

**Chelmsford County High School for Girls**  
**Leadership Conference Friday 25<sup>th</sup> October 2013**

<p><b>8:20-8:50</b></p> <p><b>New entrance and Dining Hall area</b></p>	<p style="text-align: center;"><b>Arrival</b></p> <ul style="list-style-type: none"> <li>• <b>Guest schools and CCHS students arrive via Dining Hall entrance</b> (food to Rm 34)</li> <li>• <b>Conference Registration and Breakfast</b> available from 8.20 am</li> <li>• <b>Welcome activities</b>, hopes and plans for the day, networking</li> <li>• <b>Speakers arrive via main reception. Coffee with Mrs Chapman</b></li> </ul>
<p><b>8.50 – 10.40</b></p> <p><b>Hall</b></p>	<p style="text-align: center;"><b>Keynote Speakers' Panel</b></p> <ul style="list-style-type: none"> <li>• <b>8.50 am</b> students seated in hall.</li> <li>• <b>Introduction and expectations: Naomi Ashford and Eve French</b></li> <li>• <b>9.00 am</b> platform party arrives. <b>Welcome from Mrs Chapman</b></li> <li>• Chairwomen <b>Priya Bhargava and Shamika Tamhane</b> introduce the panel session</li> </ul> <p><b>Keynote Speakers</b>  <b>Introduced by Vivien Hasan, Jessica Garner, Georgina Oliver and Nicole Stanton</b></p> <p><b>Helena Morrissey CBE</b>  CEO, Newton Investment Management Limited and Founder 30% Club.</p> <p><b>Mitra Janes</b>  Diversity and Inclusion Manager, Ford of Britain</p> <p><b>Heather Katsonga-Woodward</b>  Author of "To become an Investment Banker" and Founder of GirlBanker.com and Neno Natural</p> <p><b>Christine Langan:</b>  Head of BBC films</p> <ul style="list-style-type: none"> <li>• <b>Questions from the floor</b></li> <li>• <b>Vote of thanks and presentations Jessica Cheek and Yasmin Conneely</b></li> <li>• <b>Press session</b></li> </ul>
<p><b>10:40-11:00</b></p> <p><b>Dining Hall</b></p>	<p style="text-align: center;"><b>Break and refreshments provided by Year 11 catering team</b></p>
<p><b>11:05-12.00</b></p> <p><b>Hall</b> <b>L8</b> <b>T4</b></p>	<p style="text-align: center;"><b>Workshop Session 1</b></p> <p><b>W1A How To Build A Booming Business.</b> Workshop Led by <b>Heather Katsonga-Woodward.</b> There are about 4.8 million businesses in the UK, 96% of these are small businesses. You don't need to be big to be profitable. That said, the top 10% in any industry usually make 80% of the revenue and most businesses fail within the first three years. Heather's session, will take you through the key elements that go into building a successful business. She will show you the key things you need to do and the pitfalls to avoid.  <b>Venue: Hall</b></p> <p><b>W1B Women and Leadership.</b> Gender differences, exploring the barriers/challenges and investigating how to overcome them. Workshop led by <b>Mitra Janes. Venue L8</b></p> <p><b>W1C Working In The Media.</b> A chance to learn about the roles that exist in drama and film, and how the industry works Workshop led by <b>Christine Langan. Venue L11/12</b></p> <p><b>W1D Cooking on a Budget.</b> A practical session with demonstration and preparation of some healthy, simple and quick dishes, all within a limited price range Workshop led by <b>Umashni Puvanendran and India Angra</b> supported by Mr Rowell. <b>Venue Cookery Room T4</b></p>

12.00 – 12.05	<b>Short break and changeover time</b>
<p style="text-align: center;"><b>12:05-1.00</b></p> <p style="text-align: center;"><b>L8 L11/12 Hal T4</b></p>	<p style="text-align: center;"><b>Workshop Session 2</b></p> <p><b>W2A Women and Leadership.</b> Gender differences, exploring the barriers/challenges and investigating how to overcome them. Workshop led by <b>Mitra Janes. Venue L8</b></p> <p><b>W2B Working In The Media</b> A chance to learn about the roles that exist in drama and film, and how the industry works. Workshop led by <b>Christine Langan. Venue L11/12</b></p> <p><b>W2C Presenting Yourself for Success:</b> A practical session to help you think about how to prepare for and make the most of interview. Workshop led by <b>Hélène Musso. Venue Hall</b></p> <p><b>W2D Cooking on a Budget.</b> A practical session with demonstration and preparation of some healthy, simple and quick dishes, all within a limited price range. Workshop led by <b>Ife Ogunlade, and Irrah Carver-Jones</b> supported by Mr Rowell <b>Venue: Cookery Room T4</b></p>
<p style="text-align: center;"><b>1:00-1.45</b> <b>Hall</b></p>	<p style="text-align: center;"><b>Shared Lunch provided by CCHS students</b></p> <p>Networking, completion of feedback cards from morning session</p>
<p style="text-align: center;"><b>1.45-2.30</b></p> <p style="text-align: center;"><b>Rm 34/Hall Drama studio L1 L3 L8, L10 L11/12 New dining area</b></p>	<p style="text-align: center;"><b>Workshop Session 3</b> <b>See separate sheet for full workshop descriptions</b></p> <p><b>W3A Learning to Fail not Failing to Learn:</b> Led by <b>Martha Anderson-Taylor, Jessica Cheek, Isabelle Read and Hannah Twinn</b> supported by Miss Wright and Miss Cope. <b>Venue L8</b></p> <p><b>W3B Cool, Calm and Collected:</b> Led by <b>Eve French, Venessa Oseyenum, Elinor Dollery, Ayah Malik and Adita Varavina-Gover</b> supported by Mrs Warner: <b>Venue L11/12</b></p> <p><b>W3C Bharatanatyam Dance Workshop:</b> Led by <b>Tharanika Ahillan (Yr 12) Sobitha Ahillan (Yr10) Harriet Bowers, Dionne O'Brien, Priya Bhargava and Catherine Goulbourn</b> supported by Mrs Broughton <b>Venue Drama Studio</b></p> <p><b>W3D There's More To Women Than the Housewife/Shrew Dichotomy:</b> Led by <b>Anna Panayi, Ana Dilley, Jemima Mann,</b> supported by Dr Palmer/Miss Harrison. <b>Venue L10</b></p> <p><b>W3E How to Spend, Save and Study:</b> Led by <b>Sarina Mathew, CharleneTang, Anna Moseley and Ellen Purse</b> supported by Mr Seager: <b>Venue L1</b></p> <p><b>W3F Speak Out!</b> Led by <b>Sophie Hodgson, Freya Von Clare, Emily Wood and Georgia Simcox</b> supported by Mr Lawlor. <b>Venue Rm 34 1.45 2.15 then Hall</b></p> <p><b>W3G T.E.A.M:</b> Led by <b>Holly Simmons, Ankita Gupta, Olivia Malmose O Connor and Isabel Goodwin</b> supported by Miss Greenwood. <b>Venue New Dining Hall</b></p> <p><b>W3H Around The World in 45 minutes</b> Led by <b>Ruth Lornie, Daniella Olajide, Amy Wang, and Meghna Dinesh</b> supported by Mr Wilkes. <b>Venue L3</b></p>
<p style="text-align: center;"><b>2.30 – 2.35</b></p>	<p>Changeover time</p>
<p style="text-align: center;"><b>2.35 – 3 20</b></p>	<p><b>Workshop session 4</b> <b>As above</b></p>
<p style="text-align: center;"><b>3.25 – 4.00</b></p> <p style="text-align: center;"><b>Hall</b></p>	<ul style="list-style-type: none"> <li>• What next? Networking for the future</li> <li>• Feedback, review of the day</li> <li>• Evaluation and Thanks</li> </ul>

## Afternoon workshop descriptions

**W3A Learning to Fail not Failing to Learn: Led by Martha Anderson-Taylor, Jessica Cheek, Isabelle Read and Hannah Twinn** supported by Miss Wright and Miss Cope.

Mistakes, errors, blunders; everybody makes them, but they need not be treated as negative experiences. This workshop will explore how we can learn from both our successes and failures and will help us to accept them as a part of life. **Venue L8**

**W3B Cool, Calm and Collected. Led by Eve French, Vanessa Oseyenum, Ellie Dollery, Ayah Malik and Adita Varavina-Gover** supported by Mrs Warner.

Do you feel you have too much on your shoulders? If so, come along to our workshop to discover how to combat stress through yoga, healthy nutrition and more. **Venue L11/12**

**W3C Bharatanatyam Dance workshop Led by Tharanika Ahillan (Yr 12) Sobitha Ahillan (Yr 10) Harriet Bowers Dionne O'Brien, Priya Bhargava and Catherine Goulbourn** supported by Mrs Broughton.

This workshop will give you not only the opportunity to learn about a new culture and style of dance, but also the chance to be brave and try something new! You don't have to be an experienced dancer to join in - the focus is to encourage participants to be bold and have the confidence to take part....and, of course, to have fun! **Venue Drama Studio**

**W3D There's More To Women Than the Housewife/Shrew Dichotomy: Led by Anna Panayi, Ana Dilley Jemima Mann,** supported by Dr Palmer/Miss Harrison.

A workshop discussing the pressures on women to live up to historical examples, and offering an alternative history of successful women. A chance to feel empowered by your own personal decisions, aspirations, and attitude. Through discussion and activities we will further your ideas beyond school assemblies, and move towards a more sophisticated understanding of female success, whilst realising that perhaps success isn't all it's cracked up to be... **Venue L10**

**W3E How to Spend, Save and Study: Led by Sarina Mathew, CharleneTang, Anna Moseley and Ellen Purse** supported by Mr Seager

Have you ever wondered how you will manage your finances at university? This workshop will teach how to spend, save and study at the same time. **Venue L1**

**W3F Speak out! Led by Sophie Hodgson, Freya Von Clare, Emily Wood and Georgia Simcox** supported by Mr Lawlor

A practical to workshop to aid you in finding your own style of public speaking. By using key skills to structure what you are going to say and then to deliver it with confidence and conviction; we aim to enable you to be comfortable to speak in public with ease and enjoyment. **Venue Rm 34 and then Hall (Session 4)**

**W3H T.E.A.M: Led by Holly Simmons, Ankita Gupta, Olivia Malmose O Connor and Isabel Goodwin** supported by Miss Greenwood.

Learn the importance of involving, trusting and co-operating with everyone in a group through a variety of fun games and memorable activities. **Venue New Dining Hall**

**W3G Around The World in 45 minutes: Led by Ruth Lornie, Daniella Olajide, Amy Wang, and Meghna Dinesh** supported by Mr Wilkes

Taking a gap year brings opportunities that many may never have considered. This workshop will give information to those considering a gap-year. How to Plan a Holiday – Visas, hotels, who you're going with. Where to go/what you are going for. Emergencies; for when things go wrong! How to get home, contact parents and get help. **Venue L3**