



Inspiring the leaders of tomorrow to think for themselves and act for others

MESSAGE FROM MR LAWLOR

Last week, Mr Moller, Mrs Buckley and Mrs Manning met with parents and the students who will be participating in this year's overseas residential trip. This will be the second time we have run this trip, working with Operation Wallacea.

Operation Wallacea is a series of biological and conservation management research programmes that operate in remote locations across the world. The CCHS team will be travelling to Mexico, during the end of the Summer Term, with their work in the field contributing to data and studies that will eventually be published. There will be plenty of adventure and fun too, as the photo below from the previous Mexico trip shows.

We are most grateful to the Turing Scheme, the grant from which has allowed us to reduce the cost of the trip for students.

We look forward to hearing all about the trip during assembly time at the start of the next academic year.





CCHS Ethos

We amplify, and so fortify, our School vision and aims, as well as pursue links between subject disciplines, to cultivate core values, which direct and drive our work: **citizenship, distinction, challenge, duty, imagination, enlightenment and diversity**. This ethos forms our covenant with the CCHS community:

- Mission *A progressive grammar school community, committed to excellence in girls' education and empowerment.*
- Vision *Developing the leaders of tomorrow – **citizenship**: inspire future citizens to think for themselves and to act for others.*
- Aim *The pursuit of excellence – **distinction**: provide students with an outstanding education, with students doing their best in all endeavours.*
- Aim *Fulfilling individual potential – **challenge**: motivate students to acquire new knowledge & understanding and stimulate them to develop new skills & attributes.*
- Aim *Contributing to the community – **duty**: ensure students conduct themselves with civility and compassion at all times, supporting each other and looking beyond themselves.*
- *English, Sport and Arts subjects – **imagination**: enable students to explore new ideas and empathise with the thinking of others, without limitation or risk.*
- *Mathematics, Computer Science and Natural Sciences subjects – **enlightenment**: equip students with the insight and determination to embrace new ideas, technology and innovation, enabling them to contribute to the ever-changing natural and physical world around them.*
- *Humanities, Languages and Social Sciences subjects – **diversity**: provide students with the tools to respect and celebrate the great diversity of cultures, backgrounds and beliefs, within and beyond the School, whilst recognising that we have more in common than that which divides us.*



D e s i d e r a t a

G O P L A C I D L Y amid the noise

and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

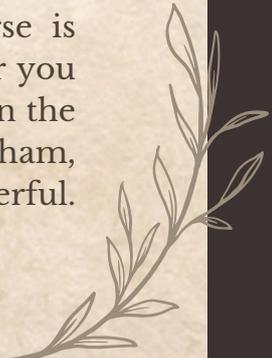
Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

by Max Ehrmann ©1927





Student Achievements

Have you got some news to share?
If so, please email Mrs Gross (jgross@cchs.co.uk) and attach a photo or logo, if applicable.

Grace, (7C), has recently been honoured with an Outstanding Achiever Award from the Jack Petchey Foundation. She received this prestigious award through her table tennis club (BATTs in Harlow) in recognition of her exceptional hard work, dedication to the sport, and commitment to her club.

She was also the winner for Jack Petchey 2025 Individual Championship Finals U13 Girls, which took place in London on Saturday 10th May.



A group of aspiring lawyers in Year 12, Devanshi, Hana, Diya and Nynasha have distinguished themselves over the past months by the efficiency and commitment with which they have chosen, trained and supported our Year 9 team for the Magistrates' Court Mock Trial Competition. This team did incredibly well to win the area competition in Basildon in mid-March and are now looking forward to receiving their invitations to the regional competition to be held later this year.

Congratulations!

CCHS Athlete of the Week

Our Athletes of the Week are Madison, (7F), who recently achieved the new British record for her age group in 1500m with a time of 4:31.10 and Everly, (9H), who won gold in the U15 girls triple jump and silver in the U15 girls long jump with a new personal best of 5.01m. Two incredibly talented athletes who consistently demonstrate resilience and determination, we are so proud of both.

Well done!



Artist *of the week*



ARTIST OF THE WEEK- Emily, in Year 12, for her intricate pencil drawing. So talented well done.

Dear CCHS Community,

RE: Update - arrival at and departure from school

We continue to engage with local residents (First Avenue, Corporation Road, Swiss Avenue, Westfield Avenue and Elms Drive) concerning their experiences during student arrival and departure periods.

Further to my communications on this matter last term and last month, I note below key points of information to support CCHS families:

- Chelmsford City Council provided the following about the use of Rectory Lane car park:
“Please be advised there is a standard five-minute grace period on all vehicles to allow the purchase of a pay and display ticket. Therefore, any vehicles that are in the car park for the purposes of dropping off and / or picking up should fall within that grace period.”
- As a result of the concerns raised by local residents regarding instances of inconsiderate and at times dangerous parking, South Essex Parking Partnership noted that their Parking Enforcement Team will be stepping up their patrols in the area.
- Our School Eco Committee is undertaking work, supported by the local authority, to explore how students travel to and from school, and how we could support both school families and the wider community with matters of travel, parking and congestion.
- Our Senior Leadership Team is working with local officials and local politicians on the matter of parking and congestion, and we have made suggestions to support this work, including the idea of creating a new entrance/exit point to the school site on the Chelmer Valley Road (east side of the campus).

Thank you, as ever, for your support in ensuring that we are mindful of local residents, as we work to keep people safe and relations cordial.

Yours faithfully,

Mr Lawlor.

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Please be aware of your surroundings when dropping off and picking up students to and from school. The area directly outside our school, in Broomfield Road, is a very busy thoroughfare. A vehicle which is not parked safely can be dangerous for other vehicles, as can dropping off/picking up students in the buslane.



**ROAD
SAFETY**

This week in RTP

YEAR GROUP	FRIDAY 23 rd MAY				PERIOD 5	
	A	C	F	G	H	S
7	Non-Verbal Communication					
8	Careers Lesson 2 with Dr Hiner					
9	Career Lessons – with form tutors.					
10	Blood & Stem Cell Donations 1		Samaritan Visitor		Blood & Stem Cell Donations 2	
12	UCAS – with form tutors.					

Please note that Yr9 will be learning about grief and bereavement in RTP lessons straight after the half term holidays. Obviously as a school, we understand that this is a sensitive issue, although we do believe that this is an important issue to discuss with the students. The lessons are written by the UK bereavement charity – Winston's Wish – <https://www.winstonswish.org/> and are age-appropriate and deal with this sensitive issue with care and consideration.

If you would like any more information, please contact the PSHE coordinator – sbuckley@cchs.co.uk or Year 9 Leader – ssales@cchs.co.uk

Donate a book to the library

We are always adding new books to the library, many of which are suggested by the students themselves.

As studies show, reading for pleasure is hugely beneficial for exam success and for mental health, and we support this by stocking the library with books that the students are excited to read.

If you would like to donate a book to the library please have a look on our Amazon Wish List by clicking [HERE](#)

Please choose to have the book delivered directly to the library using the address on the checkout page.

Thank you very much
The Library Staff



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Reminder

The Parent German Exchange Meeting is in V10 on Thursday 22nd May at 17:00

CCHS News this week...

ESAA TRACK & FIELD CUP

Posted: 13th May 2025

All the best to the CCHS Team, who are competing in the English Schools' Athletic Association Track & Field Cup competition today.

Sports - Chelmsford County High School for Girls



MENTAL HEALTH AWARENESS WEEK

Posted: 13th May 2025

This week marks 'Mental Health Awareness Week'. This year's theme celebrates the power and importance of 'community'.

Mental Health Awareness Week | Mental Health Foundation

Pastoral - Chelmsford County High School for Girls



STEM TRIP TO FORD

Posted: 14th May 2025

A group of Year 9 students will be participating in a STEM trip to Ford, Dunton, today. Thank you to Mrs Kurian and Mrs Connolly for arranging and supporting this trip.

STEM & STEAM - Chelmsford County High School for Girls



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Barracudas activity camps are back this summer with 80+ exciting activities for children aged 4½-14!

Book before 5th June to **save up to £74!** Plus, families at our school can enjoy an **additional £20 off** with our partner code **SCHOOL20**.

Barracudas offers flexible, fun and Ofsted-registered childcare from 8.30am - 5.30pm (with Early & Late Clubs available from 8am to 6pm) - perfect for working parents.

Book now to secure your space and enjoy a summer full of fun and peace of mind!



IF IN DOUBT, SIT THEM OUT

UK Concussion Guidelines for Non-Elite (Grassroots) Sport

Participants in grassroots sports will be better protected from the potentially devastating effects of head injuries and concussion thanks to new official guidelines advising: *'if in doubt, sit them out'*.

The Government and the Sport and Recreation Alliance today publishes the first UK-wide Concussion Guidelines for Grassroots Sport which will help players, coaches, parents, schools, National Governing Bodies and sports administrators to identify, manage and prevent the issue.

[The UK Concussion Guidelines for Non-Elite \(Grassroots\) Sport can be viewed here.](#)

The guidelines, developed by an expert panel of domestic and international clinicians and academics in neurology and sports medicine, sets out steps to improve understanding and awareness of the prevention and treatment of concussion in grassroots sport where trained medical professionals are less likely to be routinely present. It is targeted at people of all ages.

'If in doubt, sit them out' is the strapline, making clear no-one should return to sport within 24 hours of a suspected concussion and builds on guidance already introduced in Scotland.

Players, parents, coaches, teachers and administrators are now asked to read the guidance and familiarise themselves with the necessary steps to:

- **RECOGNISE** the signs of concussion;
- **REMOVE** anyone suspected of being concussed immediately and;
- **RETURN** safely to daily activity, education/work and, ultimately, sport.



Elevate Education's Summer Term

Parent Webinar Series

Elevate Education delivers high-impact workshops to our students that help to develop their study skills, motivation, and exam preparation. Over the next term, you're invited to join their parent webinar series, where you can help support your child at home by reinforcing the skills they're learning at school.

How You Can Help Improve Your Child's Memory

20th May 6:00pm (BST)

How to Help Your Child Alleviate Stress

17th June 6:00pm (BST)

How to Get (And Keep!) Your Child Motivated

1st July 6:00pm (BST)

How You Can Set Your Child Up for Success

15th July 6:00pm (BST)

Register today at: <https://go.elevateeducation.com/ukschoolwebinar>



Chelmsford County High School for Girls

Keep on swimming!



Context

The CCHS swimming pool was built in the 1960s, partly from funds raised by CCHS families. Dedicated upgrading and maintenance work over the years has ensured that the pool has served generations of students and young people across the Chelmsford community.

At the moment, our pool supports the PE curriculum for our 1,162 students, as well as nearly 200 pupils from five local primary schools, and nearly 600 young people from the wider community who use our pool with clubs.

Our swimming pool is truly a community pool.

Goal

Now is the time to modernise this important community resource to preserve it for future generations of students, pupils and young people. We are asking for your support now, just as the CCHS community rallied in the 1960s to ensure a pool was built, to help us achieve this important goal.

Fundraising

We estimate that the pool will require up to £250,000 over the next two years to bring it back to a suitable condition to support swimming in our community for the foreseeable future.

Our immediate need is to replace our aged boiler and gas pipework, which will cost approximately £35,000.

We will be organising some sponsored events and other fundraising activities, however if you are able to support us with any amount, we have a fundraising page available at <https://www.totalgiving.co.uk/appeal/Keep-CCHS-Swimming>

