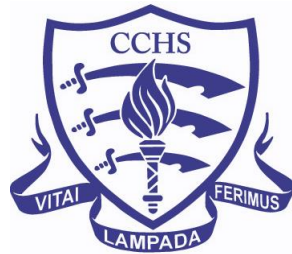


NEWSLETTER

Issue 26
Summer 2018



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Message from the Headteacher

Dear Parents

As we come to the end of term, I would like to reflect on the past few months.

In April we held the Senior Speech Day at Chelmsford Cathedral, with guest speaker The Lord-Lieutenant of Essex, Mrs Jennifer Tolhurst; the girls took away with them her wise words that it is essential to take advantage of opportunities, even if they take you outside your comfort zone; to remember to look at the bigger picture in order to keep your success and failure in perspective; and to value your individuality and persevere because it is never too late to pursue your ambitions.

We bade farewell to our Year 13 leavers' and their parents at an evening reception in May, and look forward to seeing them on A Level Results day on 16th August; before they left they put on an entertaining Sixth Form Revue to Years 10, 11, and 12 students, and staff. We also look forward to seeing Year 11 students on 23rd August when they collect their GCSE results.

Two enrichments days have taken place this term, together with a number of residential trips, which are mentioned in the following pages. The House Show took place this week, which was a delight to watch, the effort the girls put into their performances is impressive.

During October and November last year, we welcomed Mr Wen, Principal of the English Experimental School in Pingxiang to shadow our teachers; he was so impressed by the girls' only education CCHS provides that he decided he would open his own girls' school in China. In June, I spent a few days in the Pingxiang Prov-

ince in Southern China to promote girls' only education, and was delighted to accept the title of Honorary Principal of the new school, which opens in September 2018.

We say farewell and wish them all the very best in the future to the following:

- Mrs Zubeyde Simms, Teacher of Mathematics
- Dr Gayle Pratt, Teacher of Biology
- Mrs Helen Wang, NQT of Mathematics
- Mrs Lara Hilling, Admissions & Appeals Officer

We wish Mrs Youngs all the very best with the birth of her baby in September; and have welcomed Mrs Goksell back from maternity leave this week.

We look forward to welcoming new members of teaching staff in September:

Miss Charlotte Burnham, PE
Mr Martin Jones, Mathematics
Miss Joanne Stevens, Art
Miss Nicole Tanner, Biology
and, Mrs Jane Lewis, Admissions & Appeals Officer

It remains for me to thank you for your support this year, be it personal or financial. I feel privileged to be leading such a fantastic community as CCHS

I wish you all an enjoyable and relaxing summer break.

Mrs Nicole Chapman
Headteacher





Better Buildings Appeal

Mrs Susan Hoefling

Many thanks to all those parents, governors and other supporters of the School who have donated to our appeal this year. We expect to have raised a fantastic total of £93,000 by the summer. It is not too late to donate to the appeal and details of how you can do this are given below.

Plans are well underway for the refurbishment of some areas over the summer holidays. We are creating two new classrooms and a much needed multi-functional space which will be used for lectures, assemblies and other School events. In addition, we now have a dedicated STEM activity room to support a number of clubs and competitions from September onwards. Keep an eye on the School website to see photographs of the refurbished areas.

We were disappointed that our bid to the Condition Improvement Fund was unsuccessful. At the time of writing, we are preparing a bid to the Selective Schools Expansion Fund and expect to hear the outcome before Christmas. The School's phased campus development master plan identifies the following priorities:-

- ◆ Sports Hall
- ◆ New teaching block to replace Bancroft
- ◆ Refurbishment of Science Labs
- ◆ Refurbishment of existing Gym into a new Learning Resource Centre including enhanced Sixth Form study facilities
- ◆ Refurbishment of existing Library to provide an additional Art room and general teaching space.

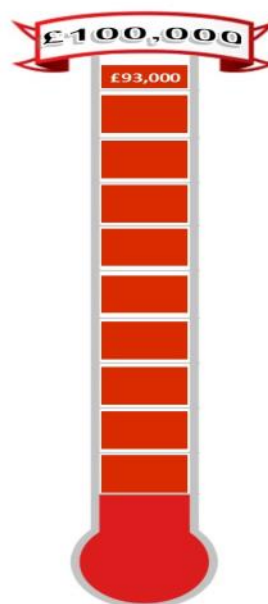
**Our fundraising target is £100,000 by July 2018
and we need your support**

Unfortunately Government funding alone does not cover the cost of building projects and we rely heavily on the generous support of parents, staff, alumnae, Governors and friends of the School.

Please consider donating to our Better Buildings Appeal. The School has charitable status so you can claim tax relief on your donation and we can reclaim Gift Aid. You can donate in a number of ways:-

- ⇒ **A monthly standing order:** Click [here](#) for a copy of the contribution form.
- ⇒ **Regular donations** via our [TotalGiving page](#).
- ⇒ **Payroll Giving:** Check if your employer offers a 'give as you earn' scheme where your donation is deducted from your salary and paid to the School. Your donation is tax free.
- ⇒ **Matched Funding:** Find out if your employer operates a matched funding programme whereby the company will match your tax free donation to the School.

Every donation makes a huge difference to the students at CCHS and we are very grateful to all our donors. Updates on our progress and the projects are provided in the termly newsletters and on our [website](#). If you have any further questions, please contact our Business Manager, Mrs Susan Hoefling, via email to shoefling@cchs.essex.sch.uk.



Thank you for your support!



"Dare to understand!"

In his essay, 'What is enlightenment?' (1784), the German philosopher Immanuel Kant summed up the era's motto in the following terms:

"Dare to understand! Have courage to use your own reason!"

With so many column inches, so much air play and television time given to the urgent matters of school finances, teacher recruitment and curriculum reform, it is forgivable to assume that the story of state education is one defined by the contours of chaos, chaos, chaos. It is when we find ourselves as scripted characters in this sorry tale that we must, as teachers, remind ourselves to not let the urgent crowd out the important. One of our fundamental professional duties as teachers, and indeed personal responsibilities as human beings, is to keep learning - to refresh our thinking and challenge ourselves to know more, as well as to understand clearly.

In the service of this, I would like to provide a reflection on a book which I think speaks to the values that are important to us at CCHS. In an important work, the noted public intellectual, Steven Pinker, provides an elegant and compelling case for bold enquiry and shared optimism: 'Enlightenment Now - the case for reason, science, humanism and progress'. He begins his case by referring to Immanuel Kant's seminal essay, 'What is enlightenment?' (1784), in which Kant declared that enlightenment's motto is, "Dare to understand!" As a teacher, I know that there are occasions when one has to resist the temptation to rephrase or reframe and, instead, simply let the majesty of the original speak freely - so, as Pinker notes,

"The Enlightenment principle that we can apply reason and sympathy to enhance human flourishing may seem obvious, trite, old-fashioned. I wrote this book because I have come to realise that it is not. More than ever, the ideals of reason, science, humanism, and progress need a wholehearted defence. We take its gifts for granted: new-borns who will live more than eight decades, markets overflowing with food, clean water that appears at a flick of a finger and waste that disappears at the flick of another, pills that erase a painful infection, sons who are not sent

off to war, daughters who can walk the streets in safety, critics of the powerful who are not jailed or shot, the world's knowledge and culture available in a shirt pocket. [These] are human accomplishments, not cosmic birthrights. In the memories of many readers of this book - and in the experience of those in less fortunate parts of the world - war, scarcity, disease, ignorance and lethal menace are a natural part of existence. We know that countries can slide back into these primitive conditions, and so we ignore the achievements of the Enlightenment at our peril." (p.4)

Pinker then takes us on a journey of optimistic, yet grounded, exploration and revelation, analysing many facets of material existence, cultural significance and intellectual urgency. He pursues a reasoned and evidence-based methodology, in accordance with the Enlightenment principles he so cherishes, to present a picture of our world which may seem almost alien, given the modern obsession to focus on the rain shower rather than the rainbow that follows.

"For all the bleeding headlines, for all the crises, collapses, scandals, plagues, epidemics, and existential threats, [there] are accomplishments to savour. The Enlightenment is working: for two and half centuries, people have used knowledge to enhance human flourishing. Scientists have exposed the workings of matter, life and mind. Inventors have harnessed the laws of nature to defy entropy, and entrepreneurs have made their innovations affordable. Lawmakers have made people better off by discouraging acts that are individually beneficial but collectively harmful. Diplomats have done the same with nations. Scholars have perpetuated the treasury of knowledge and augmented the power of reason. Artists have expanded the circle of sympathy. Activists have pressured the powerful to overturn repressive measures, and their fellow citizens to change repressive norms. All these efforts have been channelled into institutions that have allowed us to circumvent the flaws of human nature and empower our better angels." (p.324 -25)

Learning Through Action

Mr Stephen Lawlor, Deputy Headteacher



The Jack Petchey Foundation Achievement Awards

CCHS students continue to demonstrate their care and interest in charitable and community work. The Jack Petchey Foundation provides a nationally recognised scheme for such altruism to be celebrated. As a gold award School, we are able to recognise the work of nine students, and one member

Madeleine Boardman, Year 11 September award winner

She achieved a Jack Petchey Foundation Award, following a nomination concerning her community work. Madeleine volunteers at the 'friends of the hospital' shop at Broomfield Hospital. She has undertaken this work for a significant period of time and works there each week. Her dedication to this important work is impressive.

Prashanthi Ganeshwaran, Year 12 October award winner

She achieved a Jack Petchey Foundation Award, following a nomination regarding her voluntary work. Prashanthi volunteers at a primary school each week, supporting students with additional needs. She has undertaken this work for five years now. Her commitment to this significant work is humbling.

Tanisha Lohia, Year 10 November award winner

She achieved a Jack Petchey Foundation Award, following a nomination relating to her service to the School Library. Tanisha supports the library on a daily basis, which is a great help to our School Library staff. This is also a support to other students who use the library, which is much appreciated.

Ridha Naushad, Year 10 January award winner

She achieved a Jack Petchey Foundation Award, following a nomination concerning her service to our School. Ridha supports our Library staff during break and lunchtimes, assisting students with their enquiries and book requests. Moreover, Ridha was a key figure in our Black History Month Project, attending weekly meetings, planning activities and helping to produce resources.

Samantha Ericsson, Year 8 February award winner

She achieved a Jack Petchey Foundation Award, following a nomination regarding her charity work. Samantha was instrumental in a school project to support CHESS, a local charity which helps homeless people. She helped deliver two whole school assemblies to raise awareness about this important issue, collected donations from students and saw the project through to the end when all of the donations were passed on to CHESS colleagues.



Hannah Greenland, Year 10 **March award winner**

She achieved a Jack Petchey Foundation Award, following a nomination relating to her significant service to a School project. Hannah was a key member of a team of students who worked on an Internationalism project. She was a committed and leading member of this team, working closely with fellow students and staff to drive this project forward. Her energy, drive and ideas were recognised by her peers and teachers.

Saliha Edoo, Year 12 **April award winner**

She achieved a Jack Petchey Foundation Award, following a nomination concerning her voluntary work. Saliha has volunteered each week at a local library for the past four years. This includes weekend work and supporting a homework club during the week. She has also undertaken voluntary work with Mencap since September.

Isabelle Rayment, Year 9 **May award winner**

She achieved a Jack Petchey Foundation Award, following a series of nominations regarding her significant charity work. Isabelle has, for several years, undertaken many charity walks, raising thousands of pounds, for a host of charities, including Cancer Research and The Royal Marsden. Her work has been a real inspiration to her peers, who provided fulsome and heart-warming nominations.

Erin Sparks, Year 12 **June award winner**

She achieved a Jack Petchey Foundation Award, following a nomination relating to her significant charity work. Erin worked with a charity to organise a holiday to Lourdes for children with disabilities. Erin gave up a significant part of her Easter break to accompany this trip, which supported children as young as 5 years old.

Miss Harrison **Year 10 Leader**

Miss Harrison received the Leader Award this year, in recognition of her excellent work leading the Uganda expeditions over several years. Her dedication to this project, which she took command of during her first year at CCHS, is an inspiration to us all. Her recent work co-ordinating the Anne Frank Exhibition demonstrates her ongoing commitment to our school community. We thank Miss Harrison for all of her work and students were thrilled that their nomination led to this award for Miss Harrison.

Pastoral News

Mrs Maria French, Deputy Head, Pastoral



The girls in Years 7 – 11 have enjoyed many opportunities to speak out and develop their leadership skills this term. The Events Prefects have done a tremendous job, in particular, as they welcomed the new Year 7 intake on their Family Welcome Meetings and Taster Day in June. They did a superb job of teaching the girls the, now customary, When I Grow Up from Matilda the musical.

They also helped to support the younger girls on Open Evening with organising hundreds and hundreds of tours around the School. One of their other tasks was to serve canapes and drinks to our returning Year 14 and their families at Senior Speech Day at the Cathedral.



Senior Speech Day

As a new departure this year, we welcomed Main School girls to our Senior Speech Day at the Cathedral to receive academic excellence prizes. This is a truly wonderful event, full of tradition and students were able to hear from our guest speaker Jennifer Tolhurst, Lord Lieutenant of Essex.

Primary School Outreach Team

In order to encourage girls from all backgrounds to apply to our school and to come and visit us at open evening, we have recently completed a tour of local primary schools with our Year 9 outreach team. We have been speaking to Year 5 students and their parents and our girls have talked with great passion about the joy of attending their school and the many opportunities that come their way as a result. The outreach team were superb ambassadors and spoke with great confidence about their thoughts on grammar schools being for anyone, regardless of background. Below the girls are pictured with a therapy dog in one of our local primary schools.





Pastoral News

Mrs Maria French, Deputy Head, Pastoral

Mental Health and well-being

The pastoral team have done much work to raise awareness of looking after our mental health and allowing time for rest, relaxation and the importance of sleep, exercise and a healthy diet; all ingredients for a healthy mind. Year 11 enjoyed some yoga sessions as the revision became more intense towards GCSEs, allowing time to be calm and practise their breathing and exercises.

CCHS PSHE and Well-being Programme A Life Well Lived

Our PSHE and well-being programme aims to fulfil all of the statutory requirements of delivering PSHE and more. We take guidance from the PSHE Association, many professional organisations and external agencies. We are passionate about developing strong and independent women, who can confidently take their place in the world. We allow a safe space to discuss all of the issues covered on the programme and encourage our girls to develop confidence with their own intellectual and social abilities, including public speaking and developing grit and resilience. Emotional intelligence and discernment is a strong theme that runs through the programme to support the girls as they develop a deeper understanding of themselves and the world that they live in. Our programme is also aligned with the school aims and vision. Our aim of developing the Leaders of Tomorrow is borne out, as we actively prepare the girls to developing their leadership characteristics, so that they can go on to lead in whichever field that they choose.

The three broad themes are: Health and Well-being, Relationship and Sex Education.

Living In the Wider World - economic wellbeing, careers and the world of work. This year we have welcomed visitors from many walks of life to give talks to the girls as part of their PSHE programme. Some of the visitors have included: self-defence training, The Teenage Cancer Trust, Road Safety Drama, the Fire Service, Understanding Animal Research, Samaritans, Local Government Officer, Reality Roadshow drug and alcohol abuse awareness, Domestic Abuse

presentation, and a visit from a local magistrate to name but a few.

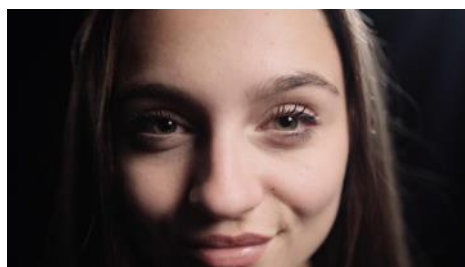
Some of our Year 10 girls found a visit to Mabel the dog a soothing distraction as they approached their Year 10 examinations.



Social media

We also use the CEOP training materials to guide the girls when making choices in their social media use. We try to instil a sense of responsibility and self-discipline so that the girls can make wise choices and not fall into some of the traps. Year 10 viewed the film Like Me and discussed the choices that some of the characters made and how things could have turned out differently. Parents may find this film helpful.

TrueTube has just released short drama called "Like Me", created to help teachers discuss the pressures and dangers of social media use.



Pastoral News

Mrs Maria French, Deputy Head, Pastoral

Reminders

School Uniform Shop open Wednesday 8:15 – 9:10am and Friday 12:35 – 1:35. May I remind parents **that girls must wear a knee length skirt to comply in Years 7 – 11** and we do appreciate your support to ensure that high standards are maintained.

There is also a very extensive and great quality **nearly new uniform shop** for any parent that may wish to use this service. This is kindly run by the Parents' Association.

Free School Meals

If you are in receipt of a qualifying benefit: Income Support, Job Seekers Allowance-Income Based, Child Tax Credit (Working Tax Credit is not a qualifying benefit. There are some non-qualifying benefits) If your taxable annual household income is less than £16,190.

If the above apply you may qualify for free school lunches.

HOW TO APPLY:

Click on:

www.essex.gov.uk/educationawards

Or, request an application form from the Education and Awards enquiry line on 0845 603 2200. Please be assured that we always deal discreetly and sensitively with any girls in receipt of free school meals and there is no embarrassment or knowledge to other girls.

Contacts:

Parents may of course contact their tutor, Year Leader or Mrs French if they have any worries.

Year Leaders for September:

Year 7	Mrs Adams
Year 8	Miss Sales
Year 9	Miss Cope
Year 10	Mrs Chumbley
Year 11	Miss Harrison

The Pastoral team has a twitter account that posts news and items that may support you and your daughter, particularly relating to internet safety, mental health, speak out opportunities and pastoral support and celebration. Please do follow us, so that we can share items on this and other important subjects.



Edit profile

CCHS Pastoral Team

@CchsPastoral



Student email helpline:

studentsupport@cchs.essex.sch.uk



Pastoral News

Year 7

Mrs Katharine Adams, Year Leader

It has been a busy and exciting term for Year 7, the corridors are ringing every morning with songs from House Show preparations and girls have just enjoyed their first ever Sports day, complete with royal air force fly past. Tutors continue to provide very positive pastoral care and all girls have recently had a discussion of TA3 grades and report comments.



Last week saw a number of girls perform solo or ensemble pieces at the cabaret concert and we were all bowled over by the panache with which Molly Ramage delivered her speech about the plight of women and girls around the world at the Rush for Rights charity event last Friday.

A few weeks ago Year 7 did a brilliant job writing welcome letters to the new cohort who will join us in September and then took really good care of them over lunch time on the taster day.

We have had a second round of form assemblies this term, all of them imaginative and entertaining. 7G provided a wonderful celebration of the different languages and cultures in their form with information about traditional food and a



colourful show of cultural dress; a truly international affair.

This week also saw year 7 joining in the CREST Discovery day where their ingenuity and design skills were very much to the fore.

But the highlight of the term must surely be the Normandy trip. Emily has written an account elsewhere which can do far more justice to the student experience than I can but, as staff, we were all really proud of the girls and the way they represented the school. A great time was had by all.



Year 8

Miss Emma Cope, Year Leader

It has been an extremely busy final few months for Year 8, with school punctuated by many wonderful trips. We have enjoyed two Enrichment Day visits. In June, the Biology trip to Chatham Green brought students the chance to make their own nettle tea, handle animal skulls and to catch and compare pond life, causing great delight when newts and tadpoles were discovered. In July, the final day featured a chocolate challenge from the English Department, before the students headed to the theatre for a performance of Matilda. In addition, the students had a wonderful time on the much anticipated visit to the Rhineland. We were able to cruise the Rhine by boat, take in stunning views on the chair lift, take a guided tour of the Marks-bourg Castle and sample many German ice creams, all in glorious sunshine. The students have been very lucky to have so many opportunities open to them this year.



Year 8 have also taken part in a whole host of competitions, and it has been wonderful to see their enthusiasm to take on new challenges. The Cyber First Team were not overall champions in the national competition, but performed extremely well, and were rewarded with the privilege of taking afternoon tea at Buckingham Palace with the Duke of York.

There were very many successes in the Maths Challenge and Olympiad, with Mia Porter and Manaal Khan then achieving so well that they also participated in the Kangaroo. Many Year 8 students got involved in the Have Your Say Languages competition, and both of our teams were placed 3rd in the final, with Erin Cameron and Esha Patel representing German, and Zoe Barnard and Lara Boyd for French. Several Year 8 students entered the Secondary Engineers Leaders Awards, with Erin Cameron and Femi Akintemi having their projects displayed at a public exhibition at the University of Hertfordshire. In addition, Erin Cameron also won a highly commended prize for her project creating a wheel chair ramp for passengers at train stations in the Chelmsford Science and Technology Society Schools' Engineering Technology Competition.

Finally, our team entering the Rampaging Chariots competition, consisting of Diya Roy, Tara Lawlor, Zoe Barnard, Tierney Bowers and Anne Louise Macaskill, attained the School's best performance yet, winning three of the categories. The students should all feel extremely proud of such a fantastic array of achievements, and I hope that they will all continue to take on the wide range of opportunities offered to them. After such a busy term, I wish everyone a restful and rejuvenating summer.

Year 9

Mrs Marion Windeatt, Year Leader

Since the last newsletter the Year 9 students have all completed their GCSE option choices and are all thrilled to have received their first choice. On enrichment day 4 the girls participated in Drama and Music workshops in the morning and then attended a spooky performance of The Woman In Black in London for the matinee performance in the afternoon. This was an enjoyable and memorable day. For the last enrichment

day this year the students worked on a Peer Led Sex Education programme with year 12 in the morning. This was followed up in the afternoon by presentations on a variety of PSHE topics by outside speakers, including alcohol and road safety.

The recent sports day was a huge success and it was fabulous to witness such team spirit amongst the forms. I am looking forward to seeing the forthcoming House Show event when another set of talents will be on display; year 9 seem to have adopted a High School Musical theme this year! Early in July we celebrated academic and extra-curricular achievements in a special Junior Speech Day event. This was a lovely occasion featuring some musical treats and wise words.

I wish all the year 9 pupils a fun and rest filled Summer break and look forward to leading them through their GCSE courses from September.

Year 10

Miss Fiona Harrison, Year Leader

Year 10 have had a fabulous summer term. They have embraced the sunny weather and endured the sticky heat. All houses had a successful Sports Day - H House won the most points in the four House Shield and cemented another victory.

The students also enjoyed throwing themselves into Shakespearean England on Elizabethan Day which ran on Enrichment Day 4 and put their all in to the Dragon's Den on Enrichment Day 5. The winning group designed a device that alerts you if your train stop is coming up - helping you to avoid missing your stop if you have fallen asleep. Brilliant! We also had fun at the Rush for Rights event. The girls let their hair down a little and had a fabulous time together.

We have started to think about October's Leadership Conference. The students have already got lots of excellent workshop ideas. We have lots of good times to look forward to in Year 11.

I wish you all a happy and safe holiday. I will see you all in September.



Sixth Form News

Dr Michael Palmer, Mrs Hayley Ellen and Mrs Emma Hiett



Year 13

This has been another very busy term for the Sixth Form. In May we were busy celebrating the end of Year 13's time in school and helping them to prepare for their examinations. The Sixth Form Revue was a huge success. There were some very memorable performances and the wit and originality of the script and the characterisation was remarkable. Students and parents much enjoyed the Leavers' Reception and the Leavers' Assembly the following day was a great celebration. The Year 13 students have worked incredibly hard in preparation for their A level papers and the examination period was certainly an intense time for them. However they are now enjoying some well-deserved relaxation and looking forward to receiving their results in August. We are looking forward to congratulating them on their successes and seeing them take up their places at university or on other training schemes.

Year 12

Year 12 students were busy with school examinations in late May but since half term have been focused on researching their options in terms of universities and other opportunities. They have much enjoyed visiting university open days and have received a great deal of help from Dr Huckvale and their tutors in working on early drafts of their personal statements. The students have also been a tremendous support to a whole range of activities including the Year 5 Open Evening, School Sports Day, the Year 11 into 12 Induction Day and (in smaller numbers) other events such as MESSA athletics.

The Senior Prefects recently represented the school at the bicentennial service of the Order of St Michael and St George. This took place in St Paul's Cathedral in the presence of royalty and of many distinguished guests from the world of diplomacy and foreign service. The school values its links with the Order, of which the late Dame Margaret Anstee was a senior member and the students much enjoyed the occasion, being on the VIP side of the barriers and rubbing shoulders with Angelina Jolie and many others.

The Senior Prefects are much to be congratulated for their excellent work on our recent charity event 'Rush for Rights' and a full report of this appears below.

This term has again showcased what makes the Sixth Form in this school so successful; we have again seen a really successful blend of academic rigour, service to the school and the wider community and a great sense of fun. This combination is much to be celebrated and the students deserve to be congratulated for achieving so much in these different directions.



Sixth Form News

Senior Prefects



Rush for Rights

As a Senior Prefect Team we have focused this year on celebrating and commemorating the centenary of the first women's suffrage in the UK. On International Women's Day in March we focused on the campaign 'Push for Progress', and many students joined in to add their handprints and the names of women who had inspired them to our board.

When planning our summer charity event we wanted to continue with our focus on women's rights and to draw attention to the fact that many women in the world do not enjoy the same rights that we do. Accordingly we chose as our charity 'Womankind', a charity that works in solidarity with women's organisations across the world. In order to offer students something different to previous events we organised the sale of event T-shirts and organised a foam machine and a fun

run as well as the traditional stalls and musical performances.

We were fortunate that the weather on the day was excellent and we were really proud of the way in which the whole school came together to support the event, as well as to enjoy performances from the Year Leaders, the 'Man Band' and many other gifted performers. In total the event raised £2,100 and we are really grateful to all those who helped us make this such a successful event. We are also grateful to Vicky Ford, MP for Chelmsford West for visiting our event and to Mrs Cross and Mrs April Hammett for their inspiring speeches. We have no doubt that Womankind will be able to use our money to make a real difference to the lives of vulnerable or marginalised women around the world.

The Senior Prefect Team





Enrichment News

Mr Stephen Lawlor, Deputy Headteacher

We work hard to offer a broad and enriching experience for our students. In the service of this, we recognise that learning is not confined to the classroom. We arrange a full programme of Enrichment Days, which take place over five days throughout the academic year. We have published a CCHS Curriculum Enrichment Booklet 2017-18 to provide a detailed account of the activities and trips relating to our Enrichment Days (this is available in the Extra-Curricular section of the School website). It also provides information on enrichment opportunities which sit outside these formal days. The booklet provides a rationale and context for the wealth of activities and opportunities on offer to students.

Thursday 14th June 2018

Our fourth Enrichment Day, Thursday 14th June, saw Year 7 students travelling to Normandy, led by Mrs Adams, to learn about the culture and history of this significant region. Dr Pratt arranged for Year 8 students to visit an ecology site to undertake field-work – they also made and drank nettle tea! Following a morning of workshops with Mrs Foley, Mr Carter and Mr Lamberti, Year 9 students visited the theatre to watch 'The Woman in Black'. Year 10 spent a day working with visitors and CCHS staff exploring the wonders of the Elizabethan

Age. The many facets of lives lived during a different era were explored, including politics, entertainment and food. Sixth Form students supported our primary project with Mrs Cross. The project involved Years 4-5 girls from local primary schools, working on a day of maths challenges. As ever, it was a delight to welcome primary pupils and their staff to our School.

Wednesday 11th July 2018

Our fifth Enrichment Day, Wednesday 11th July, Mrs Nicoll provided an opportunity for Year 7 student to work on a series of experiments to broaden their understanding of applying scientific knowledge to practical problems. Year 8 students attended the theatre to enjoy 'Matilda'. Mrs French worked with Year Leaders, form tutors and Year 12 students to provide a series of PSHE workshops for Year 9 students. Year 10 students spent an enterprising day working on their Dragons' Den projects. Mr Moore and Mrs Newton invited several business guests to work with our students. Mr Lamberti and Mrs Clements ran a day of music-making for Years 4-5 girls from local primary schools.

Teaching and support staff are to be thanked for their excellent and innovative work.

Enrichment Days 2018-19

	ED 1 Thursday 11 th Oct 2018	ED 2 Tuesday 18 th Dec 2018	ED 3 Wednesday 27 th Feb 2019	ED 4 Thursday 13 th June 2019	ED 5 Wednesday 10 th July 2019
7	Danbury Outdoor Centre (Pastoral)	Maths Team Challenge (Mathematics) Pantomime (Drama)	Internationalism Day (Languages)	Normandy trip (French-Art-History) (12 th to 14 th)	STEM Discovery Day (Science)
8	Roman Culture Day (Latin)	Music Day (Music)	Cryptography Day - Bletchley Park visit (Computing)	Biology field trip (Science)	Theatre Day - Workshops Theatre trip, 'Matilda' (English & Drama)
9	Ypres trip (History) (11 th to 12 th)	CSI/ Forensics Day (Science)	Newspaper Day (English)	Theatre Day – Workshops Theatre trip, 'The Woman in Black' (Drama)	Peer Led Relationship & Sex Education & Citizenship Day (PSHE)
10	<ul style="list-style-type: none"> Futures Day. Dragons' Den (Enterprise) Cambridge University visit (Careers) 	Art trip to Tate Britain (Creative)	<ul style="list-style-type: none"> Scrapheap Challenge (Science) Model United Nations (History) 	History Day (History)	Higher Education Day (Careers)
11	<ul style="list-style-type: none"> Internationalism (Languages) Holocaust Speaker (RS) 	English Masterclass (English)	Mathematics Masterclass (Maths)		
12	ED leadership & support EPQ Workshop	ED leadership & support EPQ Workshop	ED leadership & support Artist visit	UCAS Day	ED leadership & support
13	ED leadership & support	ED leadership & support	ED leadership & support		
Primary	AG&T/Challenge day with primary pupils – PE with Sixth Form support		AG&T/Challenge day with primary pupils – Languages with Sixth Form support	AG&T/Challenge day with primary pupils – Mathematics with Sixth Form support	AG&T/Challenge day with primary pupils – Creative with Sixth Form support



Sports Day: Is it coming Home?

Inyange Rusimbi, Year 10 Marketing Prefect

It's that time of the year again. Everyone is preparing themselves for their event, tying coloured ribbons in their hair and the sports captains are desperately trying to bribe someone into doing the 1500m. It's Sports Day! Armed with bags full of snacks and hearts filled with hope, we trekked to Melbourne Stadium. The parade was filled with beautiful banners and optimistic chants, everyone with the same intention: to win points for their house!

The Day started off with the dreaded 1500m which everyone was keen to support each other in as, let's be honest, most people competing would not call long distance their strength. We next moved on to jumps and the sprints. Everyone crossed their fingers as the hurdles took place and luckily, we did not have many falls this year. We finished off the day with the team relays, the most significant being the staff relay our persistent cheering made our throats sore. They ran fast, and, managed not to fall over (round of applause for Mr Steele). We then sat in our houses for prize giving and were awarded our certificates by our Guest of Honour Mrs Barker. She is a former teacher at our school and everyone was pleased to see her return.

All in all, Sports Day emphasised our unity as forms and as Houses whilst incorporating a bit of competition. It truly was a wonderful day.

Rush for Rights Festival

Mehzabeen Hakim, Year 10 Marketing Prefect

The Rush for Rights Festival 2018 was held on Friday 6th July, superbly run by the Senior Prefects in aid to raise money for the charity Womankind, one that helps end violence against women and girls, promotes women's economic rights and control over resources, and educates on women's equal influence in decision making and ability to exercise political power; all of which are particularly important to CCHS, especially being a single-sex school.

The afternoon was thankfully bright and sunny, with students greeted by an array of stalls and the infamous ice cream van to cool themselves after having fun in the sun, after personalising their limited edition Rush for Rights T-shirts.



Some of the stalls included a henna stall, a hair braiding stall, a festival makeup stall, a shoot the



Barbie stall, an ice cream van, a refreshments stall, an eton mess stall and many more!

Also throughout the event, various students and teachers performed with much enthusiasm, showing off the talented musicians of our school and those sharing personal stories with a message that everyone took away feeling ever so grateful that we were lucky enough to attend such an open and welcoming school, being able to learn from others experiences and reflect on them and find how we can implement their lessons in our own lives.

Our school was also paid a visit from the Chelmsford MP Vicky Ford who gave a fantastic speech to the students, inspiring each and everyone of us to have high ambitions and go for roles of leadership and power, despite being in a male dominated field, and despite having the prejudices against being a woman.

Dragon's Den

Inyange Rusimbi, Year 10 Marketing Prefect

On the 11th July was our fifth and final enrichment day of the year, Dragon's Den. Everyone attended in smart-casual clothes which helped with our professionalism and made the day feel more polished. We were put in groups of 6-8 and we were instructed to come up with a new

product or idea to present to the Dragons. The Dragons themselves were: Mr Bates – founder of ReelBrands Ltd, Mr Gulliver – Company Director and Chelmsford City Counsellor, Mr Hoefling – Chief Executive Office of Innovation Consultancy Services Ltd, Mr Jarvis - Former Group Head of Credit Bank ABC and Mrs Mulgrew – Director, Operations Bank of America Merrill Lynch (and a former student at our school).

First, we as groups, we split up and allocated workshops per pair which we then fed back to the rest of the group during the brainstorming session. From there came the development and eventually, the final design. We had all sorts of ideas, from shoes which you could change the colour and grip of, to a self-cleaning car to a sun cream which changes colour when you are becoming sun burnt. It's clear that our creativity really shone through. However, there were many financial and technical aspects that we also had to take into account which many of us had not thought about prior to this day. On top of this, we also had to prepare a 5 minute engaging presentation and know enough about our product to answer 5 minutes worth of questions at the end. Although this was one of the most challenging enrichment days this year, we would all agree that we managed to learn an incredible amount in terms of spontaneity when answering questions, research techniques and practical maths, and importantly, we had fun along the way.

Humanities Week

Mehzabeen Hakim, Year 10 Marketing Prefect

Humanities week ran from Monday 2nd July to Friday 6th July, with a host of events run by the Year 10 Geography, History, Religious Studies and Latin prefects.

Monday lunchtime saw the Geography prefects show the power of volcanoes. Out on the field, with a homemade papier-mache volcano, coca cola and mentos, they recreated what happens during a volcanic eruption.

Tuesday and Wednesday included History getting creative and making their own timelines, and Latin had fun crosswords, puzzles and even Latin karaoke! We look forward to seeing performances from Mr Lodge and Miss Cope in the near future.

Thursday was the cultural fashion show, courtesy of the Religious Studies Prefects. After weeks of tedious planning, it all came together,

displaying fashion from South and East Asia, Africa, and western countries by the decade. A range of models from Year 10 admirably volunteered, showing the sheer diversity within CCHS.

Friday lunchtime held the infamous 'Murder Mystery' in the hall, with Pliny the Elder being killed, with various suspects, including David Attenborough, a broadcaster and naturalist from the 21st century; Queen Elizabeth I, who was the Queen of England from 1558 to 1603; Cornelia, a young Latin girl from the wealthy Cornelius family in Ancient Rome, and finally, Winston Churchill who led Britain to victory in WW2. Students had to become super sleuths and work through various evidence and alibis, all before Mount Vesuvius erupted!

All in all, it led to a fantastic week of student-led understanding and exploration, hopefully inspiring younger and older students to appreciate the Humanities.





Paris Trip

By Avalon Plant, Year 13

From the 8th-10th February 2018 we enjoyed an exciting Art and History trip to Paris, exploring beautiful sights, famous artworks and the Parisian culture. The journey on the Eurostar flew by; it was a comfortable, easy and extremely exciting crossing. Arriving in the heart of Paris we found the hotel we were staying in, we all got settled in quickly and were immediately on our way out to explore. We were blessed to experience Paris in the snow, one of the most inspiring settings one could ask for! On our first day, we visited the Musée Rodin, which showcased an abundance of Rodin's sculptures, alongside his sketches and miniature models of his larger works, allowing us to understand his process better. Plus, the stunning building showcased some works from other, lesser-known artists that were equally as amazing. We then decided to go and see the Eiffel Tower nearby. Although we, unfortunately, were not able to go up to the top due to the snow, we were thankful to see it all lit up like a Christmas tree against the dark sky and took many pictures to remember the landmark. That evening, we were allowed some free time to explore the streets of Paris and find somewhere to eat, before making our way back on the metro.

The next morning was an early and even snowier start to an extremely busy day, kicking off with a visit to the Louvre, Paris's most famous museum, known for its classic architecture cast against today's modern glass pyramids. One could easily spend all day in the Louvre alone, because it is brimming with such a variety of renowned art and cultural works - though we were there for a short period of time, we were all allowed to split into groups and explore, meaning we all had a chance to see the exhibitions that interested us the most, of course making stops to the most notable pieces, such as the Mona Lisa. Next, we visited the Musée de l'Orangerie, which housed Monet's famous series of 'Water Lilies', which was an absolutely breath-taking experience, alongside other exciting exhibitions. Although we had an extremely packed itinerary, there was always time to stop at one of the quaint cafes for a hot drink and a crepe! After a quick break, we visited the Musée d'Orsay, which hosts an enormous variety of 19th and 20th century art, covering a wide variety of styles and disciplines, which was extremely useful for the research aspect of our school art projects. Whilst the trip was primarily an Art trip,

it was also an educational experience beneficial for the History students, as it gave us the opportunity to view many notable historical sites relevant to our studies on the French Revolution, and it was equally interesting to peruse the historical paintings, depicting the momentous events that we had studied. Our next stop was the beautiful Notre-Dame Cathedral, followed by some more free time in the late afternoon and evening for us to peruse the local sights, shops and try some local cuisine.

The final day was another early start, allowing us time to pack all our things and say goodbye to our lovely hotel, ready to make the most of the few hours that still remained of our Paris trip. We hiked up the many steps to the Sacre-Coeur Basilica, giving us the most breath-taking view over the top of Paris, and explored the beautiful decor and architecture inside the building too. Finally, we explored the nearby markets, bought some sweet treats and souvenirs for our families, and made our way back to the Eurostar. On our way back we all reminisced on the incredible experiences we had on the trip and those of us that took art even sketched some of the memories in our Paris sketchbooks.

Overall, the experience was magical and we all feel very fortunate to have had this opportunity. For the historians, it was wonderful to get a better feel for the culture surrounding of the very city that endured so much during the French Revolution. For the artists, it was invaluable to explore some of the world's most historically-renowned artworks and artists, especially as we were leading up to forming our final exam project. It was incredible how much organisation went into making sure each day was brimming with exciting experiences and I would like to thank the Art Department and the school, on behalf of all those who went on it, for organising the trip of a lifetime.





2018: The Invasion of Normandy

Emily Brooks - 7G

Wednesday 13th June, 5 o'clock in the morning – Chelmsford is fast asleep. 150 year 7s dropped off at the school by tired parents board their coaches and get ready...to invade Normandy!

We took a ferry from Dover to Calais and drove to Rouen Cathedral. Before lunch, we visited Joan of Arc's church, which had amazing stained-glass windows, and ate our lunch outside. We saw the exact spot where she had been burnt at the stake and the memorial to her. We then visited Rouen Cathedral and looked around in our groups. After everybody had finished, we drove for another hour to our hotel for dinner.

During our trip we were encouraged to try all of the French food we were given, and I really enjoyed most of what I tried (I was quite surprised that I did as I don't always like trying new foods!).

The second day was probably the busiest. My coach visited Honfleur in the morning where we completed a few of our "missions", including buying a postcard and stamp and visiting a café. We also sketched the port there for a while,

thankfully nobody fell in! We then drove to William the Conqueror's castle at Falaise. Our tour guide showed us around and even made us do a little role play about William the Conqueror's children. He explained what each of the rooms might have been used for and we saw the view from the top of the tower. We learnt a lot about William and his lifestyle. In one of the rooms, they had glass floors and we dared each other to jump on it! By the end of the second day everyone was worn out.

On our third and last day in Normandy, my coach visited the Bayeux tapestry in the morning. Because the Bayeux tapestry is about 68 metres long, it took us quite a long time to look at all of it. Overall, this was my favorite visit as the Bayeux tapestry is basically a giant medieval comic strip. We then drove back to Honfleur to meet the other coaches before driving to the ferry back home. Many of us slept on the coach as we got back to school at around midnight.

Overall it was an amazing trip. It was excellent fun sharing rooms with our friends and making sure we were all organised and ready for the day. I would really recommend this amazing experience to anyone.





German Exchange 2018

Years 9, 10 and 12 students

The German exchange was one of the best experiences of my life, and I am so glad that I chose to do it. We did a range of things such as visiting towns like Speyer with our exchange partners and sights like the Ludwigsburg castle and the TV tower in Stuttgart. We were also given lots of free time. I was really worried at first as I did not think my German was good enough, however my exchange family spoke English and they also helped me speaking German. The German exchange is a great opportunity to meet new friends and to improve your German!

Moyo – Year 9

I am so glad that I decided to do the German exchange because it has honestly been one of the most exciting and rewarding trips I have ever been on. Throughout the week, I learnt a lot of new German vocabulary as well as learning about the culture in Germany. Not only that, but I gained confidence in speaking German and also became more independent, it is also a great

opportunity to learn how to deal with different situations on your own, whilst knowing that you will soon see your friends on the various trips you do together during the week. Remember that it is okay to feel nervous or unsure what to do—everyone will feel it at some point—and know that your exchange and their family want you to have the best experience possible, so they will always try to make you feel comfortable. I really recommend doing the German exchange.

Isabella – Year 10

“I have had such a great time on the German exchange this year and it has undoubtedly improved my language. It has truly been a fascinating experience.” **Helen – Year 12**

“I have really enjoyed the German exchange. I did a work placement at a primary school which was a wonderful experience and it helped me improve my German so much.” **Freya – Year 12**

“Thank you so much for bringing us to Germany again! It was so nice to be immersed in the culture and language and work, from a new perspective. It is really interesting to see Germany not as a tourist but as a German.” **Ina – Year 12**





Rhineland trip - June 2018

Year 8 students

"On Thursday, our coach had an interesting day learning about the geography and history of Germany. As part of this, we went to the Haus der Geschichte (House of History) in Bonn. Here, we learnt all about what Germany has been like since the end of WW2 in 1945 and the Cold War. After some free time in Bonn we went on a cable car down to Koblenz where we looked at the geography of how the rivers Rhein and Mosel meet. There was a great view from the cable car; we could see across the city! We stopped at the bottom in Koblenz and had a chance to practise our German as we ordered ice cream. We got an even closer view of the two rivers before heading back up to the top on the cable car. After this we were given some time to play in a nearby park and then travelled back to the youth hostel for dinner. It was a great day!" *Emily - 8F*

"On the Thursday of being in the Rhineland, we went on the chairlift in Boppard. At first, most of us were nervous to be so high above the ground, but once we got on the chairlifts in our pairs, we did not want the experience to end! The exquis-

ite landscapes made for great pictures. We were, however, not allowed to do anything, just in case we dropped something! As we reached the end of, we met the rest of group to walk together to the top. We gazed over the picturesque view and wrote about how the river meanders." *Millie - 8G*

"On Friday morning, we awoke, looking forward to our last full day. We ate breakfast at a leisurely pace, before preparing lunch. The morning's agenda included an hour of work before traveling to Bonn to begin the boat trip. Although the work session was not particularly exciting, it was over quickly and we were soon on the coach, forgetting to admire the view in the most of our excitement we arrived in Bonn early and chatted whilst waiting for the boat. Eventually our tour of the river Rhine began. We spent the majority of the trip eating, but when we finally finished lunch, we stood on the top deck glazing at the hills. The trip ended in Königswinter, where we hurriedly assembled at the base of Drachenfels hill. The tram inched slowly up the hill, giving us time to see the splendour of the mountains in the sun. Afterwards, we sat in Königswinter slurping melting ice creams. What an enjoyable last day! *Lucia - 8H*





School News



Music

Mr Chris Lamberti

The summer term has been another busy period with many exciting musical events.

This term saw the accumulation of the GCSE and A level coursework being sent to external moderators. The girls have spent countless hours recording their performances and compositions totalling approximately 140 different recordings. With the support of Mr French we were able to upload the GCSE recordings safely and securely along with sending the A level work via courier on CD. This left the girls the task of sitting their final examinations in May and June.

For enrichment day 4 we supported the English faculty by holding music workshops during the morning session. This involved Year 9 participating in Samba workshops, creating a variety of syncopated rhythms which made a truly impressive sound.

We also welcomed the 2018 intake to the music department where next year's 7F also enjoyed a Samba workshop. The girls began to get to know each other through joining for a group performance. Their confidence grew as the lesson progressed which was lovely to witness. The final performances were phenomenal with some girls taking an improvised solo on the timbales!

Following on from this lesson the new year group performed a fantastic rendition of 'When I Grow Up' from the musical Matilda. They were accompanied by a small band made up of a mixture of girls from different year groups. Alongside the choreography arranged by year 10 prefects the new intake did a sterling job leaving their parents suitably impressed.

Finally, this year's cabaret concert was a tremendous success. There were over 60 auditions which left Mrs Clements and myself the extremely difficult task of putting a suitable programme together. The whole evening was an absolute delight. Although not exclusively, this concert was predominantly made up of KS3 performers. Listening to the

variety of styles and genres performed it is safe to say that there is so much talent in the school which bodes extremely well for the future.

In the final few weeks of term we have begun to audition for next year's school musical, Oliver. As in previous years there are numerous girls who have signed up to audition for roles ready for a the busy rehearsal schedule to commence in September.

This has been a fantastic school year of music making both in and outside of the classroom. There are plenty of opportunities for all girls in the forthcoming year which again looks to be a busy but exciting year.

Learning Resource Centre

Mrs Angela Martin & Mrs Alexia Treadway,
Librarians

Every year we embrace the Summer Reading Challenge, which encourages our students to maintain their excellent reading habits over the holidays.



Research shows that regular reading over the six week break makes for a positive start to the new school year for students, easing the transition back to learning after the summer's activities. Students are welcome to borrow books over the summer period and thanks to all of your generous donations through our [Amazon wishlist](#) we have a sparkling array of new books to choose from.

Girls that wish to read recommended texts for their year group can access their relevant reading lists [here](#) via the link to our library catalogue. We are delighted to report record borrowing levels over the last academic year - a welcome signal of the much predicted resurgence of physical books over their 'e' counterparts.

We intend to continue running the popular library film club next year, first on the bill being 'The Greatest Showman' which we will screen across two consecutive lunchtimes during the first half term. Look out for more information in September.

"Reading is misleading"
—Elizabeth James

Sports News

Miss Sarah Bellamy, Miss Georgie Sales and Mr Paul May



Sport News 2017-18

It has been another busy year and the girls and staff have been brilliant. We have had several successes again this year and these will get celebrated more at the School Sports Award Evening, which is being held on Monday 1st October 2018. Information and invitations will be sent out in September, and we look forward to seeing the girls and parents for another wonderful evening.

Though we did not make the National Finals in Athletics this year, we were very proud of all the girls who represented the school at all levels of competition, especially the three girls who competed for the first time at the Essex Schools Multi-events Championships and did so well – Isabelle Berryman, Rebecca Anderson and Bissie Shupo. Several girls also represented Mid-Essex at the Essex Schools Championships, resulting in Kiera Bainsfair once again representing Essex Schools at the English Schools Championships at Gateshead in the 300m Hurdles.

It has been lovely to see the girls out training and playing hockey on the astro and even having their first fixture, we plan for the Hockey to keep developing and hope the older students will come to training regularly now so we can build some strong teams as we can play more fixtures. We have entered the Essex Schools Hockey Cup for both U.14s and U.16s and we plan to enter the Essex Minis competitions too. So lots to look forward to with Miss Burnham and Mr Roberts taking the sessions on a Tuesday and Thursday night.

A thank you must be given to Mrs Hillsden who has continued to run the Badminton throughout the Summer term, we are very grateful for all your time and support. Badminton club will move to Thursday evenings next year so please make sure you have that in your diaries.

Mr May has continued running the Table Tennis club in Dean's absence which we are truly grateful for. Dean will return in September wanting to see how you have improved, so look out for the letter regarding the club which we will send out at the start of the year. We wish Dean a speedy recovery from his knee operation and thank him for all his hard work.

Finally, thank you to Miss Sales, Mr Lodge and Mr May for all their hard work this year, the school really appreciate all you for the department and the girls.

PE Reminders

A reminder that when your daughter returns in September, they will have a kit check, so please ensure they have all the correct kit and it is labelled with a material name label. Thank you in advance for your support with this. It makes it much easier to return kit if we have a clear label to read.



Secondly, please ensure that your daughter practises her swimming strokes over the summer so she can build up her stamina for September. Year 7 and 8 classes will be having a swimming test in September along with Years 9 and 10 students who have been identified as needing extra help. Swimming is a life skill and so important for your daughter to have, so they are safe around water.



CCHS Cricket – Summer 2018

Mr May started cricket with our students in 2014 with our current Year 10's and now has over 30 students from Year 7 – Year 10 training each week. Quite a few of the students have gone on to play for local Clubs.

This summer has seen CCHS field FOUR cricket teams in various competitions.

The Year 7 team recently played in a Tournament at New Hall where despite not winning a game played very well against much more experienced opposition from Independent Schools, only losing two out of their 3 games by just 1 run!

The Year 7/8 team have played in a few festivals and matches with some success, the most recent being in an Essex Schools Hardball Festival in Romford where they came 2nd out of 6 schools and earlier in the summer in a Softball Festival where they came 4th out of 13 schools.

The Year 9 team only played one game this year as there are no competitions for this age group. They had to play in the Year 10 competitions in which they were drawn twice against Shenfield and lost in a double header.

The Year 10 team also took part in the Essex Schools Softball Tournament in which, like the U13's they came 4th out of 12 schools. In hard ball competitions they narrowly lost the Essex Cup Quarter Final to Passmores School with an under strength team but have managed to get to the Mid Essex Schools Cup Final which takes place on Wednesday July 18th v Shenfield School.

Considering we do not have any cricket facilities in school apart from the gym and the astro, where we can only play with a softball, the students have done remarkably well and always play with great enthusiasm and spirit.

Well done!





Sports Day 2018

Sports day took place a little later this year on the 10th July 2018 and was perfectly timed for the RAF 100 year celebration, where we were treated to a flypast from several planes creating wonderful displays during lunch time.

As usual the whole school set off to Chelmsford Sports & Athletics Centre, Melbourne with the school looking very athletic with everyone in PE kit and sportswear. Thankfully, the weather was cooler than it has been previously in the week and a bit of cloud gave everyone respite from the sun.

Following on from the previous Sports days we had a parade for the Houses, the Houses set off with their new banners and flags around the track to loud cheers. Mr Rowel had worked with his House Officials to produce fabulous banners and this year music was played for each House as they walked around. Houses were in good voice with Curie and Hepburn, last years' Champions, having the honour of leading the parade.

With the team warm-ups completed and CCHS staff & Year 12 girls in place ready to officiate, the competition began. The athletes gave their all and each House rooted for their members. With some outstanding performances and records being broken the day went extremely well. The team relays ran smoother this year and with them scoring points for their Houses, it was important for them to get the baton round the two laps. Staff managed to fill three teams this year, which was marvelous and they competed against the winners of each year group. Thankfully, everyone managed to stay on their feet, though it didn't stop girls dropping the baton under all the tension! Resulting in a staff win.

This year we managed to move the girls over to the other side of the track for the presentation so they could sit proudly with their house banners. All the winners received their certificates with our guest of honour, Mrs Lisa Barker presenting them. Finally the trophies for the overall results were announced for both the Four House Cup and Five House Shield were presented by Mrs Chapman and Mrs Barker. The individual athlete winners were presented with their certi-

cates on the day but will receive their trophy at the CCHS Sports Presentation Evening on 1st October. Well done to all the athletes who competed and performed so well on the day and to all houses who cheered their team members on so enthusiastically.

It only leaves me to thank the CCHS staff members and Year 12 helpers and our amazing Sports Officials, who performed their roles so well, we cannot run the event without all your hard work and time. The Chelmsford Sport and Athletics Centre and staff for all their help on the day; Mr Cable, Mrs Gross and Mrs Sheldon for producing the programme and to the fabulous Mr May and Miss Sales whose help and expertise before and on the day are priceless. Finally, a thank you to all the parents who came to support their daughters, we hoped you enjoyed the day.

	Four House Cup Overall winners:		Five House Cup Overall winners:	
1st	Hepburn	190.5	Grey-Thompson	584
2nd	Curie	168.5	Curie	513
3rd	Grey-Thompson	132.5	Frank	506
4th	Stewart	124.5	Stewart	495.5
5th			Hepburn	450.5

Individual Winners:

Year 7	Adi Grant
Year 8	Temilola Awolesi
Year 9	Bissie Shupo
Year 10	Rebecca Anderson
Year 12	Jessica Prentice

Year results:

	Year 7		Year 8		Year 9		Year 12/ Senior	
1st	G	148	C	152.5	G	163	G	138
2nd	S	133.5	F	142.5	H	140	C	127
3rd	F	130.5	G	135	F	134.5	H	116.5
4th	C	124.5	S	114.5	S	133.5	S	114
5th	H	103.5	H	90.5	C	109	F	98.5



Sports News





CCHS Tennis - Summer 2018

The school entered the National Schools Tennis Competition at U13 (Years 7 and 8) and U15 (Years 9 and 10) level. The teams are put into Regional Groups with only the winner of the group going through to the next round. There are usually 5/6 teams in a group with 4 players in a team who play singles and doubles.

In the U13 group we came 3rd out of 6 schools and in the U15 group we came 3rd out of 5 schools. There were some very close matches and all our girls played really well.

The players were:

U13:

Tegan Crees, Ioana Alexa, Akshaya Gopal,
Diya Patel

U15:

Olivia Buckland, Sasha Carter, Annabel Stone,
Saskia Gotts, Annabel Sweeney, Sophia Aung



We also entered the Mid Essex Schools Doubles Tennis Competition which was in the form of a tournament held at Brentwood school where we entered a Year 7 pair, a Year 8 pair, two Year 9 pairs and a Year 10 pair. There were between 6 and 10 pairs in each age group divided into groups with the winners and runners up of each group going through to Semi Finals and Final.

The Year 7 pair came 5th, Year 8 team came 3rd, Year 10 team came 5th. The Year 9 'B' team came 4th and our Year 9 'A' team WON!! Beating New Hall in the Final.

The pairs were:

Year 7	Akshaya Gopal & Diya Patel
Year 8	Tegan Crees & Ioana Alexa
Year 9	'A' Sasha Carter & Annabel Stone
	'B' Saskia Gotts & Annabel Sweeney
Year 10	Olivia Buckland & Sophie Hayter



Athletics Report 2018

The athletics season got off to a fine start, with record numbers turning up to training. Training started in the cold months of October and November, making the most of the brilliant facilities at Melbourne track. This was the first time Year 7 had a taste of the various different athletics events on offer, and to find what they most enjoyed.

We competed in many friendly competitions this year, against Great Baddow School and New Hall School, taking large teams across all year groups. However, the two main competitions this year for the Track and Field cup and the CESSSA Championships.

In June, at the Melbourne track, a large squad of CCHS girls took on the rest of the district, sporting their CCHS vests in style. Sadly, due to year 8 being in the Rhineland they were unable to compete, so we were down on points, however, there were some outstanding individual performances. In the year 7 competition there were stellar performances from Adi Grant, finishing 4th in the 200m and from Molly Ramage in 6th place in the hurdles. In the year 9 competition, Bissie Shupo had a superb day, finishing in a fantastic 2nd in the shot putt and 4th in the hurdles, Amelia Cook nearly jumped out of the pit in long jump, jumping 4.89m and taking silver, and Bolu Adewumi jumped a fine 1.43m in high jump, jumping to second place. Issy Keegan also finished in a fine 8th place in the 1500m in very hot conditions! In the year 10 championships showed some solid performances all round. The very talented Rebecca Anderson ran in the 100m, a new event for her and finished in a brilliant 6th position. She also launched the javelin 24.70m. Other fine performances came from Abbie Wallace who ran a personal best in the 1500m, Mary-Beth Kogbe in the shot putt and Lena Leinemann who sprinted home to 3rd place in the 800m. In the overall girls competition, CCHS finished in 8th place; not a bad days work! Well done to all girls that competed and helped on the day.

Having qualified for the National Athletics final last year, the Junior and Inter girl's teams approached this year's competition with a positive

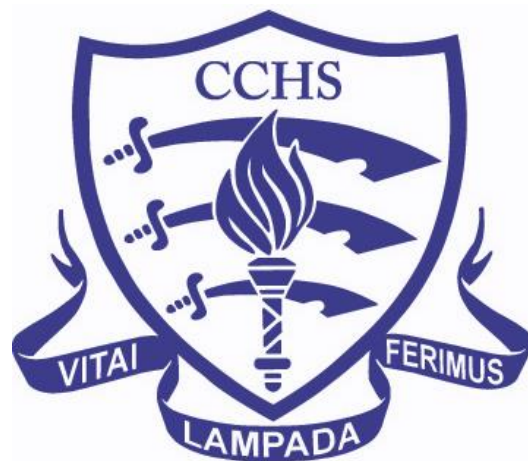


Year 10 CESSSA Team

mind set, and to replicate that of previous years. As usual, the first round was at our very own Melbourne track, completing against schools such as Eastwood Academy, St Martins and Moulsham School, just to name a few. For year 7 this was their first taste of competing at such a high calibre competition, and having to compete in both a track and a field event, made selecting the team very difficult for Miss Bellamy and Miss Sales. The girls outdid expectations; the Junior team finished in 4th place with 284 points, and the Inter team scored 303 points and finished in 3rd place and qualifying them for the Regional 'B' final in Watford. The Regional final saw the CCHS squad take on schools from the whole of the Eastern region, and it was going to a difficult task to reach that National final that the girls had set their minds on. The team finished in a fantastic 5th place and added an extra 25 points on top of their score from the first round; an excellent achievement and the girls should be very proud of themselves.

5 : 328pts : Chelmsford County High School for Girls, Essex

100m	13.8s = 18pts	Amelia Cook
	14.3s = 13pts	Simi Adewale
200m	29.6s = 15pts	Boluwatife Adewumi
	29.4s = 16pts	Bissie Shupo
800m	2m45.4s = 15pts	Lena Leinemann
	= 0pts	:
1500m	6m32.3s = 6pts	Abbie Wallace
	5m54.5s = 13pts	Lauren Bailey
Hurdles	13.4s = 20pts	Isabelle Berryman
	14.1s = 18pts	Rebecca Anderson
Relay	= 0pts	:
	61.6s = 12pts	:
High Jump	1.41m = 18pts	Boluwatife Adewumi
	= 0pts	:
Long Jump	4.06m = 14pts	Amelia Cook
	4.32m = 16pts	Simi Adewale
Triple Jump	9.27m = 17pts	Isabelle Berryman
	8.19m = 10pts	Mia Hillsden
Shot	9.41m = 25pts	Mary-Beth Kogbe
	9.19m = 24pts	Bissie Shupo
Discus	15.42m = 9pts	Lena Leinemann
	18.15m = 13pts	Moyo Okenla
Javelin	17.23m = 12pts	Rebecca Anderson
	26.34m = 24pts	Lauren Bailey



SIMS Parent App has replaced SIMS Learning Gateway

SIMS Parent App is the new way to provide parents with access to reports, teacher assessment data, attendance and timetable information for their daughters. It has replaced SIMS Learning Gateway which is no longer used in School. SIMS Parent App is an easy to use system which works across a range of mobile devices as well as a PC. The app can also be used to update your contact details and other important data to ensure the School's student records are current. If you have not yet signed up to the app, we urge you to do so as soon as possible. Please email our [IT Help Desk](#) for more information.



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