



Inspiring the leaders of tomorrow to think for themselves and act for others

## MESSAGE FROM MR LAWLOR

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Yesterday, we held our Prefect Handover assembly. To enable us to experience this together as an immediate school community, we had some students with us in the Main Hall, with others joining online from their form rooms. This particular assembly is a binding tradition in our school, marking a moment of change, to both thank Year 13 students and welcome Year 12 students. These are occasions to be cherished because they nourish an acknowledgement of belonging, community and service. I note below my remarks from this assembly to illustrate this:

*This is an opportunity to say a collective “thank you” to our outgoing school officials and prefects in Year 13, and a “welcome” to our Year 12 students, who will be taking up these important roles now.*

*To Year 13 students: you have impressed school staff with the manner in which you have carried out your duties; you have been positive, creative and supportive – and for that, we congratulate and thank you; your work across so many areas of school life has made an important contribution to our community.*

*To students in Year 12, who are now stepping up to their new roles – you have an opportunity to make your contributions to subjects, areas, projects, and the wider life of your school.*

*These prefect roles are important for our senior students, building on their experiences in Years 10 & 11.*

*The work prefects undertake, enriches and strengthens our school community.*



## CCHS Ethos

We amplify, and so fortify, our School vision and aims, as well as pursue links between subject disciplines, to cultivate core values, which direct and drive our work: **citizenship, distinction, challenge, duty, imagination, enlightenment and diversity**. This ethos forms our covenant with the CCHS community:

- Mission *A progressive grammar school community, committed to excellence in girls' education and empowerment.*
- Vision *Developing the leaders of tomorrow – **citizenship**: inspire future citizens to think for themselves and to act for others.*
- Aim *The pursuit of excellence – **distinction**: provide students with an outstanding education, with students doing their best in all endeavours.*
- Aim *Fulfilling individual potential – **challenge**: motivate students to acquire new knowledge & understanding and stimulate them to develop new skills & attributes.*
- Aim *Contributing to the community – **duty**: ensure students conduct themselves with civility and compassion at all times, supporting each other and looking beyond themselves.*
- *English, Sport and Arts subjects – **imagination**: enable students to explore new ideas and empathise with the thinking of others, without limitation or risk.*
- *Mathematics, Computer Science and Natural Sciences subjects – **enlightenment**: equip students with the insight and determination to embrace new ideas, technology and innovation, enabling them to contribute to the ever-changing natural and physical world around them.*
- *Humanities, Languages and Social Sciences subjects – **diversity**: provide students with the tools to respect and celebrate the great diversity of cultures, backgrounds and beliefs, within and beyond the School, whilst recognising that we have more in common than that which divides us.*





# Desiderata

## GO PLACIDLY amid the noise

and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

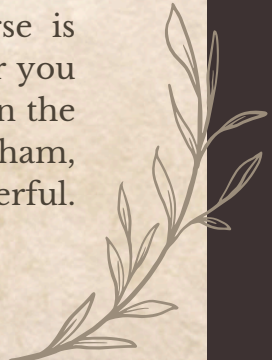
Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

by Max Ehrmann ©1927





# Student Achievements

Have you got some news to share?  
If so, please email Mrs Gross (jgross@cchs.co.uk) and attach a photo or logo, if applicable.



Below are the results of the British Physics Olympiad, Round One, which took place in November 2024.

Congratulations go to the following students :

<b>Rucha</b>	<b>13 JBR</b>	<b>Silver</b>
<b>Camille</b>	<b>13 RTH</b>	<b>Silver</b>
<b>Leanne</b>	<b>13 JBR</b>	<b>Silver</b>
<b>Hansika</b>	<b>13 VCA</b>	<b>Silver</b>
<b>Chloe</b>	<b>13 MCT</b>	<b>Bronze I</b>
<b>Rujuta</b>	<b>13 JDI</b>	<b>Bronze I</b>
<b>Rayana</b>	<b>13 KRE</b>	<b>Bronze II</b>



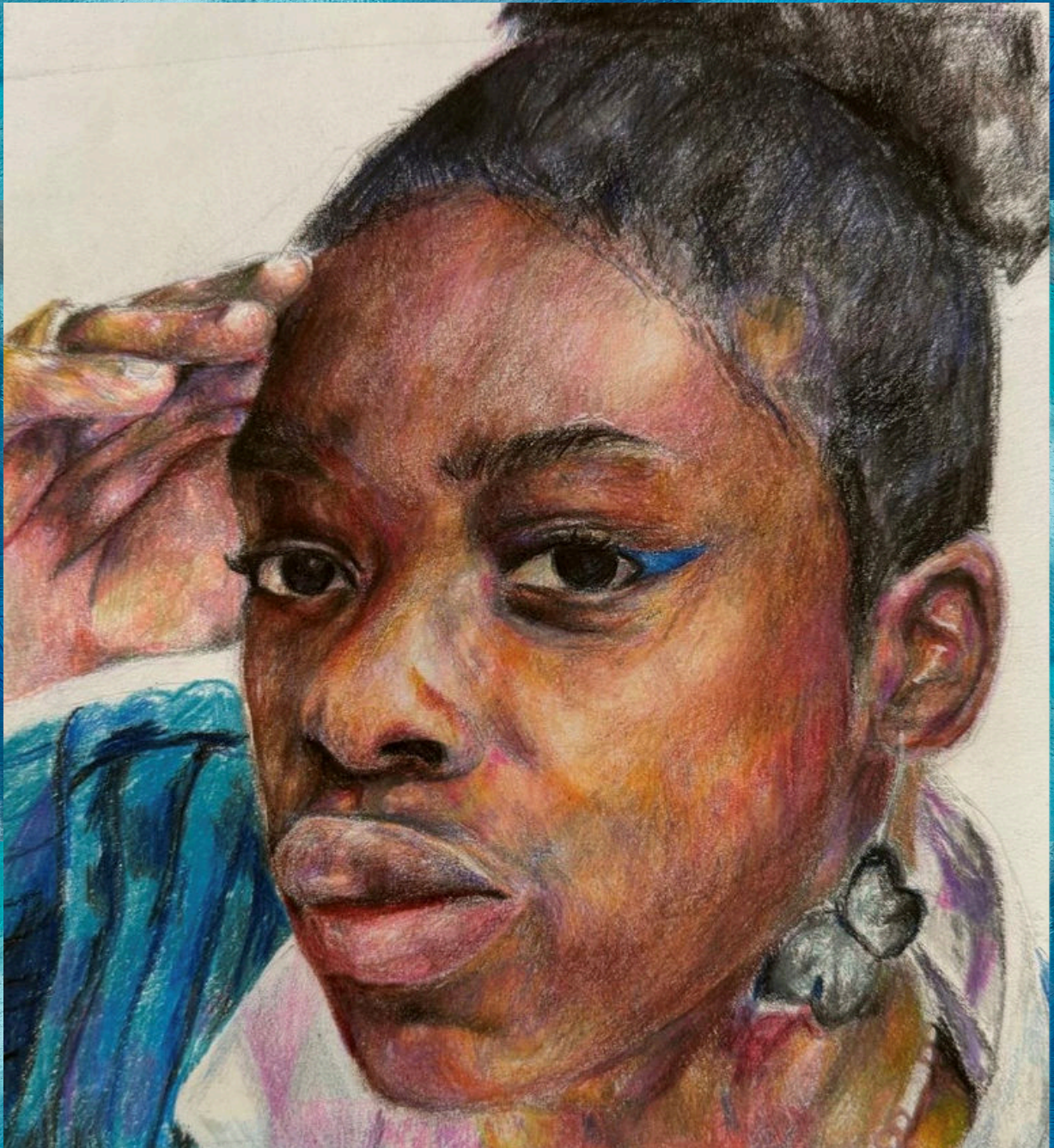
Grace, (7C), achieved a remarkable runner-up position in the U14 Essex Schools Table Tennis Championship on January 4th, in Harlow.

This accomplishment comes after two years of dedicated training and competition, during which Grace has risen to a national U13 ranking of No. 8, and she has been selected as part of the Future's Squad for Table Tennis England and regularly trains with the national team

Well done, Grace!



# Artist *of the week*



ARTIST OF THE WEEK- Nicole, Year 10, for  
this pencil self portrait. Well done!





Friday 31st Jan = SOLD OUT!

# Bugsy Malone

a CCHS production

Wednesday 29th January

Thursday 30th January

Friday 31st January

7pm

Tickets remain available for Wednesday and  
Thursday and are selling fast! - Don't miss out!

# *Next week in PSHE –Friday 17th January 2025 – Period 2.*

*Year 7 – 7A,C,F – Puberty 7G,H,S – Peer pressure*

*Year 8 – Disability discrimination (8A – fire officer)*

*Year 9 – Pornography and Saying “No!”*

*Year 10 – Consent*

*Year 11. – Extremism – use of language.*

*Year 12 – Model United Nations with Dr Palmer & form tutors*

*Year 13 – Miscarriage, Abortion, Adoption and the menopause.*

**Dear CCHS Community,**

RE: Arrival at and departure from school

Further to my communication with you last term, we continue to receive feedback from local residents about their experiences during student arrival and departure periods.

Local residents have raised concerns about some parents parking inappropriately, e.g. across their driveways, and dangerously, e.g. on footpaths.

I ask for your continued vigilance and co-operation, please, to ensure that if you are dropping off or collecting your daughter, you remain mindful of the local residents around the school, including First Avenue, Corporation Road, Swiss Avenue, Westfield Avenue and Elms Drive.

Senior colleagues recently met with Elms Drive residents, who expressed concern about the congestion in the road during school arrival and departure times. We have contacted Chelmsford City Council about the use of Rectory Lane car park. I note below information from them which may be helpful to families:

*“Please be advised there is a standard five-minute grace period on all vehicles to allow the purchase of a pay and display ticket. Therefore, any vehicles that are in the car park for the purposes of dropping off and / or picking up should fall within that grace period.”*

Thank you, in advance, for your support with these matters.

Yours faithfully,

Mr Lawlor.

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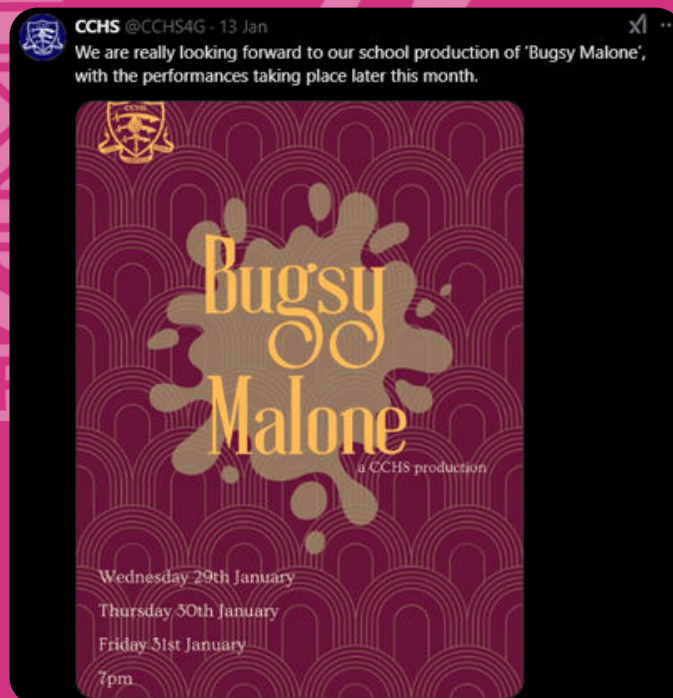
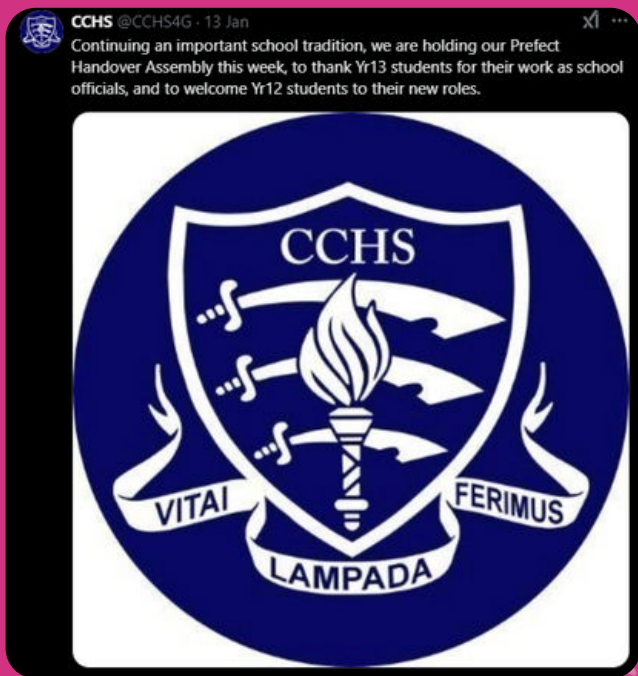
Please be aware of your surroundings when dropping off and picking up students to and from school. The area directly outside our school, in Broomfield Road, is a very busy thoroughfare. A vehicle which is not parked safely can be dangerous for other vehicles, as can dropping off/picking up students in the buslane.



**ROAD  
SAFETY**



# On CCHS socials this week...



[twitter.com/CCHS4G](https://twitter.com/CCHS4G)



[instagram.com/cchs4g/](https://www.instagram.com/cchs4g/)



[facebook.com/cchsessex](https://www.facebook.com/cchsessex)



[youtube.com/@chelmsfordcountyhighschool2697](https://www.youtube.com/@chelmsfordcountyhighschool2697)

# Where Technology meets Nature

An IOP / CSES lecture for the public, presented by  
Dr Jacqueline Edge, Imperial College London

**Thursday 23<sup>rd</sup> January 2025**

**CCHS will be holding an early edition of this lecture in Room V10 at 4:00 pm**

With the lecture at ARU starting at 7pm  
Refreshments available from 6:30 pm at ARU



Batteries are an important part of fixing climate change, because they can help us to store energy while the sun shines or the wind blows and, when it's dark or still, release the stored energy to power our homes. This also gives us an alternative form of energy to power our cars.

However, we need to make sure we are not generating new environmental impacts, by digging up minerals for batteries and using more chemicals. Engineers use a tool called Life Cycle Assessment to track all the impacts that a technology might introduce, considering every aspect of the technology's production, use, re-use and eventual disposal.

Life Cycle Assessment is a way of accounting for all impacts of extracting raw materials, the impacts of dealing with waste products, such as gases, industrial chemicals and discarded batteries, and everything inbetween. This tool can help us to work out which materials or processes for the technology cause the most damage, so that we can work out how to reshape them and use more sustainable options.

**Location: MAB221 Lord Ashcroft Building, Anglia Ruskin University, Bishop Hall Lane, Chelmsford CM1 1SQ**

Attendance is free and open to all – no reservation required.  
For further information please contact [david.d.hall@physics.org](mailto:david.d.hall@physics.org)





Elevate Education's Spring Term

# Parent Webinar Series

Elevate Education delivers high-impact workshops to our students that help to develop their study skills, motivation, and exam preparation. Over the next term, you're invited to join their parent webinar series, where you can help support your child at home by reinforcing the skills they're learning at school.

## ***How to Help Your Child Improve Their Note Taking***

21st January 6:00pm

## ***How You Can Make Technology an Ally (& Not the Enemy!)***

4th February 6:00pm

## ***How You Can Help Your Child Prepare for Exams***

11th March 6:00pm

## ***How You Can Support Your Child During Exams***

25th March 6:00pm

Register today at: <https://go.elevateeducation.com/ukschoolwebinar>



# IF IN DOUBT, SIT THEM OUT

## UK Concussion Guidelines for Non-Elite (Grassroots) Sport

Participants in grassroots sports will be better protected from the potentially devastating effects of head injuries and concussion thanks to new official guidelines advising: *'if in doubt, sit them out'*.

The Government and the Sport and Recreation Alliance today publishes the first UK-wide Concussion Guidelines for Grassroots Sport which will help players, coaches, parents, schools, National Governing Bodies and sports administrators to identify, manage and prevent the issue.

[The UK Concussion Guidelines for Non-Elite \(Grassroots\) Sport can be viewed here.](#)

The guidelines, developed by an expert panel of domestic and international clinicians and academics in neurology and sports medicine, sets out steps to improve understanding and awareness of the prevention and treatment of concussion in grassroots sport where trained medical professionals are less likely to be routinely present. It is targeted at people of all ages.

*'If in doubt, sit them out'* is the strapline, making clear no-one should return to sport within 24 hours of a suspected concussion and builds on guidance already introduced in Scotland.

Players, parents, coaches, teachers and administrators are now asked to read the guidance and familiarise themselves with the necessary steps to:

- **RECOGNISE** the signs of concussion;
- **REMOVE** anyone suspected of being concussed immediately and;
- **RETURN** safely to daily activity, education/work and, ultimately, sport.



# PA Quiz Night



**7th February 2025**

**Doors open at 7pm**

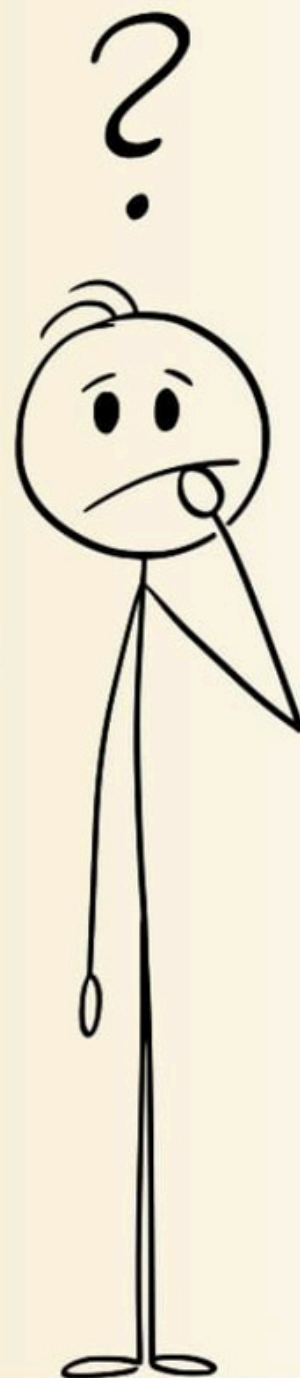
**CCHS main hall  
Pre-order menu and  
licensed bar**



**Parents, teachers, students,  
and friends welcome**

**Tickets £10 on ParentPay  
Student/Concessions £8**

**If you wish to be put  
together as a team (up to  
10) email [PA@cchs.co.uk](mailto:PA@cchs.co.uk)**







# Chelmsford County High School for Girls

## Keep on swimming!

### Context

The CCHS swimming pool was built in the 1960s, partly from funds raised by CCHS families. Dedicated upgrading and maintenance work over the years has ensured that the pool has served generations of students and young people across the Chelmsford community.

At the moment, our pool supports the PE curriculum for our 1,162 students, as well as nearly 200 pupils from five local primary schools, and nearly 600 young people from the wider community who use our pool with clubs.

Our swimming pool is truly a community pool.

### Fundraising

We estimate that the pool will require up to £250,000 over the next two years to bring it back to a suitable condition to support swimming in our community for the foreseeable future.

Our immediate need is to replace our aged boiler and gas pipework, which will cost approximately £35,000.

We will be organising some sponsored events and other fundraising activities, however if you are able to support us with any amount, we have a fundraising page available at <https://www.totalgiving.co.uk/appeal/Keep-CCHS-Swimming>

### Goal

Now is the time to modernise this important community resource to preserve it for future generations of students, pupils and young people. We are asking for your support now, just as the CCHS community rallied in the 1960s to ensure a pool was built, to help us achieve this important goal.

