



## **KS5 Curriculum: PSHE**

### **Curriculum Vision**

The content of PSHE at CCHS follows the statutory Relationships and Sex Education (RSE) curriculum guidelines which has been compulsory in all schools since September 2020.

These statutory guidelines include the following themes:

- Different types of relationships, including friendships, family relationships, dealing with strangers and, at secondary school, intimate relationships.
- How to recognise, understand and build healthy relationships, including self-respect and respect for others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how to recognise unhealthy relationships.
- Factual knowledge, at secondary school, around sex, sexual health, and sexuality.
- How online pornography may affect health and wellbeing, including mental health and relationships.

### **Curriculum Profile**

Years 12-13 are taught by tutors for one hour per week in a 'rolling' period superimposed on the timetable. Lessons encourage students to participate in group work, class discussions and role play to allow them to experience social issues in a safe environment. These lessons also help students to foster and develop attitudes of tolerance towards the religious, cultural and moral values of others whilst ensuring students are confident regarding their growing maturity and personal health.

At CCHS we are sensitive to the changing needs of our students and the world they live in; therefore, the syllabus is reviewed and potentially modified on a yearly basis. Topics such as Black Lives Matters, LGBTQ issues, personal safety and consent are at the forefront of the syllabus currently.

PSHE also has extensive relationships with external agencies who bring their own expertise and unique perspective to some of the content being taught. Students have access to the Samaritans, Fire officers and are taught self-defence. Several charities work with the school such as Teenage Cancer Trust and Coppafeel to ensure all the students are self-aware of health issues and where to turn for help.

Older students also assist in teaching year 9 students about consent, contraception and sexual transmitted diseases in a specific morning in the Spring Term. The feedback from the year 9 students is always positive and they enjoy being taught by their peers and feel more comfortable asking them questions.

## Year 12

Autumn Term 1	Autumn Term 2
Introduction to RTP at CCHS. Healthy eating. Emotional Wellbeing. Cosmetic / plastic surgery. Consent. Financial speaker – WizeUp.	Finish off Consent. Sex education: <ul style="list-style-type: none"> <li>• Readiness.</li> <li>• Rape culture.</li> <li>• Opinions in the media.</li> <li>• Honor based violence.</li> <li>• Female Genital mutilation.</li> </ul>

Spring Term 1	Spring Term 2
Students set up and run a mock model united nations discussion.  A current affairs topic will be given to the students, and they are designated a country to research and present in an afternoon off timetable at the end of the half term.	No PSHE in these weeks.

Summer Term 1	Summer Term 2
Financial speakers – WizeUp. Revision techniques  Year 12 mock examinations will run through these sessions.	UCAS introduction and sessions to use the website, log on, start to write their personal statements.

## Year 13

Autumn Term 1	Autumn Term 2
Independent living: <ul style="list-style-type: none"> <li>• Cooking for one.</li> <li>• Medical help.</li> <li>• Alcohol and drugs.</li> <li>• Recovery position and general first aid.</li> <li>• Travelling safely.</li> </ul>	Electives: <ul style="list-style-type: none"> <li>• Students chose an elective to participate in for 3 weeks. These are about relaxation or teaching life skills.</li> </ul> Gender and language Sixth form fayre – talking to the yr11 students about A level subjects.

<ul style="list-style-type: none"> <li>• Safety online and in relationships.</li> <li>• Student finances.</li> <li>• Relaxation and destressing.</li> <li>• Interview skills and transferrable skills.</li> </ul>	Revision skills – in preparation for Yr13 mocks in the summer term.
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Spring Term 1	Spring Term 2
Yr13 examination in first two weeks. Contraception and pregnancy. Miscarriage, Abortion & Adoption. Menopause. Call out culture. Culture wars and appropriation. WizeUp speaker – finance.	No PSHE in these weeks

Summer Term 1	Summer Term 2
Drugs and classes. Festivals and clubbing. Alcohol spiking. Feminism. Misogyny.	Public Examinations

*Please note that this timeline may be subject to change.*