



Inspiring the leaders of tomorrow to think for themselves and act for others

MESSAGE FROM MR LAWLOR

Following the great success of the CCHS Cross Country Team at the National Finals last weekend, we want to celebrate their achievement with you. Please see below from Miss S. Sales – a wonderful account to mark and highlight the success of superb sportswomen.

On Friday, 28th February, our team made the journey to Leeds for the National Cross Country Championships 2025 (postponed from December 2024), filled with a mixture of excitement and nerves. This event represented a unique opportunity for our athletes to compete at the highest level against some of the best cross-country runners in the country.

Saturday, 1st March, arrived with beautiful sunshine, providing perfect cross-country weather. The day was bright and clear, yet the course was far from easy. The terrain was muddy in spots, adding a challenge to the already difficult hills, making each lap even harder. However, despite the tough conditions, the energy of the event and the competitive spirit kept everyone motivated.

The girls gave their all in this fiercely competitive race, showing heart and determination. The course, although demanding, did nothing to deter their efforts. Every stride, every turn, and every hill was met with relentless perseverance. The girls executed their race plan beautifully, keeping each other in sight throughout the course, which was exactly what had been asked of them. They worked together, pushing one another and ensuring they stayed close to each other, maintaining their positions as they tackled the difficult terrain.



Here are the individual results:

Lilly: 17th place

Isobelle: 23rd place

Frankie: 28th place

Esme: 39th place

Charlotte: 104th place

Vivien: 117th place

As the race came to an end, the excitement was overwhelming. The girls crossed the finish line, and the results were revealed: 2nd place in the whole of England. This was an achievement like no other for our school, a feat we had never experienced before. It was a monumental moment that left everyone in awe, still in disbelief at what they had just accomplished. The teamwork and focus shown by the girls were vital to their success, as they supported one another throughout the race and finished with strong results. Their individual finishes were impressive, but it was their collective effort that secured the team's spot at the top of the podium.

This year's National Cross Country Championships will forever be a special memory for everyone involved. As a team, you have come together, supported each other and on Saturday 1st March you ran for each other. You left everything on the course, every stride you showed guts and determination. We are incredibly proud of what they have accomplished. Thank you for the memories, and for showing us the power of grit and heart. 2nd best in the COUNTRY!!!!





CCHS Ethos

We amplify, and so fortify, our School vision and aims, as well as pursue links between subject disciplines, to cultivate core values, which direct and drive our work: **citizenship, distinction, challenge, duty, imagination, enlightenment and diversity**. This ethos forms our covenant with the CCHS community:

- Mission *A progressive grammar school community, committed to excellence in girls' education and empowerment.*
- Vision *Developing the leaders of tomorrow – **citizenship**: inspire future citizens to think for themselves and to act for others.*
- Aim *The pursuit of excellence – **distinction**: provide students with an outstanding education, with students doing their best in all endeavours.*
- Aim *Fulfilling individual potential – **challenge**: motivate students to acquire new knowledge & understanding and stimulate them to develop new skills & attributes.*
- Aim *Contributing to the community – **duty**: ensure students conduct themselves with civility and compassion at all times, supporting each other and looking beyond themselves.*
- *English, Sport and Arts subjects – **imagination**: enable students to explore new ideas and empathise with the thinking of others, without limitation or risk.*
- *Mathematics, Computer Science and Natural Sciences subjects – **enlightenment**: equip students with the insight and determination to embrace new ideas, technology and innovation, enabling them to contribute to the ever-changing natural and physical world around them.*
- *Humanities, Languages and Social Sciences subjects – **diversity**: provide students with the tools to respect and celebrate the great diversity of cultures, backgrounds and beliefs, within and beyond the School, whilst recognising that we have more in common than that which divides us.*



D e s i d e r a t a

G O P L A C I D L Y amid the noise

and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

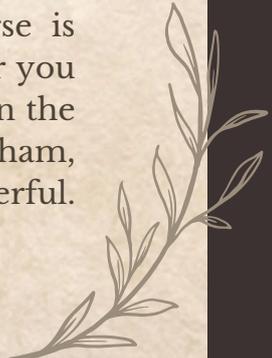
Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

by Max Ehrmann ©1927





Student Achievements

Have you got some news to share?
If so, please email Mrs Gross (jgross@cchs.co.uk) and attach a photo or logo, if applicable.



During the half-term break, Olivia, 12PKU, took part in the Stratford and East London Music Festival.

She sang in multiple different classes, winning the Enid Dobinson Memorial Cup in the Traditional Song class.

Well done, Olivia!

Delisha, (9F), took part in Stratford Music Festival on 19th Feb during half-term in the percussion category showcasing her drumming skills.

She was awarded with Honours, with great feedback from the adjudicator.

Well done, Delisha!

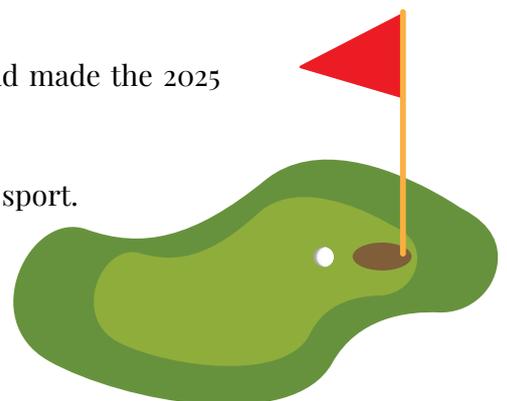


After winning the Christmas Golf Competition at Stockbrook Manor, Lilly, 8F, was invited to a talent spotting event, organised by the Essex Ladies Golf Association, on Sunday 23rd February at Colne Valley Golf Club. This event was to spot talented girls with a view the joining their 2025 training programme and be the future team for Essex County. They spent 3 hours observing the girls long shots, chipping and putting. Lilly was 1 of 32 girls in attendance.

On Monday after their deliberations, Lilly was emailed and told she had made the 2025 training program!

We are extremely proud of Lilly for her hard work and dedication to her sport.

Well done, Lilly!



Artist of the week

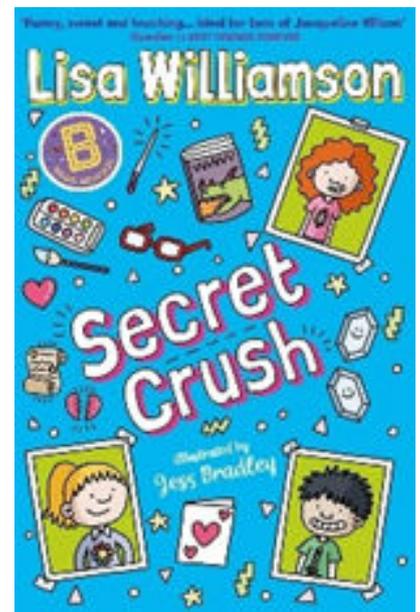
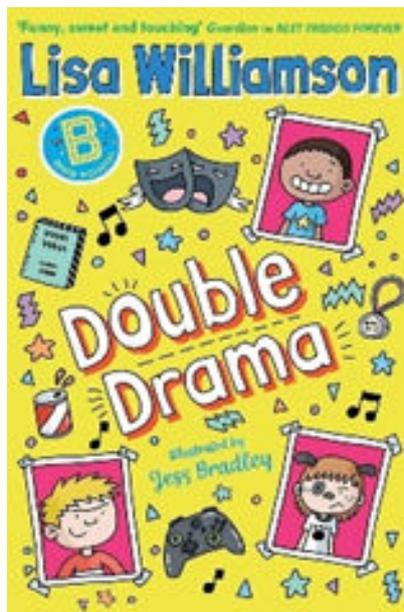
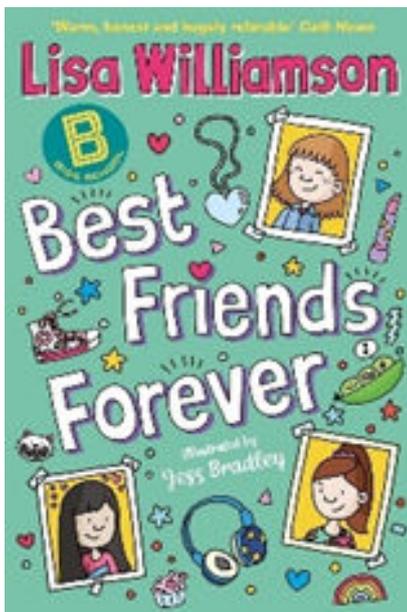


ARTIST OF THE WEEK- Chenuthi in Yr 9, for her skilful and graphic Art History timeline. Well done!

World Book Day 2025

We celebrated World Book Day this year with a variety of activities. The students were invited to dress a wooden spoon as a book character, and we had some really wonderful and imaginative entries! The staff also created their 'dream bookshelves', with clues to their identities within the books they chose, and the students matching the staff member to their book shelf.

On Wednesday, we welcomed the author Lisa Williamson to the library, where she talked to Year 7 about her books and her journey to becoming an author, and then answered questions and chatted to the students at lunch time. She was great fun to have with us and as a bonus will be naming two characters from her next book after two lucky students. Well done to Ava and Obianuju, and we will look forward to seeing what their characters get up to when the book is published next year!



Dear CCHS Community,

RE: Update - arrival at and departure from school

We continue to engage with local residents (First Avenue, Corporation Road, Swiss Avenue, Westfield Avenue and Elms Drive) concerning their experiences during student arrival and departure periods.

Further to my communications on this matter last term and last month, I note below key points of information to support CCHS families:

- Chelmsford City Council provided the following about the use of Rectory Lane car park:

“Please be advised there is a standard five-minute grace period on all vehicles to allow the purchase of a pay and display ticket. Therefore, any vehicles that are in the car park for the purposes of dropping off and / or picking up should fall within that grace period.”

- As a result of the concerns raised by local residents regarding instances of inconsiderate and at times dangerous parking, South Essex Parking Partnership noted that their Parking Enforcement Team will be stepping up their patrols in the area.
- Our School Eco Committee is undertaking work, supported by the local authority, to explore how students travel to and from school, and how we could support both school families and the wider community with matters of travel, parking and congestion.
- Our Senior Leadership Team is working with local officials and local politicians on the matter of parking and congestion, and we have made suggestions to support this work, including the idea of creating a new entrance/exit point to the school site on the Chelmer Valley Road (east side of the campus).

Thank you, as ever, for your support in ensuring that we are mindful of local residents, as we work to keep people safe and relations cordial.

Yours faithfully,

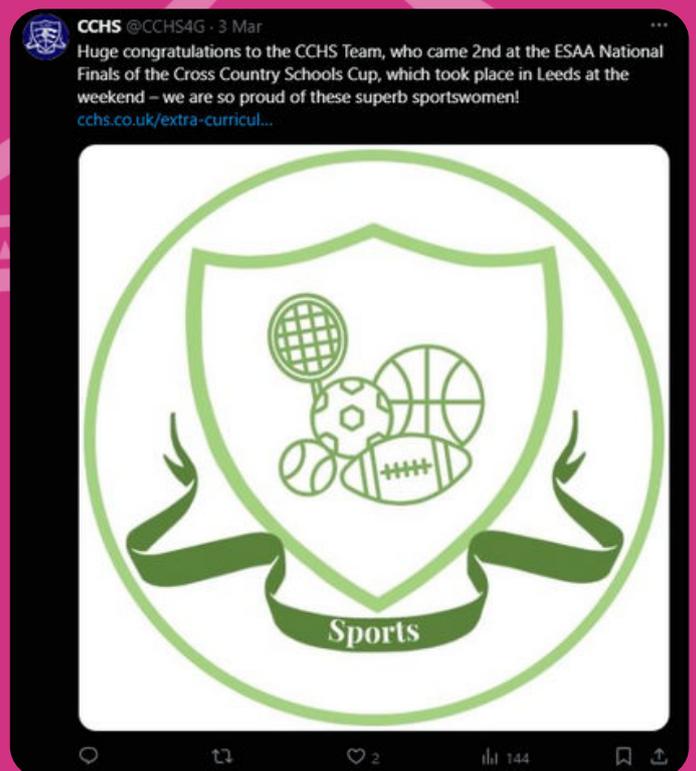
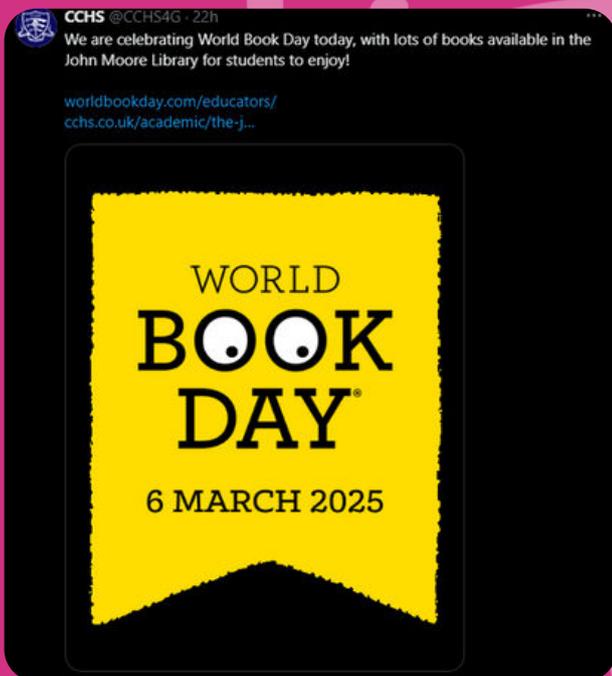
Mr Lawlor.

Please be aware of your surroundings when dropping off and picking up students to and from school. The area directly outside our school, in Broomfield Road, is a very busy thoroughfare. A vehicle which is not parked safely can be dangerous for other vehicles, as can dropping off/picking up students in the buslane.



**ROAD
SAFETY**

On CCHS socials this week...



twitter.com/CCHS4G



[instagram.com/cchs4g/](https://www.instagram.com/cchs4g/)



[facebook.com/cchsessex](https://www.facebook.com/cchsessex)



[youtube.com/@chelmsfordcountyhighschool2697](https://www.youtube.com/@chelmsfordcountyhighschool2697)



Elevate Education's Spring Term

Parent Webinar Series

Elevate Education delivers high-impact workshops to our students that help to develop their study skills, motivation, and exam preparation. Over the next term, you're invited to join their parent webinar series, where you can help support your child at home by reinforcing the skills they're learning at school.

How You Can Help Your Child Prepare for Exams

11th March 6:00pm

How You Can Support Your Child During Exams

25th March 6:00pm

Register today at: <https://go.elevateeducation.com/ukschoolwebinar>



🌸 Barracudas Holiday Camps at our school this Easter! 🌸

Barracudas, the UK's favourite holiday camp for children aged 4½ to 14, will be running at our school this Easter and summer! With over 80 exciting activities—including swimming, sports, drama, dance, motorsports, arts & crafts, an aqua slide, archery, and teambuilding—there's something for every child to enjoy.

Children get a choice of activities in each of the six daily sessions, so they're always engaged in something they love. Standard hours are 8:30am - 5:30pm, with optional Early and Late Clubs extending to 8am - 6pm.

Find out more and book now: <https://www.barracudas.co.uk/>

Exclusive discount for our parents! Save £20 on a week or £4 per day with code HSCP25.



IF IN DOUBT, SIT THEM OUT

UK Concussion Guidelines for Non-Elite (Grassroots) Sport

Participants in grassroots sports will be better protected from the potentially devastating effects of head injuries and concussion thanks to new official guidelines advising: *'if in doubt, sit them out'*.

The Government and the Sport and Recreation Alliance today publishes the first UK-wide Concussion Guidelines for Grassroots Sport which will help players, coaches, parents, schools, National Governing Bodies and sports administrators to identify, manage and prevent the issue.

[The UK Concussion Guidelines for Non-Elite \(Grassroots\) Sport can be viewed here.](#)

The guidelines, developed by an expert panel of domestic and international clinicians and academics in neurology and sports medicine, sets out steps to improve understanding and awareness of the prevention and treatment of concussion in grassroots sport where trained medical professionals are less likely to be routinely present. It is targeted at people of all ages.

'if in doubt, sit them out' is the strapline, making clear no-one should return to sport within 24 hours of a suspected concussion and builds on guidance already introduced in Scotland.

Players, parents, coaches, teachers and administrators are now asked to read the guidance and familiarise themselves with the necessary steps to:

- **RECOGNISE** the signs of concussion;
- **REMOVE** anyone suspected of being concussed immediately and;
- **RETURN** safely to daily activity, education/work and, ultimately, sport.

ADVENTURE ISLAND PA FUNDRAISER

**EARLY BIRD DISCOUNT
PRICE OF £20**

**Available via ParentPay.
please note - no refunds**

- Great savings compared to the £35 gate price.
- Each voucher entitles you to a day wristband.
- Valid for the 2025 season.
- limited number available.
- Vouchers will be available to collect from the Finance office in week prior to Easter break.





CCHS PA
SPRING DISCO

YEARS 7-9

14TH MARCH
7-9PM

£8 ON PARENTPAY
OR £10 ON ARRIVAL

Spring fancy dress(optional) - prize for best outfit!

Cash & Card accepted

Prizes

Waffles

Games

Things to buy

Popcorn



Chelmsford County High School for Girls

Keep on swimming!



Context

The CCHS swimming pool was built in the 1960s, partly from funds raised by CCHS families. Dedicated upgrading and maintenance work over the years has ensured that the pool has served generations of students and young people across the Chelmsford community.

At the moment, our pool supports the PE curriculum for our 1,162 students, as well as nearly 200 pupils from five local primary schools, and nearly 600 young people from the wider community who use our pool with clubs.

Our swimming pool is truly a community pool.

Goal

Now is the time to modernise this important community resource to preserve it for future generations of students, pupils and young people. We are asking for your support now, just as the CCHS community rallied in the 1960s to ensure a pool was built, to help us achieve this important goal.

Fundraising

We estimate that the pool will require up to £250,000 over the next two years to bring it back to a suitable condition to support swimming in our community for the foreseeable future.

Our immediate need is to replace our aged boiler and gas pipework, which will cost approximately £35,000.

We will be organising some sponsored events and other fundraising activities, however if you are able to support us with any amount, we have a fundraising page available at <https://www.totalgiving.co.uk/appeal/Keep-CCHS-Swimming>

