WEEK 1 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
MON	Sweet and Sour Beef Meatballs with Rice & Vegetables	Yellow Vegetable Curry & Rice	Paninis Pasta and Sauces Freshly Baked Pizza
TUE	Jerk Chicken Burger with Garlic Wedges & Salad	Black Eyed Bean Burger with Garlic Wedges & Salad	Jacket Potato & Toppings Pre-made or made to order
WED	Roast Loin of Pork, Roast Potatoes & Vegetables	Quorn Roast, Roast Potatoes & Vegetables	sandwiches Salad bar
THUR	Cheesy Bolognese Hot Pot with Garlic Wedges & Vegetables	Vegetable Fajita with Garlic Wedges & Vegetables	Fruit pots
FRI	Crispy Chicken Katsu Burger with Chips and Beans / Peas	BBQ Quorn Bites with Chips and Beans / Peas	Hummus and vegetables

All menus are subject to change on the day

WEEK 2 THIS WEEK'S MENU

	OPTION ONE	OPTION TWO	GRAB & GO
			Paninis
MON	Chicken Tikka Masala with Rice & Vegetables	Spinach and Chickpea Dahl with Rice & Vegetables	Pasta and Sauces Freshly Baked Pizza
			Jacket Potato & Toppings
TUE	Sriracha Chicken Burger with Garlic Wedges & Salad	Urban Vegan Dogs with Garlic Wedges & Salad	Pre-made or made to order sandwiches
WED	Sticky Mandarin Pork with Vegetable Fried Rice and Satay Sweetcorn	Sweet Chilli Vegetable Noodles with Satay Sweetcorn	Salad bar
			Fruit pots
THUR	Firecracker Beef with Rice & Vegetables	Vegetable Jambalaya with Vegetables	Hummus and vegetables
FRI			
	Battered Fish with Chips and Beans / Peas	Cheese, Onion & Potato Slice with Chips and Beans / Peas	

WEEK 3 THIS WEEK'S MENU

_	OPTION ONE	OPTION TWO	GRAB & GO		
			Paninis		
MON	Sausage, Mash & Gravy with Vegetables	Vegetable Burrito	Pasta and Sauces Freshly Baked Pizza		
			Jacket Potato & Toppings		
TUE	Thai Sweet Chilli Chicken Noodles & Salad	Vegetable Noodle Pot & Salad	Pre-made or made to order		
			sandwiches		
WED	Mac Cheese Bolognese with Margherita Pizza Pinwheel & Salad	Mac Cheese Veggie Bolognese with Margherita Pizza Pinwheel & Salad	Salad bar		
THUR	Beef Lasagne & Vegetables	Vegetable Lasagne & Vegetables	Fruit pots Hummus and vegetables		
			riummus and vegetables		
FRI	Southern Fried Chicken Goujons with Chips and Beans / Peas	Cheesy Bean Burger with Chips and Beans / Peas			

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