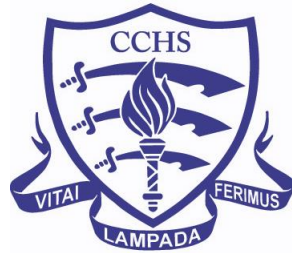


COMMUNITAS

Summer Term 2023



Makenoor – 7A

Prisha – 7A

Sofia – 7A

Anie – 7A

Emily – 7A

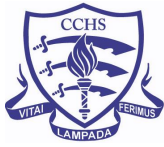
Sofia – 7A

A selection of paintings from Year 7 Impressionism

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Message from the Headteacher

Dear CCHS Community

To me, this has felt like the most normal academic year since March 2020. Of course, we remain mindful of and vigilant about the pandemic experiences of each group; thus the developed wellbeing support with our Pastoral Hub, and the enhanced academic support with our Achievement Strategy.

Alongside these vital services and provisions, we have been able to enjoy and benefit from so much across this year, in terms of school events, theatre, music, art, STEM projects, academic competitions, clubs, societies, trips, guest speakers and, of course, House events.

It strikes me that it is always important to think about the future, to have plans and goals, all to provide a sense of direction, control and ambition for oneself and a community. We all strive to balance this with not losing sight of the here and now. It is this element that I think I have witnessed so fully across this academic year.

Students across all year groups have engaged so fully and heartily with lessons, activities and projects. Indeed, more so than we have seen before, students and families are sharing with us news about life beyond school, and the rich array of work and achievements that students embark on and realise as part of their interests and hobbies. We are able to celebrate this good news each week in the Friday bulletin. Thank you for sharing this wonderful news with us

and please keep doing so next year and beyond.

This notion of getting involved, trying new things and taking some risks is so important for young people – and us older ones too, of course. When I spoke at our Senior Speech Day event at Chelmsford Cathedral in the Spring Term, when we celebrated the work and achievements of our senior students, I noted the place and power of ambition in our school community; ambition to know, to understand, to care, to make a contribution, to make a difference, to achieve – ambition for life. I think we have seen so much ambition every day this year as students took up opportunities and got involved. We will welcome the start of the 2023-24 academic year in September with the same positive spirit and energy.

For now, I would like to congratulate our students and staff, and thank our parents and governors for all that is done within and for our school community. I hope CCHS families have a lovely summer and wish you all well.

Mr Lawler

Mrs Adams



Mrs Adams has made a huge and lasting contribution to the life of CCHS over the past seventeen years. She will be much missed and we wish her a long and happy retirement.

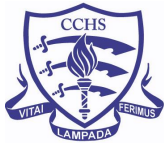
Mrs Adams joined this school in 2006 having studied at the University of Durham and previously taught at Sacred Heart of Mary Girls' School in Upminster and at Brentwood School. She was quick to make a distinct impression on all her students with her immense commitment to delivering the very best lessons possible to all her students of both French and Italian. Her knowledge of both languages and her flair for thinking of new and interesting ways to make grammar and vocabulary accessible to all have been appreciated by all her students over the past years.

Throughout her time at CCHS Mrs Adams has made a huge contribution to a wide range of extra-curricular activities. She has accompanied and led trips to both France and China, supported Duke of Edinburgh's Award expeditions and for many years organised an Italian exchange with a school in Treviso. All these trips have given staff and students new understanding and many memories; successive Sixth Form students will particularly remember their first experiences of Venice and of Italian culture and history and the strong impressions left by these experiences.

In 2010 Mrs Adams was appointed to be a Year Leader. She approached this new role with her characteristic commitment and efficiency and did much in it to develop the work of the pastoral team at CCHS. Her students really appreciated the warmth and wisdom of her support and guidance and continue to be grateful for this even many years after they have left the school. In this role Mrs Adams was also vitally important in developing the annual CCHS Leadership Conference; she and the students of intake 08 set a very high standard for future students to follow with the range of workshops and activities they ran for the inaugural event in October 2012.

In 2016 Mrs Adams was appointed as the school's coordinator for students with special needs and disabilities. In this role she has been transformative of the school's work, educating staff, students and parents about an increasing range of needs and setting up systems to ensure that all members of the school community receive the best possible support for learning. Again, her work in this area has set a very high standard for the future and done a huge amount to enable individuals to succeed.





Mrs Adams

We would like to thank Mrs Adams for her huge commitment to CCHS and for the incredibly high standards she has set herself and her students. In the classroom, on trips, in student support meetings, in the staff pantomime, supporting school music and in so many other situations she has been a model professional. We wish her every happiness in her life after CCHS.



Staff Pantomime 2012.



With Mark Rowell – Staff Panto-



With Mrs Chapman in China, 2009



Preparing for the Leadership Conference 2012

Staff News



This term we say farewell to

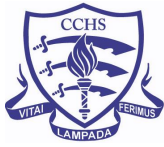
Mrs Alison Pudney	Attendance Officer & Pastoral Support
Mrs Rowan Carroll	Alumnae Development & Sixth Form Support Officer (including Community Service)
Dr Geeta Puri	Teacher of Biology
Mrs Katharine Adams	SENDCo
Mrs Romy Barnes	Finance Officer

We have welcomed the following new members of staff:

Mrs Koli Choudhury	Exam Invigilator
Mrs Michelle Foskett	Exam Invigilator
Mrs Kamala Gnanamany	Exam Invigilator
Mrs Smita Kempster	Attendance Officer
Mrs Samantha Styles	Assistant Examinations Officer

We congratulate the following members of staff on their internal promotions and appointments:

Mrs Sarah Clements	Year Leader (Job Share)
Mrs Hayley Barker	Year Leader (Job Share)
Mrs Victoria Goksel	Year Leader (Job Share)
Miss Joanne Stevens	Year Leader (Job Share)
Miss Heidi Pocock	School Development Leader – SENDCo
Miss Jennifer Vigrass	Subject Leader of Geography



Teaching and Learning

Mr Selby, Assistant Headteacher, Teacher & Learning and Staff Development

There has been a shift in educational thinking over the past ten years. There are constant debates amongst those who work in education and teaching about the power of knowledge vs. skills. Sir Francis Bacon famously coined the phrase 'knowledge is power'; he thought that knowledge is a powerful factor that empowers people to achieve great results. The more knowledge a person gains, the more powerful they become. However, others argue that skills are the key to a successful life. In a world where students are preparing for jobs that do not currently exist, it will be the skills they learn that determines their future successes.



Naturally, it is reasonable to consider that these disciplines hold equal weight in an educational context. Knowledge is theoretical. It's an intellectual understanding of information, or put simply, 'knowing the right answers'. Skills are practical. They are the actions people take to put their knowledge into practice. Students need a blend of both knowledge and skills to be successful. Without knowledge, they would not have an understanding of the content required to be successful in a formal examination; however, without the skills needed to articulate this in an exam context, they wouldn't be able to achieve all the marks on offer in the most effective way.



As a school, over the past couple of years, we have been considering ways in which we can use effective practices or techniques to compliment our students' outstanding knowledge and understanding, with the intention of enabling them to achieve their full potential. This led us to working with an organisation called **Elevate Education**. Elevate work with over 700 schools across the UK. Their sessions focus on utilising study skills to harbour and communicate knowledge. Elevate's study skills workshops and seminars are designed to achieve behavioural change amongst students.

Teaching and Learning

Mr Selby, Assistant Headteacher, Teacher & Learning and Staff Development



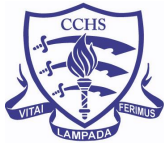
Sessions use educational research to inform students of the best strategies to maximise their successes. These sessions are run by university students and graduates who have a recent knowledge of putting the study skills they talk about in sessions into practice. At CCHS, we host Elevate to lead sessions on study skills, exam techniques and utilising study time. These are delivered to students across a range of year groups with the primary aim of enabling students to utilise their knowledge and brain capacity in a study or exam-based context.



We are also fortunate that our partnership with Elevate means that we can provide resources and access to a host of webinars for our parents. Recent sessions have focused on motivation, memory and resilience. Please look out for these advertised in our weekly bulletin 'The Laudatio'.

We look forward to working again with Elevate Education next year as we continue to develop our students' study skills.

I wish you all a restful and pleasant summer break.



Curriculum News

Mrs. Cross, Deputy Headteacher, Academic...

The Summer Term marks the examination season for many of our students, a time of revision and reflection and the chance to celebrate the knowledge students have acquired during their courses. In school, it means a quiet campus with hushed corridors and softly closing doors to ensure the environment that our students sit their exams in is conducive to success.

Fortunately, the Summer Term also brings with it many opportunities for our students to take part in extra-curricular activities and trips and to enjoy their learning outside the classroom, many of these opportunities are celebrated in this newsletter and the weekly bulletins.

As well as challenges, visits, competitions and speakers our students have been able to participate in various residential trips this term; our Year 12 Geographers headed to West Sussex for their field work, our Year 10 German students completed the second part of their exchange in their visit to Backnang, our French Department's trip to Nice was so popular for Year 10 students that it ran twice and our Year 9 students took part in their Bronze Duke of Edinburgh qualifying expedition.

The term finishes with Sports Day and our final Enrichment Day, you can find out more about the activities our students enjoyed below.

None of these events could take place without the support of our subject teachers, support staff, parents & carers and our wonderful students. Thank you all!

Enrichment

Mrs Cross, Deputy Headteacher, Academic

Enrichment Day 3: Primary School Visit 'Creativity'

As part of our Enrichment Day programme we were joined in school by eight of our partner primary schools, who enjoyed a day celebrating the Arts and discovered the joy of being creative. Students from Year 5 delighted in freeze framing their emotions in Drama and discovered the joys of new instruments in Music! In Art they learnt how to Batik using hot wax to create beautiful fabric prints. All students had a wonderful day and we thank Mr Harvey and his team for all their hard work and effort.



Enrichment Day 3: Year 7 – Stubbers

Everyone was really excited in the build up to Stubbers.

Stubbers was a fantastic opportunity for us to spend time with each other and try new things together. I had so much fun at the raft building activity because although we all fell off of the raft and into the water, it was great for our teamwork skills and everyone enjoyed racing on the raft that we built. All of the instructors were really nice and all of the activities that we took part in were excellent. Everybody got stuck in - including the teachers! - and we had a really good time there! - Zoe

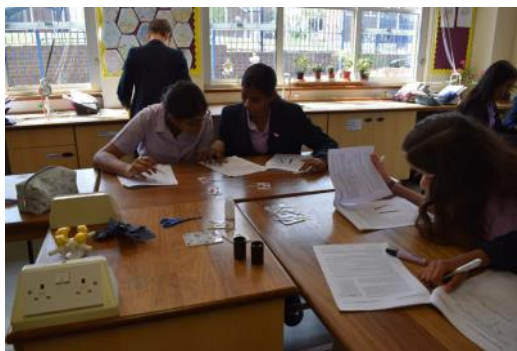


Enrichment Day 3: Year 8 – Roman Day

During our Roman Enrichment Day, we did loads of exciting activities. In the morning, we discovered how difficult the job of an archaeologist can be when we tried to figure out the context of various ancient artefacts. Later, we learnt about the Romans in Celtic Briton and handled replicas of some Roman artefacts. In the afternoon, we recreated Roman mosaics. It was a tedious process, but it helped me appreciate how much time and effort had been put into these beautiful pieces of art thousands of years ago. Overall, the enrichment day was really interesting and I learnt so many new things - I can't wait for the next one! - Aneesha

Enrichment Day 3: Forensics and STEM

On Monday, Year 9 had an Enrichment Day focused on Forensics and STEM. In the morning, we learnt about blood, hair, and fingerprint analysis and how they are crucial in solving crimes. We got to apply these techniques ourselves to help us solve a case of 'Who murdered the Mayor?'. In the afternoon, people from Engineering for Kids came to run a workshop with us. The aim was to make a lunar lander with as little resources as we could manage, with a little competition at the end. I enjoyed all the workshops and sessions today, because it showed me many different fields, I can work in. In addition, I also learnt a lot and particularly found the blood analysis the most interesting as we were taught about the different blood types and the difference between them. – Niya



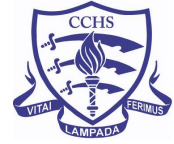
Enrichment Day 3: Year 10 - HPQ and Holocaust

As the academic year draws to a close, our final Enrichment Day gave us a chance to reflect on our own good deeds and mistakes throughout the year through this inspirational story of bravery in the face of corruption. We were lucky enough to experience a Holocaust memorial speech, which reminded us of the horrors and pain that those before us were forced to endure. It reminded us of the bravery that our predecessors showed everyday. We listened to the story of a young girl forced to witness the most terrorizing of human actions, and how it affected not only her childhood, but the rest of her life. We were mesmerised by the pure courage displayed by her and her family, having to move across the continent, with nothing but memories, and how perseverance was key throughout her life. We were fortunate enough to be able to hold an heirloom of her family, which was so important to her in remembering the love of her family, and shows us that it is vital in our own lives to persevere and always remain courageous in the face of adversity. – Sachee



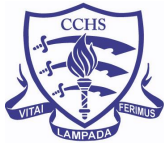
Enrichment

Mrs Cross, Deputy Headteacher, Academic



Enrichment Day 3: Year 12 – UCAS and University

On Monday, Year 12 participated in an Enrichment Day preparing us for the next steps we will take in our careers, whether that be via the traditional University route or by the more modern degree apprenticeship path. The day started with Mrs Hopkins talking to us about various alternatives to going straight into University- such as deferring a year or taking a gap year, where we could work, save money, or go travelling. Until lunch time, we took part in three carousels where we attended a talk by past students or teachers. The topics varied from the application process, medicine, Oxbridge, humanities/languages, applying for the arts, engineering, and degree apprenticeships at Goldman Sachs. In the afternoon we focused on writing personal statements, learning what that we should include, and what universities are looking for. We learnt how to make our personal statement stand out when applying to competitive Universities. It was a very productive and informative day, and we're extremely grateful to Mrs Hopkins for organising it and dealing with the complex task of assigning us to our different carousel activities. We're also thankful the past students and teachers who took their time to talk to us and help further prepare us for our futures! - Mayumi



Pastoral News

Miss Harrison, Deputy Headteacher, Pastoral

The Summer Term has been busy and exciting for many of the students. Our Year 11 and 13 students have finally finished their examinations. They did incredibly well - everyone worked hard and put everything they had into doing their best on the day. Hopefully, they are all enjoying their summer now – and having a well deserved rest.

Many trips have gone out this term and it has been wonderful to see students embarking on adventures again. The buzzing excitement was palpable when the Year 10 French Trip and German Exchange went out. Whether it has been Year 7 at Stubbers or trips abroad the feedback has been fantastic. The students have loved their adventures and all the experiences that came with them.

The Pastoral Team has been busy as always. One of our responsibilities this term has been to facilitate the transition of our September 2024 intake. We have run the traditional Welcome Meetings – which gave every new student the chance to talk to a

member of staff and also meet other members of their form. We also ran the yearly Induction Day which saw our new students having a taste of what life at CCHS is like. The highlight has to be the moment they meet their pen pal in the flesh for the very first time. Their picnics and chats are a crucial part of the transition process. All the students thoroughly enjoyed their day.

As always, if your daughter needs any support in the holidays we are here. Each student has a pastoral card with various numbers and email addresses on for them to contact. I have also included a couple of key numbers below. Please update me if there's any changes with your child or family situation before September – we are here to support you all. I wish you all a wonderful summer holidays.

Key Numbers:



YoungMinds crisis messenger

The YoungMinds Crisis Messenger text service provides free, 24/7 crisis support across the UK. If you are experiencing a mental health crisis and need support, you can text YM to 85258

Samaritans

Call 116 123 for free, 24 hours a day, 365 days a year, whatever your going through



Pastoral News

Miss Harrison, Deputy Headteacher, Pastoral

A BIG THANK YOU!

As most of you know we are saying goodbye to people from our team. I would like to thank Mrs Busby for the work she has done with our current Year 10 cohort. She has worked tirelessly to support them with their every need and she will be missed by all (although she will still be teaching Chemistry). The year group will be in Miss Burnham's capable hands as they enter Year 11 – she is our resident Year 11 expert at the moment – so she will do all she can for her new year group. We also say farewell to Mrs Adams our SENDCO. Her incredible work has seen our SEND Department flourish – she will also be missed by everyone. She is handing over the baton to Miss Pocock and we know she will carry on Mrs Adams' legacy.

FREE SCHOOL MEALS

Free school meals are available to pupils in receipt of, or whose parents are in receipt of, one or more of the following benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)

Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit.

HOW TO APPLY: Go online to www.essex.gov.uk/educationawards

Or request an application form from the Education and Awards enquiry line on 0845 603 2200. Please be assured that we always deal discreetly and sensitively with any students in receipt of free school meals and there is no embarrassment.

THE PASTORAL HUB

The Pastoral Hub continues to thrive. It is a room where students can have a 'time out' if they need to take a breath and access support for their wellbeing. The room is being well used and the students find the quiet space helpful. It is a space students to compose themselves before going back into lessons, speak to a friendly face, have a tear if sad news is received, sit and colour to still the mind or just read a book. It has also been used to complete work when the classroom has seemed too much. We run our Mental Health First Aid drop in on a Friday lunchtime at 1pm



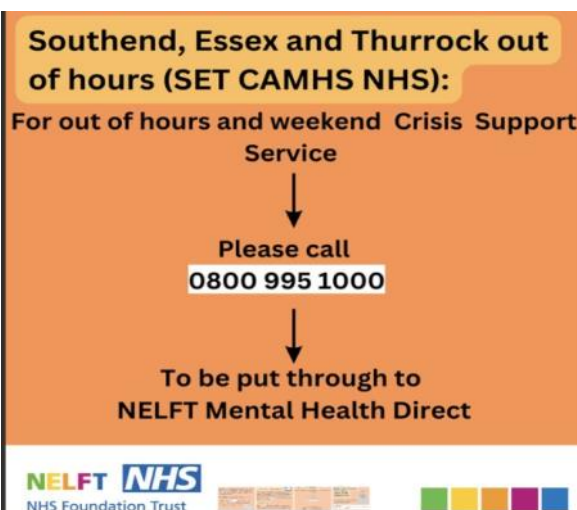
JUNIOR SPEECH DAYS

Many of you will have attended our Junior Speech Days over the last few days. We have loved celebrating the many triumphs of each year group in the Main School. From the Year Leader Prize to certificates for the Mathematics Kangaroo—there's such a variety of awards. Furthermore, everyone got to enjoy musical performances from each year group that really have been incredible. Every student should be proud of their achievements this year.



ATTENDANCE

Congratulations to all those students who achieved 100% attendance this year. This really is something to celebrate! Look out next year for outstanding attendance being celebrated. Excellent attendance really does go hand in hand with excellent achievement.



Pastoral News

Year 7

Mrs Lewis, Year Leader

I would like to take this opportunity to say a huge congratulations to all our Year 7 students on a fantastic first year at CCHS and what a year it has been! It feels like only yesterday you were arriving for your taster day; the year really has flown by.



The Summer Term has been absolutely packed with activities and Year 7 have got well and truly stuck in. For many Year 7's, Open Evening was their first experience of a large-scale formal event taking place at school. Tomi and Isabelle took to the stage during the Headteacher's talk; they spoke so confidently about life at CCHS and they did themselves proud.

Lots of students in Year 7 were tour guides and did an amazing job of speaking to both parents and prospective students about their experiences so far.



Primary Outreach visits have taken place with our Year 7's taking on a vital role in this important piece of work. Small groups of Year 7's accompanied me and Mrs Maslin on a tour of our local Primary Schools where they spoke honestly with Year 5 students about preparations for the Entrance Test and

helped to combat misconceptions about CCHS. It was a fantastic opportunity for some of our Y7's to revisit their old primary schools and catch up with teachers and students.

The Cabaret Concert, Sports Day and House Drama showcased even more exceptional talents from our Year 7 cohort and finally, to top off an amazing year we took a trip to Stubbers. The day was thoroughly enjoyed and saw groups of students working together, building bonds, and making lots of memories.

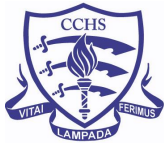
Year 7, you are a wonderful group of young people, please continue to spread kindness and positivity to those who need it, educate one another without judgement and be happy. I wish you all the very best as you progress into Year 8.



I will end here with the incredible words of Maya Angelou, "if one has courage, **nothing** can dim the light which shines within".

Have a lovely summer break.

Mrs N Lewis



Year 8

Mr Copper, Year Leader

It has been another exciting term for Year 8 students, with a range of activities academic and extracurricular. Filling their schedules as they make their way toward the summer break. As ever, House events have remained a constant point of enthusiasm and competition, with a new range of sports allowing students to battle it out in events like House badminton. Perhaps, one of the most exciting parts of this term for me was walking around during form time and discovering the hordes of Year 8's preparing for House Show, and the wide-ranging and often unusual plays that have been picked for them, with which they can focus and showcase their dramatic efforts.

Preparations have also been underway for great events that end the academic year at CCHS. Year 8 had their Languages-run Enrichment Day-'Roman Day' and the year's instinct for charity made for some exciting costumes and performance contributions at the Senior Prefects' CCHS Festival. Many Year 8's also spent the term practicing after their success in auditioning for the Cabaret Concert, a truly strong showing from the year group that was an absolute joy to attend. The crowd exuberating at Eva's drum solo will remain in my mind for some time!

A more relaxed musical environment like this gave them the chance to offer more of their personal artistic interests. On this note, dozens of Year 8's have submitted their Bronze Arts Awards this term, too, requiring them to research, visit, and create their own art in an attempt to showcase their passion for this sector across a range of disciplines. The end of year traditions at CCHS equally shone bright with Year 8, with the year group doing themselves proud across the competitive spirit of Sports Day, alongside their brilliance in our awarding of certifications at Junior Speech Day.

As ever, Year 8 students receive their rightful range of pastoral support, from the small to the large, and they are truly supported by myself and an attentive and thoughtful team of tutors. The plan now is, of course, to keep our expectations of them high as they move forward to Year 9 and all the excitement and academic rigour that waits them there.

Pastoral News



Year 9

Mrs Goksel and Miss Stevens

As we close on the end of a remarkable academic year, we reflect on all that Year 9 students have achieved.

Earlier this term they completed their first ever formal end of year examinations, with determination and maturity. We are pleased that all the options have been finalised and all students have been offered their first choices.



It has not all been exams though, fun has still been had through various House events and during form time. With Coronation cakes, benchball, basketball, badminton, drama, tennis and Sports Day to name just a few, there has been a lot to keep Year 9 busy! C House reigned supreme for House benchball whilst A House took the glory for House pancakes. Amelia took the prize for best Coronation cake in Year 9, with decoration skills a bake-off champion would be proud of.

In form time, S House looks likely to take the championship cup for our weekly Friday Frenzy competition, although who know's what will happen! We have also been enjoying our walk and talk mornings on the atstro – for some mindful starts to the day, making the most of the sun while it has been out.

Outside of House events, there have been some excellent group and individual achievements too. Four students took part in the TEXPO Chelmsford Science and Engineering Competition, winning the Students Choice Award. The Cabaret was a huge success, showcasing some fantastic talent. Many students took part in the Duke of Edinburgh Award, and we also enjoyed the exciting Science Enrichment Day.

Maryam had a poem selected to be published in a poetry book, for the Young Writers competition. Stella won a gold award in Girl Guides and Rosie played for Essex Ladies 1st golf team. Six students attended the Industrial Cadets Gold and Bronze celebration ceremony. Also, lots of sporting experiences and achievements with students taking part in the Essex Cup cricket match, MESSSA tennis tournament, outdoor softball, athletics at Baddow School not to mention Boswell's U15's Volleyball club making national champions, which some of our students played for.

This is just a few of the many examples of tremendous accomplishments pupils have achieved this year.



After only one full term now with this year group, we can already see how much they have grown both academically and socially. The selecting of options and sitting end of year exams seems to have been a real stepping stone and we can see the growth and eagerness to begin their GCSE's. We look forward to helping guide them through KS4.

We wish you all a restful summer and we will see you in September!

Mrs Goksel and Miss Stevens

Year 10

Mrs Busby, Year Leader

I cannot believe the final term of Year 10 is coming to an end, it has been an absolutely fantastic year for Year 10. This term they have had lots going on; with Enrichment Days, Speech Day, Sports Day, House events including the long awaited House show, they have definitely been busy!

As well as all these fantastic activities, it has been fabulous to see the return of the residential trips for our students. The majority of the group have had the opportunity to take part in these wonderful learning opportunities in both France and Germany. They attended some lessons in school, they learnt all about the history of the area, the French trip the students visited Monaco and visited a sweet making shop for a masterclass in French sweets. The cultural immersion was truly amazing to see, and the students did a brilliant job communicating in bonding with their host families, finally getting to practise the languages they have been learning all these years!

With so much walking and touring on these trips, it also felt like a bit of a boot camp too!

It is good to remember that this year group has had a lot robbed of them due to COVID. They never got to experience the residential in Normandy, Stubbers, Rhineland or all the other fantastic experiences we usually offer. They have never been able to experience a trip with school friends, making memories that we ourselves perhaps take for granted. I know they have had such a fantastic experience and have truly appreciated this opportunity that the teachers have worked hard to organise.



Year 10

Mrs Busby, Year Leader

Along with these fantastic trips, they have also managed to participate in some wonderful sports and House events. They have had some brilliant assemblies, both in class and together in the hall. I myself tried to part some words of wisdom in my assembly on “what would I say to my younger self”. I think we all have things we would like to have learnt earlier, and hopefully sharing mine might have helped, they definitely appreciated the pictures at the very least! They have also learnt more about getting educated on a key exam resource, GCSEPod, to help them with their up and coming exams.



Some students were also lucky enough to experience careers fair at Anglia Ruskin University. Unfortunately, we were unable to take the whole year group, but the twenty students that attended had a great time learning more about the wider range of careers in the Healthcare Sector, and what they need to get there.



These opportunities are so important at this stage in their lives, all the students that attended found it deeply valuable.

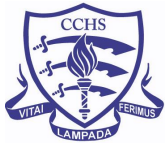
The year group have also started to think ahead to Year 11, having started planning their Leadership conference, “A World of Opportunities”. This is a chance for the cohort to come together to plan a big event. The students will work closely with their Year Leader and the wonderful tutors to help decide all aspects of the day. We will have speakers deliver speeches on varying topics to hopefully help to inspire Year 10.

Alongside this, we will have workshops led by students and professionals alike, and of course, a celebratory lunch. I am sure it will be a fantastic celebration in October.

Year 10 have worked incredibly hard this year, I am sure they are ready for the summer break so they can come back recharged for the important year ahead. It is my last year as their Year Leader. It feels me with great sadness after the three years we have spent together, but they are in great hands under Miss Burnham. I will continue to cheer them on, as always, from the side.

Have a great summer!

Mrs Busby



Pastoral News

Year 11

Miss Burnham, Year Leader



Wow, well what a year it has been from start to finish. To note a few big events Year 11 students have had this year the Leadership Conference, Year 11 Mock Examinations, Enrichment Days, countless House events, our Celebration Day and lets not forget their formal GCSE Examinations!



Firstly, to recap our brilliant Celebration Day, we started the day with form tutors for their last form time in the main school. It is so lovely to see the brilliant rapport that



they make as a form group being the only group they are in from year 7! We then went on to the field for a 'Primary School Sports Day' in which we played many different games and relays and of course we got the form tutors to race at the end. There was an incredible amount of team spirit and the competitiveness for their Houses had definitely not depleted.

Pastoral News

Year 11

Miss Burnham, Year Leader

We then went into the Sports Hall for benchball (thank goodness we did, because it started to pour with rain), this slowly but surely led to all teams off doing Just Dance. The students in Year 11 actually know some of the Just Dance choreography off by heart now so they were able to do this just from memory- it was so wonderful to see them all break out into dance when the songs came on. Then lunch time was in the main hall with dominos and shirt signing to start and then last but definitely not least all of our incredible performances. You will know from my previous articles that we have such a talented year group and the performances did not stop, we probably could of gone on all day and night! Of course, there was a little surprise from the form tutors and myself, we 'tried' to dance using some of the iconic Just Dance choreography, as well as a whole school good luck to Year 11 video (my personal favourite). It did start to then become quite emotional but nothing an ice cream could not help...



Current Year 11 students will now start their transition into Sixth Form and there are many opportunities to give them the best start. They will be invited to an Induction Day, take part in taster lessons for some of the subjects they are interested in taking for A Level and they have already had a meeting about what they are thinking they want to do in their future to help with informed decisions.

As you will know from all of my newsletters, the students have been involved with such a variety and they should be so proud of themselves for everything they have achieved whilst in the main school at CCHS. They have been an incredible year group, I will miss being their Year Leader but I hope to see them in the corridors for the next couple of years.

It is true what they say, teamwork does make the dream work and of course none of this would have been possible without the dream team that is the Year 11 Form Tutors! A massive shout out



to them for all their hard work, it definitely didn't go unnoticed. Miss Burnham

Sixth Form

We offer congratulations to all our Year 13 students for the hard work they put into their A level examinations and the serious and thoughtful way in which they approached the lengthy period of challenging examinations. We are also grateful to those Year 13s who have supported a range of recent activities such as the Year 11 into 12 Induction Day and the Year 6 Summer School. We send our good wishes to all our Year 13 students as they enjoy a range of activities over the summer and look forward to their A level Results Day in August.

Our Year 12 students have continued to work hard since their examinations in May. They have been using the results of these examinations to help them explore



their options for university study or other opportunities and have been making excellent use of the advice of Mrs Hopkins and their tutors as they explore the huge range of options open to them. All Year 12 students will have a range of tasks to complete over the summer holiday so as to ensure that they make the strongest possible start to Year 13.

Sixth Form News

Dr Palmer, Mrs Connolly and Mrs Hiett



Our House Officials have continued to be incredibly busy leading and supporting a range of exciting activities. House Cakes, House Tennis, House Rounders, Sports Day and House Drama have all taken place this term and have been much enjoyed by all. We were very glad to welcome back three students who completed their A level in Theatre Studies in 2021 to judge the House Drama competition. Eve, Isabella and Isabella much enjoyed the performances throughout the day and were pleased to be able to support the school in this way.

The Senior Prefect team have been incredibly busy over the past weeks in planning for and then running 'Rainbow Rush', our charity festival which took place in bright sunshine on Friday 7th July. The whole school enjoyed decorating their tote bags, the performances, the stalls, the inflatable obstacle course and the atmosphere created as the school came together to raise money for the Rainbow Trust. At the time of writing we await a definitive final total but it is certain that we have raised in excess of £2500 to support the families of children with life-limiting illnesses. We are grateful to all the Year 12 students who did so much to support the prefect team in running this event.

We would like to wish all of our students a rewarding summer holiday and look forward to welcoming our Year 12 students back into Year 13 and to welcome our new Year 12 students in September.

Dr Palmer, Mrs Hiett and Mrs Connolly.



Sixth Form Art Exhibition

At the beginning of June, the mesmerising world of art came alive as our talented young artists gathered to showcase their remarkable creations at the annual Sixth Form Art Exhibition. The event was a resounding success, leaving visitors in awe of the exceptional talent and creativity displayed by our budding artists. From breath-taking paintings to thought-provoking sculptures, the exhibition was a celebration of artistic expression and an unforgettable experience for all.

Over the two years of their A Level course, students worked with a diverse range of art forms, each piece more captivating than the last. From vibrant landscapes and abstract compositions, to stunning portraits capturing the essence of the subject, the artworks showcased the students' ability to convey emotions and stories through their chosen medium. Sculptures also took centre stage, showcasing the students' mastery of three-dimensional art. From delicate, intricately carved faces to bold, abstract structures in cardboard, each sculpture was a testament to the artists' creativity and technical skill.

Beyond the sheer technical prowess exhibited, the artworks also delved into personal narratives, inviting viewers to reflect and connect on a deeper level. Many pieces expressed poignant social commentaries, tackling themes of politics, addictions, pain and cultural diversity. These thought-provoking works, initiated conversations and encouraged visitors to ponder their own perspectives and values, amplifying the power of art as a catalyst for change.

Art News

Mr Harvey, Subject Leader of Art & School Development Leader



The Sixth Form Art Exhibition allowed visitors to meet the talented individuals behind the masterpieces, providing insight into the artistic process and inspirations. Artists proudly shared their stories, unveiling the journeys that shaped their creative visions. It was a rare opportunity for attendees to connect with these young artists, gaining first-hand knowledge of their artistic motivations and the stories embedded within each work.



The Sixth Form Art Exhibition offered a glimpse into the future, showcasing the potential of these talented artists as they prepare to embark on their creative journeys beyond school. With many students going on to do Art related courses next year at University (Architecture, Fine Art, Film). With their exceptional skills, unique perspectives, and unwavering passion, it is evident that these emerging artists will leave a lasting impression on the art world and be very successful in their future careers.

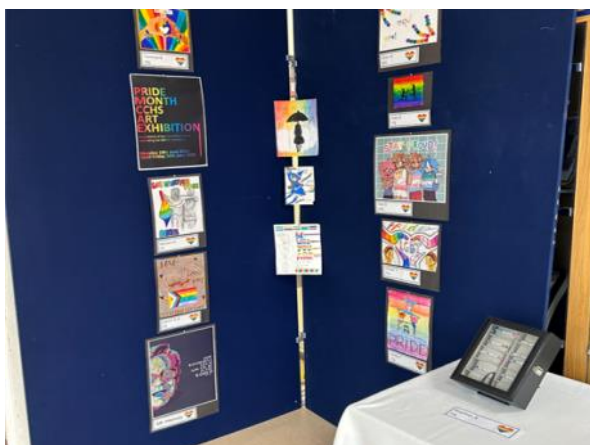
Pride Exhibition

Later in June, students from all year groups took part in a captivating Art Exhibition celebrating the vibrant and diverse spirit of Pride Month! Our talented students poured their hearts and creativity into a stunning collection of artworks that explored themes of love, acceptance, and equality.

This year, our exhibition places a special emphasis on honouring the LGBTQ+ community and their struggles, triumphs, and ongoing journey towards equality. Each artwork serves as a powerful expression of personal stories, identities, and the celebration of love in all its forms.

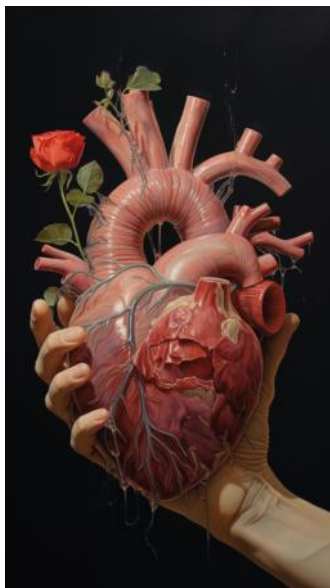
From bold and colourful paintings to thought-provoking bracelets, our students have crafted pieces that invite you to embrace diversity, challenge stereotypes, and foster empathy. We were captivated by the use of colours, the intricate details, and the emotional depth conveyed through each brushstroke and artistic technique.

The exhibition was not only an opportunity to appreciate the artistic talent of our students but also to display the inclusivity, respect, and understanding within our school community.



Artist in Residence

Mid-June, we hosted local AI Artist, Alister Gillan, who spent the morning talking to a group of Year 12 students about the ever-changing world of technology and the use of AI in Art. It was the most insightful workshop and sparked many great and exciting conversations about this controversial way of producing art. Students came away with so much to think about. What is art? Is it the process? Is it the message? Is it the enjoyment you gain as a viewer? Is it art? Is it fair? Which is very reminiscent of the conversations sparked by Dadaism or the Young British Arts Movement.



KS3 Exhibition

Creativity and artistic expression flourished as the annual Key Stage 3 School Art Exhibition showcased the extraordinary talents of its young artists. As part of Arts Week, the Exhibition, a culmination of months of dedication and artistic exploration, offered a glimpse into the boundless imagination and fantastic skills of our budding artists. From vibrant Impressionist paintings in Year 7 to detailed portraits in Year 9, the event celebrated the power of art to ignite passion and inspire young minds.

The Key Stage 3 Art Exhibition brought forth an explosion of colours, with the display boards adorned by an impressive array of artworks created by the students. Each piece reflected the unique perspectives and artistic styles of these young talents.

Art News

.....Mr Harvey, Subject Leader of Art & School Development Leader.....

KS3 Exhibition

The Key Stage 3 Art Exhibition brought forth an explosion of colours, with the display boards adorned by an impressive array of artworks created by the students. Each piece reflected the unique perspectives and artistic styles of these young talents.

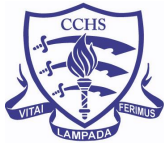
The Key Stage 3 Art Exhibition encouraged our young artists to express themselves authentically through their creations. It provided a platform for students to explore their individuality and communicate their ideas, beliefs, and experiences. The exhibition showcased a diverse range of themes and art influences, from Art History, Pop Art and Surrealism.



The Big Art Painting

On the 5th July we invited all students to take part in the BIG art painting at lunchtime. Students from all year groups got involved in the fun activity and produced the biggest piece of art we have done this year! Seeing the students working collaboratively and creatively together was an absolute joy and the final painting turned out fantastically.





Primary Creative Day

In a celebration of creativity and collaboration, CCHS hosted a Creative Enrichment Day for local primary schools, giving pupils the opportunity to experience all the amazing and creative things we do here at CCHS in the world of Music, Art, and Drama.

The Enrichment Day served as an opportunity for young minds to explore their artistic passions, interact with CCHS teachers and students and experience first-hand the enriching environment of our Creative departments. Through a diverse range of engaging activities, the day fostered a love for the arts, inspiring participants and leaving a lasting impact on their creative journeys.

The Power of Music

The Music Department went all out, captivating participants with its universal language and expressive nature. The Samba band and singing workshops allowed primary school students to engage with various musical instruments, experiment with rhythm and melody, and explore their own musical abilities. From playing percussion instruments to singing in harmony, the students experienced the joy of making music together, fostering a sense of camaraderie and teamwork.

Unleashing Artistic Expressions

The Art segment of the Primary Enrichment Day ignited the participants' imagination and unleashed their creativity. Through a hands-on workshop on batik, students were encouraged to experiment with a new art technique to broaden their Art Knowledge. Guided by the Art Department staff, students had the opportunity to explore and express their unique perspectives. The day celebrated the power of visual storytelling and allowed the participants to discover the artist within themselves.

Discovering the World of Drama

The Drama workshops provided an exciting opportunity for primary school students to immerse themselves in the world of theatre and performance. Led by the Drama teachers and experienced CCHS students, the workshops introduced participants to various acting techniques, improvisation exercises, and teamwork activities. Through dramatic play and storytelling, the students honed their communication skills and gained confidence in expressing themselves on stage.

Bridging Communities and Building Relationships

As part of our Artsmark journey, the Primary Enrichment Day fostered a sense of community among participating schools. It served as a bridge between primary and secondary education, allowing young learners to familiarise themselves with the CCHS environment, its facilities, and the older students. By experiencing our inclusive, creative and supportive atmosphere, the day aimed to show students that we are not just an academic school. But a school that loves and is committed to all subjects.

Music

Mr Lamberti, Director of Music & Timetable Leader



Despite many of our Senior Ensembles not running during the Summer Term due to our Year 11 and Year 13 students being on exam leave, the Music Department has been just as busy as ever!

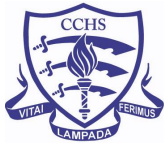
Our Year 13 A level Music students performed their recitals to a visiting examiner with us their teachers, classmates and some friends, as an audience. It was an amazing experience for all concerned, their performances were outstanding and there may have been a proud tear or two, I will leave you to guess who they were from!

We would like to thank the amazing work that our peripatetic colleagues do with their students to prepare them for such events. We had two piano recitals, two voice, a flute and a viola. Not only were we immensely proud of the musicianship of our students (all of which were way over the required standard for A level) but their support and care for each other was a wonderful demonstration of the bond they have developed through the A level course. Florence, one of our students, and a well renowned Viola player, also got through to the final of the Essex Young Musician Competition this term. She not only won the Round Table prize, but also the Essex Music Scholar of the Year Award. What an incredible achievement, and she will hopefully be going on to The Royal College of Music in September where she has been offered a remarkable and unique full scholarship in recognition of her ability.

We continue to be an examination centre for ABRSM Music exams so again have had two days of exams on various instruments and at various grades. It has been a delight to watch the hustle and bustle of practise on the day, support from their wonderful peripatetic teachers here, and to watch the nerves and apprehension turn to smiles and relief as they walk out afterwards!

Our thanks as always go to Mrs Gross for her help in planning the logistics before and on the day as well as the huge amount of administration that is involved.





Our final concert of the year, The Cabaret Concert, took place after weeks and weeks of auditions from enthusiastic students of all ages and abilities. It was a resounding success, showcasing an enormous range of ability, genre, instruments, ensembles and musical tastes. The audience were vocal in sharing their amazement of the standard and professional conduct of our young musicians, and we were very proud to have experienced and shared what they had prepared for us. Our thanks to Mrs Clements for organising this event.

As part of arts week, we held our Cabaret Concert but also put on a lunchtime concert under the canopy area outside Bancroft. Our fantastic Year 10 students including music prefects performed a variety of music which ended with the, yet to be named, Year 10 rock band. It was a fabulous forty five minutes of lunchtime music enjoyed by all.

Moving towards the end of term we have enjoyed listening to some excellent musical compositions from our GCSE and A level students as they strive to complete them ready for the release of the set briefs for composition, two for next academic year.

We continue to delight in listening to but also sharing this work with younger year groups as a demonstration and inspiration of what further musical study looks like.

We have lots of plans as always for next year, but for now we look forward to, and wish you all a wonderful summer break.



Pride Month

...Mr Hughes, Teacher of History and Government & Politics.....

Along with the many other diverse events celebrated within the CCHS community, it has turned very much into a tradition to celebrate Pride month within our school community. In the words of our Diversity Prefects, celebrating the month shows 'how teachers, school leaders and our students can actively support and advocate for equality and inclusivity in our local community'.

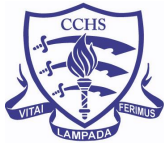


That is why it is such an important month for our community to acknowledge and this year was no exception. This year we kicked off the month with an assembly led by our Change and Diversity Prefects which highlighted the importance of Pride month by looking at the origins of both the movement, and the pride flag. They also looked at Pride on a more local level by looking at events such as Essex Pride and advertising the school's first ever PrideFest. As is always customary on these occasions we flew the Pride flag with pride outside the school as a symbol of our commitment to every kind of diversity.

It has become a tradition of the school to hold a cake and badge sale during Pride month to help raise money for LGBTQ+ causes and this year the school decided to raise money for AKT. AKT is a charity that supports homeless LGBTQ+ people aged between 16 and 25 by helping them find temporary accommodation, ways out of hostile living environments and other housing support as well as developing other life skills. 24% of all homeless people are LGBTQ+ and 77% of these young homeless people believe that coming out at home was the main reason for them being asked to leave the family home.

As well as supporting such a worthwhile cause, this year instead of the usual cake and badge sale, we held our first ever PrideFest. A 'call to cake' was made, that our CCHS community answered, with the school awash with cakes to be sold, but along with that we had a celebratory atmosphere with music provided by Miss Hutton who performed some songs underneath the Abstract outside Bancroft which created a fun lunchtime, especially when some students joined in with the singing and one even did the caterpillar across the floor!

Of course, none of the events throughout the month would have been possible without the help and dedication of the Change and Diversity Prefects who worked tirelessly to organise and publicise the assembly and PrideFest. In today's diverse and evolving society, it is essential that schools work hard to create an inclusive environment for all students. By recognising and embracing all communities within schools, it is possible to create an atmosphere of acceptance, respect and understanding for everyone, which will all have an excellent impact on the wellbeing and academic success of students.



German Department News

German Exchange June 2023

Following on from the visit of the German school in November, the Summer Term was the time to rekindle the friendships and visit the German Grammar School Gymnasium in der Taus, Backnang. After an excellent check-in experience and a quick flight we were suddenly in Backnang being greeted by delighted students, a banner and songs; so began our wonderful week.



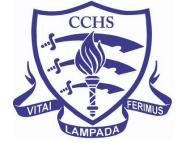
The weekend was spent by our students with their German host families and they visited a wealth of places including Schwabisch Hall, Esslingen, an orchestra performance, Zugspitze, Technik Museum in Sinsheim amongst others! The remainder of the week was a mixture of time in school attending lessons, and helping younger students learn English, visits included guided tours in Ludwigsburg and Heidelberg, a trip up the TV tower for panoramic views, and the highlight, learning about chocolate production and making chocolate at Ritter Sport (all of this experience was conducted in German).

All our students were impeccably behaved and great ambassadors for their families and our school community; they have grown in confidence, in both their personal and German abilities and forged close relationships with the German students. Sadly, the week ended far too quickly and there were many tears and promises of future visits when we left. Below are some accounts from students and photographs of the visits.



The German exchange was an incredible and unforgettable experience. I made so many new friends and had so much fun every single day. I can't pick my favourite trip as they were all enjoyable (however I did particularly like going to Ritter Sport Chocolate Factory and making some chocolate!) I loved spending time with my exchange family at the weekend too and I got to know them a lot better. I will miss everyone very much and I hope to see them again soon! Olivia B

German Department News



The German Exchange was a brilliant opportunity. I did not only improve my German but also made lots of friends and had many great experiences. I would definitely recommend the trip. Gracie G

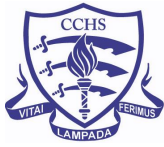
The German Exchange was a once in a lifetime opportunity that not only showed us how much German we have learned, but also is a chance to learn about the German way of life and independence. I would definitely recommend anyone to take part - this is coming from someone who was originally hesitant to take part, but now does not regret it for a second! Ginika

I'm really going to miss the people I met on the German Exchange, but I'm so glad that I met them all. I'll cherish all the fun memories we made together for life! Devanshi.



The German Exchange is one of the best experiences I have had during my time here at CCHS. It was an amazing way to close the year off and I would not have wanted to have spent it with anyone else. During our trip to Backnang, we all made so many new friends and experienced a multitude of new activities: growing our understanding of the German culture. Our partners were nothing but kind and lovely; creating many memories, jokes, and friendships.

The landscaping in Southern Germany was so beautiful – not even the boiling sun could stop us from being in awe of the artistic sights- it truly felt like we were straight out of a movie. During the evening all of us had ended up in the lively Straßenfest. This was an animated festival that ran through Friday till Monday, filled with food, music, rollercoasters, and millions of memories. It was wonderful to be able to experience a completely different event and we all wished there were a way to bring it back to Chelmsford. Straßenfest was the perfect way for us all to connect with not only our own German partners but with each other's partners. The community of children in Germany was super loving and open- allowing us to get to know many new people.



German Department News

But, for us to create this beautiful wholesome family and to be able to have a once in a lifetime experience the biggest thankyou needs to go to the German department for all the hard work and effort, they had put into organizing the exchange program and running one of the most enjoyable trips ever. From setting us up with the perfect German partner to organizing the day trips to places like Heidelberg and Ritter Sport factory we all owe a massive thankyou to the German teachers for everything they have done. But also, a special thankyou to Frau Cannon, Frau Bennet, and Frau Gilbert for coming with us to Germany to look after and care for us. All the English kids have developed more love and appreciation to the German teachers after this exchange and we hope that the next year's Exchange Programme is just as spectacular. Sansitha

From being extremely nervous to not wanting to leave Backnang, the German exchange trip certainly proved to be an amazing, enjoyable experience. After having missed all our key stage three trips abroad due to Covid-19, I must say that the German exchange made up for it! We can all agree that we have made some fantastic memories over the whole week which we will cherish and treasure for the entirety of our lives.

We got the wonderful opportunity to experience the daily life in a German household whilst we stayed at our exchange partner's homes. We were struck by the realisation that we could speak more German than we thought we could!

On Tuesday, we had time travelled back to the baroque era to visit the breath-taking Ludwigsburg Palace. Its charming architecture and intricate interior designs most certainly blew our minds. The ancient artwork on the ceilings received great admiration and appreciation. After a fascinating tour around the palace, we had a tranquil lunchtime on its balcony with views of its picturesque gardens.



German Department News



On Wednesday, we paid visit to another historic town called Heidelberg along with our exchange partners. I was in awe of the idyllic ensemble of the castle, the Old Town and river Neckar surrounded by idyllic hills. Like Cambridge University, Heidelberg University is also a well renowned University and we got to learn a lot about it as part of our tour around Heidelberg. We got the opportunity to explore the town independently in groups where we all did some shopping and bought souvenirs.

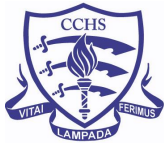
Now, Thursday was the tastiest day of them all, as we all got to make and buy chocolate from Ritter Sport Factory. After educating ourselves about the evolution of the chocolate in an informative exhibition we were guided on making chocolates by professional chocolatiers. We got to choose from different toppings to make our own unique flavours. Then, we went up the tall TV Tower in Stuttgart where we were stunned by the magnificent views. After taking an endless number of pictures and selfies we made our journey back home where we then had a Games night. The wonderful students of Gymnasium in der Taus had arranged an entertaining evening for us filled with karaoke, board games and tasty treats. This gave students from both countries the opportunity to socialise with each other and spend the last full day together as there was only one night left of the trip. We were all wondering how quickly the days had flown past.

The last day was certainly an emotional one. After attending lessons with our exchange partners in the morning, we had to pack our suitcases ready to leave that evening. A lot of tears were shed reflecting the strong friendships that had been formed through this exchange programme. Bidding our final farewells, we waved until the very last moment. However, through the magic of social media, I am sure we will continue to connect with our lovely friends in Germany.

I hope this opportunity is offered to many more pupils in the future and I would absolutely recommend this experience to any of the younger students considering it!
Prethika

The exchange was really an experience for all of us. My partner and I travelled to a mountainous area, something that I wouldn't usually do, and I enjoyed it immensely. If you have the opportunity to do the exchange, I would give a 100000/10 rating- the people you meet, and the German you learn along the way are invaluable. Anna B





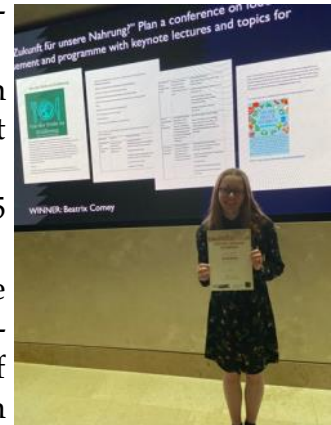
German Department News

Competition News

It is always worth entering the competitions advertised on Deutsch Pause. Read below to see what people have been taking part in and winning.

The Oxford German Olympiad

The Oxford German Olympiad is an annual German competition, which offers a variety of fun and engaging activities for students to complete. The goal of the competition is to increase young people's involvement with German language and strengthen their love for the subject and their cultural awareness, by engaging them in extracurricular activities. Involving pupils between Year 5 and Year 13, the competition gives many the chance to get involved. The competition centers around a specific theme each year, with this year's being Kochkunst – Backlust – Esskultur (The Art of Cooking, Joy of Baking and Culture of Eating). All participants are split into age categories, each with a choice between three different tasks, with this year's ones including story writing, drawing and video making. There are also group activities and opportunities for pupils who do not study German at school to also enter the competition.



This year, I entered the Olympiad and ended up winning one of the prizes. I found out about it through the German department teachers who are always searching for opportunities like this. For my task, I chose to plan a conference for young people, which had to be based around sustainability in the food industry. The competition is such an amazing opportunity to practice German in a more relaxed way, learn new vocabulary that wouldn't be encountered in the classroom, get creative and have more fun. The award ceremony is held in Oxford, opposite the Bodleian library, and gives students of German an occasion to come together. I would definitely recommend entering and keeping an eye out for next year's contest! Beatrix C

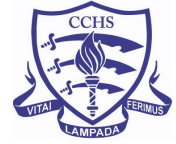
Photo Competition

Manasa B, Year 8, was shortlisted for her photo portrait in the Languages Local to You, a joint competition held with the Art department. Her work will now be exhibited at various venues around the country,

Anthea Bell Translation Competition

Year 7 Amelia won the area prize for the Anthea Bell Translation Competition and her entry is now being submitted for judging in the national competition

French Department News



Last month, seventy-three Year 10 French students spent a week on the French Riviera. The study trip included many activities such as a guided tour of Nice, a visit to the Florian confiserie and the museum of Modern Art as well as a day out in Monaco looking at the world-renowned Museum of Oceanography. Students stayed with French families and attended lessons at International House in Nice in the morning.

Here are a few comments from the students themselves:

"Nice was such a pretty town and was easy to navigate. I loved the tour, especially when we walked up the hill to get to the waterfall at the top. I am glad I got souvenirs as when I see them, they remind me of all the fun we had. Thank you to all the teachers".

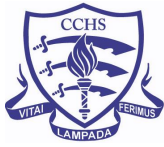
"I discovered places I never knew existed". It was also my first time on a plane so I was very excited".

"My favourite part was going to Monaco and seeing the incredible yachts on the water and of course the aquarium, especially the jellyfish in their cylindrical tank. The building itself was breath-taking as it is built within the rock".

"Our host family was incredible and served us 3-course meals each evening including specialities of the Nice area like the onion tart".

"The free samples at the sweet shop were great. They had unusual jams like verbena and lavender and crystalised rose petals".





French Department News



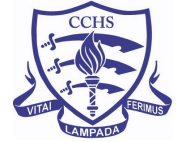
"I was inspired by the vibrant sculptures by Niki de St Phalle at the art museum and may use this for an art project". Nice is full of art, I also loved the Tête carrée and the sculptures on the Masséna square".

"I enjoyed being given the opportunity to practise my French in genuine scenarios and I believe it enabled me to further develop my skills".

"I enjoyed the free time around town and made new memories with all my friends. This is an experience everyone should have".



French Department News



In June, almost 80 Year 10 students went on trips to Nice, France by plane. The students were given booklets with useful phrases to use with their host families and space to document our trip. They stayed with host families in pairs and groups of four, some of them even with other international students. This was their first school trip abroad due to Covid, so they were very excited!

In the mornings, the students went to the International House of Nice, where they had lessons which were conducted in French. On the first day, they visited the Old Town of Nice in the afternoon. The students went to the top of a hill, where they were able to enjoy a beautiful view of the town and see a waterfall. Afterwards, the students were able to go shopping for souvenirs in the Old Town of Nice. Many students went to the famous ice cream shop, Fenocchio. They spoke to the shopkeepers in French, allowing them to practice our French. This was an enjoyable day because they were able to see the beautiful town, buy some souvenirs and practice our French.



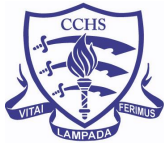
On the second day, after the students had finished their morning lessons, they went to the Nice-Ville train station to go to Monaco. The students visited famous sites in Monaco, such as the Prince's Palace of Monaco and the outside of the Monte Carlo Casino, where many expensive cars such as Ferraris were found parked outside. The students also went to the Musée Océanographique de Monaco (the Oceanographic Museum of Monaco), where they were able to see many beautiful and interesting aquatic creatures such as jellyfish, turtles, starfish and seahorses. At the end of the visit, there was an opportunity to buy souvenirs from the Oceanographic Museum if the students wished to do so. Overall, the trip to Monaco was found to be enriching and informative.



On the fourth day of the trip (the last day before returning home on Friday), the students had the amazing opportunity to go to two of Nice's most iconic attractions- the famous Confiserie Florian, as well as the celebrated Museum of Modern and Contemporary Art. In the morning, they had their last day of lessons. It was sad that they were over, as it was such a great way to practice their speaking and they had all learned so much.

After eating lunch, the students walked to the sweet factory, where they got a fascinating explanation of how each item in the factory is made-including their specialties (the citrus jam, the crystallised flowers, the orange peel, etc). Later, they had the opportunity to buy some for themselves. Afterwards, they walked to the distinguished museum, where they saw the very best works of modern art. Overall, these two experiences were extremely interesting and enriching, as they allowed the students to see some of the greatest cultural sites of Nice.

Everyone thoroughly enjoyed the trip and appreciated the opportunity to practice French outside of the classroom environment, as they were given a lot of free time to explore little souvenir shops and practice ordering food during lunch breaks.



Drama Department News

Mr Selby, Assistant Headteacher of Teaching & Learning and Staff Development

This has been another busy term for Drama, with a variety of in class and extra-curricular events taking place. Before we outline all of the things that took place this half-term, our congratulations must go to Kirit in Year 11 who successfully auditioned for a place in the National Youth Theatre. She will be spending two weeks this summer with the National Youth Theatre enriching herself in workshops and theatre opportunities with the organisation at their base in London.

Year 10 Practical Examinations

Students in our Year 10 class completed the first element of the GCSE course in June. They are required, as part of the specification, to create a devised performance based around a specific stimulus. With this in mind, we began planning and creating our practical work back in March. Students chose to create and explore pieces of Drama around a range of stimuli, including: The Grimm Tales, The Persistence of Memory by Salvador Dali and the classic 'I Don't Like Mondays' by the Boomtown Rats.

As a group we were treated to such a range of dynamic and inspiring performances on our practical performance day in June. Many groups took to using a range of styles, such as naturalism and physical theatre, to build their performance. This meant that we saw such a mixture of final pieces. Congratulations to all students involved.

Primary Creative Enrichment Day

The Drama, Music and Art Departments were fortunate enough to welcome girls from Year 5 from a host of our partner primary schools in July. These students were here to spend the day taking part in creative lessons from our subject teachers. In Drama students were exploring the haunted 'Darkwood Manor', creating freeze-frames, thought-tracks and role-plays centred around this haunted house. They also experimented with using different vocal and physical skills to communicate their emotions to an audience. We spent the session developing a piece of Drama which we then performed at the end of the session. It was wonderful to share a taste of CCHS Drama with these young people and their enthusiasm for the subject was wonderful.



Drama Department News

Mr Selby, Assistant Headteacher of Teaching & Learning and Staff Development

House Drama

What is turning into a biannual tradition is our House Drama competition, where students from each form work together to build a scripted performance to showcase in front of their peers. This year's House Drama competition took place on Thursday 13th July, in the main hall. Students in Year 7 and 8 performed extracts from 'The Chair' by Geoff Bamber and 'Ernie's Incredible Illucinations' by Alan Ayckbourn, while students in Year 9 and 10 worked from a range of scripts in different form groups. These scripts included: 'Daisy Pulls it Off' by Denise Deegan, 'Wyrd Sisters' by Terry Pratchett and 'Our Day Out' By Willy Russell (to name just a few...). Year 12 students had the harder job of sourcing their own performance to showcase to the audience. They had to find and rehearse a seven-minute script of their choosing to showcase to their peers.

On the day, we were fortunate enough to enjoy some wonderful and creative pieces of theatre, carefully staged by our students. These dynamic performances were judged by an external expert judging panel of former A-Level Theatre Studies students, who we welcomed back to enjoy these performances.

Congratulations to all students involved on a set of wonderful performances!



KS3 students, particularly Year 7, have enjoyed attending Public History Society since it began in the Spring Term. We have looked at the way that we can engage in History outside of the classroom with the current term focusing on experimental archaeology, a professional discipline involving the recreation of ancient artifacts with the techniques that the original societies would have used to see what can be learnt from them. We have focused using clay to recreate wonderful items such as cuneiform using wedge tools (the most ancient form of writing), curse tablets based on those found in Roman Britain, and amphora which are found across the ancient Mediterranean.



When we return after the summer holiday, we will be starting from September with a focus on exhibition curation- starting with a visit from the Chelmsford Museum on Wednesday 13th September! A member of the outreach team will give a brief talk, bringing in various artefacts for us to handle, and host a Q&A session.

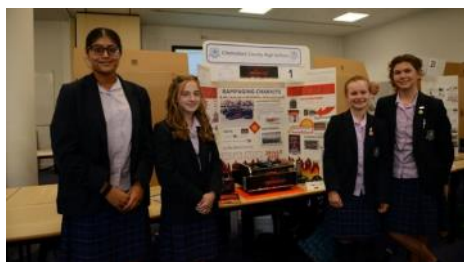


STEM News

Mrs Kurian, Subject Leader of Physics and STEM Lead

As we draw to the end of this academic year, I am delighted to share the impressive achievements of our students in recent competitions and events. Following the successful completion of their projects, our Industrial Cadets Bronze and Gold teams had the opportunity to attend the Celebration, Graduation and Awards Ceremony at University of Cambridge in June. Students had a fantastic experience of seeing their peers' projects, touring the Engineering Department, and listening to the talks by STEM professionals and Engineering students at Cambridge. The Year 9 Bronze team came joint first in the category 'Project of the Year' and the Year 12 Gold team-Seacole, led by Mrs Connolly and Dr Woodward, won the People's Choice Project Award and came second in the Best Teamwork category.

Electronics Club, run by Mr Nicholls, has seen groups from various years embrace the challenges of building circuitry for their projects. Year 8 students were busy making electronic dice this term. Students relished the task of making the four outputs display numbers between 1 and 6, ensuring the dice produces numbers that are truly random. Year 7 enjoyed making the door hangers and Year 9 have now completed building stereo amplifiers with a colour changing sound-to-light display. Students in all year groups have gained new skills and knowledge including using the school's laser cutter. The commitment and enthusiasm shown by the students is truly inspiring.



The Electronics club also supported competitions such as the Chelmsford Science and Engineering Society's TEXPO 2023 where the Rampaging Chariots team presented their radio-controlled robot 'Spirit of Boudicca'. Our students had worked incredibly hard enhancing the basic design to a technically advanced robot with four-wheel drive and switchable settings for the various challenges of the obstacle course. This was much admired by both judges and other competitors earning them the Students Choice Award.

You may recall from the Autumn Term newsletter that seven of our Year 12 students were selected for the Empowered Females in STEM Programme, a six-month course by *UpSkill me*. In addition to the professional mentorship by companies such as Dyson and Google, students also worked with members from other schools around the UK on a project group competition, with the objective of progressing their employability skills.

Another resounding success came from our students who participated in the Secondary Engineers' Leaders Competition "*If you were an Engineer, what would you do?*". Seven of our student entries were awarded 'Distinction - shortlisted' in this competition that encourages young people to design a solution to a simple problem they encounter in their daily life. All the shortlisted posters from East of England were displayed at Anglia Ruskin University. Jess (11 S), Gini (10 S) and Abigail (9 A) received the Winners award in their year groups.



STEM Leaders' Programme is a new initiative that was launched to Year 9 during this academic year with an aim to develop skills in our young people to inspire, lead and mentor their peers through the creation and delivery of STEM activities. Dr Cannon and I were impressed by the dedication and commitment shown by the participants in organising and running a range of activities to Year 7 and 8 students during the past four weeks. We are hopeful that students who have completed all tasks will be awarded Level 1 qualification after the qualification assurance process which will take place in the next Autumn term.

I congratulate all the students who took part in various events and thank staff, mentors and parents who supported and guided them throughout their projects.

Empowered Females in STEM Programme

Last October, seven students from Sixth Form (Akshaya, Emma, Harny, Martha, Naomi, Ruth and Amal) started the Empowered Females in STEM programme. This was kicked off with a brilliant launch event at the Amazon headquarters, where we met our fellow scholars, a mentor from a top tech company and participated in fun and interesting activities to team build and explore STEM. During this event, we were also introduced to the Dyson challenge and the team members that that would be completing it with. The challenge asked us to design a solution for air pollution at home, school, or the journey to school.

This programme ran over six months, where we attended masterclasses each month to meet with our mentor and learn about different employability skills such as adaptability and building confidence. During this time, we also started to develop our solution to the Dyson Challenge. Within our teams of 3 or 4, we started to build an understanding of air pollution, the causes, the effects, and current solutions. We then spent time producing ideas for the challenge and began to design a solution, this could be in the form of an app, or a physical product. As part of the challenge, we had to produce a diagram of our idea or even a prototype. This allowed us to be imaginative and logical, developing our STEM skills.

After sixth months the programme came to a close and we had all finished the Dyson Challenge, but the experience was not fully over yet until the graduation event took place in London, at the EY building or the Salesforce (depending in which mentor group you were in). This event was a fantastic opportunity to reunite in person with our teammates as people came from all over the UK as well as have a final masterclass and reflect on our STEM journeys. This event also included the Dyson showcase where we presented our solutions with our diagrams and prototypes to a panel of judges as part of a competition with various categories such as best idea, best presentation, and best effort. It was great to

share our hard work with our mentor and fellow scholars and win prizes!



Overall, this programme has been an amazing experience, enabling us to learn more about careers in STEM and the skills required and to also meet like-minded people with similar interests and of course complete the Dyson challenge! Akshaya (12 DNO)



STEM News

Mrs Kurian, Subject Leader of Physics and STEM Lead



Industrial Cadets Bronze Project

During the Spring and Summer Term, we have been working on a project to create a sustainable theme park for our Industrial Cadets Engineering Project. As our theme park needed to be renewable, we decided that our main idea would be an anaerobic digester as we felt it would be an effective way of generating energy.

We enjoyed this project due to many reasons, but we all agreed it has helped us expand our knowledge on not only the topics we researched but possible careers in STEM. It has also developed a sense of friendship and teamwork between all of us participating and helped us all gain confidence in this area of STEM and in presenting. After 12 weeks of hard work we completed this project and gained an amazing experience and developed skills, overall we have thoroughly enjoyed this experience.

Our team had the opportunity to go on a company visit to Leonardo, our mentoring company, which we greatly enjoyed and we also recently attended the celebration event, where we had the opportunity to view others' projects and show our project to other teams at Cambridge University. During this event we were also given an award for the Best Project. Gioia (9C) and Abigail (9A)



Industrial Cadets Gold Project

On Tuesday the 20th of June, we attended the Industrial Cadets award ceremony at the Engineering Department, University of Cambridge. Throughout the day we partook in a number of activities, including a tour of the engineering department, an opportunity to view other projects, and receiving talks from industry professionals. The tour of the engineering department gave us an insight into what life could be like at a top university. We found it interesting and useful to view projects from other schools and reflect on our own experiences. Hearing from various people about their backgrounds that lead to engineering, and being able to ask them questions allowed us to consider whether engineering was truly for us and to learn more.

Lola (12 PKU) and Sofia (12 JVI)





STEM News

.....Mrs Kurian, Subject Leader of Physics and STEM Lead.....

I joined Secondary Engineers Leaders Awards hoping to learn more about STEM, specifically engineering, and to try to create an idea myself. I was lucky enough to interview Mr Crane (an engineer at BAE systems) and a CCHS alumni (who has now joined BAE systems). I learnt about their journey into engineering and different sectors of engineering. To complete the project, I needed to write a letter about my designs and draw a diagram of my idea with annotations. This helped me think about the science behind the idea and to think of who could use my product. I enjoyed learning and understanding the key parts of engineering. This project has made me more confident in my skills and knowledge of STEM. Abbie (9A)

The Secondary Engineers Leaders Award is a competition where young people design a solution to a simple problem they encounter in their daily life. Whether the invention is big or small, the problem-solving skills of people from as young as Reception to Year 11 are developed and showcased through a fun and creative programme. A highlight of this amazing award was listening to the experiences of current engineers, followed by designing a poster to promote your invention!. Gini (10 S)



STEM News

...Mrs Kurian, Subject Leader of Physics and STEM Lead.....



The STEM Leaders Programme is about students in Year 9 running and planning STEM activities for younger students and learning more about STEM in general. In school, the programme was run by Dr Cannon, who guided and assisted us all through the process. For the first few sessions we learned about leadership skills that are transferable into any field. We also learned about the UKs' impact in STEM and opportunities in the future relating to STEM subjects. Teamwork was heavily encouraged by our extremely intense spaghetti-marshmallow tower competition (which my team won, by the way). Planning our STEM activity was a chaotic experience but we learned a lot about organisation and collaborating effectively. Our teams' activity was a car powered by a rubber band; we definitely fumbled a bit through our first attempt at building it, but it made for a lot of laughs! Although the idea of having to run a session with twelve Year 7 and 8 students was nerve-racking, we all worked together to deliver the best session we could and guide the younger students through the process whilst hopefully encouraging their passion for STEM. Some of the highlights for me included being able to race cars and catapults and the two bouts of free marshmallows! My teams' favourite parts were...

Nesochi : My favourite part of STEM is seeing the end product of our activity, whether it be racing the final car model or seeing the whole catapult together. Finishing the activity successfully and having a clear outcome makes it all worthwhile and you can see that all your hard work has paid off.

Elizabeth: Personally, I loved experimenting and exploring with different variables for our activity. The research process was very informative and interesting as you could see exactly how it worked while performing the activity and educate others using your own knowledge as well!



STEM News

.....Mrs Kurian, Subject Leader of Physics and STEM Lead.....

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Keerthi: I really enjoyed working together with my team to produce a fun activity that could educate others about STEM. Presenting this activity to younger students was also a great way of stepping outside of my comfort zone and it was fun to see and try out the experiments the other teams had put together.

Aashrita: My favourite part of STEM Leaders was being able present our cool yet interesting activities to the year 7 and year 8 students, showing them the positive impacts of STEM and how useful it is in the future. This was a great opportunity to interact with the younger years and have fun, whether that be by launching marshmallow catapults, racing with rubber-band powered cars, creating elephant toothpaste, making balloons self-inflate or even watching a live mini explosion! Overall, this was a great experience!

Eva: One of my favourite experiences from doing STEM Leaders was the amount of trust and independence we were given to explore, create and develop our ideas. It was very enjoyable to build and test our car, and ultimately presenting it to the younger years to have a fun time showcasing our hard work and creativity over the past months. 10/10 experience!

By Naisha (9S)

STEM News

Mrs. Kurian, Subject Leader of Physics and STEM Lead

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By Naisha (9S)



My experience as an Arkwright scholar has been incredibly enriching and opened my eyes to the multitude of possibilities within the world of engineering. It has given me many opportunities such as visiting the department of chemical engineering at Cambridge university where I was able to network with other scholars and current students. As well as this, the visit was able to give me an insight into university life as an engineering student and to educate my choices for the next stage of my educational journey. My sponsor through the process, Deutsche Bank, has been supportive and encouraging of my endeavours, giving me useful advice on skills for my future as well as a consistent contact for any questions or help I need. Furthermore, the school has been extremely supportive in this process and I am grateful for the opportunities given to me through the Arkwright scholarship as it has opened many doors for my future as well as being an exciting and enjoyable community to be a part of. Hannah (12PKU)

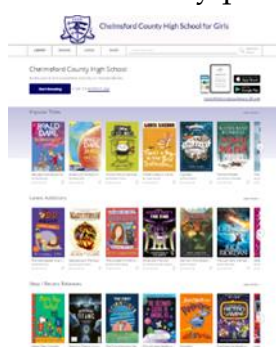


This term we have been involved in shadowing the Carnegie Medal for writing. The Yoto Carnegies are the UK's longest running and best-loved children's book awards, recognising outstanding reading experiences in books for children and young people. The medals are judged solely by librarians. Shadowing the awards involves the students reading the shortlist with in-depth questions and activities, and ultimately choosing their own winner. We were delighted that an intrepid group of twelve students took on the challenge, and the outcome was some wonderful discussions and fantastic reviews of the books. Our group's winner was 'I Must Betray You' by Ruta Sepetys, which won the Shadowers' Choice award at the ceremony. The overall winner and Judges' Choice was 'The Blue Book of Nebo' by Manon Steffan Ros.



An excellent function of the Oliver catalogue is that we are able to create reading lists of books within a genre or subject, which can be used either as a suggestion for what to read next or for extended reading within a subject. The main reading lists page can be found [here](#), and the lists are organised alphabetically.

With the warm weather arriving and holidays fast approaching, a reminder that we have a large selection of eBooks in the library through the Wheelers e-platform. Students may prefer downloading eBooks for the summer – they take up less space



in a suitcase and hopefully won't be damaged by sun cream or accidental exposure to a pool or paddling pool! A lot of our books are also suitable for younger siblings, so do have a look at the selection [here](#) – the log in will be your child's normal school computer username and the password has been set to student (all lower case).

The latest stage in our library move is that the OPAC machine is back up and running on the end of the computer desk, courtesy of Mr Cable. Students can use the catalogue computer to search for and reserve items, manage their library accounts, and find a book on the shelves using a favourite feature of ours – the library map.

House News

.....Miss Holt.....



As this academic year comes to a close, it is a great opportunity to look back on all the different House events that have happened this term. I couldn't be prouder to be captain of C House after seeing all the hard work and effort all the years have put into their events this term, to name a few: House basketball, rounders, Sports Day and most recently House Drama! The House Assemblies this term have also been jam-packed with mini games in an aim to get everyone involved within their Houses; Charades and a Just Dance competition were some of my favourites.

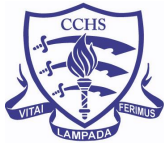
We also celebrated the school's birthday and King's Coronation back in May with 'Coronation Cakes.' I'm sure many of you will have seen photos from this event, it was a spectacular celebration and exhibition of all the ideas that our talented students translated into some artistic cakes!

There have been many amazing house events this term that have demonstrated each years eagerness to participate and support one another! House tennis saw many doubles out on the courts during lunch time striving through to represent their House even on the hottest of days. I have been so proud of S House this term for putting their all into each event, cheering them on from the sidelines has been so delightful. The Year 12 students have been putting in a lot of effort this term with an afternoon earlier this term which included competitive games of basketball as well as badminton. S House came first in basketball, with A House followed closely behind and H House came first in badminton with F House coming second.

House tennis has seen many years coming out and embodying the essence of Serena Williams. Many years have been amazing at tennis and the hot climate has not stopped anyone from doing their best. Driving through their exhaustion all the participants had a blast, ice creams were eaten on the sidelines and the house officials loved watching

Sports day was also a huge success with C House winning the 6 House shield and S House winning the 5 House cup, the enthusiasm seen from the CCHS community was beautiful and everyone tried their best to participate. On a hot day the effort seen from each person in every year was truly inspiring. House drama and House rounders was great and the points are close so it will be exciting to see who comes out victorious. Nilinya, Nila and Mo





Publicity & Marketing Prefects

May P, Charvi K, Olivia KV, Twisha P, Gnana P – Year 10

Cabaret Concert

On Tuesday the 4th of July The CCHS school hall was transformed into a magnificent auditorium as the highly anticipated annual cabaret concert unfolded. The event, which has become a beloved tradition, showcased an impressive array of musical talent from the school's students, leaving the audience awe-inspired. From the moment the curtains rose, the concert exuded an electrifying atmosphere. The carefully selected program featured a diverse range of musical genres, ensuring there was something for everyone. The performances had a wide range and included many harmonious group ensembles, highlighting the extraordinary abilities of the young musicians; throughout the concert, the stage witnessed an exhilarating symphony of talent, with each act showcasing the unique musical prowess of the students.

The highlight of many people's evenings was the gospel choir who took the stage with their angelic voices, harmonizing in perfect unison. Band performances were equally impressive, demonstrating the students' mastery of their respective instruments. The year 10 band's rendition of the song 'Jackie and Wilson' by Hozier transformed the auditorium into a euphonious wonderland, evoking thunderous applause from the audience. The band's dedication and hard work were evident in every note, leaving an indelible impression on all in attendance.

Behind the scenes, the school's music department and dedicated teachers worked tirelessly to nurture the talents of these budding artists. Their guidance, mentorship, and unwavering support were instrumental in shaping the students' performances, allowing them to flourish and shine on stage. The school concert not only showcased the students' musical abilities but also served as a testament to the transformative power of music education. It demonstrated how a nurturing environment, coupled with passion and hard work, can unleash extraordinary talent and instill a lifelong love for the arts.

As the concert drew to a close, the audience rose to their feet, engulfing the auditorium in thunderous applause, appreciating the exceptional performances and the collective effort behind them. The resounding success of the event left everyone eagerly anticipating next year's concert, awaiting the talents that will grace the stage. The audience left the concert hall inspired and moved by the extraordinary performances, knowing they had witnessed something truly special.

-Twisha, 10F

Publicity & Marketing Prefects

May P, Charvi K, Olivia KV, Twisha P, Gnana P – Year 10

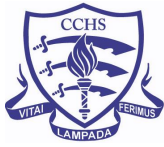
Rainbow Rush

On Friday the 7th of July, the CCHS community came together to celebrate the highly anticipated annual summer festival- titled 'Rainbow Rush'. Each year group came in to school in clothes including their designated colour which allowed the festival to be visually 'rainbow'. The event, which took place on the school field, was a resounding success, attracting many students for a day of fun-filled activities, performances and fundraising for the Rainbow Trust.



The summer festival lived up to its reputation as a highlight of the school calendar, offering a myriad of activities for all- from the thrilling fun running to engaging performances the event had something to delight everyone. One of the main draws of the fair was the inflatable obstacle course and the fun run- many students from every year participated and had a lot of fun; Chelsea in 10S stated that it was her "favourite event because it was exciting and new". Another popular attraction was the ice-cream van, attracting many students to the point where the queue extended to the other side of the field! But of course, it was nice to get some ice-cream and cool down on a hot summer's day.

The festival also showcased the immense talent within the school community through various captivating performances. Students took to the stage, mesmerizing the audience with dance routines and musical performances. "My favourite performance has got to have been the year 10 band" stated Ananya in 10F. The band- including Áine 10F, Mabel 10G, Neha 10F, Leannah 10H, Riya 10S- put on a spectacular performance inducing many cheers and a lot of applause from the audience. The band's lead singer, Neha, commented that "the summer festival was a lovely opportunity for us to perform, especially because there were so many people there to listen to what we had to put out- I had a great time", and the guitarist- Áine- thanked the senior prefects for providing them with an outlet to perform. Chelsea in 10S said that she most enjoyed the afrobeat dance performance, mentioning that "The energy was there! They did so well and I really enjoyed watching all the dances!" The stellar performances showcased the dedication and hard work of the student, earning them resounding applause and standing ovations.



Publicity & Marketing Prefects

May P., Charvi K., Olivia KV., Twisha P., Gnana P.—Year 10.....

The fair was made possible by the combined efforts of dedicated teachers, enthusiastic students, and the organized senior prefects. Their collaborative spirit and unwavering commitment to the school community were evident in every aspect of the event's success. As the day's festivities came to an end, exhausted but content students left the festival with cherished memories and a sense of pride in supporting their school. The annual summer festival had once again proven to be an event that brought the community together and fostered a sense of belonging- reviving the feeling of summer. Twisha, 10F



Sports Day



Sports day is undeniably the most anticipated sports event of the year, with a range of events; from a 1,500m race to javelin and high jump, every student can participate in an activity they enjoy. Every year we discover new talent on the track or in field events, and this year was no exception.

The day began with the opening parade around the track, with ingenious chants and a number of eye-catching banners from each house, boosting morale right from the beginning. The first event was arguably the most challenging, but the Year 9 and 10 students ran 1,500m without difficulty, setting high standards for the events that followed. The remaining track events, from 100m sprints to hurdles, continued throughout the morning, as the field events took place nearby. Although further away from the stands and therefore more difficult to watch, the field events are no less exciting than the track events, as many students enthusiastically partook in events such as discus and triple jump. After lunchtime, many students also participated in the relays, developing their teamwork (but unfortunately not their ability to pass a baton).

Publicity & Marketing Prefects

May P, Charvi K, Olivia KV, Twisha P, Gnana P – Year 10

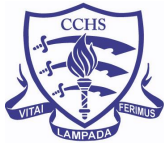


If you were unlucky enough to not participate in the morning's track and field events, there were still many opportunities to take part, such as the 'fun run' and lunchtime team activities. Although there were many entertaining events throughout, the staff vs Relay A winners was indisputably the highlight of the day. This main event took place right at the end of the day, just before the results were announced, rejuvenating the entire school as they watched their favourite teachers run exceptionally well around the track.

The day finished with the awards ceremony, where every winner received a certificate and a well-deserved round of applause. With the number of points earned during sports day, there will certainly be shifts in the 5 House cup and 6 House Shield – S House gained 193 points for the 5 House cup, while C House earned an extraordinary 643.5 points for the 6 House shield, leaving a 53-point margin between first and second place. Overall, Sports Day remains one of our favourite events of the year, highlighting our excellent athleticism and bringing together the school like no other event, with both students and staff either participating in events or organising the day. Needless to say, the outstanding performances this year left everyone looking forward to next year's sports day. Charvi, 10G

Enrichment Day

On Monday the 10th of July, Year 10 students were grateful to hear a speech by Susanne Bennet on her experience as a holocaust survivor. Though she was only a baby when she fled Germany in WW2, the story of how the holocaust impacted her, her friends and her family was truly moving. We learnt about: the Kindertransport, which was how her siblings came to live in England. The concentration camps and death camps which significantly contributed to the death of approximately six million Jewish people; the people who were forcefully sent to live in Shanghai (China) and more. Although it was a devastating story, we think it was an important opportunity, reminding us of the dangers of discrimination and dehumanisation. May, 10F



Duke of Edinburgh's Award Scheme

Duke of Edinburgh's Bronze Award

Congratulations to all of the students who completed their Bronze Award Qualifying Expedition in July. Throughout this year they have been working committedly to complete their Physical, Volunteering, and Skills sections, and it was fantastic to see them positively embrace the challenge of their Expedition earlier this month.

Below is a report written by one of the teams, detailing their experience.

Abigail, Akshara, Eleanor, Gioia, Kesia, Sophie, and Thanisha in Year 9.



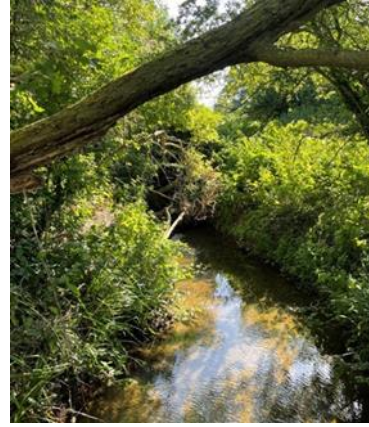
During the weekend on the 1st and 2nd of July, we got the amazing experience of doing our Bronze Duke of Edinburgh Expedition. We walked a total of 20 miles across the two days and enjoyed the whole weekend; from the walking to spending time at the campsite. We found this to be an enjoyable experience and we would recommend it to anyone as it is a great opportunity to spend time outdoors and learn more camping skills.

'1 2 3 4 5 6 7, WOO', was the chant that got us through each checkpoint of our expedition and made sure no one was lost. We each had a number that we shouted which acted to check if our group was together, so we could be certain we wouldn't lose anyone. Our chant brought optimism to our DofE which we found very helpful along our journey.

After our first day's walk, we returned to the campsite. We set up own tents and had 3 to share between our group of 7. When it came to food, we used trangias to heat up water on to cook our meals in the evening and morning.

Over both days, though it was tiring, there were many aspects of the journey that all of us enjoyed. This included the beautiful nature that we were constantly surrounded by, ranging from the endless fields to the animals such as dogs, cows and horses that we saw on the way. The fresh air was really lovely and spending so much time outdoors was something that all of us appreciated. It made us all think and agree that if not for DofE, the majority of us would most likely not have done something like this. We all also definitely enjoyed spending so much time together as a team, giving encouragement when necessary and keeping each other going along the way! The satisfaction of reaching each checkpoint was very rewarding and we all loved the songs we sang which kept us going when we were pushing for the final stretch.

Duke of Edinburgh's Award Scheme



Throughout our DofE journey we learnt a range of different skills which we were able to improve across both days. These include **navigation** and **learning how to read maps**, **how to pitch tents**, **how to use camping stoves** and **how to recognise and deal with different situations**. Not only these but we also gained other important skills such as **teamwork**, **resilience**, **independence**, **organisation** and **how to look out for each other**; these are skills that you can learn from DofE but also use in other areas of life.

Top Tips For Your DoFE

If you ever do a Duke of Edinburgh Bronze Expedition, here are some tips to make sure you have as much fun as possible...

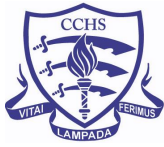
Always double check the map: This may seem obvious, but always double check where you're going and try not to just follow along with what your team says, even if they are sure. Make sure your whole team pauses until everyone agrees and take your time. This will increase your chance of not getting lost and sharing the job of map-reading.

Drink a lot: Especially if it's warm, but even during a cooler day you need to be drinking lots of water throughout the day, hydration is important!

Always cheer your friends on and don't get down if things go wrong: Making mistakes is the best way to learn and get better at what you are doing and staying positive always helps to give you a boost you along the way.

Share and check on your team: Being and having good teammates will go a long way so share if someone doesn't have something and always be checking on the other member of your team (even if it's little things like if everyone's wearing sun cream!).

Share the roles between everyone: Lots of other groups had specific roles for certain people but we found it beneficial for all of us to have a go at everything, for example we would always pass the maps around and each have a look to check where we were going. Sharing jobs means that everyone gets a go at everything!



Gardening Club

Mrs Lockwood, Teacher of Mathematics

The raised beds in the quad and at the edge of the field have been cared for by budding gardeners from Years 7 and 8. Ria, Hadia, Ameya, Amila, Ria, Sarah, Vanshika and Kate have planted, weeded, watered to create a display in regal purple, gold and jewel colours to mark this year's Coronation. The flowers were grown from seeds gifted by the Royal Horticultural Society and our German exchange school. We hope you have enjoyed our display.

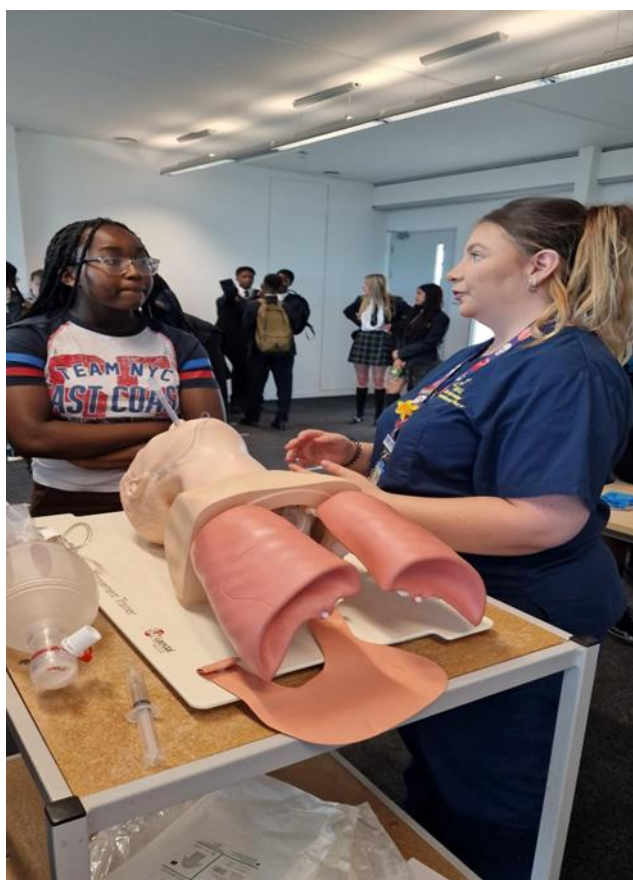


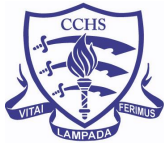
Careers Day

Dr Hiner, Teacher of Chemistry and Careers Coordinator



On Monday 3rd of July a few students in Year 10 were selected for a careers fair at ARU. I was one of the lucky students who was chosen. We had many options to choose from and there were quite a few schools. We went around in groups of four schools. Our first event was a demonstration on the ODP sector of NHS who work alongside the anaesthesiologists and surgeons. The talk was very insightful we also had a fifteen minute refresher course on how to pre-form first aid. As a student who knew little to none about social care my interest was peaked. We also entered a talk about social services and oncology (the study of cancer). It was very interesting, and I learnt so much that day into the life of social workers. I was slyly inspired to research a little more into the field. After the talk we were able to visit stalls which had different fields such as radiology, physiotherapy and psychiatry. To finish off the tour I was able to enter a bus which gave me insight into what life as an autistic person was like with hypersensitivity. It was very overwhelming, and it make me sympathetic to what autistic people go through every day of their life. Thanks to Dr Hiner and Mrs Busby I was able to experience all this and the many careers within NHS, I hope this experience will continue in the future for more years to gain such an insightful experience. Sarah, 10F





Sport News

What a very busy term we have had! With a large number of district, county & national competitions to take part in and with great success, came even more fixtures. Students had lots of opportunities to compete for the school in the various teams; allowing them to compete at the highest standard and proudly represent the school.

During the Summer Term, students had the opportunity to compete in cricket, tennis & athletics with great success at a variety of competitions.

Athletics

ESAA Track & Field Cup 2023

With athletes having to compete in two events, students had to try lots of different events during training to find which would be best for them and the team to score as many points as possible. Selecting these teams are always very difficult as one combination could mean we reach Regional Finals, but another version might not.

With the ESAA T&F Cup being a national competition, it brings over fifty schools from the Essex area together to compete, resulting in over five first round competitions (unlike most areas who only have one or possibly two). As Essex is an extremely strong area, it is very difficult to reach the National as a winner of the Regional A Final, so the other schools have to go through as a highest scoring teams, resulting in at least four teams at the Nationals for all age groups. However, having previously been successful, we had high expectations and were determined to get as far as possible in the competition. With our Junior & Inter teams competing in Thurrock for the first round in May both teams did well and qualified for the regional finals. Our Junior team came forth with 358 points and qualified for the Regional A Final and our Inter team who competed well, finished sixth with 364 points & qualified for the Regional B Final.

Though our teams didn't qualify for the National round, they gave their absolute all and should be very proud of their performances with both improving their scores by over twenty points. The Inters performed extremely well at their competition and went on to win their B Final, an outstanding result.

Regional A Final - Juniors 384 points – 6th

Regional B Final – Inters 386 points – 1st



Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May

CESSSA Championships

The championships are organised every year by Mr May on behalf of our school and ran smoothly as ever with the help of our Sport Officials and the competing schools. CESSSA passed on their thanks and were extremely grateful to Mr May for once again running the event so well.

We entered four teams - Years 7, 8, 9 & 10; to the CESSSA Championships on 20th June. Though our Year 10 team was slightly weakened due to some students not being able to compete, the remaining athletes worked so hard together to cover most of the events and performed outstandingly. It was an excellent example of them being so resilient.

All the teams competed hard resulting in some excellent individual successes along with some great team results.

Team Results

Year 7 – 2nd
Year 8 – 3rd
Year 9 – 3rd
Year 10 – 8th
Overall Girls – 4th

District Champions

Year 8
Muna O – Shot Putt & 200m –
second year in a row.

Year 9
Lottie W – 300m - Breaking the
district record.

Year 10
Ginika O – 1500m

Silver Medallists

Year 7
Everly P – 200m
Frankie P – 800m
Lilly S – 1500m
Lana B – Javelin

Year 8
Bella J – 100m & Long Jump

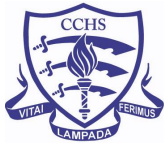
Year 9
Kesia Cress – 800m

Bronze Medallists

Year 7
Alexa G – 70m Hurdles

Year 9
Bethan D – 1500m
Neha G – 75m Hurdles
Sarah Y – Shot Putt
Nesochi O – Discus

Year 10
Lilly-Anne W – 800m
May P – 3000m



Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May



Essex Schools Championships

After competing at the MESSSA trials, several of our Year 8-10 students were selected to compete or act as a reserve for the Mid-Essex team. Sarah A – Shot Putt reserve.

The following athletes competed and performed very well, especially Lottie W who won a silver medal in the JG 800m.

Well done also to:

Juniors Kesia C – 300m & Bethan D – 1500m,

Inters Ginika O – Long Jump & Esther A – Triple Jump

Year 7 Essex Schools Championships

Once again Mr May took on the role of organiser for the Year 7 Essex Championships on 28th June at CSAC. Several of our Year 12 & 13 students volunteered to help run the event on the day and as always were fantastic. Miss Sales was the team manager for Mid-Essex, where she supported students from several schools to compete at the competition. Everly P competed in the 200m and came third in her heat and Frankie P ran well in her race resulting in a bronze medal overall. A fantastic achievement and experience for both of them. Congratulations!



Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....

Cricket

The 2023 outdoor summer season started off in April with the delayed U15 Mid Essex Cup Final from the previous year. Our team faced a very strong Shenfield team whom they had never previously beaten and despite putting up a very good performance eventually lost.

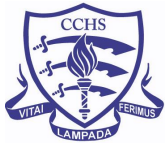
A couple of days later the current CCHS U15 team were in action against Norwich School in the National Competition, and this proved to be an excellent game against a very good independent school team which we unfortunately lost but played really well.

Next up was the first game of the season for the new U13 team including several new Year 7 students. They played against New Hall in the Essex Cup 1st Round and lost to a more experienced team but gave a good performance in their first ever game as a new team.

The next day saw the U13 students in action again as they took part in a regional round of the County Softball Cricket Competition where they played really well and beat the five other schools from Essex and thus qualified for the County Final.

Five days later the U15 students were in action in the same competition and with the same result beating all the other schools to qualify for the U15 County Final.





Sports News

.....Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May...



A week or so later both teams were in softball action again in their respective County Finals against the three other regional winners. The U13 students had the privilege of playing on the outfield of the Essex County Cricket ground and come third in Essex. The U15's were in action a few days later and the competition ended with the two unbeaten teams facing each other to decide who would be Essex Champions. Our opponents were our arch-rivals Shenfield school and in an incredibly tense and exciting game CCHS won by one run on the last ball to become Essex Champions and go on to represent Essex in the East Region Final in July.

Now, to a rare outing for our U17 team against Brentwood School in the Essex Cup. It proved to be a good high scoring game and came down to CCHS needing to score seven runs off the last over to win - unfortunately with some very good bowling by Brentwood we didn't manage to get the runs.

In the Mid Essex Cup CCHS were drawn against New Hall in both U13 & U15 competitions and ended up playing both matches at New Hall at the same time.

For the U13 students, it was sweet revenge after their loss in the Essex Cup when they played magnificently and beat them ! Unfortunately the U15 students could not emulate their younger counterparts this time but as usual it was very close.

Sports News

...Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....

However, the U15 students fared much better in the Essex Cup where they met Gosfield Independent School and beat them comfortably to proceed to the Semi Final where they will meet Forest Independent School in September.

Finally, on July 3rd it was the East Region Softball Cricket Finals in Billericay with the winning schools from all the Eastern counties being present. Unfortunately, it was also a school inset day which meant the team was not at full strength.

However, it proved to be a great day and we only lost to the eventual winners thus coming second in the East.

Congratulations to all the players who played for CCHS this term, in particular the captains of the various teams as follows:

U13 - Sophie W

U15 - Charlotte W and Harriet R- G

U16 - Evie W

U17 - Amelia C

Finally, a sincere personal thank you from Mr May to Amelia C (Year 12), Javee V (Year 13), and Sam E (Year 13), who have given invaluable assistance in all the training sessions since September 2022.

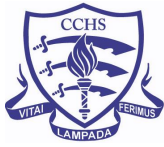
Tennis

The students have had a brilliantly successful tennis season this year.

LTA Youth Schools Division 2 Competition

Having entered the U18 LTA Winter Cup with some success, we decided to enter the Abedare Cup to allow our U18 team to have another opportunity to represent the school. Though they didn't manage to win their knock-out match, they did perform excellently.





Sports News

.....Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May...

We entered 2 teams for both Years 7 & 8 and 9 & 10 teams into the LTA Division two Youth Schools competition and played some great tennis. Though neither of our B teams qualified for the play-offs, it was great to get more students representing the school.

Our Year 7 and 8 A team won against Westcliff High, Southend High, Belfairs & Thorpe Hall resulting in them qualifying for the playoffs where they were due to meet Felsted, however Felsted had to forfeit the game so we automatically went through to the final where we are due to play Clapton Girls' Academy on 12th July.



The Year 9 and 10 A team were also successful in qualifying for the play-offs, having beaten Westcliff High, Sandon & Brentwood resulting in them playing Southend in the play-offs. The team played very well and beat Southend and therefore reached the final and are due to play Forest School. We hope to play this match early September.

MESSA Tennis Championships

Once again Miss Burnham took our teams over to Brentwood for the MESSA Championships. Our students played in pairs for the whole competition and had great success resulting with our Year 8 first pair becoming MESSA Champions and with the Year 7 second pair MESSA runners up.



We are so proud of all the incredible tennis the students have showcased this year and we look forward to the finals results.



I would also like to take this opportunity to congratulate Aahana J for all of her personal tennis achievements this year including winning an LTA ratings competition.



PE News

Miss Sales, Subject Leader for PE

We've had a great year in PE this year, with a new and varied curriculum, GCSE PE having it's first year as an option in Year 10, Year 11 getting through their practical moderation for the first time with AQA and we are now preparing ourselves to launch A level PE come September. So, we've certainly got lots to look forward to!



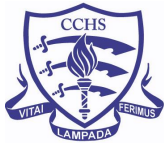
Following the success in the women's Euro's we introduced Football to all year groups in the curriculum, to aim to inspire the next generation. We also a mixture of Invasion Games, Badminton, Swimming, Life-Saving, Handball and more recently, Cricket in the Summer term - which has been extremely popular! As you can see from Miss Burnham's Year 8 Cricket lesson...

Our Year 11 GCSE students conducted themselves brilliantly on their moderation day. It was a very busy day for everyone and a big congratulations to all involved. You all out performed yourselves and you are a credit to not only the department, but the school. We look forward to seeing most of you at A level next year!

The Year 10 GCSE students are our first cohort to experience the course as a full option. Which means we have more teaching time and also time for practical lessons. On June 22nd, we are running a 'mini moderation' to allow the Year 10 students to experience what their moderation will be like in a years' time. Students will be assessed in Swimming, Athletics and Netball, and hopefully this will allow them to



build on their practical skills for the future. This is something we have never done before, so we are hoping it will be a success and of use to the students.



PE News

Miss Sales, Subject Leader for PE

Something else that's new for the department this year, is our involvement in the Year 12 induction day. Here, Miss Sales will be delivering an exciting taster lesson on the Neuromuscular system to our prospective Year 12 A level PE students. We hope you like marshmallows.

To finish off this term, we still have some exciting events to look forward too. On July 7th we have our staff Netball match – this will be men vs women on the netball courts at lunch time; I think it will be competitive! And lastly, we finish off the year with some sessions after school for our new cohort of CCHS students. We run a variety of activities over four sessions, enabling the Year 6 students to meet for the first time, get to know each other and start to build friendships. These sessions are run predominantly by the Sports officials, PE prefects and PE ambassadors, who do a sterling job, and I know the new cohort of CCHS students will remember these sessions for the rest of their time here at CCHS.

A quick shout out to the PE ambassadors and PE prefects who have done an amazing job this year in their new roles. They have been such a huge help to me and the rest of the department, so well done to all of you – you are a credit to the school!

Miss Sales



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