAZON WISHLIST

Thank you to those parents who have generously donated books to the library.

If you would still like to view our updated wish list please use the link below and send the book to the John Moore Library.

Thank you

[Click HERE](#)

**HELP BRING NEW BOOKS TO
THE CCHS STUDENTS**

CCHS News this week...

A-LEVEL GERMAN FILM STUDY DAY

Posted: 10th December 2025

Our A-level German students are attending a German Film Study Day in London today.

German - Chelmsford County High School for Girls



NATIONAL SCHOOLS CROSS COUNTRY COMPETITION

Posted: 8th December 2025

Huge congratulations to the CCHS Team, who came 4th at the ESAA National Finals of the Cross Country Schools Cup, which took place in Warwickshire at the weekend - we are so proud of these outstanding sportswomen!

Sports - Chelmsford County High School for Girls



CCHS CHRISTMAS CONCERT 2025

Posted: 10th December 2025

We are looking forward to our Christmas Concerts this week. Thank you to our fantastic Music Department and our brilliant student musicians, who have prepared another wonderful programme.

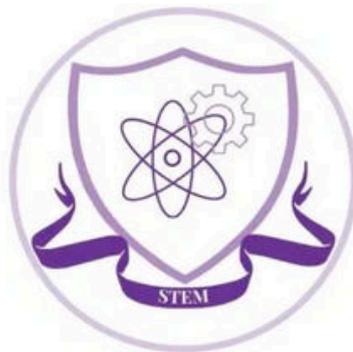
The Arts - Chelmsford County High School for Girls



CSES CHRISTMAS LECTURE AT ARU

Posted: 10th December 2025

Students in Year 10 and Year 11 are attending the Chelmsford Science & Engineering Society annual Christmas lecture at Anglia Ruskin University today. Professor Neil Lawrence, DeepMind Professor of Machine Learning at The University of Cambridge, will be discussing the world of Artificial Intelligence. Professor Lawrence will talk about the limitations of artificial intelligence, why he finds the notion of artificial general intelligence absurd, and how there's a part of us that can never be replaced by the machine.





Elevate Education's Autumn Term

Parent Webinar Series

Elevate Education delivers high-impact workshops to our students that help to develop their study skills, motivation, and exam preparation. Over the next term, you're invited to join their parent webinar series, where you can help support your child at home by reinforcing the skills they're learning at school.

How to Help Your Child Alleviate Stress

16th December 6:00pm (GMT)

Register today at: <https://go.elevateeducation.com/ukschoolwebinar>



WISH LIST LOTTERY



October

- 1st prize Mr & Mrs D. Bome
- 2nd prize Mr S. Tas
- 3rd prize Mr & Mrs G. Burman

November

- 1st prize Mrs J. Chandler
- 2nd prize Mr & Mrs J.R. Ulph
- 3rd prize Mr D. Lockwood

December

- Xmas prize Dr N. Roach
- 1st prize Miss G.L. Grice
- 2nd prize Mr J.R. Ulph
- 3rd prize A. Ban

BARRACUDAS

ACTIVITY DAY CAMPS

AVAILABLE AT YOUR SCHOOL 2026! EXCLUSIVE PARENT DISCOUNT

GET AN EXTRA £25 OFF A WEEK

OR...

£5 OFF A DAY WITH CODE HSCP26

*Not to be used in conjunction with other offers.

Early Booking Offer!
LOWEST prices guaranteed
till 31st Jan!
Save up to £125 with our
EBO and your code!

- ⦿ 4 to 14 year olds!
- ⦿ 80+ Activities!
- ⦿ Choice each session!
- ⦿ Specialist Courses!
- ⦿ Flexible bookings!

*Not to be used in conjunction with other offers.

 barracudas.co.uk
 01480 467 567

HIGHLY RATED
School Holiday
Camps!!!



Barracudas Activity Day Camps, the UK's favourite school holiday camp for children aged 4 to 14 years, will be open at our school in 2026. 80+ exciting activities including arts and crafts, sports, teambuilding and much more! We also have specialist activities including archery and motorsports offered at our Easter and summer camps.

Ofsted registered, confidence building camps with high staff to child ratios.

Save up to £125 with their Early Booking offer and your exclusive code!

Book now at www.Barracudas.co.uk or call 01480 467 567.

Parent discounts:

Parents can get £25 off a full week or £5 off a day by applying this code in the promotions box: HSCP26

*can't be used in conjunction with other codes (apart from our Early Booking Offer)