



KS4 Curriculum: PSHE

Curriculum Vision

Curriculum Profile

Year 10

| Autumn Term 1 | Autumn Term 2 |
|---|---|
| <ul style="list-style-type: none"> • Transition from KS3 to KS4. • Resilience. • Managing social pressures. • Friendships. • Managing studies. | <ul style="list-style-type: none"> • Run, hide and tell. • Concept of perfectionism and how to deal with it. • Careers talk and introduction to unifrog. • Ta1 discussions. |

| Spring Term 1 | Spring Term 2 |
|--|-----------------------------|
| <ul style="list-style-type: none"> • Healthy and unhealthy relationships. • Unwanted attention and stalking. • Consent. • Pornography. • Revision skills. | <p>No PSHE in this term</p> |

| Summer Term 1 | Summer Term 2 |
|---|---|
| <ul style="list-style-type: none"> • LGBTQ+ information. • Invisible discrimination in the media. • Donations – blood donors and stem cell donations. • Recap of first aid. • Samaritan Visit. | <ul style="list-style-type: none"> • Mental health awareness. • Period poverty and managing periods. • Care of the body – health, genital and breast care. |

Year 11

| Autumn Term 1 | Autumn Term 2 |
|--|--|
| <ul style="list-style-type: none">• Risky behaviour in teenagers.• Careers Talk.• Leadership conference preparation. | Internal Exams running in first couple of weeks. <ul style="list-style-type: none">• Sixth form entry discussion.• Sixth form fayre.• TA1 discussions. |

| Spring Term 1 | Spring Term 2 |
|--|----------------------|
| Extremism and Radicalisation. Use of language and influences. Self-defence lesson. | No PSHE in this term |

| Summer Term 1 | Summer Term 2 |
|---|---------------------|
| Social attitudes to nudes. Sexual violence. Teenage pregnancy. Abortion. | Public Examinations |

Please note that this timeline may be subject to change.