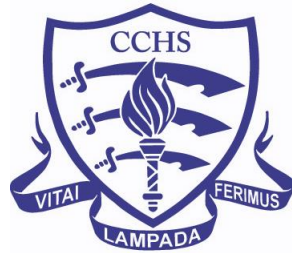


# COMMUNITAS

Spring Term 2023



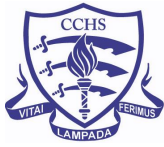
Artist: Isabelle, Year 13

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## Message from the Headteacher

### *Dear CCHS Community*

*"Education is the kindling of a flame..."*  
*Socrates.*

Last year, Mr Bradford and a group of Sixth Form Art students graced the end exterior wall of our swimming pool with a magnificent mural of Malala Yousafzai and some of the wise words she shared at the UN in 2013: "One child, one teacher, one book and one pen can change the world."

The importance of education has been brought home to us all since March 2020. More recently, the children of Ukraine have tragically known the disruption of so much more than their schooling. And yet, even with the horrors of war, education always finds a way. The reported efforts of parents and teachers to keep lessons running in that country have been inspiring.

Following the wrath of earthquakes which have blighted Turkey and Syria, again, countless heroic people have prioritised the education of children, whether in a tent, amongst the rubble or under the sky.

For those of us who teach, there is technical language, the process and, inevitably, an examination of some sort at the end of the journey. For the parents of schoolchildren, there is the aspiration, support and the hope of fulfilment. And for those who sit at the heart of it all – the students themselves – there is the timetable, the lesson and the homework.

We hope there is so much more that is real, meaningful and lasting through the gift of education for our young people. The pursuit of an answer for no other reason than, "I must know!". The next page to be read in a novel. The experiment to be completed. The final brushstroke on a canvas. The crescendo of a piece of music. The race won on the track. The line delivered on the stage.

An education journey is an incredibly personal one. We all have our stories to tell, the good friends, the favourite subjects, the exceptional teachers, the moment of revelation and the memory of achievement.

To return to Socrates, perhaps the ultimate irony of education is, as he put it, "I cannot teach anybody anything. I can only make them think." As a teacher, to secure an answer from a student is great. To receive a question from a student is wonderful.

The spark of wonder shared by small children, as they navigate the world unfolding before them, is encapsulated in the shortest, deceptively simple and yet most ambitious of all enquiries - "why?".

Our well-established school vision is to 'develop the leaders of tomorrow.' I think this speaks to a concept of citizenship, whereby we work to inspire students to think for themselves and act for others. To both encourage a liberation of thought and expect a responsibility of action is, I believe, the mark of a progressive and ambitious community. I think you will find much evidence of these qualities in the pages which follow, from staff and students.

I thank all members of the CCHS community for their contributions to the life of our school this term and wish our CCHS families well during the Easter holiday period.

*Mr Lawlor*



# Staff News



**This term we say farewell to:**

Mrs Bailey                      Assistant Examinations Officer

**Staff starting maternity leave this term:**

Miss S. Sales                      Maternity Leave – Teacher of PE

Mrs Williams                      Maternity Leave – Teacher of Psychology

**We have welcomed the following new members of staff:**

Mrs Barnes                      Finance officer

Mrs Shepherd                      Assistant Finance Officer

Mrs Muhammad                      Teacher of Psychology (MC)

Miss Lewis                      Teacher of PE (MT)

Miss Connolly                      Latin ITT

Mr Dunning                      Math ITT

Miss Kreikemeier                      German Placement

Mrs Untereiner                      Teacher of French

Mrs Vasudevan                      Teacher of Computer Science

**Promotions:**

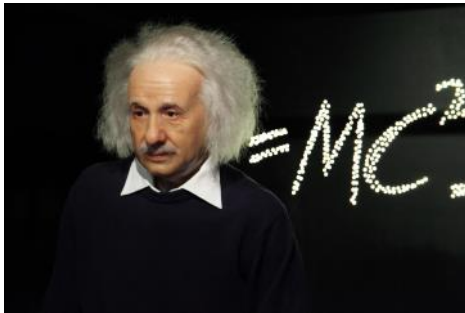
Miss S. Stevens                      Year Leader (Maternity Cover)

Mrs Goksel                      Year Leader (Maternity Cover)

**We congratulate the following member of staff on the birth of her child:**

 Miss S. Sales, Year Leader and Teacher of PE

"Everybody is a genius. But if you judge a fish by its ability to climb a tree it will live its whole life believing that it is stupid." Albert Einstein



The end of the Spring Term marks an exciting time for our students. Our Year 11 and Year 13 students are completing their courses and starting to embark on tailored revision programmes with their subject teachers and our Years 9 and 11 students are thinking hard about the next stage of their education.

In Year 9, students are making their first choices in choosing their option subjects and, in doing this, are starting to craft their own individual journey recognising their own strengths and the area they enjoy. It has been a great privilege to work with them at this time. Year 11 students are being supported by our experienced sixth form and pastoral teams, are refining their studies further, choosing which subjects they would like to study in greater depth at A Level.

Change@CCHS continues to thrive across the school and Miss Harrison, Mrs Watt and myself recently met with

our Change and Diversity Prefects and have started exciting plans for the academic year ahead. With change in mind, we continue to review the curriculum, ensuring that the key principles of Change@CCHS are reflected in our subject content.



We continue to benefit from the great work of our School Development Leaders. Recently Mrs Manning shared a summary of her assessment work in the weekly bulletin and Mr Harvey has written a superb article for this newsletter on Creativity, which is part of his inspirational work with our Artsmark and Arts Award projects.



**Artsmark  
Gold Award**  
Awarded by Arts  
Council England



# Teaching and Learning

Mr Selby, Assistant Headteacher, Teacher & Learning and Staff Development



## Metacognition and Self-Regulated Learning

A longstanding phrase commonly used in education circles is the term 'lifelong learners'. As a school community, we have ambitions to create lifelong learners; to ensure that students leave with the educational skills that ensures they are well equipped for wider life. This exceeds the boundaries of just students being solely experts in their chosen GCSE or A-Level subjects, we are



committed to students having the learning habits to ascertain, retain and process new information, gained beyond their school years. Metacognition and self-regulation provide a scaffold to ensure students have the ability to learn effectively, in an independent context. While these attributes are important for wider learning, they are also highly impactful for self-directed study. I know many of our students will be spending time over the coming weeks preparing for formal examinations; below are detailed descriptions of processes that will aid this.

The characteristics of an independent learner can be broken into **three** essential components. These are needed to be known to help young people to develop with their independent learning practices:

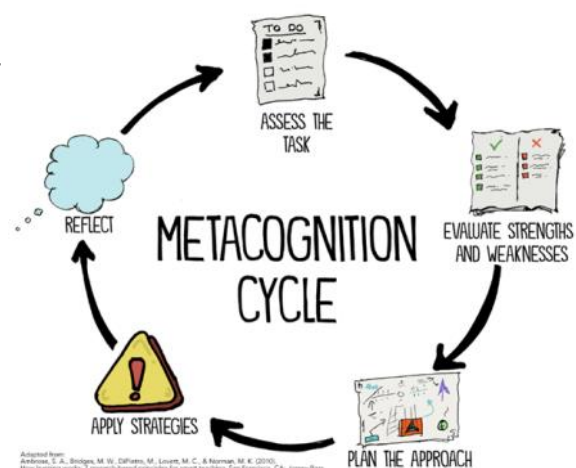
- ◆ **Cognition** is the mental process involved in knowing, understanding, and learning. By cognitive strategies, we mean skills like memorisation techniques or subject-specific strategies like making different marks with a brush or using different methods to solve equations in maths. Cognitive strategies are fundamental to acquiring knowledge and completing learning tasks. Students must have these strategies so they can study and develop knowledge independently.
- ◆ **Metacognition** is about the ways learners monitor and purposefully direct their learning. For example, having decided that a particular cognitive strategy for memorisation is likely to be successful, a pupil should then monitor whether it has indeed been successful and then deliberately changes (or not) their memorisation method based on that evidence. By metacognitive strategies, we mean the strategies we use to monitor or control our cognition, such as checking that our memorisation technique was accurate or selecting the most appropriate cognitive strategy for the task we are undertaking.

- ◆ **Motivation** is about our willingness to engage our metacognitive and cognitive skills and apply them to learning. Motivational strategies will include convincing oneself to undertake a tricky revision task now – affecting our current well-being – as a way of improving our future well-being in the test tomorrow.

To summarise, for effective and impactful independent learning to take place, students need to reflect and select appropriate strategies for their learning; continually review these strategies as they are working (to ensure they are successful for the task at hand); and ensure they remain resilient when trying to study, review and learn difficult concepts.

Reviewing one's own education practices, which is an important strategy to successfully action metacognition, can be difficult. It is important that students remain reflective of what works and what does not work. This is a process called self-regulation. Essentially, self-regulation is about the extent to which learners are aware of their strengths and weaknesses and the strategies they use to learn. They need to continually question and evaluate whether the strategies they are using are right for them; how well they are doing; and whether changes need to be made to improve the learning process; and most importantly recognising that learning from these changes is an important part of improving their independent learning practices.

Using this effective blend of metacognition and self-regulation can lead to massive results for students. Research undertaken by the Education Endowment Foundation (2017) suggested that apply these principles not only create effective study habits for a prosperous future, but it can lead to a massive eight-month educational advantage for students. Learners are never too young to start actioning these practices into their independent routines, and as you can see, the benefits can be substantial. We, as a school, are ensuring that our learners are aware of the different strategies to be successful in their metacognitive and self-regulatory practices, not only now, but also for their wider educational life.



# Enrichment

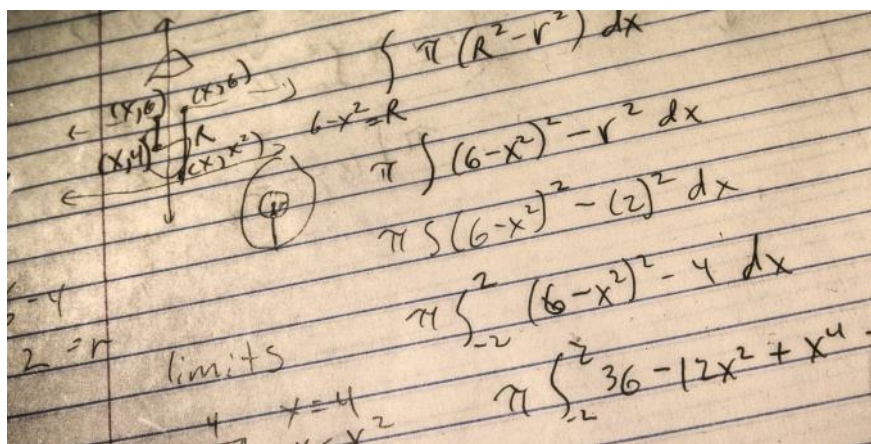
.....Mrs.Cross, Deputy Headteacher, Academic.....

We remain committed to providing high quality enrichment activities for our students and continually seek opportunities to enhance our curriculum provision with inspiring, fun and enlightening events. This academic year we have fully embraced the return to whole school Enrichment Days and were excited that this term we were able to offer our second Enrichment Day of the academic year to our students with superb opportunities taking place across our campus.

Year 7 students had a superb day, visited by BAE Systems they spent an incredible day programming robots and understanding how technology can help recovery in disaster zones. It was a unique experience for our students who all had the opportunity to work with innovative technology and experienced individuals who specialise in this area. Year 8 students were gifted a day of English and Drama and were fortunate to have been able to watch a production of Macbeth performed by The Globe Players during the afternoon.

Year 9 students took part in a day of PSHE with visiting speakers and had the opportunity to work with our inspiring Year 12 students, and Year 10 students took part in our 2023 Eco Conference, where they were able to discuss environmental issues and develop skills relating to sustainable fashion and gardening.

The GCSE Maths Masterclass took place on Enrichment Day 2 for Year 11 students at the Civic Centre (Duke Street, Chelmsford). Students who have taken part in this previously will be pleased to hear that the Misconception Police were back in force and made multiple mathematical arrests throughout the morning!





## Year 7 STEM Enrichment Day – BAE Vivien, 7S

Last Wednesday on the 15<sup>th</sup> of March the Year 7's participated in a science enrichment day organised by the BAE system company. We got to play with a robot and experiment with how robots work and how you can program them. We set up a disaster course and our aim were to let the robot through to save a person. It was challenging, but fun working with new people. My favourite part of the enrichment day was the big race. We had to get a robot around an obstacle course on the Astroturf. We all had a wonderful time and enjoyed working with new people.



## BAE Systems - Aaria, 7G

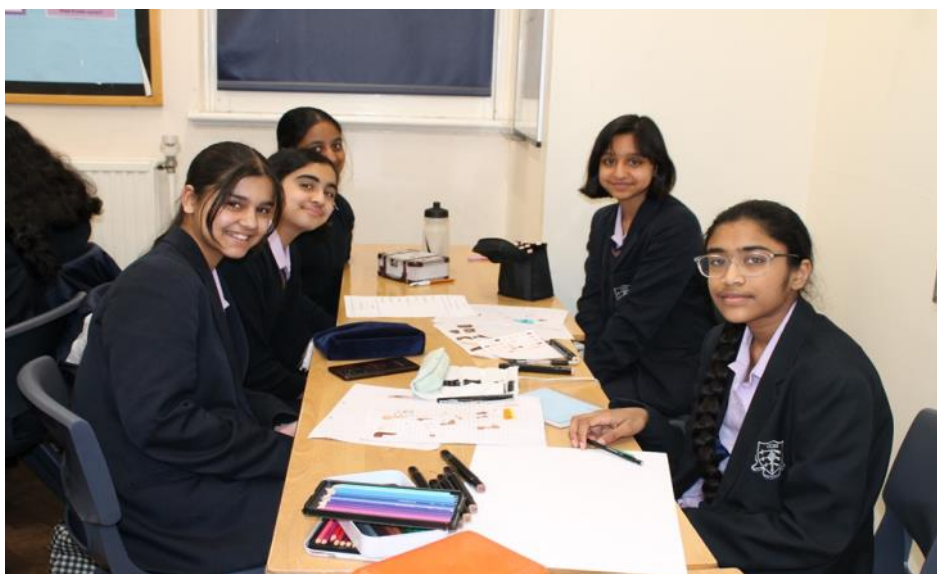
On 15<sup>th</sup> March BA Systems came to school and talked to us about programming robots. Our task was to create a disaster zone and program the robot to find its way through it and save a victim. It was extremely fun but challenging. My favourite part of the day was when we had a race with the robots, my team came second. Overall the day was very fun and full of challenges.

# Enrichment

Mrs Cross, Deputy Headteacher, Academic

## Year 8 – The Enrichment Experience - Tvisha, 8S

In October 2022, I took part in my first CCHS Year 8 Enrichment Day, and I cannot explain how amazing it felt to be a part of it. We had the creative subjects, i.e., Music, Drama, Art, and Dance in which each student created artwork for. We were put into groups and given two of the subjects to focus on. I was given Music and Dance. Those first two hours of learning and creating a dance routine boosted my confidence and helped me realise that I could do anything I put my mind to. As someone who can play an instrument, I expected to take up my instrument for the Music part of the day. To my surprise, I decided to sing instead, and I could not believe how well it went. It made me realise that trying new things can inspire confidence like nothing else can. For the last hour of the school day, we were expected to perform what we had spent all day creating, and it felt exhilarating hearing the claps and shouts of appreciation from the crowd, as well as being a part of the crowd myself. The enrichment day has inspired many of my actions and thoughts today and has helped me be brave enough to try new things. Even in the most recent English-themed enrichment day where we spent the whole day designing and producing a new type of chocolate (on paper, of course); it will really help me and my classmates in the future depending on the jobs we choose, and especially as this is not the type of thing the school would teach in a classroom. I loved how the teachers showed us that not every job has to be facts and figures, and that jobs such as advertising are equally as important as other jobs. Both Enrichment Days have made me realise that I can be confident, I can be whatever I want to be.



## Year 9 – PSHE Enrichment Day - Nysa, 9F

On Wednesday 15<sup>th</sup> March, Year 9 were given the opportunity to take part in an all-day series of Sex Education workshops which were led by Sixth Form students and supported by different members of staff. Throughout the day, each form group took part in a series of five workshops which focused on a variety of different topics; these included LGBTQ+; Consent; Relationships and Women's Rights. My friends and I all enjoyed the 'Relationships' session. During this, we learnt about how to build a long-lasting, healthy, and happy relationship. We also had the opportunity to ask questions to a 'real-life' couple who visited the school as part of an Essex County Council initiative. Overall, I am very happy that we were educated about such important topics, as it has really made me more aware about different aspects of healthy, safe relationships.



# Enrichment

Mrs Cross, Deputy Headteacher, Academic

## Year 10 – Eco Conference - Sara, 10C

Eco day was fun and taught our year group a lot about the possibly damaging effects of some of our everyday habits. The sixth formers clearly put a lot of thought into organising the event and it was a great way to learn about ways to take better care of the environment for everyone to have a brighter future. Each activity was interactive and informative, my personal favourite being to create our own plant pots out of tissue roll and planting seeds in them. It was simple yet showed us that our small actions like planting a few flowers can add up to make a huge impact. Overall, the day was a great experience and I'm sure it will be even better next year.

## Kathryn, 10S

For period 1, we were in V10, and the Year 12's showed us how the day would work. We got an overview of the 3 activities on offer, which were mending clothes, eco gardening and global issues. We were split into 6 groups for the day.



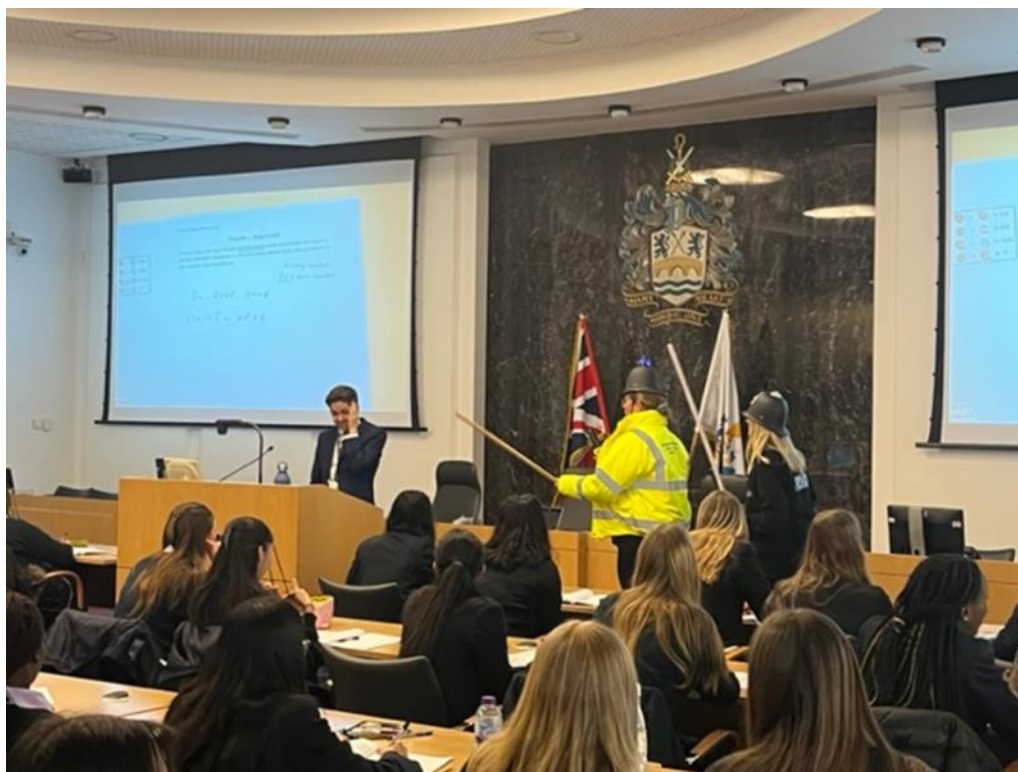
My group had mending clothes first, during period 2, where we were taught to darn and then we could have a go using clothes we brought in. Period 3, my group had the global issues session. We were in a computer room, and we did a research task on the carbon footprint of a company or product of our choice. I chose to do Shein because their carbon footprint is ridiculous, and I was interested in how they could improve. After lunch, we had eco gardening, where we talked about composting and then we made our own toilet roll sunflower pots using cardboard tubes we brought in.

During period 5, we had a summary session with the year 12s in V10, and lots of our year showed what they had done during the session, including lots showing their clothes that they had improved. Some people put a lot of effort in, and I was really impressed! I really enjoyed it, and I would definitely do it again with different activities with us to try.





## Year 11 GCSE Maths Masterclass



## Extra-Curricular Clubs and Activities

As well as the whole school enrichment day programme we continue to have a thriving club and activity scene here in school including Sport, The Arts, STEM, Debating, Bar Mock, Music, Fitness and many more.

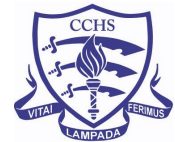
Students can find out more about the clubs and activities available from the daily notices and on the many noticeboards around school. We always welcome new clubs run by students, further information can be provided by form tutors.





# Pastoral News

Miss Harrison, Deputy Headteacher, Pastoral



The Spring Term has been a busy one for all year groups. In particular, I have to mention the fabulous strength of character that Year 11 students have shown as they completed their additional assessments. They are truly focused on doing their best—preparing themselves for the examinations in the summer. We loved welcoming parents in for Parents' Evenings and Options Evening— it is great to see everyone in and discussing the next steps with the teaching staff. I have been lucky enough to watch the Dance Show and the school Production 'Little Shop of Horrors' this term and it was an absolute joy! All students showcased their incredible talents—they should all be very proud of themselves. The Spring Concerts were brilliant, as always. The younger years are throwing themselves into everything school has to offer. We have had our second round of TA discussions just last week and Year 11 students have also had report reviews alongside a discussion about their A level choices and their next steps. It was great to be involved in these—they were love-

ly and positive. As always, students have enjoyed House events, extra-curricular activities and they have actually been able to enjoy Enrichment Days again.

The Year Leaders have continued to support their year groups and have worked tirelessly to safeguard our community. They have enjoyed planning engaging activities in school—bringing joy to morning registration time. Should your child need support over the Easter break, they have their pastoral card which has support numbers printed on the back. Of course, there is always the CCHS pastoral email address too:

[pastoralsupport@cchs.co.uk](mailto:pastoralsupport@cchs.co.uk)

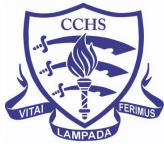
I hope you all have a safe and restful Easter break and I am looking forward to the Summer Term and all that it brings.

**IN MENTAL HEALTH CRISIS, OR NEED WEEKEND SUPPORT?**

Call NELFT Mental Health Direct: **0800 995 1000**

**REMINDER** - If you require urgent help, you can always call **999**.





# Pastoral News

Miss Harrison, Deputy Headteacher, Pastoral

## PRIMARY OUTREACH

Our wonderful Primary Outreach Programme is up and running again this year – following the great work that was done last year. Our Primary Outreach Senior Prefects, Matilda and Ananthi, are accompanying Mrs Lewis and Mrs Maslin, plus two Year 7 students who moved last year from the school they are visiting. They are having 'CCHS chats' with the Year 5 girls in the school, answering any questions and dispelling any myths, such as this school being an independent school. Each student is getting a goodie bag, with information to share with their parents. The team are going out to Larkrise Primary School tomorrow. We are very much looking forward to getting back out into the community.

## FREE SCHOOL MEALS

Free school meals are available to pupils in receipt of, or whose parents are in receipt of, one or more of the following benefits:

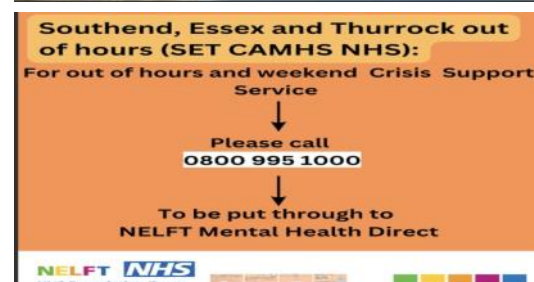
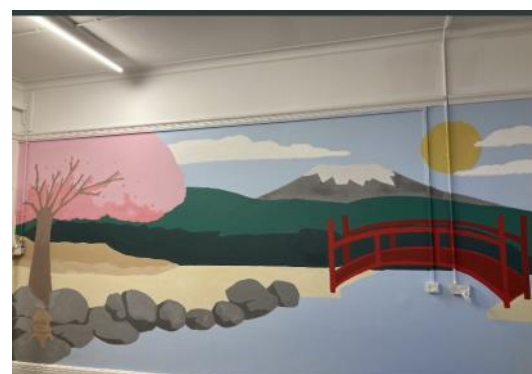
- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods)
- Income Support
- Income-based Jobseeker's Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guarantee element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit.

HOW TO APPLY: Go online to [www.essex.gov.uk/educationawards](http://www.essex.gov.uk/educationawards)

Or request an application form from the Education and Awards enquiry line on 0845 603 2200. Please be assured that we always deal discreetly and sensitively with any students in receipt of free school meals and there is no embarrassment.

## THE PASTORAL HUB

The Pastoral Hub is working well. It is a room where students can have a 'time out' if they need to take a breath and access support for their wellbeing. The room is being well used and the students find the quiet space helpful. It is a space for students to compose themselves before going back into lessons, speak to a friendly face, have a tear if sad news is received, sit and colour to still the mind or just read a book. It has also been used to complete work when the classroom has seemed too much. We run our Mental Health First Aid drop-in on a Friday lunchtime at 1pm in there. Plus, Mrs Hiett also runs the Young Carer-drop in from 12.35pm on a Friday.



# Pastoral News

Miss Harrison, Deputy Headteacher, Pastoral

## MENTAL HEALTH NETWORK

We were lucky to host three Year 13 students from the London School of Excellence recently. They were here with their pastoral lead talking to our students about setting up a mental health network in our school. This will be part of the expanding wellbeing strategy that we will be implementing in September. The network will be run by the students for the students. We are very excited to be working with LAE—following a visit Mrs Chumbley and I made to their school to discuss their award-winning wellbeing strategy. I look forward to giving you further news on this very soon.



**Key Numbers:**

**YoungMinds crisis messenger**

The YoungMinds Crisis Messenger text service provides free, 24/7 crisis support across the UK. If you are experiencing a mental health crisis and need support, you can text YM to **85258**

**Samaritans**

Call **116 123** for free, 24 hours a day, 365 days a year, whatever your going through









### Year 7

#### Mrs Lewis, Year Leader

Year 7 students have really found their feet this term. It has been a busy term with lots of events and extra-curricular opportunities, from the school disco to the introduction of British Sign Language Club. House events have been in full swing with House Winter Games and House Pancakes. The Year 7's fancy dress for House Pancakes was amazing!! They put a smile on the face of every spectator and this photo is already taking pride of place on the Year 7 display.



30 Year 7's took to the stage to perform in Illuminate, this year's Dance Show. The Year 7 performers were incredible and thoroughly enjoyed the experience. Our Year 7 cross-country runners have had amazing success again and were celebrated in our Monday assembly with a huge cheer from the rest of the year group.

The Year 7 Enrichment Day was a huge success, and we were amazed at the incredible creativity and problem-solving abilities demonstrated by the students as they worked in teams to solve a problem.



# Pastoral News

## Year 7 Mrs Lewis, Year Leader

During form time, Year 7 students have enjoyed WOW Wednesday presentations about all sorts, from acrobatics to unusual pets with one very special (and unusual) pet making an appearance.



We have so much to look forward to during our Summer Term with more House events taking place just after the Easter break and our year group trip to Stubbers Adventure Centre in July.

I would like to wish all our Year 7 students and their families a very happy Easter. Fingers crossed for some sunshine!

Mrs Lewis



### Year 8

#### Mr Copper, Year Leader

It has been yet another jam-packed term for Year 8 students. One of the great pleasures of the second term this year is the final wiping off the cobwebs of Year 7 and approaching the half-way through the lower school mark. And, Year 8 have done this with the vivacity they have made themselves known for.

An incredibly strong showing in House events have made up the main privilege of this term, as sports-based House Events came out with a frenzy. Swimming and basketball, alongside all the regulars; huge amounts of Year 8's was there to cheer on their peers. And speaking of frenzy, 8H were finally able to take 8A's crown when it came to our Friday Frenzy quizzes. A competitive spirit continues to enliven this particular year group, and they are to be commended in their commitment to the school's House System but, also, to the way in which this enables them to challenge themselves. They genuinely take it seriously and take pride in their work.



An Enrichment Day also allowed Year 8 students this term to get creative once more: this time, though, in their creation of chocolate bars with English. They had to invent the bar, market the bar, create an advert for the bar, sing a jingle for the bar, draw artwork—or sometimes create paper models!—of the bar. Some of the products were both hilarious and engaging in equal measure. Later that afternoon, they were treated to an analytical commentary and performance of *Macbeth*. Year 8 have recently also demonstrated their charitable tenacity by turning out in great numbers for the Spring Disco this term—perhaps a common theme may here be sensed: the vivacity and willingness to get involved in their school.

## Year 8 Mr Copper, Year Leader

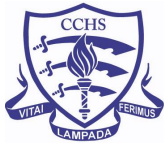
As their Year Leader, the greatest pleasure was attending of the Dance Show, and seeing the huge amount of Year 8's taking part, including many having half-a-dozen or so dances to take part in. We have tried to make Year 8 about showcasing yourself, and 'Being Your Best Self', our motto of sorts, and showcasing your usually extracurricular sensibilities in front of your peers, teachers, and wider community had a particular poignance on these evenings.

And this all rests, of course, upon the stable foundation of twenty-five challenging lessons each week. It has continued to be a pleasure to teach and lead Year 8, and they have so much, once again, to look forward to as they continue to reflect on their classwork and assessed work over the Easter break. And I could say so much more here: the success of our Year 8 sports teams, the large number of Year 8s getting involved in the Arts Award, or even 8H's self-organised charity bake sale – but space here limits the incredible day-to-day brilliance of these 180 students.

Indeed, this year group continue to be supported by a great team of Form Tutors and should feel so proud of what they have achieved this term.



Year 8's make working 'shakeable' electronic dice in Electronics Club, with Mr Nicholls.



### Year 9

**Mrs Chumbley, Senior Pastoral Leader**

This term has been an important one for Year 9. We were pleased to welcome parents to the Year 9 Parents' Evening, where the students' progress was discussed in all their subjects. This was followed by the Year 9 Options Evening which was an excellent opportunity to hear from all the Subject Leaders. Details of the courses were presented and there was time allocated for any questions to be answered. Year 9 students have embraced all the information sessions given to them as they ensured that they made the right choices for their KS4 curriculum.

We have had our Peer Led Sex Education Enrichment Day and the students concentrated well and asked many insightful questions. Thank you to the Year 12 students who worked hard preparing the presentations and activities.

Alongside lots of hard work, there has been much fun. We have enjoyed many House events so far this term, including House Pancakes and House Winter Games' well done to all participants. Our programme of activities continues during form time

Admin on a Monday, thoughtful Tuesday, where we do all things mindfulness such as colouring in, meditation, making lists/goals etc. Wednesday, we have assemblies or paired assemblies, Thursday we have Thursday Fit where we learn how to become more physically, mentally, and emotionally fit and finally on a Friday, we have had Friday Frenzy which is a great way to finish the week.

Well done, Year 9. I hope you have a restful Easter break. Miss Stevens and Mrs Goksel look forward to working with you as your Year Leaders on your return.

Mrs Chumbley

## Year 10

Mrs Busby, Year Leader



Year 10 students continue to impress this year. They have really taken this year's motto of 'you are the magic' to heart. Since January, they have been issued with their prefect roles, completed their Year 10 exams, participated in countless House events, performed in the Dance Show,

participated in Jack Petchey events, prepared for the Spring Concert, the list could go on! They really have been showing their talents (their magic) this year!



In form time, we have had some great assemblies. Arya gave us a wonderful assembly country

and cultural experiences. This really helped our students understand their place as global citizens and enabled them to learn many new things! 10G were also able to give an insightful assembly on the origins of Lunar New Year and why it was so important to many people around the World. 'Move it Monday' has continued, and whilst these pictures were taken just before the Christmas break (and were unfortunately too late to put in the December newsletter) they were too good not to share in this newsletter. The fresh air and reconnection with nature and each other at the start of the week has ensured each week has started as a happy one!

### Year 10

#### Mrs Busby, Year Leader

There have been some amazing individual achievements too. Sophia came 2<sup>nd</sup> in the Essex Rotary Young Musician Competition, facing fierce competition from students much older than herself, well done Sophia! Samida was awarded her Industrial Cadets Bronze Award for looking at 'Routes into STEM.' This is a fantastic achievement and the more women we can see in the STEM industry in the future, the better.



Prethika received a special award from London Tamil Sangam at their annual Thai Pongal Celebrations. The special award was given to recognise her prize-winning moments following her participation in various Tamil public speaking competitions and debates, in multiple national and international forums over the years. These are just a few of the tremendous achievements throughout the past term.





## Pastoral News

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### Year 10

#### Mrs Busby, Year Leader

Year 10 students also had a big new first experience; their Year 10 exam series. Here, they experienced for the first time what it was like to sit multiple subjects in a two-week period. Whilst this was full of challenges, some mistakes were made, they are now confident on what to expect during their GCSE exams and have a better idea of how to prepare.

The Year 10 Prefects have also started to be busy by taken on their roles of responsibility in their allocated areas. They have given some passionate tours to visitors, been brilliant subject advocates at options evening and been shining role models to parents and other students. I am excited to see all their future work as prefect and I eagerly anticipate the change they may bring to the school.

I hope that Year 10 students have also enjoyed their time this term. They have plenty to look forward to next term with their first residential trips! I look forward to sharing the news from those in our summer newsletter.

Mrs Busby

### Year 11

#### Miss Burnham, Year Leader

Year 11, as ever, have been super busy with preparing for their GCSEs and mocks, attending numerous interventions in between. However, that has not stopped them participating in all of the extracurricular which will be discussed below. During the last few weeks, we have been undertaking the Year 11 report reviews which have allowed each student to have a meeting with two members of staff about their future in education and the chance to ask any questions.



This term we have had the brilliant Dance Show. For this, many Year 11's have had pivotal roles, whether that be performing throughout or actually choreographing some of the dances. The dance officials have certainly been busy rehearsing during any spare moment possible. Alongside this we have also had the wonderful production. The way in which students perform in these productions, making them look so professional is admirable and just shows the depth and breadth of the students' abilities at this school. I look forward to the Spring Concert coming up soon.



## Pastoral News

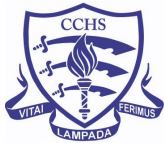
### Year 11

#### Miss Burnham, Year Leader

We have had some brilliant academic results including those that took part in the physics Olympiad and two students in particular making it through to the next round of the prestigious Arkwright Scholarship Award. To further add to the diversity of success in this year group we have had more bronze duke of Edinburgh awards successfully completed.

Lastly, Year 11 students have participated in Enrichment Day 2, which for them, was a Maths Masterclass. This day started at the Civic Theatre, to give students a small insight into what university lecturing will look like, with many different mathematics topics being covered throughout the morning. They then returned to school in the afternoon for different tailored maths workshops. This day was a great way to consolidate any challenging topics and enabled the students to work closely with different members of the Maths Department (with a few friendly interruptions by the misconception police, too).





## Sixth Form News

Dr Palmer, Mrs Connolly and Mrs Hiett

Mrs Hiett, Mrs Connolly and I would like to thank all of our sixth form students for the energy and commitment they have shown over the past term. We particularly congratulate all those students in Year 12 and 13 who were involved in the hugely successful production of *Little Shop of Horrors*, both as performers, stage crew and musicians. We would also like to wish everyone a good holiday and encourage all students to ensure they prioritise rest and recreation as well as revision for their important examinations.

### Year 12

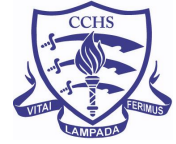
Our Year 12 students have continued to work with energy on a whole range of activities. In January and February, the whole year group was involved in the CCHS Model United Nations Conference. Students represented 15 countries and were able to make excellent use of their research to role play representatives of those countries in the committees and the General Assembly of the CCHS United Nations. The event concluded with all delegates meeting to discuss a crisis scenario which turned on the difficult relationship between China and Taiwan. Our thanks to Lola, Mo and Many for their hard work as the Secretaries General of the CCHS MUN.

Our EPQ students recently treated their teachers and their peers to their presentations on their projects. This is an important part of the EPQ process and gives the opportunity for students to show their commitment and the outcome of their research. A huge range of topics were covered, from space exploration to dental treatment and from online gaming to veterinary medicine. The students will submit their final projects for assessment just before Easter and we look forward to their results in August.

Our Year 12 Prefects have made a great start in their new roles. The Senior Prefects recently presented an excellent school assembly for International Women's Day and are now working on other activities to help students think about 'paint your own path' - their theme for the year. The Global Citizenship officials showed energy and insight in the recent Eco Conference which they ran for Year 10 students with the able support of Ms Porter. Other prefects have begun to work on subject support, extension activities and a whole range of other tasks pertinent to their roles and we look forward to continuing to work with them.

# Sixth Form News

Dr Palmer, Mrs Connolly and Mrs Hiett





Year students were recently joined in their lessons by visiting Year 11 students from other schools. Our visitors were those who have applied to join CCHS for Year 12 in September and we very much hope that they enjoyed the opportunity to understand a little more about CCHS and to 'taste' the experience of the Sixth Form.

We have just introduced our Year 12 students to 'Unifrog', an online platform which we will be using to help support them in their university applications and/or their reflection on other opportunities which they may be interested in pursuing. We are looking forward to working closely with all our students to support them in researching the next steps which will best suit them. This will be a real focus once the students have completed their school examinations in May.

### Year 13

As all parents of Year 13's will know this has been a very busy term with a good deal of academic work in addition to the Year 13 mock examinations in January and the March assessments at this end of the term. We congratulate all our students on their hard work in the dark months of the year and hope that the spring will bring them renewed energy to focus on the final lead up to their A level papers.

The Year 13 Senior Prefects much enjoyed their recent trip to London to meet some of our former students who now work in the city. The students learned much about the worlds of investment management and commerce and are grateful to Louise, Chloe and Rebecca for their hospitality at Evelyn Partners and at RSM.

We particularly congratulate the Year 13 Dance Officials Lara, Emily, Hannah, Isabella, Sadie and Amelia for all the work which they put into the recent Dance Show. The commitment of the officials and the dancers in Year 13 and younger

years, together with the technical expertise of Mr Rowell and Mr French meant that the show was a great success and a real celebration of dance in all its forms.

Year 13 students are now really focused on preparing for their A level examinations. We encourage them to make good use of their time over Easter and to build in time for breaks and other activities away from revision and reading. We look forward to joining them in celebrating the end of their time in school in a number of ways next term and in particular look forward to seeing them and their parents for the annual Leavers' Reception on Thursday 11<sup>th</sup> May.



# Maths News

Mr Coleman, Subject Leader of Mathematics & Teacher of Economics



It has been a busy term in the Maths Department, with excellent progress seen across all year groups and our exam classes working harder than ever to get themselves ready for their summer exams. Working alongside the curriculum, we have had plenty of enrichment and extracurricular activities this term, including 2 off-site trips and a wide variety of lunch time and afterschool learning opportunities.

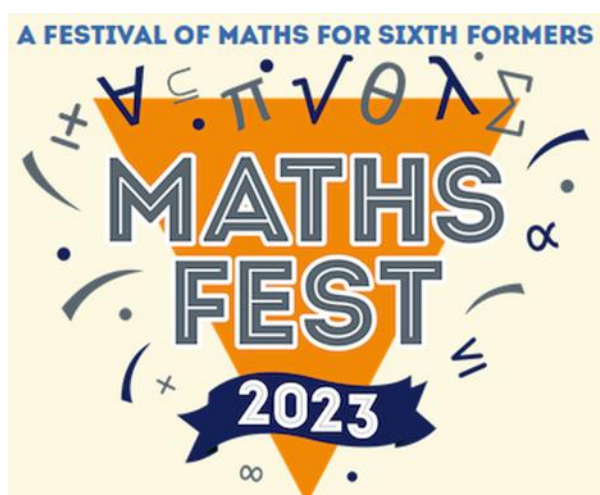
## UKMT Intermediate Maths Challenge:



United Kingdom  
Mathematics Trust

Congratulations to students in Years 9, 10 and 11 students who received their Intermediate Maths Challenge results in February. We achieved 26 Gold Awards, 53 Silver awards and 62 Bronze Awards. There are 15 students who qualified for one of the follow-on rounds, including four who came in the top 600 in their year group nationally and are through to the Olympiad. These students are Tulasi, Hansika, Mahilzini and Elizabeth. Well done to all students who took part!

## Maths Fest 2023!



On the 10<sup>th</sup> of February 2023, Year 12 Maths A-Level students were thrilled to attend the annual Maths Fest event at the Royal Institution, London. The event was run by stand-up comedian, Matt Parker, and maths author, Rob Eastaway. The event provided a fantastic opportunity for the students to delve into the world of maths, beyond the classroom.



The guest speakers showcased the diverse applications of maths in our everyday lives and the potential it holds in solving some of the world's most pressing issues. For example, Tom Crawford and Sammie Buzzard both discussed different ways in which mathematical analysis may help to reduce climate change. The sessions were incredibly insightful, and the students were encouraged to think outside the box, particularly in James Grime's presentation, where he encouraged students to make their own "birthday square".

One speaker that stood out to the students was Colin Wright, who captivated the audience with his juggling act. Colin's unique approach to teaching maths made it an unforgettable experience for the students. His mastery of juggling and its connection to mathematics was both entertaining and educational. His act highlighted how maths is a subject that can be approached in numerous ways and how its applications are limitless.

In addition to the fantastic guest speakers and insightful lectures, the annual Maths Fest event also provided a platform for the students to showcase their own mathematical talents in the popular Maths Slam competition. During the breaks between lectures, students were invited to take the stage and present their favorite mathematical concept or idea for three minutes.



The Maths Slam competition was a thrilling experience, with a wide range of topics being presented by enthusiastic students. The audience was treated to a variety of engaging presentations, each demonstrating the students' unique perspectives on the subject matter.

Megan and Matilda chose to present on the complex and fascinating topic of four-dimensional shapes, which they had been researching for several weeks leading up to the event. This opportunity allowed them to showcase their knowledge and passion for the subject to a wider audience than just their usual class.

The event organisers had also thoughtfully included interactive activities that encouraged students to engage with the subject matter and put their skills to the test. One of these activities was a competition challenging students to solve a series of complex mathematical puzzles. The students greatly enjoyed participating in this as it was not only educational, but also a lot of fun, leaving students to feel challenged and inspired.

# Maths News

Mr Coleman, Subject leader of Mathematics & Teacher of Economics



The event booklets provided these puzzles, ranging from simple brain teasers to more challenging mathematical problems that required creative thinking and problem-solving skills. Jessica and Dia were two of the five students who were able to complete the crossword puzzle and were thrilled to receive a prize of a T-shirt.

Overall, the Maths Fest event was a massive success, and the students left feeling inspired and motivated to continue their exploration of maths beyond the classroom. The experience has broadened their understanding of the subject, made them appreciate the endless possibilities within mathematics, and remind them that there is always something new to discover and explore.

By Megan, 12DMI

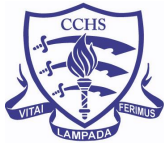
## Maths Masterclass 2023:

On Wednesday 15<sup>th</sup> March during enrichment day two, we took the whole of year 11 to the civic centre council chambers for the annual maths masterclass. The students participated in sessions on Surds, problems solving, proof and some final tips from examiners ready for their GCSE exams. The highlight of the morning was undoubtedly the appearance of the misconception police as you can see below. Mrs Cross was apprehended by Maths police detective Chumbley and junior officer Burnham:

After a morning out at the Council Chambers, the students returned to school to enjoy smaller group workshops to finish of their day of maths enrichment. We really hope they enjoyed the experience and feel even more prepared for their upcoming examinations.







## Team Maths Challenge Club



Year 9 and 10 students have been attending Maths Challenge Club since October half term. The 15 or so students have been spending their lunchtimes doing different UKMT Maths Challenge papers as well as a variety of rounds from the Team Challenge. All of them have enjoyed the chance to try a new style of question that allow them to problem solve in a different way than they do in the classroom.

After Easter, it will run for Years 7 and 8 students and they will have the chance to try some puzzles themselves.

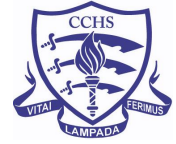
## Final Message

There have been lots of opportunities for our students this term to practice their maths in the form of mock examinations and section tests. Students in all year groups, but most notably those in Years 11 and 13, have worked tirelessly to prepare themselves for these examinations and have been able to manage extreme pressure admirably. I know that these year groups will be successful in the summer examinations, and I want to wish you all a restful and productive Easter break, ready for the Summer Term.



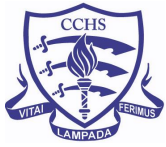
# German News

Mrs Bennett, Teacher of German



Our school has been gifted seeds from our German exchange partner school, Gymnasium in der Taus and the Royal Horticultural Society. Mrs. Lockwood is raising them for Gardening Club to plant around the school site. If you have any spare trowels or hand forks lying around, we would be grateful to receive them, and will put them to good use.





This term, I presented an assembly to the whole school about the importance of creativity. Creativity is the ability to use your imagination to come up with new ideas and to express yourself in unique and innovative ways. It is a critical skill that we need to develop and nurture in ourselves, whether we are students or not.

Creativity helps us develop problem-solving skills; if we think creatively, we are able to approach problems from different angles and find unique solutions. This ability is essential in today's world, where we face complex and ever-changing challenges that require creative solutions.

As a school, we provide students with opportunities to explore and experiment. We encourage our students to take risks and to try new things. At CCHS, we have subjects that allow our students to express themselves and we are able to celebrate and recognise the creativity by showcasing their work and providing opportunities for them to share it with others.

From the amazing Dance Show to the fantastic school production of 'Little Shop of Horrors', the uplifting and beautiful music at the school concerts and of course the wonderful work of our talented Art students in their various exhibitions, creativity runs through the DNA of our school. These are just a small example of the creative things that happen in our school.



# Art News

Mr Harvey, Subject Leader of Art & School Development Leader



However, creativity is not just tied or limited to Music, Art, Drama and PE. Creativity is used all across the school making learning more fun and engaging and allowing students to express themselves and use creativity to learn..

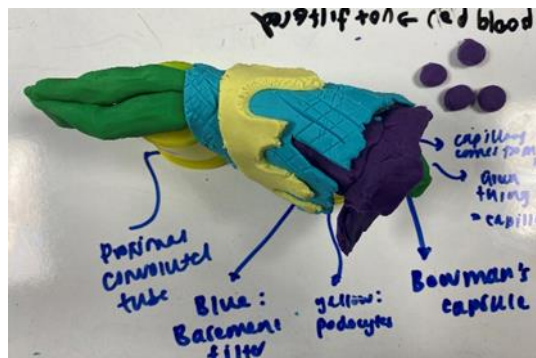


The special thing about harvesting creativity in schools is that it allows us to enjoy the process of learning and to have fun while doing it. When we allow students to be creative, we are giving them a chance to enjoy their education and to develop a love for learning.



Whether it be a fashion show in German, creating a model to support learning about ultra-filtration in Biology, learning the skeleton structure in PE or making crop circles in Maths, these are all creative ways for students to learn. Creativity teaches us transferable skills that we can use in all subjects and everyday life. Problem solving, communication, self-expression, attention to detail and special awareness are just some of the things that overlap in creativity. These skills, that are not always taught explicitly, but are learnt through the experience of being creative.

Albert Einstein once said 'Creativity is intelligence having fun'. So, let us encourage creativity in everyone and celebrate creativity everywhere.





# Drama News

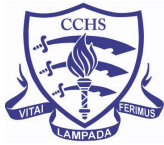
Mr Selby, Assistant Headteacher, Teacher & Learning and Staff Development

This term is always a term like no other in the Drama Department. It is a time where in our GCSE and A-Level lessons, we submit our performances for marking. This is an exciting for both staff and students; it's an opportunity to celebrate the hard work and talents of our students. This year at GCSE we were treated to a range of practical scripted performances, including extracts from plays such as: Daisy Pulls it Off by Denise Deegan, The Last Resort by Chris Owen, Girls Like That by Evan Placey, to name just a few. Unlike last year, we were able to celebrate these performances in front of an external examiner. Mrs Broughton and I were overwhelmed by the quality of these practical performances and congratulate our students for their efforts.

At A-Level, our Year 13 students have also been working hard this half-term on their scripted extracts. They have explored a variety of performances in the renowned style of theatrical practitioner Konstantin Stanislavski. We were fortunate enough to experience some breath-taking naturalistic performances, from popular plays such as: A Streetcar Named Desire by Tennessee Williams, Hedda Gabler by Henrik Ibsen and Antigone by Sophocles. Again, we offer our upmost congratulations to our students for their theatrical triumphs.

However, the highlight of this term has to be our School Production 'Little Shop of Horrors', which took place in February. Little Shop of Horrors is a delectable sci-fi horror musical with an electrifying 1960s pop/rock score by Alan Menken and Howard Ashman. Our talented cast, band and crew were privileged to perform a three night 'sell out' run on the 1st, 2nd and 3rd of February. Although it seems hard to believe, this was my first musical at CCHS, and what an enjoyable experience it was.





## Music

Mr Lamberti, Director of Music & Timetable Leader

This term has been a wonderfully busy one. From day one in January, we were straight into our final rehearsals for 'Little Shop of Horrors'. The hard work really paid off with the entire cast and crew putting on a stunning show. From a music perspective we were blown away by the quality of the singing and the band. As I mentioned in the programme this was the full professional show which really showed the dedication and talent of our students. The feedback we have received from the audience was glowing which the students rightly deserved.



Throughout the term, rehearsals were busy taking place for the Spring Concert. This again was a triumph including all our extracurricular ensembles. We welcomed an additional ensemble this term called Sangeetham. This Indianian inspired ensemble was setup and led by one of our talented year 11 students who quite rightly saw an opportunity to develop our musical offerings further to inspire even more students to come and get involved. All our ensembles performed so beautifully in the concert with really energy. It is such a privilege to listen to the variety of talents our students have. We had approximately 250 students involved in the school and this number seems to creep up with every concert we put on. All this work links into our school being recognised as a Gold Artsmark school.

We again held out termly sitting for ABRSM graded music examinations. These went extremely well and at the time of writing we are still awaiting the results.

Within our regular music lessons KS3 students continue to perform, compose and analyse all kinds of different styles and genres. This term year groups focussed on Music in the media using music technology, 20<sup>th</sup> century minimalist music, Classical music, guitar skills and so much more. Our year 11 students completed their NEA work (60%) which consists of 2 performances and 2 compositions. Work is now ready to be internally moderated before being submitted to the exam board. Our A level students completed their final recitals in front of a visiting examiner. What a delight it was to listen to such exquisite performances with many pieces being well above the standard required of A level. Of course our students were nervous but they really stepped up and delivered. We will not know the official outcome until the examination results are released in the summer, but I am convinced this part of the course (35%) will be a real highlight.





# Music

Mr Lamberti, Director of Music & Timetable Leader

Our peripatetic colleagues continue to work tirelessly to deliver outstanding one to one lessons. They really do go above and beyond for all their students whether it be preparing for graded examinations or simply playing for fun. It is so important that playing an instrument is and should be fun! Our peripatetic colleagues also support our GCSE and A Level students prepare for their different performances which I know reassures them greatly.

Mrs Clements, Ms Hutton and I would like to thank all the students and staff for their commitment to our department and I know we are all looking forward to what the summer term will bring.

Mr Lamberti

Having studied the renowned play “La Casa De Bernarda Alba” by Federico García Lorca as part of the Spanish A-Level course, on the 9th of March, Years 12 and 13 students set out to Cervantes Theatre in Southwark, London to watch the piece come to life.

As we stepped into the theatre, we were greeted by dim lighting and a thrust stage (where the seating surrounded the stage on three sides) which embodied the oppressive atmosphere experienced by the characters within the play, similarly encircled by the watching eyes of the townspeople. The lights went down, and immediately, we were transported to an Andalusian household in the 1930s.

The story of desire and jealousy, freedom and oppression unfolded before us as the talented actresses brought to life the characters of Bernarda and her five freedom-starved daughters. Their performance voiced all the repressed emotions of these young women forced by tradition to spend eight years without leaving their house as mourning for their father, and it allowed us as an audience to visualise the dramatic scenes we had previously read in class.

Going to see the play live was extremely beneficial as it not only allowed us to revise the events that unfolded throughout the play, but also to cast a new light on our interpretations of the characters. We began to realise that Bernarda- who is often viewed as an iron-fisted and emotionless tyrant over her family- may have had some feelings of regret towards the end of the story. Additionally, it enriched our listening skills as we were able to follow the action and recognise certain phrases even though the actors were talking in very fast Spanish! We found it a refreshing and interactive way to learn about the play and would wholeheartedly recommend going to any future Spanish A-level students who have the chance to see it performed.

We would also like to give a huge thank you to Señora Santos and Madame Caffier, for organising and accompanying us on this trip, through rain and rush-hour Underground trains alike. Without their support this trip wouldn't have been possible.

Aiza and Casey, Year 12





# House News

Miss Holt



This term has been incredible for the House system. I had the privilege of taking up the role of House Captain for A-House in January, and what an amazing few months it has been.

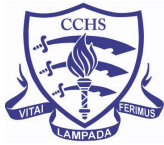
We started the year with a House Assembly so all the new officials could introduce themselves to their houses. In A-House, we made a video for the students where we asked some staff members to tell us a bit more about themselves, as a key focus this year was to get staff members more involved. The video was met with much laughter, as the questions asked ranged from: 'What is your favourite house event?' to 'What is the best ice-cream flavour?' Thank you to all the teachers who allowed us to film them!

One of our first events of the year was House Debate. This is always a great event, as everyone involved gets extremely passionate about their side of the argument, and this year's certainly did not disappoint! We saw incredible scores from S-House with them coming 1<sup>st</sup> in every year group. Overall, A-House came 4<sup>th</sup> in the 6-House shield, which is a brilliant effort. Congratulations to everyone involved in this event.

Another on-going event this term has been House Badminton. This has taken place on Tuesdays after school. Thank you to everyone who gave up part of their evenings to take part. A-house has been incredible in these events, with their team spirit being evident in every match.

This term also saw the House Swimming competition and what an event it was! We saw excellent team spirit throughout the entire day, with words of encouragement being shouted through each swimming race. Congratulations to 7C, 8F, 9H, and 10H for winning their year races. Overall, C-House were the winners of the 6-House shield, and H-House won the 5-House cup. A-House once again came 4<sup>th</sup> in the 6-House shield: great work A-House!





## House News

.....Miss Holt.....

House Pancakes is always an extremely popular event with a great turnout, and this year was no exception. We saw some ulations A-House! Congratulations to 7G, 8G, 9A, 10C, 11S, 12A, 13C and the staff of A-House (Miss Holt and Mr Coleman) for winning your round. This was such a fun event, and posters made by students in year 7, 8 and 9 were lovely, and I am sure they provided great encouragement for those competing!

Friday Frenzy, a weekly quiz for the lower school, provided a fun end to the week. A-House was once again the winner in the 6-House shield (well done!) and C-House won for the 5-House cup.

One of the biggest and most anticipated events of this term was House Winter Games. This is a day-long event where each period, a different year group comes out and competes in both netball and hockey, while the rest of the year cheer on their peers from the side-lines. C-House won overall in year 7, G-House and F-House shared the win for year 8. A-House won for year 9 (yay!) and H won for year 10. C and H-Houses shared the win for year 11. Year 12 and 13 had joint matches, and G-House took home the win. Overall, H-House came 1<sup>st</sup> in the 5-House cup, and G came first in the 6-House shield. Thank you to the PE Department and the sports officials who ran all the events of that day.

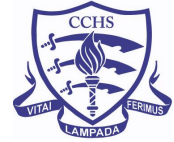
Overall, this term has been so much fun, and I'm very excited to see what is in store for the house system for the rest of the year!

Anna, 12AGO, House News Prefect



# Library News

Mrs Howell & Mrs Davis



Spring Term is always a fun one in the library, with events to celebrate World Book Day for all of the students to enjoy. We were delighted to have been able to hold a full author visit for the first time since 2020 and welcomed Sufiya Ahmed to meet students and give talks to all of Year 7 throughout the day. She talked about her background working in Parliament before embarking upon her career as an author and told us about aspects of history that became the inspirations behind her books. The students were also able to dress up as spies and suffragettes, which they enjoyed enormously!

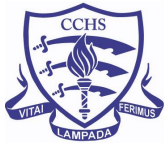


We also held a book swap in conjunction with Essex County Council's Year of Reading initiative, which gave students and staff the opportunity to bring a book from home and swap it for something different that had been preloved by another student. We hope that some new authors were discovered and certainly plenty of different books were taken home to be enjoyed!

Finally, this World Book Day saw the return and expansion of The Masked Reader. We are grateful to staff members for agreeing to be featured as secret readers – over 100 students entered the competition, and in the end we gave out two 1<sup>st</sup>, one 2<sup>nd</sup> and one 3<sup>rd</sup> place prizes. Congratulations to the winners: Akshara (7G), Devanshi (7A), Imogen (Year 13), and Katie and Olivia (7S)



Congratulations go to Sophie in 7C and Amal in 7A, who were among the winners of a writing competition run by Stansted Airport. Their poems are featured in the Little Book of Travel Tales that has been created by the airport team as part of their World Book Day activities, which celebrates travel and airport life, and will be handed out to passengers.



## Oxford Schools Debate

*Sixth Form students Emily and Matilda performed outstandingly well using the British Parliamentary debating format for the first time in a competition. They managed to win or come second in both debates (against 3 other teams), but the competition was very stiff amongst the 56 teams as only 8 got through to the finals.*

We (Matilda and Emily) took part in a British Parliamentary Debate Competition with Oxford Schools on Friday the 24<sup>th</sup> of February. We had great fun and are excited to share our experience with everyone, and hope that it will encourage others to take part too.

British Parliamentary Debating is a style of debate, in which 4 teams of 2 assume randomly assigned roles of Opening Government, Closing Government, Opening Opposition, and Closing Opposition. The debate topic is given to the debaters 15 minutes beforehand, and each person must speak for 5 minutes during their allotted time. You compete against the other 3 teams; however, you need to cleverly work with the points that the other team on your side of the debate provide before or after you speak. We had never done this before, but both of us were excited to audition for the competition when Mrs Watt advertised it to us!

Mrs Watt sent us materials to help all the prospective debaters prepare, and then held auditions in the style of the real competition, and we competed as a pair. We were so excited to learn that we had made it through to the next round after debating the statement 'war is never justified'. We were also surprised and grateful as the other debaters were fantastic too.

Then, when it was time for the competition on Friday night- we joined via zoom, and we were really excited to see just how many other schools were competing! While we waited to be assigned our role, we were slightly nervous, as neither of us had competed in an Oxford Debate before; but we were also very excited about tackling the challenge.

For those of you that are familiar with debating the second topic of 'Should Private Schools be abolished' didn't come as much of a surprise, but the first topic concerning that of glamorisation within the media of start-up culture certainly did!

Despite getting the role of Closing Government both times- a notoriously difficult one, we both really enjoyed the experience. Furthermore, we are looking to now start a Sixth Form BP debating society; so, watch this space! We would also like to thank Mrs Watt for her help and support throughout the process- from the audition to the preparation, to the coaching between the competition rounds- we couldn't have done it without you!



# English Department News

Cambridge Union by Devanshi and Prethika



On Saturday 28<sup>th</sup> January, we (Prethika and Devanshi) were offered the chance to compete at the Cambridge Union School's Debate, taking place at the iconic Union Chamber.

Walking into the Union debate chamber was quite intimidating! Firstly, we were quite young in comparison to the majority of other sixth form teams, though there

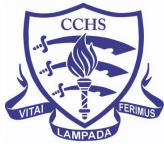
were other teams our age and younger! Secondly, the debate chamber literally *exuded* prestige – from Winston Churchill to the Dalai Lama, countless historical figures had been in that room, shaping the world we live in. Even the architecture had a majestic quality; the debating chamber had high chandeliers, tall windows, and even a throne-like chair for the debaters. It was remarkable, but also overwhelming. Despite our concerns, Mrs Watt was kindly there to support us the whole day – however, she was not allowed to help us with the debates whatsoever.



Swiftly, we were hushed by the students of Cambridge as they welcomed us to the competition. They carefully went through all the rules of British Parliamentary debating. We had never experienced this format before, so it was a great opportunity for us to learn about and improve our debating!

To explain, “British Parliamentary” format is really just a fancy way to say that you have two sides, Proposition and Opposition, both with an Opening and Closing team – four teams in total.

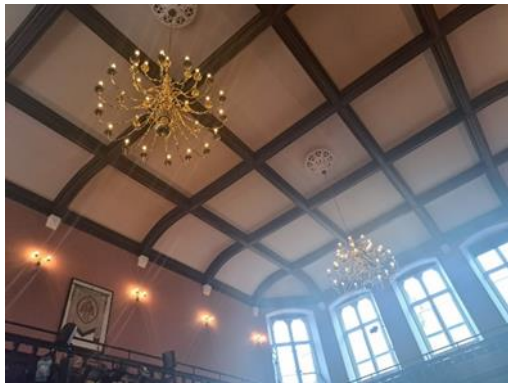
The Union competition itself consists of receiving a random motion (a statement), having 15 minutes to come up with convincing 5-minute speeches and rebuttals, and, finally, debating the other schools. Naturally, the short time allowance means that you can't really use any statistics or research; it's a matter of trying to use *what you already know* to string together a cohesive argument. It's really high pressure, but you get used to it after the first round!



## English Department News

Cambridge Union by Devanshi and Prethika

During the day, we found ourselves rushing across the Cambridge campus trying to find our assigned debating rooms whilst scribbling away arguments for our speeches! To add onto the pressure, if you weren't the 'Opening Proposition' team, you had to find some random location to prepare - usually at the bottom of a staircase... Though it must be said that the town and university are both beautiful. As the day went on, we gained lots of confidence and soon we started to have fun! Halfway through the day, we had placed 1<sup>st</sup> and 2<sup>nd</sup> in our debates, putting us quite high on the leader board. As well as this, we met lots of new people who shared the same passion for debating as us. Something we enjoyed was that, even after vigorously debating other schools for 15 minutes, the atmosphere between teams was always friendly. We also met a sixth former who did an uncanny impression of Boris Johnson.



However, when the Cambridge students gave us the third motion, every single team was thrown off. See what you would argue for *either* side of this statement; *"This House (this team), as a highly educated progressive activist in a developing democracy, would choose to work for the corrupt government."* It was really confusing.

So, our rank went down quite a few places after this debate, especially as we had been designated a Closing position. Closing teams are inherently at a disadvantage, as they can't bring up any points that have already been mentioned by the Opening teams. Being assigned Closing means you have to improvise – and well. This round was where we came 4<sup>th</sup>. Despite this, our last debate of the day showed huge improvements in Closing. We placed 2<sup>nd</sup> in the last debate, which is amazing for that position!

To anyone who thinks they might enjoy debating, we would recommend trying out for any upcoming competitions, or even just coming to Debate Club (which we run)! We would love to see more people getting involved in speaking out. Being able to articulate yourself is such an important skill, and we had a great time developing it at Cambridge.

# Publicity & Marketing Prefects

Year 10

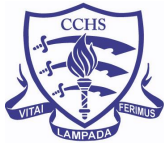
## Dance Show - Illuminate 2023

Every year, the CCHS annual Dance Show proves to be an excellent way to showcase the talent and hard work of students who have dedicated themselves to dance. From the gentle and classical art of pointe and ballet to the more modern style of contemporary and street, the school dance show offers a diverse mix of performances including cultural dances such as Bollywood and Afrobeats, that engage and entertain audiences of all ages. It also shows how hard people work outside of school and allows students to showcase their abilities outside of academic skill. It is easy to forget how talented people are in aspects unrelated to academics, so the dance show can serve as a reminder of the importance of enjoying aspects of life outside of academic life. The dance show helps to bring to light the many extracurricular opportunities CCHS presents.



The process of organizing the school dance show involves a lot of effort and collaboration between students, teachers, and the technical team. Students in the upper school are given the opportunity to take on leadership roles by choreographing the younger year's dances and dance prefects are given the responsibility of managing the show and enabling their creative vision to come to life. Prethika in 10C stated, "The prefects and the dance officials have put in unbelievable amounts of hard work, and it has definitely paid off; the whole stage has come to life". Rehearsals for the dance show lasted for months, with everyone putting in countless hours of practice to fine-tune all the performances. In addition to perfecting the dance routines, students also said that they learnt a lot about teamwork, discipline, and dedication- "I'm usually a solo dancer but by doing the dance show I've learnt a lot about how to coordinate and synchronise with other dancers and just how to work in a team together." said Harshini in 10H.





## Publicity & Marketing Prefects

Year 10

On the first day of the show, the 8<sup>th</sup> of March, anticipation ran high as dancers prepared to take the stage in front of a live audience. Family members and friends filled the hall, eager to see the final product of months of hard work and preparation. Many dancers were nervous about the first live performance; but by the time the last performance came on the 10<sup>th</sup> of March, there was a sense of relief and confidence in the air- having done the show live twice before- however there was an emotional atmosphere as dancers reflected on how amazing the preparations and the show itself had been. Ishita in 10S said “yes it (the dance show) is a little stressful but honestly, no regrets. It’s such an amazing experience”, and Nafisat in 10H stated “this has got to be the best dance show I’ve done honestly, great experience, met some lovely people and made some new friends- and it’s so fun”. It was a unanimous opinion, backstage, that this year’s dance show ‘Illuminate’ was a spectacular experience and all the dances looked so good, all the dancers looked like they were having a lot of fun and at the end of the day, that is what is most important.



The show itself was a spectacle of movement, colour, and energy. Dancers took the stage, their bodies moving in perfect synchronization to the beat of the music. From the graceful lyrical dance to the dynamic street dances, the performances were a testament to the skill and artistry of the students participating. The dances all looked polished and energetic- all the dancers brought perfect energy to the show. Ashi (Year 12) watched the dance show and reported that “it was so amazing, I was in awe- my favourite dances were ‘minime’ and ‘Bollywood’- I loved ‘minime’ because it was really cute and heart-warming and ‘Bollywood’ represents my culture and it was a lovely dance”.



# Publicity & Marketing Prefects

Year 10

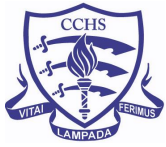
The dynamic lights and music brought the entire show to life, and it looked amazing. The dance show not only showcases the students' talents but also provides a platform for self-expression and creativity. The performances were moving, inspirational, and thought-provoking, leaving a lasting impression on the audience.

Whether you are a fan of dance or simply enjoy experiencing the arts, the school dance show is a must-see event that will leave you feeling uplifted and inspired. When asked to give advice to someone who has not done the dance show before but is considering doing it in the future, the dancers had a lot to say. "It's such a fun environment, you get to be with all your friends, and you get to see so many people show off their abilities." said Kimmi in 10G, Olivia in 10F advised "just go for it, I mean you might not always get what you auditioned for but it's still a great experience and a load of fun!".

Overall, the Dance Show was an incredibly fun experience and all the dances looked fabulous and well put together. The show is all about having fun and creating lasting memories. It was not only an entertaining spectacle for the audience but also an important platform for the dancers to express themselves and gain valuable experience- the bar for the dance show is raised every year. It was a memorable event for everyone involved and personally, I cannot wait till next year!

Twisha, 10F

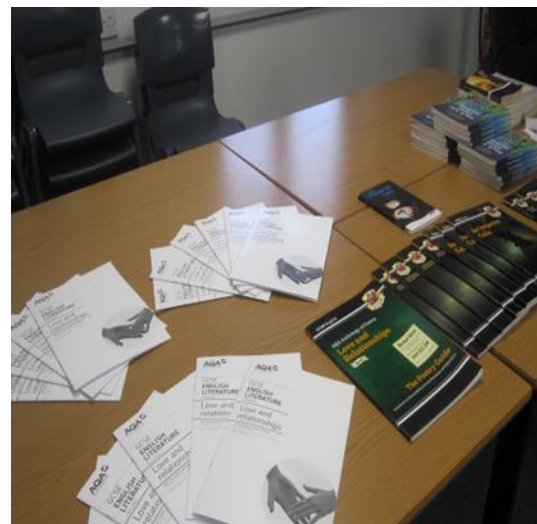




# Publicity & Marketing Prefects

## Year 10

### Options Evening



# Publicity & Marketing Prefects

Year 10

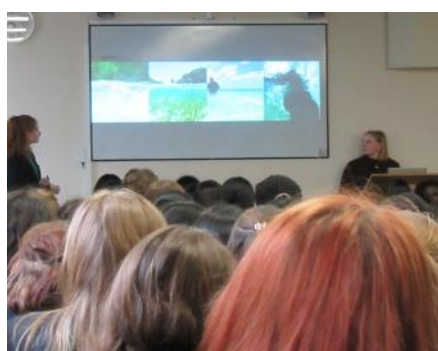
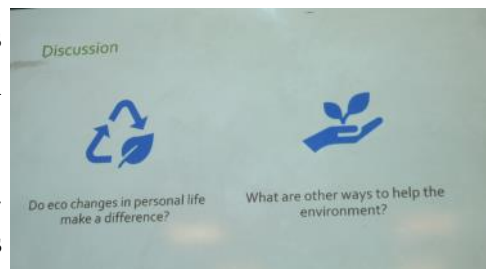
## Enrichment Day

At CCHS we have a few enrichment days spaced throughout the school year, where all the students' complete activities they wouldn't normally do in the classroom.

Students are provided a break from the tedious routine of school, while also being able to expand their knowledge on non-academic matters.

During the recent enrichment day on 15th March, students across the school took part in activities both inside and out of school. Year 8 spent the day designing their own chocolate bars inspired by Charlie and the Chocolate Factory, with prizes for the winners of the best chocolate bar. Year 9 received important lessons about consent, relationships, women's rights, and contraception, while Year 10 learnt how to be more eco-friendly; they discovered how to cut down their carbon footprint and how to repair and re-purpose old clothes. Year 11 attended a maths masterclass at the Chelmsford Civic Centre in the morning where they were lectured about surds and 3D trigonometry, before returning to school in the afternoon to attend targeted workshops.

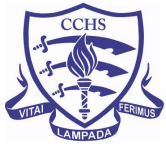
Needless to say, enrichment days such as this allow students to work in a variety of settings beyond the classroom and provide opportunities to try new and varied activities that wouldn't necessarily fit into the curriculum. They are a vital part of life at CCHS and encourage students to pursue wider goals outside of the typical academic ones, while also allowing students to express themselves and have fun.



Charvi, 10G







# Publicity & Marketing Prefects

Year 10.....

House Badminton, Year 10 and Year 11





# Publicity & Marketing Prefects

Year 10



## Author's Talk – Sufiya Ahmed

It was an exciting day at our school when, acclaimed author, Sufiya Ahmed, visited us to speak about her work and her journey as a writer. Ms. Ahmed is a British Muslim author who has written several books for children and young adults, including “Secrets of the Henna Girl” and “Child of War.”

Ms. Ahmed began the session by introducing herself and talking about her background. She shared that she was born and raised in London and that her parents were originally from Bangladesh. She also mentioned that she started writing when she was just nine years old, and that she has always been interested in telling stories. Ms. Ahmed explained the themes of her books, which often explore issues related to identity, culture, and social injustice. She emphasised the importance of diversity in literature and how it can help to promote empathy and understanding among readers of different ethnic backgrounds.



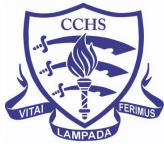
After her enlightening talk, Ms. Ahmed took questions from the audience. Students asked her about her favourite books, her advice for aspiring writers, and how she handles writer's block.

Ameya S (7S) said, “It was interesting to learn about the process of publishing books.”



Overall, Ms. Ahmed's visit to our school was a wonderful experience for all of us. Her inspiring talk and insights into the writing process left us feeling motivated and encouraged to pursue our own creative endeavours. We are grateful for the opportunity to have met her and to have learnt from her.

Gnana, 10H



The Autumn & Spring Terms have been very busy with training and fixtures. PE staff and coaches have worked extremely hard to teach students and coach teams to be able to learn new sports, skills, tactics and represent the school competitively. Our fabulous students have regularly attended the numerous extra-curricular clubs put on for them before, during and after-school. With a few fixtures being postponed due to poor weather, some of the competitions will continue into the Summer Term so we will have delays in getting the league results; however we have had lots of success and our teams and students should be very proud of themselves.

### **SPORTS HALL ATHLETICS**

Sports Hall Athletics has been a hugely popular club since it started last year but has had a record number of students attending and thoroughly enjoying the training since September. The enthusiasm for the sport even led to a new House event taking place within school.

This year, we entered a Year 7 and 8 team again in the Chelmsford Partnership Championships, which is an important competition in the district with many schools taking part. Since having



our fabulous Sports Hall and equipment, we have been able to train regularly helping the team practice the many events involved.

The competition comprises of several events, including shot putt, vertical jump, speed bounce, standing long jump, standing triple jump, 6 lap race and various relays across different distances.

The Year 8 team won this competition last year and were looking to retain their title. There was tough competition from Great Baddow and St John Payne, and our athletes competed really well to finish in 2<sup>nd</sup> place. Top performances came from Lilly Q and Matilda W in the endurance relay and from Dasha and Muna in the field events.

# Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....

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Year 8 Team



Year 7 Team

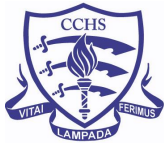
The Year 7 competition was like the Year 8's, with Great Baddow and St John Payne being our biggest rivals. The Year 7's had a great day of performances finishing in a respectable 3<sup>rd</sup> place overall. Stellar performances coming from Caitlin in the long jump, Frankie in the 6-lap race and from Fatiha, Tomi and Bella in the relays.

Both teams were very excited to receive their medals which they thoroughly deserved after competing so fantastically. Well done to everyone who competed, we are very proud of your achievements and are looking forward to seeing you compete in the outdoor season.

## NETBALL

The Netball season continued with lots of success in the Spring term. The Year 7 team continued in the Essex Cup league, having qualified for the knockout stages, and making the last 16 team in the competition, which was an excellent achievement. The team had to travel to Woodlands, Basildon for their match and though the team played some good netball eventually, they had let the opposition get too far ahead to catch them. Losing this game, meant they had to play in the Essex Plate competition where they met Great Baddow.





## Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May

The game was very close and could have gone either way and though they did not win, they performed very well.

Year 7, 8, 9 & 10 teams have continued to play in the MESSSA leagues with varying success. With a few matches still to play, we do not have the league results yet but no matter where we come this year, we are very proud of all those who competed and represented the school so well.

On behalf of CESSA, we ran the Years 7, 8 & 9 Netball tournaments once again in March. It was wonderful to have so many schools come over and compete. The tournaments themselves ran tremendously well, with the help of our Sports Officials and PE Prefects. The Year 7 & 9 tournaments were divided into two pools with the winners and runners-up playing in semi-finals and then a final. Year 7 having had a successful start in the tournament, they made a few mistakes resulting in them losing a couple of games and not qualifying out of the pool, which was disappointing for them as they have had a lot of success this season. We are sure next year, they will come back stronger and even more determined to achieve their full potential.



The Year 9 team had a brilliant tournament finishing 2<sup>nd</sup> in their pool and qualifying for the semi-finals where they met Great Baddow. Having heavily lost to them in the MESSSA league, we caused the opposition to really dig deep to beat us especially having led at half time. The team played very well and should be very proud of themselves finishing joint 3<sup>rd</sup>. The Year 8 tournament was a round robin competition, which is where all teams play each other, with the winning team being the one with the most points. The team played fantastically well and even beat Great Baddow for the first time before narrowly losing 4-6 to New Hall. The team finished 2<sup>nd</sup> overall and should be very proud of their achievement.



# Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....



## HOCKEY

Hockey at CCHS continues to progress in every year group. The U16 team, were able to compete in the National's qualifier at the start of the season. We had some brilliant results here and the sheer determination of this team never fails to amaze. We look forward to seeing these students progress to play an U18 team in 2023/24.

Unfortunately, the U14 team were unable to attend due to other enrichment activities happening at school, but they will get this opportunity again next year, when we are sure they will compete excellently.



During the rest of the season, we have had some friendly fixtures against Alec Hunter, Brentwood, Coopers and New Hall. One of the favourite moments must be when a student's stick broke in half, mid-match! She clearly had determination to win!

This year, the hockey structure changed slightly for the Essex



Schools Cup and Plate competitions changing from a league to tournaments. Though this meant fewer fixtures, it allowed our school to host and organise the U14 tournament. It was a brilliant event, and our teams did extremely well with our teams winning both competitions. Resulting in our U14B team becoming Essex Plate winners and our U14A team being crowned Essex Schools Cup Champions.

We hope to continue to run the future competitions and build on the schools that enter, to create more competitions and opportunities to play.

In March, we entered a seven-a-side Hockey Festival, held in Westcliff. This competition was mainly for Southend schools, but it seemed a brilliant opportunity for more of our students to be able represent the school and play competitively. The students were brilliant and showed great perseverance learning so much from the day.



## Sports News

.....Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May...



Congratulations to all the hockey players this season. A particular thank you to some students who helped Miss Burnham coach and run the teams - Eleanor, Chloe, and Sophie. They have all worked so hard with the younger students and are brilliant role models. We look forward to an exciting season next year.



### **BADMINTON**

In the absence of a County or National Competition this year, the school entered an U14 team and an U16 team in a new competition called the London and Southeast Badminton Cup which involved schools from London, Essex, Surrey, and Kent. This was a knockout format with winning teams progressing to the next round. The first round saw both the U14 & U16 team drawn against London Enterprise Academy at CCHS where both teams had comfortable 10-0 wins. In the next round the U16's had another home match against Heartlands School from London and had another comfortable 10-0 win and thus progressed to the Quarter Final where they went to Walthamstow Hall private school in Kent and enjoyed an 8-2 win and have therefore reached the Semi Final which will be taking place at CCHS versus St Helen's School, Northwood on 19<sup>th</sup> April at 4pm.

Meanwhile, in the next round the U14's were due to play a school from Surrey at CCHS but that school had to pull out, so we progressed straight to the quarter final where we had to play Colchester County High School for Girls in Colchester. We knew this was going to be a tough match as we had met this team in the previous year's Essex Schools Competition where Colchester narrowly beat us in the Final! As predicted, it was a very close fought match which resulted in a 5-5 draw, so a deciding match had to be played which Colchester won 21- 13. It was very unfortunate for these two very strong teams to meet at this stage of the competition, but our team played brilliantly, and things look good for next year where the District, County, Regional and National Competitions have been re-instated.



# Sports News

...Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....

## U14 Team

Sarah (Captain), Neha, Harriet, Elizabeth, Arya, Srivarshini, Rithika, Laya and Niah.

Coach: Javee.

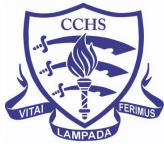


## U16 Team

Shriya (Captain), Tulasi, Ananya, Sachee, Joyce, Manasvi, Sannvi, Divija and Ashwini.

Coach: Akshaya.





### CRICKET

The indoor cricket season started in January with our U13 and U15 teams playing in the Essex Schools Indoor Cricket Competition which comprised of a number of matches played between schools from all over Essex in groups of 4 at the Essex Cricket Club Indoor Facility, Chelmsford, with the winning schools from each group of 4 would eventually progressing to the Final Four.

In the U13 competition there were 25 schools entered and in our First round we played Bower Park, Hall Mead and Holmwood House. We beat Bower Park and Hall Mead but lost narrowly to Holmwood House who went on to come 2<sup>nd</sup> Overall in the Competition.

In the U15 Competition there were also 25 schools entered and in our First round we played Passmores, Saffron Walden, and Brampton Manor – we won all 3 games comfortably and thus progressed to the Final Four.

#### U13 Team

Sophie (Captain), Eleanor, Kinjal, Ananya, Dia, Caitlin (w/k), Sibylla, Scarlett, Dhevi K and Noor S.

Coach: Amelia.





# Sports News

.....Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....

## U15 Team

Charlotte (Captain), Harriet, Sarah (w/k), Lily, Jasmine, Elizabeth, Rosie, Manasvi, Emily and Esther.

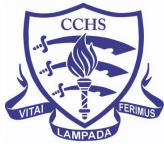
Coach: Sam.



## CROSS COUNTRY

Having had great success in the Autumn term. We finished off the Cross-country season at the Year 7 and 8 Essex Schools Championships. We arrived at the venue in style, with the minibus deciding the stop working, but that didn't stop the team being ready to race against the best in Essex. We had two Year 7 teams on the start line of just under 300 competitors! So, elbows were out for a fast start to get in a good position.

The CCHS runners got a good start and continued throughout with the first four runners finishing in the top 11! The 3km course was wet and muddy, but it didn't stop our teams running their hearts out until they reached that finish line. Runners were: Frankie, Izzy, Esme, Lilly, Charlotte, Ellie, Isla and Sibylla.



## Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May

Each team consists of four runners so the first four runners to cross the finish line made up the A team and the other four made up the B team. The runners pictured were our first four runners in for CCHS, and all finished in the top 11 (out of 300 runners) which was an outstanding performance by them. This resulted in them winning the entire event and becoming Essex Schools County Champions for the very first time in the school's history! An amazing achievement for the team and the school. Well done to all runners who ran, we are very proud of all of you!

Izzy, Frankie, Lilly and Esme will go on to represent Essex at the Southern Championships later this month – good luck girls!



Izzy, Frankie, Lilly & Esme

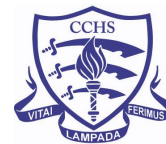
### National Cross Country Schools Championships

Having ran so well at the Essex Championships while representing Mid-Essex, Bethan qualified to represent Essex Schools at the National Cross-Country Championships in Nottingham on 19<sup>th</sup> March 2023. Her team went on to win the trophy for Top 8, which is awarded to the first team to get all 8 runners over the finish line. A fantastic team achievement which Bethan should be very proud to be part of.



# Sports News

.....Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....



## BASKETBALL

For the first time ever, the school has a basketball team – the Year 8's have been learning the game since Year 7 and as complete beginners they have progressed well and this year entered both the Essex Cup and the Mid Essex League. Unfortunately for us, the standard of girls' basketball in Essex is very high; Essex schools regularly win National Titles and there are several Essex Clubs who play in the National League, so we knew it was going to be a tough baptism, and so it proved!

In their first ever game, they played Great Baddow who were last year's Essex Schools Cup Runners Up and put up a really competitive show despite losing. In their 2<sup>nd</sup> game they came up against last year's Essex Cup Winners, Shenfield and again put up a competitive effort but lost. Finally, they played St Martins, probably the 3<sup>rd</sup> best team in Essex and lost again. It doesn't seem a very good start but to come up against the three best teams in Essex in their first ever matches was indeed very difficult, but we are not discouraged and will continue to train hard and see if we can win a few matches next year.

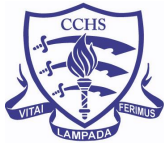
### **Year 8 Team**

Mimi (Captain), Alana, Anshu, Sasha, Erin, Simran, Matilda, Dasha, Lily, Daisy, Elouise and Kinjal.

Coaches: Chloe & Emily .







### SWIMMING



As well as competing in the usual MESSSA league galas this year, where we have competed against Moulsham, Shenfield, Great Baddow and New Hall, we also had the annual MESSSA Relays, an event for all the schools in the Chelmsford & Brentwood areas.

The competition takes place over two afternoons with the junior competition taking place first. The Year 8 team had a tough competition, narrowly missing out in the final for the Freestyle relay but managed to qualify for the Medley and finished in a brilliant 3<sup>rd</sup> place! The Year 7's had no idea what to expect but finished 1<sup>st</sup> in both heats to qualify for both finals. Excellent swims from Eleanor, Lana, Caitlin and Olivia resulted in

them finishing in the top two of both finals.

In the Year 9 competition, CCHS were a force to be reckoned with, having easily qualified for the finals, they went on to finishing 1<sup>st</sup> in both the Medley and the Freestyle races by nearly a whole length, and becoming MESSSA District Champions for the very first time.

In the Senior competition (Years 10, 11 and 12/13) all relays legs were 2 lengths and the competition was tough! The Year 12/13's team swam extremely well finishing in 2<sup>nd</sup> place in both relays and therefore finished 2<sup>nd</sup> overall – great swims from Charlotte and Zoe, swimming in their final school competition. Well done.



# Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May.....



The Year 10 team had not swum in this competition since year 7 due to Covid, but were ready to give their all. Performing in fine style, Gracie, Iris, Ginika and Ella swam to victory in both relays and crowned themselves MESSSA District Champions. Finally, in the Year 11 competition, Alexa, Chloe,



Chloe, Emilia, Alexa and Jess

Jess, and Emilia are previous champions in year 7 and 8, but again due to Covid had to wait 2 years to retain their title, and that they did! Finishing in 1<sup>st</sup> in both relays and becoming 3-time MESSSA District Champions.

Congratulations to all the students who represented the school so well, while we await the league results; we look forward to more success next season

## TENNIS

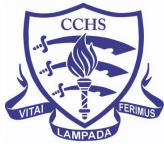


Although you may think that Tennis is a summer sport that does not stop us at CCHS competing! The wonderfully talented U18 team were able to compete in the LTA National Schools Winter tournament. This team never fail to amaze; with their sheer determination and perseverance as they travelled all over the East region to play the opposition. Having played two local schools Brentwood & Felsted and won, they made it through to the first knockout stage of the competition. This led to them travelling to

Wycombe Abbey School, where they played some excellent tennis but didn't manage to win but represented the school extremely well. Miss Burnham and the PE Department are so proud of them.

We now look forward to the summer tennis season, where we will compete in the MESSSA Championships and the Essex Schools Tennis tournament at U14 and U16 where we entered two Years 7 & 8 teams & two Years 9 & 10 teams plus the Ab-erdare Cup. We wish all the teams every success for the exciting season ahead.





## Sports News

.....Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May...

### FOOTBALL

Our Years 7 & 8 team have had an outstanding season so far, being undefeated and without clean sheets in most games. With two matches still to play, we have every faith they will continue with their winning streak. We wish them every success.



### TABLE TENNIS

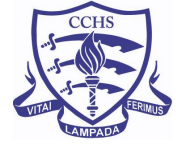
The club has been going from strength to strength this year. Starting with our brilliant coach Dean running taster sessions for students to be introduced to the sport. This led to over 20 students signing up for the club and enjoying learning the skills of the game. With continued progress we look forward to them representing the school in the future.

### VOLLEYBALL

With the Volleyball club continuing Mondays after school with Mr Tuck running the sessions for our students, it has been a great success and a sport that students are thoroughly enjoying learning and play. With club links through Boswells School, some of our students have been playing competitively resulting in Esther & Ellie reaching the U16 National Finals and Sarah reaching the U15 Finals. We wish them luck and every success.

# Sports News

Miss Sales, Miss Bellamy, Miss Lewis, Miss Burnham & Mr May



## THANK YOU

Finally, a very big thank you to all the PE staff and coaches who ran their clubs and teams over the last two terms, without their dedication and time, our students would not get the amazing opportunities that they have had. We are also extremely lucky to have such wonderful Sports Officials, PE Prefects & PE Ambassadors who help at training sessions and fixtures, these roles really encourage students to become leaders and role-models.

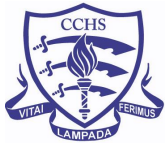
## DANCE SHOW - ILLUMINATE



What a phenomenal show! The Dance Officials and students should be so proud of their show which they produced and performed so professionally. It was obvious how hard everyone had worked to create something so wonderful to watch.

Putting the Dance show together is not a small feat, and the Dance officials Lara, Emily, Hannah, Sadie, Amelia and Bella did a marvellous job planning and creating the show – from arranging the auditions, lunch time rehearsals and running the all-day rehearsals. The Dance officials managed to include a vast variety of dances in the show such as Afrobeat, Bollywood, Contemporary, Tap, Musical theatre and many other genres in between, there really was something for all year groups. With help from our dance prefects & few of older students who helped with choreographing dances for the show, and along with two fantastic singers Elicia and Victoria, they produced a wonderful and exhilarating show.





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A special mention and thank you should go to the backstage crew- Sam, Emily, Isabelle, Jessie and Roshni were brilliant on all the nights and ensured the show ran so smoothly. Also, a thank you to Amie, Elise, Maisie, Akshaya and Katie who helped to ensure students were in the correct place prior to going on stage. None of this would have been so fantastic without the hard work and expertise of Mr Rowell and Mr French, who seamlessly ran the lights & sound during the shows. A 'final thank you' to the PE Department who helped and supported the Dance Officials & dancers.

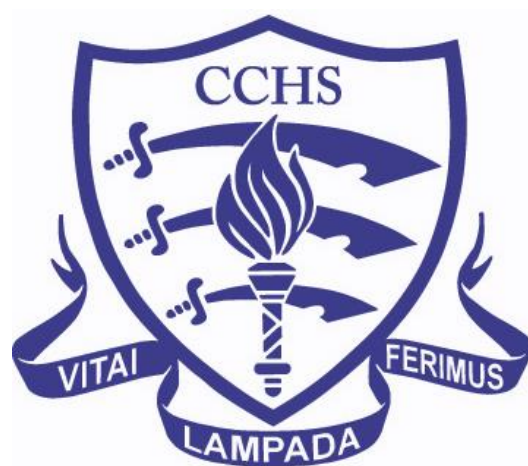




# Sports News

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