



Inspiring the leaders of tomorrow to think for themselves and act for others

MESSAGE FROM MR LAWLOR

Last week, Dr Palmer and several Prefects delivered assemblies on the theme of charity. This included two of our Global Citizenship Prefects, Nina and Shriya, who spoke about our work with a local charity CHESS (Churches Homeless Emergency Support Scheme). I note below some of the key points from their excellent assembly, which speak to the great spirit of altruism and generosity that we witness from our students and CCHS families more broadly:

- Nationally 309,000 people were (according to Shelter) homeless in December 2023. People become homeless for many different reasons, including leaving home unemployment, financial struggle, domestic abuse and substance addiction. In the research which our Prefects conducted, homelessness was described as making people feel lonely, scared and helpless, with many saying the worst part was feeling that no one cared. However, one video they watched featured a gentleman who had been helped by the CHESS collection and he described how receiving a gift had really picked him up. Gifts large and small can have a positive impact and we are keen to do as much as possible to support CHESS, so as we can be part of spreading hope and care.
- CHESS started in the 1990s to offer shelter to homeless people in the winter and soon became a year-round night shelter. They now have one main building and several 'move on' houses. They aim to support homeless people by providing them accommodation and help through activities such as art therapy and job coaching.
- CCHS has supported the CHESS Christmas present collection for decades. There will be boxes in form rooms for donations between 18th November and 9th December. The best gifts are small generic things such as hats, gloves, scarves, chocolates, sweets and good quality hygiene products. The people who receive these gifts are mostly adult men so this should be borne in mind. Please do not wrap your gifts as they will be sorted, wrapped and labelled once we have finished collecting. Please spend no more than £5 on a gift.
- The Global Citizenship Officials look forward to receiving your gifts and are sure that their eventual recipients will be very grateful to receive them.





CCHS Ethos

We amplify, and so fortify, our School vision and aims, as well as pursue links between subject disciplines, to cultivate core values, which direct and drive our work: **citizenship, distinction, challenge, duty, imagination, enlightenment and diversity**. This ethos forms our covenant with the CCHS community:

- Mission *A progressive grammar school community, committed to excellence in girls' education and empowerment.*
- Vision *Developing the leaders of tomorrow – **citizenship**: inspire future citizens to think for themselves and to act for others.*
- Aim *The pursuit of excellence – **distinction**: provide students with an outstanding education, with students doing their best in all endeavours.*
- Aim *Fulfilling individual potential – **challenge**: motivate students to acquire new knowledge & understanding and stimulate them to develop new skills & attributes.*
- Aim *Contributing to the community – **duty**: ensure students conduct themselves with civility and compassion at all times, supporting each other and looking beyond themselves.*
- *English, Sport and Arts subjects – **imagination**: enable students to explore new ideas and empathise with the thinking of others, without limitation or risk.*
- *Mathematics, Computer Science and Natural Sciences subjects – **enlightenment**: equip students with the insight and determination to embrace new ideas, technology and innovation, enabling them to contribute to the ever-changing natural and physical world around them.*
- *Humanities, Languages and Social Sciences subjects – **diversity**: provide students with the tools to respect and celebrate the great diversity of cultures, backgrounds and beliefs, within and beyond the School, whilst recognising that we have more in common than that which divides us.*



D e s i d e r a t a

GO PLACIDLY amid the noise

and the haste, and remember what peace there may be in silence. As far as possible, without surrender, be on good terms with all persons. Speak your truth quietly and clearly; and listen to others, even to the dull and the ignorant; they too have their story.

Avoid loud and aggressive persons; they are vexatious to the spirit. If you compare yourself with others, you may become vain or bitter, for always there will be greater and lesser persons than yourself.

Enjoy your achievements as well as your plans. Keep interested in your own career, however humble; it is a real possession in the changing fortunes of time.

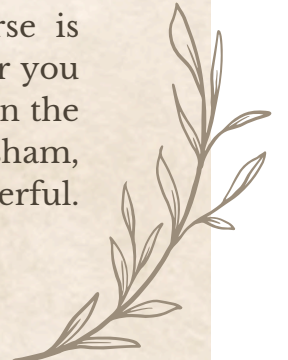
Exercise caution in your business affairs, for the world is full of trickery. But let this not blind you to what virtue there is; many persons strive for high ideals, and everywhere life is full of heroism. Be yourself. Especially do not feign affection. Neither be cynical about love; for in the face of all aridity and disenchantment, it is as perennial as the grass.

Take kindly the counsel of the years, gracefully surrendering the things of youth. Nurture strength of spirit to shield you in sudden misfortune. But do not distress yourself with dark imaginings. Many fears are born of fatigue and loneliness.

Beyond a wholesome discipline, be gentle with yourself. You are a child of the universe no less than the trees and the stars; you have a right to be here.

And whether or not it is clear to you, no doubt the universe is unfolding as it should. Therefore be at peace with God, whatever you conceive Him to be. And whatever your labors and aspirations, in the noisy confusion of life, keep peace in your soul. With all its sham, drudgery and broken dreams, it is still a beautiful world. Be cheerful. Strive to be happy.

by Max Ehrmann ©1927





CHESS



donations

18th November - 9th December

Collection boxes

IN EVERY FORM ROOM

Gift ideas

TOILETRIES SWEETS /
CHOCOLATE
HATS & SCARVES

Please do not

BRING LOW QUALITY OR
CHILDREN'S ITEMS SPEND
TOO MUCH MONEY BRING
WRAPPED GIFTS

MORE INFORMATION

- There are more men than women living in the CHESS homeless shelter, so masculine and gender neutral donations would be appreciated.
- We will be wrapping the presents on 9th December in V5. Please come along to help!





Student Achievements

Have you got some news to share?
If so, please email Mrs Gross (jgross@cchs.co.uk) and attach a photo or logo, if applicable.

Grace, 8C, won the hotly contested Year 8 Songs from Musical Theatre or Film category at the Chelmsford Festival of Music Speech and Drama and received honours.

To the right is a picture of Grace with Ms Ambrose who was judging.

Congratulations, Grace!



Congratulations!



Delisha (9F) took part in the Chelmsford Music Festival on 9th Nov and 16th Nov, across 3 different classes, where she performed various diverse songs including Indian classical, Bollywood and a Disney song.

She earned a Merit, a Distinction with medal and won the trophy with distinction.

Well done, Delisha!

**WELL
DONE**



Student Achievements

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If so, please email Mrs Gross (jgross@cchs.co.uk) and attach a photo or logo, if applicable.

THURSDAY, NOVEMBER 21, 2024 CHRONICLE 3

News

Teenager Tolu given Youth Ambassador role for the Duke of Edinburgh's Award

18-YEAR-OLD 'EXCITED' AT CHALLENGE AHEAD

A CHELMSFORD teenager has been selected as a Youth Ambassador for The Duke of Edinburgh's Award (DofE).

Tolu, from Chelmsford, joins a cohort of just 35 DofE Award holders aged 16-24 from all over the UK, who will advocate for young people by sharing their expertise on key issues impacting them.

Together, they will make young people's voices heard by speaking at events, meeting key decision-makers in Parliament and beyond, and feeding into decisions to shape the direction of the DofE charity's work.

Tolu, who is doing her Gold DofE Award through the Air Cadets, 1483 Brentwood Squadron, said: "As a Youth Ambassador, I'm excited to push myself out of my comfort zone."

"I'm not the most extroverted person, but I'm hoping to change that a bit. I've always seen the world through my own perspective, and I'm looking forward to meeting new people and gaining new points of view."

For her Silver Skill, Tolu chose to study aviation through the Air Cadets, and now hopes to train as a pilot.

She said: "I studied aviation for my Skill section, and it's been incredible - learning about planes and radar. I was chosen to do a free flight with an instructor which was such an amazing experience. As soon as I was in control of the plane, I knew it was what I wanted to do with my life, and I have the DofE to thank for it."

A keen dancer, Tolu used her DofE Physical section to practice dance in all sorts of ways, from performing in school dance shows, competing with a church dance group, to being one of the main organisers and choreographers for this year's school dance show after leading a dance club at school for younger years.

DofE has helped her stay motivated with dance, and she credits the award for giving her the discipline to get to such a high level.



Tolu is doing her Gold DofE Award

Tolu also attended the DofE's Youth Without Limits Live: Beyond The CV event in London earlier this month, an interactive day of workshops and panel discussions designed to boost DofE participants and award holders' confidence, knowledge and skills as they prepare for the world of work.

Tolu hosted the day, alongside Tim Campbell MBE - a Silver DofE Award holder and adviser to Lord Sugar on BBC One's The Apprentice - who delivered an inspiring speech to attendees.

Funded by The Gosling Foundation, the Youth Ambassador programme puts young people front and centre as future leaders, involving them in shaping the DofE's work to benefit other young people.

DofE Youth Ambassadors have met ministers and MPs, spoken at high-profile events such as party conferences and DofE Gold Award celebrations in Buckingham Palace Garden, represented the DofE at international forums and played a pivotal role feeding into key decisions across the charity.

Ashley Williams, UK youth engage-

ment manager at The Duke of Edinburgh's Award, said Tolu was among "many young people who have achieved incredible things through their DofE".

Ashley added: "As a charity, we're determined to put young people at the heart of everything we do and to give them as many opportunities as we can to make a positive impact on the issues they care about."

"I am excited to see the positive impact our new cohort of Youth Ambassadors make this year."

"It's not an easy time to be a young person, with the ongoing after-effects of the pandemic and the cost-of-living crisis to contend with."

"Now more than ever, it's crucial that all young people can access opportunities like the DofE, which let them have fun, grow their resilience and self-belief, and develop vital skills they can't always get in the classroom."

To do their DofE Award, young people aged 14-24 choose activities in four sections: Improving a Physical and Skills activity, Volunteering for a cause of their choice, and completing a demanding Expedition.

Along the way they have fun, grow in resilience and self-belief, discover new talents and passions, and learn practical skills to help them in future.



Youth Ambassador Tolu at the DofE's Youth Without Limits Live: Beyond The CV event in London



ENGLISH SCHOOLS' SWIMMING ASSOCIATION

On Friday 15th Miss S Sales and Miss Burnham took our Senior Girls' Swimming Team to the 66th ESSA Secondary Schools' Team Championship, held at Sandwell Aquatics Centre in Birmingham, with the competition taking place on Saturday 17th. The four team members were: Kesia (Yr11), Gracie (Yr12), Alexa (Yr13) and Sophie (Yr13). To gain a place in these prestigious finals, you had to be in the top 24 schools nationally. The CCHS Team went into the competition 10th fastest in both the freestyle relay and the medley relay, which was already a great achievement. On Saturday they had the freestyle relay first.

The team swam incredibly fast, finishing the heat in 1:54.87. This time got the team a spot in the final, where we were swimming alongside schools such as Millfield School, Repton School and Mount Kelly College, as well as Olympians. There were only 4 state schools in the final. The CCHS Team girls swam hard and fast, finishing 10th in the final. An hour later, it was time for the medley relay, where the team swam 2:08. The team finished 17th overall in that competition. CCHS has never had a Senior Girls' Team at the National Finals before, so not only did the team finish 10th and 17th fastest in the country in the relays, but they also made history in our school.

As the PE Department colleagues rightly note: "we are so incredibly proud of these four students; you gave us everything and more. Not only did we show up and give it everything on the day and make history, but we have also made memories for life, so thank you." What incredible young women they are – the school community salutes and congratulates them!



**Parents/Carers – please support us with our preparations for the Years 9 & 12 Careers Evening,
Thursday 6th February 2025**

Dear Parents,

The Careers Evening for Years 9 and 12 students is a fantastic event (5:30pm to 7:30pm) during which students can find out more about professions which already interest them and possibly discover career options they have not yet considered.

The success of the event depends on having as many professions participating as possible. Dr Hiner, CCHS Careers Leader, recently sent out a request for your help at the event to host stalls and discuss your work, to support and inspire students.

Please do support us in helping students in these two year groups.
Thank you, in advance, for your support.

Mr Lawlor.



Next week in PSHE – Thursday 28th November – Period 2.

Year 7 – TA explanations (7F fire officer – Arson & Hoax)

Year 8 – Extremism and Hate crime

Year 9 – Study skills with form tutors

Year 10 – Careers lesson with Dr Hiner

Year 11. – Sixth form fayre in main hall and V10

Year 12 – Sex education – readiness and opinions

Year 13 – Yr11 Sixth form fayre – students to run stalls.



GRAMMATICUS PA CHOIR *CHRISTMAS CONCERT*



SUNDAY DECEMBER 8TH AT
3PM

CCHS SCHOOL HALL

We are raising funds for the CCHS Parents Association so please come along and support us. It will also be a great way to see if you would like to join the choir in the future – we are always keen for new members!

Our programme will be varied from traditional to modern ,all with a Christmas theme, and will include some carols for audience participation. We always have fun at our concerts and guarantee we will get you into the Christmas spirit!



**TICKETS ARE £10 FOR ADULTS AND £5 FOR AGE
18 AND UNDER.**

**AVAILABLE ON THE DOOR WITH CASH OR BY
CONTACTING SARAH RAYBOULD ON
SRAYBOULD@HOTMAIL.COM**



Cyber Saxophones and Silent Clarinets

An IOP / CSES lecture for the public, presented by
Paul Davey, Audio Inventions Ltd

Thursday 28th November 2024

**CCHS will be holding an early edition of this lecture in
Room V10 at 4:00 pm**

With the lecture at ARU starting at 7pm
Refreshments available from 6:30 pm at ARU



This lecture covers the use of the latest remote sensing technologies to convert standard wind instruments into digital reversible hybrid versions.

Unlike many other instruments, the saxophone, clarinet and flute cannot be easily silenced with a mute for quiet practice. But it's possible to quieten them by changing the way they respond to the player's breath, and by using

modern methods to detect the positions of his/her fingers, the user can hear a quiet digitally-synthesised version of their playing.

We look at the physics underlying these methods, the challenges involved in producing a viable device based on them, along with practical demonstrations of the resulting products.

Location: MAB221 Lord Ashcroft Building, Anglia Ruskin University,
Bishop Hall Lane, Chelmsford CM1 1SQ

Attendance is free and open to all – no reservation required.
For further information please contact david.d.hall@physics.org

Welcome to

Monkhouse Chelmsford County High School

Mon	12.00PM – 2.00PM
Tues	CLOSED
Wed	8.00AM – 10.00AM
Thurs	CLOSED
Fri	8.00AM – 10.00AM
Sat	CLOSED
Sun	CLOSED

For more info or to shop online, go to
monkhouse.com

Dear CCHS Community,

RE: Arrival at and departure from school

I have received feedback from local residents about their experiences during periods when students are arriving at and departing from school. Each week, in our Friday bulletin, we include a reminder about the importance of road safety at these times. Local residents have raised associated issues, with some parents parking inappropriately, e.g. across driveways, and dangerously, e.g. on footpaths.

CCHS has been part of this local community since 1907 and our relationships with and respect for our local community are very important to us, as I know they will be for you. Clearly we are a big school, as all the other local schools are. You may have noticed that CCHS senior staff are out on gate duty each morning and afternoon to ensure the safety of students as they leave, board buses and coaches, etc.

I ask for your continued vigilance and co-operation, please, to ensure that if you are dropping off or collecting your daughter, you remain mindful of the local residents around the school, including First Avenue, Corporation Road, Swiss Avenue, Westfield Avenue and Elms Drive, please.

Thank you in advance for your support with this – it is appreciated.

Yours faithfully,

Mr Lawlor.

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Please be aware of your surroundings when dropping off and picking up students to and from school. The area directly outside our school, in Broomfield Road, is a very busy thoroughfare. A vehicle which is not parked safely can be dangerous for other vehicles, as can dropping off/picking up students in the buslane.



**ROAD
SAFETY**

ARTIST OF THE WEEK



ARTIST OF THE WEEK-
Meera in Year 11 for this stunning pencil portrait. Well done!



YOU ARE INVITED TO

CCHS WINTER FAYRE

GAMES . FOOD . CRAFTS

SATURDAY | **23RD** | **11AM - 2PM**
NOV

Chelmsford County High School

£1 Admission

Students free

Card machine available

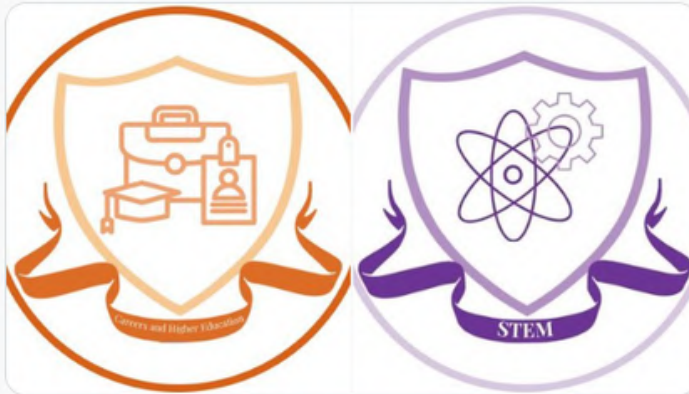


On CCHS socials this week...



CCHS @CCHS4G · 1h

We were delighted that Dr Natalie Ring (CCHS Alumna and now Clinical Trial Co-ordinator and Research Scientist at The University of Edinburgh) returned to CCHS yesterday to deliver a lecture and a careers talk to students.



CCHS @CCHS4G · 23h

We are so proud of Alexa, Gracie, Kesia and Sophie, who competed at the 66th ESSA Secondary Schools' Team Championships national swimming finals, in Birmingham, at the weekend. They are the first senior swim team from CCHS to compete at these prestigious national finals.



CCHS @CCHS4G · 20h



CCHS @CCHS4G · 23h

So, the CCHS Senior Swim Team not only made school history, but they also came 10th nationally in the freestyle relay and 17th nationally in the medley relay. Many congratulations to Team CCHS!



twitter.com/CCHS4G



[instagram.com/cchs4g/](https://www.instagram.com/cchs4g/)



[facebook.com/cchsessex](https://www.facebook.com/cchsessex)



[youtube.com/@chelmsfordcountyhighschool2697](https://www.youtube.com/@chelmsfordcountyhighschool2697)

Autumn Term Parent Support Series



Free Parent Webinars

Join us and Elevate Education for FREE 60- minute webinars designed to help you support your child's studies at home.

[Click here to Register](#)

In the Autumn Term, we'll cover:

How You Can Build Resilience in Your Child

- 3rd December @6:00pm

How to Help Your Child Alleviate Stress

- 17th December @6:00pm





Chelmsford County High School for Girls

Keep on swimming!

Context

The CCHS swimming pool was built in the 1960s, partly from funds raised by CCHS families. Dedicated upgrading and maintenance work over the years has ensured that the pool has served generations of students and young people across the Chelmsford community.

At the moment, our pool supports the PE curriculum for our 1,162 students, as well as nearly 200 pupils from five local primary schools, and nearly 600 young people from the wider community who use our pool with clubs.

Our swimming pool is truly a community pool.

Goal

Now is the time to modernise this important community resource to preserve it for future generations of students, pupils and young people. We are asking for your support now, just as the CCHS community rallied in the 1960s to ensure a pool was built, to help us achieve this important goal.

Fundraising

We estimate that the pool will require up to £250,000 over the next two years to bring it back to a suitable condition to support swimming in our community for the foreseeable future.

Our immediate need is to replace our aged boiler and gas pipework, which will cost approximately £35,000.

We will be organising some sponsored events and other fundraising activities, however if you are able to support us with any amount, we have a fundraising page available at <https://www.totalgiving.co.uk/appeal/Keep-CCHS-Swimming>

