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Diversity Calendar 2025



January 2025

Lohri
Harvest Festival
14th January



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January 2025

Special dates this month

World Braille Day
4 January

Martin Luther King Day
20 January

Blue Monday
20 January

World Religion Day
21 January

International Day of Education
24 January

Holocaust Memorial Day
27 January

January						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Special Days in January

1	New Year's Day (BANK HOLIDAY)
1	Gantan-sai (Shinto) - Shinto New Year
6	Epiphany (Christian)
6	Birthday of Guru Gobind Singh (Sikh)
7	Christmas Day (Orthodox Christian)
13	Maghi – Harvest Festival and commemoration of the martyrdom of 40 Sikhs who died fighting the Mughal Empire army in 1705 (Sikh)
14	Lohri – Harvest Festival (Sikh)
14	Mahayana New Year - Buddhist
26	Lailat al Miraj – Islam
27	Holocaust Memorial Day
29	Chinese New Year (Confucian, Daoist, Buddhist)



February 2024

Pink Shirt Day
26th February



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February 2025

LGBTQ History Month

World Hijab Day
1 February

World Interfaith Harmony Week
1-7 February

Race Equality Week
3-9 February

**Sexual Abuse and Sexual Violence
Awareness Week**
3-9 February

**International Day of Zero Tolerance
for Female Genital Mutilation**
6 February

National Apprenticeship Week
10-16 February

**International Day of Women and Girls
in Science**
11 February

World Day of Social Justice
20 February

Stand Up To Bullying Day
24 February

Eating Disorders Awareness Week
28 February - 5 March

Pink Shirt Day
26 February

February						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28		

Special Days in February

2	Vasant Panchami (Hindu) - Festival that welcomes spring
3	Rissun (Setsubun) (Shinto) - Spring festival marking the end of Winter and beginning of Spring
10	Birthday of Guru Har Rai – Sikh
12	Tu B'Shevat (Jewish) - The Jewish New Year for trees
12	Magha Puja (Buddhist)
13	Lailat al Bara'a (Islam) - The Night of Forgiveness
15	Nirvana day (Buddhist) - Festival marking the anniversary of Buddha's death
26	Shivaratri (Hindu) - Day and night fast in honour of Lord Shiva
28	Ramadan (start) (Muslim) - Ramadan is the Muslim month of fasting (ends 30 th March)
29	Nineteen Day Fast (start) (Bahai) Baha'is go without food or drink from sunrise to sunset (ends 19 th March)



World
Down
Syndrome
Day
MARCH 21ST

#EndTheStereotypes

March 2025

Down Syndrome
Day
21st March



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March 2025

Women's History Month

Gender Equality Month

World Hearing Day
3 March

International Women's Day
8 March

Neurodiversity Celebration Week
10-17 March

Down Syndrome Awareness Week
17-23 March

Global Recycling Day
18 March

International Day of Happiness
20 March

World Down Syndrome Day
21 March

**Elimination of Racial
Discrimination Day**
21 March

**Day of Remembrance of the
Victims of Slavery**
25 March

Transgender Day of Visibility
31 March

March						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

Special Days in March

5	Ash Wednesday (Christian) - The first day of Lent.
13	Purim (Jewish) - Commemorates the time when Jewish people were saved by Esther.
13	Palm Sunday - The beginning of Holy Week
14	Holi (Hindu) - Spring Festival Hola Mohalla (Sikh)
19	Naw-Ruz (Bahai, Zoroastrian) - New Year
26	Khordad Sal - Birthday of Zoroaster
27	Laylat al Qadr (Muslim) - The holiest night in the Islamic calendar.
29	Bali - Hindu New Year
30	Eid-UI-Fitr (Muslim) - End of Ramadan. Muslims celebrate the end of fasting



April 2025

Autism
Awareness Day
2nd April



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April 2025

Autism Awareness Day
2 April

World Health Day
7 April

**International Day for
Spirituality and Service**
16 April

Stephen Lawrence Day
22 April

National Earth Day
22 April

Lesbian Visibility Week
21–27 April

**World Day for Health and
Safety at Work**
28 April

April						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
	1	2	3	4	5	6
7	8	9	10	11	12	13
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21	22	23	24	25	26	27
28	29	30				

Special Days in April

6	Rama Navami (Hindu) - Hindus celebrate the birth of Lord Rama
10	Mahavir Jayanti (Jain) - The most important religious holiday for Jains
12	Passover (1st day) (Jewish) (ends 20 th April)
14	Vaisakhi – Sikh New Year
18	Good Friday (BANK HOLIDAY)
18	Birthday Guru Tegh Bahadur – Sikh
20	Easter Sunday (Christian) - Christians celebrate the Resurrection of Christ
20	Ridvan - first day (Bahai) (ends 2 nd May)
20	Birthday of Guru Arjun Dev (Sikh)
21	Easter Monday (BANK HOLIDAY)
24	Theravada New Year (Buddhist)
28	Ridvan - Ninth Day (Bahai)
28	Birthday of Guru Angad Dev (Sikh)
30	Akshaya Tritiya (Hindus and Jains) - Spring time festival

A graphic for Mental Health Awareness Month. It features a light green silhouette of a human head in profile, facing right. Inside the head is a brain composed of interlocking puzzle pieces in various shades of green and blue. A thick, vibrant green ribbon is tied in a loop around the neck of the head. The background is a solid dark green. To the right of the head, the words "MENTAL HEALTH AWARENESS MONTH" are written in large, bold, white capital letters.

MENTAL HEALTH AWARENESS MONTH

May 2025

Mental Health
Awareness Month



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May 2025

**Mental Health Awareness
Month**

#WeStandTogether Month

International Workers' Day
1 May

Maternal Mental Health Week
5-11 May

Deaf Awareness Week
5-11 May

Mental Health Awareness Week
12-18 May

Vascular Birthmark Day
15 May

**International Day Against
Homophobia, Transphobia and
Biphobia (IDAHOT)**
17 May

**World Day for Cultural Diversity
Dialogue and Development**
21 May

May						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
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26	27	28	29	30	31	

Special Days in May

1	Ridvan – Twelfth Day (Bahai)
5	Early May BANK HOLIDAY
11	Birthday of Guru Amar Das (Sikh)
12	Vesak (Buddha day) (Buddhist) - The most important Buddhist festival. Buddha's birthday
22	Declaration of the Bab (Bahai) - Bab was the Forerunner of Baha'u'llah, founder of the Baha'i faith.
26	Spring BANK HOLIDAY
27	Ascension of Baha'u'llah (Bahai)
29	Ascension Day (Christian) - marks the last earthly appearance of Christ after his resurrection.



June 2025

Volunteers Week
1st -7th June



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June 2025

Pride Month

Gypsy, Roma & Travellers History Month

Volunteers' Week
1-7 June

World Environment Day
5 June

Race Unity Day
8 June

Carers Week
9-15 June

Refugee Week
16-22 June

Learning Disabilities Week
17-23 June

Autistic Pride Day
18 June

**International Day of
Countering Hate Speech**
18 June

Juneteenth
19 June

World Refugee Day
20 June

Windrush Day
22 June

School Diversity Week
23-27 June

June						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
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23	24	25	26	27	28	29
30						

Special Days in June

1	Shavuot (Jewish) - Shavuot marks the time that the first harvest was taken to the Temple (ends 3 rd June)
6	Eid-UI-Adha (Islam) - Festival of Sacrifice, the most important day in the Hajj ritual.
8	Pentecost - Whitsun (Christian) - Commemorates the birth of the Christian Church.
12	Birthday Guru Hargobind Singh (Sikh)
16	Martyrdom of Guru Arjan Dev (Sikh) - the fifth Sikh Guru and the first Sikh martyr.
21	Summer Solstice - Litha (Pagan) - Longest day of the year
27	Al-Hjira - Muharram (Islam) - New Year. Marks the migration of the Prophet Mohammad from Mecca to Medina
29	St Peter and St Paul's Day (Christian) - The martyrdoms of both are observed on this day



July 2025

Non-Binary
People's Day
14th July



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July 2025

Special dates this month

South Asian Heritage Month (18 July – 17 August)

World Population Day
11 July

Non-Binary People's Day
14 July

Disability Awareness Day
14 July

World Youth Skills Day
15 July

Nelson Mandela Day
18 July

International Friendship Day
30 July

July						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
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21	22	23	24	25	26	27
28	29	30	31			

Special Days in July

5	Ashura (Islam) - Marks the martyrdom of the Prophet's grandson, Hussein.
8	Martyrdom of the Bab (Bahai) - Anniversary of the Bab's execution in 1850 in Tabriz, Iran.
10	Asalha Puja (Dharma Day) (Buddhist) -The anniversary of the start of Buddha's teaching - his first sermon, "The Wheel of Truth", after his enlightenment.
19	Birthday of Guru Harkrishan Singh (Sikh)
23	Birthday of Haile Selassie I (Rastafari) - Emperor of Ethiopia.

Celebrating

WOMEN'S EQUALITY DAY

— AUGUST 26 —



August 2025

Women's Equality Day
26th August



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August 2025

**International Day of the World's
Indigenous Peoples**

9 August

International Youth Day

12 August

World Humanitarian Day

19 August

**International Day for the
Remembrance of the Slave
Trade and its Abolition**

23 August

Women's Equality Day

26 August

**International Day for People
of African Descent**

31 August

August						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Special Days in August

2

Tisha B'Av (Jewish)- A solemn day that commemorates a series of tragedies that have befallen the Jewish people over the years,

9

Raksha Bandhan (Hindu) - celebrates the relationship between brothers and sisters.

15

Assumption of the Blessed Virgin Mary (Christian) - A Roman Catholic festival celebrating their belief that Mary, was taken body and soul into heaven.

16

Krishna Janmashtami (Hindu) – Celebration of the birth of Krishna

21

Paryushan - The most important Jain festival of the year (ends 28th August)

24

Birth of Guru Granth Sahib (Sikh) the central holy religious script of Sikhism

25

Summer BANK HOLIDAY

26

Ganesh Chaturthi - Hindus celebrates the birth of Ganesh, god of wisdom and prosperity.



September 2025

International
Literacy Day
8th September



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September 2025

East and South East Asian Heritage Month

World Sexual Health Day
4 September

International Literacy Day
8 September

Suicide Prevention Day
10 September

International Equal Pay Day
18 September

World Alzheimer's Day
21 September

International Day of Peace
21 September

Bi Visibility Week
16 - 23 September

National Inclusion Week
23 - 29 September

September						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
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29	30					

Special Days in September

4	Milad un Nabi (Sunni Muslim) - Birthday of the Prophet Muhammad
6	Obon - Ullambana (Buddhist, Shinto) - Ghost Festival," during which people celebrate their dead loved ones
8	Birthday of the Blessed Virgin Mary (Christian) - Roman Catholic and Anglican churches celebrate the birth of Mary, mother of Jesus.
22	Rosh Hashanah (1st day) (Jewish) - Jewish New Year (ends 24 th September)
22	Navaratri (start) (Hindu) - Navaratri symbolises the triumph of good over evil and marks the start of autumn (ends 1 st October)



October 2025

World
Menopause Day
18th October



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October 2025

Black History Month

**Breast Cancer
Awareness Month**

ADHD Awareness Month

**Day of Non-Violence
2 October**

**World Mental Health Day
10 October**

**National Coming Out Day
11 October**

**World Food Day
16 October**

**Anti-Slavery Day
18 October**

**World Menopause Day
18 October**

**ACE Week
27 - 31 October**

October						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

Special Days in October

1	Yom Kippur (Jewish) - Day of Atonement - the most solemn day of the Jewish year.
2	Dasara (Hindu) - Celebrates Lord Rama's victory over the evil Ravana.
6	Sukkot (Jewish) - commemorates the years Jews spent in the desert on their way to the Promised Land (ends 13 th October)
8	Birthday of Guru Ramdas (Sikh) - The fourth of the Sikh Gurus.
20	Diwali (Hindu, Sikh, Jainism) - the festival of lights
22	Birth of the Bab (Bahai) - Celebrates the birth of the precursor of the founder of the Baha'i faith.
23	Guru Granth Sahib Guryai Diwas - a celebration of the sacred hymns in the Guru Granth Sahib
23	Birth of Baha'u'llah (Bahai) - This day celebrates the birth in 1817 of the founder of the Baha'i faith.



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November 2025

Islamophobia Awareness Month

Stress Awareness Week
3–7 November

Intersex Day of Solidarity
8 November

Inter-Faith Week
10-16 November

Remembrance Day
11 November

International Day of Tolerance
16 November

Anti-Bullying Week
10-16 November

International Men's Day
19 November

**Transgender Day of
Remembrance/Awareness**
20 November

**Elimination of Violence
against Women Day**
25 November

November						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
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3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Special Days in November

2	Coronation of Emperor Haile Selassie I (Rastafari) - Haile Selassie was the Emperor of Ethiopia.
5	Birthday of Guru Nanak Dev Ji Sahib (Sikh) - Founder of the Sikh religion
24	Martyrdom of Guru Tegh Bahadur (Sikh) - Guru Tegh Bahadur was the ninth Sikh Guru
30	Advent Sunday (Christian) - The beginning of the ecclesiastical year



December 2025

Hanukkah
14th December



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December 2025

Special dates this month

World AIDS Day
1 December

**International Day for the
Abolition of Slavery**
2 December

**International Day of Persons
with Disabilities**
3 December

Pansexual Pride Day
8 December

Human Rights Day
10 December

December						
Mon	Tues	Weds	Thurs	Fri	Sat	Sun
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

Special Days in December

8	Bodhi Day (Buddhist) - Buddhists celebrate Gautama's attainment of enlightenment under the Bodhi tree at Bodhgaya, India.
8	Feast of the Immaculate Conception (Catholic) - Celebrated by Roman Catholics who remember Mary's conception as being without sin
14	Hanukkah (Jewish) - Hanukkah is the Festival of Lights and marks the restoration of the temple (ends 22 nd December)
25	Christmas Day (Christian). Birth of Jesus Christ. BANK HOLIDAY.
26	Boxing Day - BANK HOLIDAY
26	Zarathosht Diso - Zoroastrians remember the death of their prophet, Zoroaster.
27	Birthday of Guru Gobind Singh



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Equality and Diversity UK are a specialist training company focusing on equality and diversity in the private, public and voluntary sectors.

We provide training courses, seminars, resources and the Equality and Diversity Network

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