

NEWSLETTER

Issue 23
Summer 2017



House Show – July 2017



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Message from the Headteacher

Dear Parents

IB Results

I am delighted to report that our last IB cohort performed excellently with 86% of grades achieved at 7,6,5 (equivalent A,*A,B at A Level), 100% was achieved in 10 subjects. You will recall that governors decided in 2015 to remove Languages, Art, Music, and Theatre Studies from the A Level subject offer, this means that our A Level results in August will be un-representative of the whole range of subjects. In 2018, all subjects will be included in the A Level results. All diploma students achieved the diploma with two students meeting the 40+ result that place them in the top 4% in the world, Reem Sultan and Milena Sagawa-Krasny.

Congratulations to the students and their teachers for these results which have led to the majority of the students having their university places confirmed.

Parent Survey

I would like to thank those parents who took the time to respond to our survey recently. Your feedback is greatly valued. The results of the survey have been shared with governors and will be presented to the staff in September. You continue to identify as strengths a number of subjects, discipline, community spirit, developing moral values, control of bullying and school communication.

You have identified choice of subjects, availability of resources, careers advice, school facilities, computer access as relative weaknesses.

You will no doubt be aware of the financial challenges all schools are facing and, inevitably, this leads to reviewing the detail of all school spending. As I explained in my last newsletter and in a subsequent letter to KS3 students from Mr Lawlor, we are phasing out Design & Technology and planning to convert the rooms to new uses. The T1 workshop is being refurbished into a second Sixth Form Common Room, the T4 Food room is being converted into a classroom and a seminar room.

We are inevitably having to reduce resources available to students and are encouraging them to use online resources where possible. We have decided to reduce our printing costs by asking you, the parents, to use ParentPay to furnish your daughter with a £10 print credit in the same way as you have topped up her print account this year. This will not apply to students for whom we receive Pupil Premium funding.

As far as school facilities are concerned, apart from the refurbishment of Technology rooms, we applied for a capital grant from the Government to build a sports hall and replace Bancroft by a new teaching block. We were unsuccessful but will try again in the next round of applications. I cannot stress enough how needed your contributes to our Better Buildings Fund are in the current financial climate.

Many of you added comments which have been reviewed. I can confirm that we carry out regular lesson visits to monitor the quality of teaching, however I invite you to write to me personally if you have any concerns. We are reviewing the instructions given to the girls regarding non-uniform days, I agree they should not be the opportunity for students to compete with each other. Simple jeans and t-shirts suffice when money is being raised for charity.

The topic of communication has led to mixed feedback with praise and concerns. As you know we send out letters to year groups, a weekly bulletin, and a termly newsletter. We update our website

Message from the Headteacher

and use our Twitter account to celebrate special achievements.

We have reviewed ParentMail, ParentPay and our report and TA data processes with a view to making access easier and to enable us to target groups more effectively.

We are also going to review how we assess at KS3 to ensure students and parents have a clearer indication of progress.

With the removal of Design and Technology, I am pleased to confirm that the Science and Maths Departments, as well as Mrs Madle and Mr Nicholls, our D&T Technicians, will continue to run clubs and involve your daughter in STEM competitions next year.

Too many to quote have expressed with additional comments their satisfaction, and delight even, at the way their daughter has settled in or developed in confidence since joining our school. Thank you.

Staffing update

◆ Mrs Margaret Cousins

After a 40 year association with CCHS, Mrs Margaret Cousins has decided to retire, she will ease into retirement as she will be back to take her Year 12 into 13 next year.

Mrs Cousins first joined CCHS in 1977 and has been associated with the School almost continuously since then, with periods of part-time work when her children were young. After a degree in Mechanical Engineering Mrs Cousins decided on a career as teacher of Mathematics and studied for a second degree in that subject.



Mrs Cousins has been a superb and highly respected member of staff throughout her forty year career with our School.

She has taught Mathematics to all year groups and her skills have ensured that every girl taught by her not only enjoyed, but also succeeded in and learnt the relevance of the subject to their future. Mrs Cousins' teaching of the challenging Further Maths A Level and Higher Level IB has been invaluable to the students and the Maths Department.

During her time at CCHS Mrs Cousins has also made significant contributions in her role as PSHE Co-ordinator since 2005, and Year Leader since 2007 ensuring that the students in her year group were well cared for, and that all students received the personal education that prepares them for life beyond school.

Mrs Cousins has also contributed to the School as Staff Governor since 2010: she is a member of the Facilities and Finance Committee and sits on the whole school Governing Body.

Mrs Cousins is a friendly and respected colleague in the staff room. She has been a loyal and committed participant in the many staff pantomimes over the years. Mrs Cousins has a quiet authority much strengthened by her enjoyment of teaching.

She is not quite leaving us for good as she will return in September to take her Year 12 A Level classes through to their examinations in 2018.



Message from the Headteacher

- ♦ **Dr James Alsop**, Teacher of English, moving to Felsted School.
- ♦ **Miss Natalie Greenwood**, Subject Leader for English, relocating to Kent, to be Head of English.
- ♦ **Ms Ruksha Gorshia**, Teacher of Mathematics, moving nearer to home.
- ♦ **Mr Alex McGee**, Director of Music, moving to a pastoral role at Westcliff High School for Boys.
- ♦ **Mr Roger Steel**, Subject Leader for Computing, also moving to Westcliff High School for Boys to lead computing.
- ♦ **Mrs Angela Williams**, Subject Leader for Technology has been promoted to lead a larger Technology department at The Sandon School.

In July, three new members of staff joined our community as teachers of Mathematics:

- ♦ **Mr Aleks Goodier**
- ♦ **Miss Bethany Stone**
- ♦ **Mrs Helen Wang**

We will welcome the following to our team:

- ♦ **Mr Nicholas Minnican**, Assistant Headteacher, Teaching & Learning, Teacher of Chemistry
- ♦ **Mrs Virginie Caffier**, Teacher of French
- ♦ **Mr Matthew Carter**, Subject Leader for English
- ♦ **Ms Sheri Haward**, Teacher of English
- ♦ **Mr Christopher Lamberti**, Director of Music
- ♦ **Ms Nina Walsh**, Subject Leader for Computing

It leaves me to wish you a good summer. I look forward to seeing some of you in August to celebrate A Level and GCSE results.

With best wishes

Nicole Chapman
Headteacher

Curriculum & Enrichment News

Mr Stephen Lawlor, Deputy Headteacher



Teacher education and development

Earlier in the academic year the Department for Education published the 'standard for teachers' professional development'. The introductory section of this document states:

As the most important profession, for our nation's future, teachers need considerable knowledge and skill, which need to be developed as their careers progress.

The new standard identifies four key features:

- ◆ Professional development should have a focus on improving and evaluating pupil outcomes.
- ◆ Professional development should be underpinned by robust evidence and expertise.
- ◆ Professional development should include collaboration and expert challenge.
- ◆ Professional development should be sustained over time.

You will know that as a School, we take our teacher education and development very seriously. The key features specified in the standard have been present in our Continuing Professional Development (CPD) programmes for some time now. For example, our teachers work as members of professional development groups. This approach puts focused, collaborative CPD front and centre. Across the 2016-17 academic year, all teachers have been working on developing their assessment practice. At a time when we are delivering new GCSE and A level courses, with their new assessment approaches, developing our assessment practice is crucial.

Individual teachers have been able to concentrate on a specific feature of assessment, whether it be a particular key stage or a certain marking approach. We believe this element of personalisation empowers our teachers. When professional development groups meet, each teacher is able to speak to colleagues to share his/her development work and to receive professional support to inform their project.

As we move towards the end of the Summer

Term, our teachers are now completing their individual records of professional development. This allows them to reflect on their professional development experiences, identifying how their practice has progressed, providing evidence, and noting their next steps.

We have instituted a CPD vision to both guide and animate our teacher education and development provision:

- ◆ From teacher training to educational leadership – nurturing and inspiring the teachers and leaders of tomorrow through excellence in personalised training and development.

We live this vision through our CPD programmes. This includes working with colleagues from other schools. We are strategic partners of the Chelmsford Teaching School Alliance and the Billericay Teaching School Alliance. Moreover, we work with a number of institutions to train teachers: the Billericay Educational Consortium, the University of Cambridge and the TES Institute.

Teaching is such an important and rewarding profession. Helping to educate and develop the next generation of teachers is vital work. It is so heartening when our own students express their ambition to teach in the future.



Achievement Awards

CCHS students continue to demonstrate their care and interest in charitable and community work. The Jack Petchey Foundation provides a nationally recognised scheme for such altruism to be celebrated. As a gold award School, we are able to recognise the work of nine students across an academic year, in relation to school, local, national and international community work.



Curriculum & Enrichment News

Mr Stephen Lawlor, Deputy Headteacher

Bethany Mulgrew, Year 13, was our September award winner. She achieved a Jack Petchey Foundation Award, following a nomination concerning her significant contribution to the life of the School. Bethany's years of involvement in School music is so impressive. She was involved in five ensembles this year, which exemplifies her hard-work, dedication and loyalty. We believe Bethany has made a great contribution to her School community through her music-making.

Lauren Scott, Year 10, was our October award winner. She is fully committed to School sport. She competes for School in swimming, cross country, athletics and netball. She has competed in three national swimming championships and one national athletics championship. She regularly trains. She also helps the PE Department with coaching Year 7 netball and swimming trials, as well as helping with Year 6 coaching sessions. We believe Lauren has made a great contribution too.

Georgia Kiddier, Year 11, was our November award winner. She spent hours of her time, after school, helping to coach teachers for our 'Strictly Come Dancing' fund-raising event. This event was devised to raise money for our School expedition to Uganda. What is wonderful is that Georgia, who is not involved in the expedition, undertook this work to support her friends who are going. Her work also demonstrates her commitment to the purpose of the expedition – to work with and support the Living Hope School and Orphanage. We believe Georgia has made a great contribution to her School and the wider community through her work.

Sazrina Hossin, Year 13, was our January award winner. She volunteers at a rest home, supporting and comforting people. She has worked hard to raise money for several charities. Moreover, she campaigned for 'Carefree Kids', creating an information leaflet for them. We believe Sazrina makes an invaluable contribution to her community through her dedicated and sustained work.

Alice Ward, Year 13, was our February award winner. She undertakes voluntary work with SNAP (Special Needs and Parents) and Marillac Care, an organisation which supports people with complex disabilities. She has conducted this work for nearly two years now. We believe Alice makes an invaluable contribution to her commu-

nity through her sustained voluntary work.

Bethany Diggins, Year 10, was our March award winner. She supported Vision Aid Overseas, by delivering two whole school assemblies and arranging the collection, across a week, of dozens of pairs of unwanted glasses, to help people in several countries. We believe Bethany made a notable contribution to the global community through her excellent work.

Holly White, Year 7, was our April award winner. She attends weekly meetings to support the work of our School charity group (CHIPS) and volunteers to work on projects. In addition Holly designed a logo for CHIPS. We believe Holly makes a great contribution to the school community through her excellent work.

Rose Caddy, Year 10, was our May award winner. She achieved a Jack Petchey Foundation Award, following a nomination concerning her significant contribution to the extra-curricular life of the School. Rose is the Art Club leader who has been promoting and setting up the Art Club for Year 7-9 students since January 2017. She has been very efficient at organising a team of Art prefects to run Art Clubs during lunch times. We believe Rose makes a great contribution to the school community through her excellent work.

Qansa Amin, Year 10, was our June award winner. She achieved a Jack Petchey Foundation Award, following a nomination concerning her significant contribution to creativity. Qansa has been the key 'ideas' person as a key member of our KS3 Art clubs, providing fun and exciting activities for students to further their Art skills and knowledge. We believe Qansa makes a great contribution to the school community through her creative work.

Mr May received the Leader Award this year, in recognition of his excellent service to sport. His tireless work in coaching and encouraging students across various sports, including badminton, table tennis and cricket, is really quite special. We thank Mr May for all of his work and his students were thrilled that their nomination led to this award for Mr May.



Pastoral News

Mrs Maria French, Assistant Headteacher, Pastoral



The pastoral team had a superb summer term and the girls in Years 7 – 11 have enjoyed many opportunities to speak out and develop their leadership skills. The Events Prefects have done a tremendous job, in particular, as they welcomed the new Year 7 intake on their Family Welcome Meetings and Taster Day in June. They also helped to support the younger girls on Open Evening with organising hundreds and hundreds of tours around the School. One of their other tasks was to serve canapes and drinks to our returning Year 14 and their families at Senior Speech Day at the Cathedral. (pictures of events prefects) All of the prefect teams did a sterling job at our annual Open Evening and were seen giving tours and talking with great passion about their school and subject area.

Girls from all year groups have joined clubs, entered competitions and raised money for charity. Some girls have delivered assemblies about their charity work or achievements outside of school. Antonia spoke about her show jumping success representing Great Britain, Jessica spoke about getting through to the Jack Petchey Speak Out! final in London's West End and how she overcomes any nerves by thorough preparation. Lana and Lucy spoke about their volunteering work at a local charity shop and Imogen spoke about her support of her favourite charity, Auditory Verbal. All of these experiences have developed their confidence and leadership skills.

Please do encourage your daughter to speak out in class and to get involved.

There are so many clubs and activities on offer in school, many of which are student-led. Con-

gratulations to the Year 7 team who have set up the very popular Harry Potter Club, particularly Medhavi Mathur in 7S.

Jack Petchey 'Speak Out' Final

On Monday 3rd July Jessica Steadman and Imogen Williams enjoyed an interesting guided tour of the Houses of Parliament in honour of her Jack Petchey finals day in London. Thank you to Vicky Ford MP, for this very special invitation for the girls.



Jessica then went on to the Cambridge Theatre in London's West End, currently home to the RSC's production of Matilda, to take part in the Jack Petchey 'Speak Out!' Final. Over 19,000 young people were part of this journey and Jessica was one of 15 finalists. Miss Sales and I





Pastoral News

Mrs Maria French, Assistant Headteacher, Pastoral

watched in awe, as Jessica delivered her talk to over 1,000 people with real confidence, verve, passion and humour. Although not the winner on the night, as the illustrious team of judges said, they were all winners for their place in the final.

Thank you to Imogen for being a super-supportive friend, the English Department for their work in developing public speaking and The Jack Petchey Foundation for their relentless support of young people.

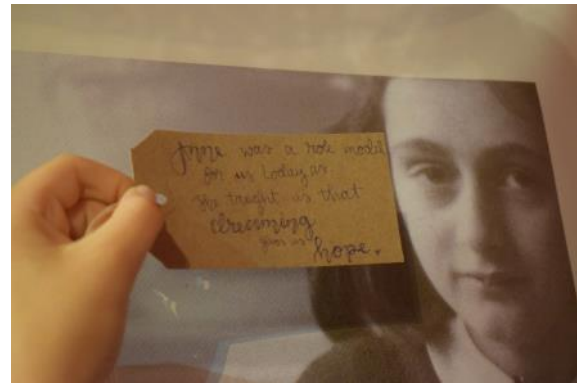
New Intake 2017

We had a wonderful day in June welcoming our new Year 7 girls for September. They enjoyed some wonderful taster lessons in Languages, Drama, Science and Geography to name a few. We look forward to seeing them all in September for their first full day as a fully-fledged CCHS girls.



Anne Frank Trust

Year 9 have just completed a really powerful week, as we were the first school in Essex to host the Anne Frank exhibition. Miss Harrison had visited Anne's house in Amsterdam before and was able to bring her knowledge to support the whole year group. Val, from the Anne Frank Trust took the girls on a powerful journey as they discovered more about Anne's life and her remarkable wisdom and gift for writing. The 25 Anne Frank ambassadors were remarkably impressive as they toured all of the school round in small groups, as well as a visiting group from KEGS with their Headteacher. The ambassadors explained with great maturity and knowledge Anne's story, and that of her whole family too. Their understand-



ing of events and ability to re-tell her story with such compassion, resulted in them being honoured in the Year 9 Junior Speech Day with special certificates. Year 9's week-long experience culminated in a very moving theatrical presentation on the last day. The girls took part in workshops which touched topical issues today such as refugees and bullying. Congratulations and thank you to Year 9 and Miss Harrison.

Junior Speech Days

Congratulations to all the girls who received awards at the end of Year Junior Speech days. Years 9 and 10 were first to impress with an motivating talk from 'old girl' Amy Morris. Amy really inspired with her very candid view that, for her, real happiness is always found, not in the acquisition of treasures and credentials, but where she is happiest most is when she is helping others. Year 8 and Year 7 also received their awards from former students Claire Gilbert and Claire Parker as their guests of honour. These significant afternoons are always really special and a wonderful opportunity to reward girls who have excelled.

CCHS Pastoral Team: Follow us on twitter

The pastoral team has a twitter account that posts news and items that may support you and your daughter, particularly relating to internet safety. Please do follow us, so that we can share items on this and other important subjects.





Pastoral News

Mrs Maria French, Assistant Headteacher, Pastoral

Social media

We have now completed the next round of internet safety with the younger girls and thought that you may like to be aware of some of the issues that we discuss in school. Some girls report that they keep their phones switched on and get distracted by Snapchat, in particular, whilst trying to get off to sleep or complete homework or.....talk to their family! We have discussed the different ways that families manage this issue.

- ◆ Phones on the landing/ parents' room at night/ no phones upstairs?
- ◆ Wifi off at bedtime!
- ◆ No phones at the dinner table.
- ◆ Phones are helpful for homework (research/ music/ checking in the group chat?) so homework is at the dining table?

All families find their own solutions and the girls were interested to hear how everyone's solutions are quite different, but all agreed that phones in bedrooms at night time was a major sleep-hindrance.

Reminders

School Uniform Shop open Wednesday 8:15 - 9:10am and Friday 12:35 - 1:35.

Please ensure that your daughter has a knee length skirt in September to comply with school regulations. This applies for all girls in Years 7 - 11

We do appreciate your support to ensure that high standards are maintained.

There is also a very extensive and great quality **nearly new uniform shop** for any parent that may wish to use this service. This is kindly run by the Parents' Association.

Road Safety

We would be grateful if you could reinforce the rules about crossing the road safely at home. **Please remind the girls that an ambulance with a siren and flashing blue lights in use will ex-**

pect pedestrians to stay on the pavement and not try to use the crossing, even if it is on the green person.

Whilst it may seem unnecessary, we still find that there are girls who persist in taking risks with their own safety and that of others. We are on a busy main road and girls need to remember that they should only attempt to cross the surrounding roads at a marked pedestrian crossing and whilst wholly abiding by the signals. We are grateful for your support in this matter to keep all of our girls safe. Often younger girls will follow the older ones and so there is a communal duty and expectation that we all stick to the rules.

Free School Meals

If you are in receipt of a qualifying benefit: Income Support, Job Seekers Allowance-Income Based, Child Tax Credit (Working Tax Credit is not a qualifying benefit. There are some non-qualifying benefits) If your taxable annual household income is less than £16,190.

If the above apply you may qualify for free school lunches.

HOW TO APPLY: Go online to www.essex.gov.uk/educationawards

or request an application form from the Education and Awards enquiry line on 0845 603 2200. Please be assured that we always deal discreetly and sensitively with any girls in receipt of free school meals and there is no embarrassment or knowledge to other girls.

Student email helpline: studentsupport@cchs.essex.sch.uk

Year Leaders in September

Mrs Adams:	Year 7
Miss Cope:	Year 8
Mrs Windeatt:	Year 9
Miss Harrison:	Year 10
Miss Sales:	Year 11



Year 7

Mrs Katharine Adams, Year Leader

Year 7 have really embraced all the opportunities that the summer term offers. There were some wonderful musical performances in the Cabaret concert and I am delighted that Florence Cope, Sofia Barker and Mariella Jasper will be treating us to their playing once again at prize day. Several girls took to the stage in a dance routine or joined in the fun races at the recent Blue Fest charity event and it has been great to see forms also carrying out their own cake sales to raise money for other charities.



Participation in Sports day was enthusiastic and allowed our talented athletes to really showcase their skills. Particular mention should be made of Temi Awolesi, Lara Boyd, Sam Ericsson, Ody Ozone and Surhabhi Srivastava who have made a major contribution to school sport teams this



year.

Chloe Marr, Kavina Sreeskumar, Mariella Jasper and Shreya Pedda Venkatagari spoke eloquently and with great courage at the presentation for prospective students and their parents on the Open Evening and all of Year 7 have been wonderful ambassadors for the school in writing pen-pal letters and welcoming the new September

intake at their recent taster day. Rehearsals for the House Show are in full swing and girls are learning the important skills of negotiation and compromise when working as a group! Enrichment Day 5 with the Technology challenge looks to be a very exciting prospect.



The highlight of the term must definitely have been the trip to Normandy. Holly White has written more of this elsewhere, but I would just like to add that we were all immensely proud of Year 7 for their impeccable behaviour and their really positive spirit on the trip. It was as pleasure to see them so excited that "real French people" could understand their French and to watch them applying their learning from Art and History in new contexts.



Finally, as the academic year draws to an end, I would like to take this opportunity to thank the Year 7 tutor team Miss Lawrence, Mrs Santos and Mr Bradford, Mrs Onuegbu and Miss Carey, Mr Harvey and Mrs Smith for the fantastic support they have given their tutees in helping them settle in and grow in confidence during their first year at CCHS. I am sure the girls will continue to flourish in the care of Miss Cope and the Year 8 tutor team next year.

Year 8

Mrs Marion Windeatt, Year Leader

I should like to start by congratulating the girls for being such great ambassadors on the Rhine-land trip. Frau Spiller was very impressed by their commitment to their activities, their behaviour and the tidiness of their rooms.

The students have now received their reports and the TA3 data. As I write the tutors are having discussions with the students following on from the TA3 Data. Targets are being set, congratulations being passed on and support being given.

This has been a busy year and I am sure the girls are looking forward to end of term activities. House Musical is about to take place and all the forms are actively preparing for this. Sports Day was exciting and it is always a pleasure to witness the girls cheering each other along the way. During the Presentation Assembly in the last week of term many students will receive prizes for their Achievement in subjects or their Commitment to their studies, others will be contributing to musical items. The final Enrichment day of the year promises much fun and is based around Shakespeare.

I wish all the girls a good holiday so they can recharge their batteries and come back refreshed into Year 9.



Year 10 Athletics team



Year 10

Miss Georgie Sales, Year Leader

It's been another busy term for Year 10 with hard work, alongside lots of fun as well. There have been many school trips and Enrichment days where the girls have travelled far and wide. There was Snowdonia for the Geographers, with more wind and rain than we could have ever imagined! On Enrichment day 4, we had an over night stay in Bath, experiencing the history and culture of the city and next week, Year 10 take on a Dragons Den style day where they will have to create and pitch an original idea.

Jessica Steadman competed at the Jack Petchey 'Speak Out' Grand National Final at the Cambridge theatre in London and met Jack Petchey himself! Jess performed brilliantly; a night I am sure she won't forget.

There has been Athletics success with the Year 10 team becoming CESSA champions for the fourth year running, and it was here where the girls finally found out they had qualified for the ESAA National Athletics Finals in Oxford; which brought many cheers and screams into the stadium! At Oxford, the girls competed brilliantly, showing the passion and desire to do well; and that they did. The girls finished in a fantastic 8th place Nationally. Well done! Last weekend, Kiera Bainsfair represented Essex at the English Schools' Championships and finished in a superb 2nd place – a stellar performance. She has also been selected for her second International competition in Ireland, and we wish her all the best.

It remains for me to say, well done Year 10 on an excellent year! I have every faith that you will tackle your GCSE year positively and with enthusiasm. I wish you all a very relaxing, well deserved summer.





Year 9

Miss Fiona Harrison, Year Leader

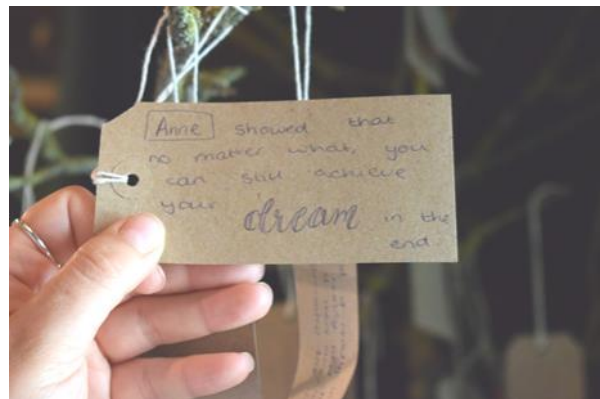
It has been a busy term! The first Enrichment Day saw Year 9 enjoy a theatre workshop in the morning and then travel to London to see 'The Woman in Black' in the afternoon. For the second one they will shortly be taking part in the peer-led sex education programme – this should be an informative day.

We have had many successes this term. Naboshika Nantheswaren, Ayesha Karim, Alexandra Aung and Mary-Beth Kogbe are through to the final 12 groups in the Sci-challenge. They will be traveling to Vienna at the end of the month to compete in the final. We have also had a number of girls going out to Go4Set. The Pink team won Overall Best Project Write Up. Both of these achievements are fabulous and we are so proud of them.

I hear many complimentary things about Year 9 from the staff. They are fantastic at getting involved in school life, as well as trying to do their best in the classroom. Dr Graham has sung the praises of the girls that are helping her with the preparations for Black History Month in October. They are dedicated and meet with her each week to ensure the best outcome.

The final event that Year 9 have led so brilliantly this term has to be giving their all to The Anne Frank Foundation's visit. 25 girls trained to take groups around the Anne Frank Exhibition that was set up in the Drama studio. Val Ross from the Anne Frank Foundation worked with the girls all week to help them develop their speaking skills. They will now go on to work with the foundation in Year 10 to become Ambassadors for the foundation. The whole of Year 9 were able to enjoy the visit – they were all toured around the exhibition and, on Friday, they were involved in workshops looking at refugees. It is crucial for the girls to reflect on the information given to them and relate it to the times we live in.

It has been a pleasure to see Year 9 relish so many opportunities this year and I am sure there are many good things to come as they embark on their GCSE courses next year. I hope you all have a happy summer holiday.



Sixth Form

Dr Michael Palmer, Assistant Headteacher/Sixth Form



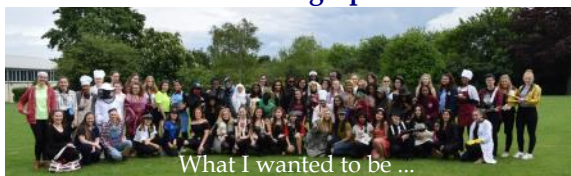
Year 13

This last term has obviously seen our Year 13 students finishing lessons and sitting their A Level and IB Examinations. As usual we ran a round of farewell events for them, including a lunch for IB students on their last day and the traditional four days of dressing up at the end of May prior to the Leavers' Assembly just before half term. As usual the Sixth Form Revue took place in mid-May and we were once again hugely impressed with the standard of performance and the perception with which school staff and school systems were portrayed on stage. It is a huge task for Year 13 students to put together an hour of quality drama at this very busy time and we applaud their efforts.

Final Assembly



Dressing-up



What I wanted to be ...



Favourite Character



House letter or colour



Old school uniform



Smart dress

Sixth Form Revue



IB Examinations

IB examinations took place in May and A level examinations in June. The Examinations Office and our team of invigilators (which includes many former staff) worked tirelessly to ensure that these examinations ran without a hitch. I am sure that all those who sat examinations will be grateful for the calm and efficient way in which they were run and I hope that all our candidates will feel that they have been well prepared and able to perform to their best. We obviously now await the A level results in August. However our IB students (and those A level students who had sat IB examinations in certain subjects) received their results on the 6th July. We were very pleased with the results our students achieved and congratulate them on their successes. A fuller picture of our successes in terms of university entrance will be available in due course.



Sixth Form News

Dr Michael Palmer, Assistant Headteacher/Sixth Form

Year 12

Year 12 students have also been busy with examinations this term. However only in a few subjects have these been public examinations; in all of the reformed A level subjects students sat internal examinations and the results of these have been helpful to them as they focus more closely on their intentions and aspirations in terms of university entrance. All our students are now beginning to work on their UCAS personal statements and we expect that the vast majority of them will pursue applications to university. However we are increasingly aware of the range of impressive and interesting alternatives to traditional university study and Dr Huckvale (Head of Careers) has been exploring these. It is clear that in the current climate more students will find these other options attractive and we would be glad to hear from any parents or friends of the school with experience of higher apprenticeships and other such courses.

Dr Huckvale organised a very successful UCAS Day for all year 12 students at the end of June and we were particularly pleased to be joined by a group of former CCHS students who left us last summer and who have just completed their first year at university. Our Year 12 students found their frank and thoughtful presentations about their various courses to be most helpful.



In many ways the highlight of the last few weeks for Year 12 students has been BlueFest. Braving the blistering hot weather, the Senior Prefects and many other Year 12 students organised and ran this combined summer fete, fun

sports afternoon and music festival. We are most grateful to the Parents' Association for their logistical support and for bearing some of the costs of running the event; their support, everyone's donations and the hard work of the Senior Prefect Team enabled us to raise £2150 for Mid and North Essex Mind. Our Just Giving page is still open for any final contributions that you may wish to make. We are delighted with the success of the event and grateful to all performers, stall holders and to all who took part so enthusiastically.



A number of Year 12 and 13 students are currently in Uganda, visiting and working with the Living Hope School, and we look forward to hearing about their trip when they return. Other Year 12 students have a variety of interesting plans for the summer. Obviously we commend to them the value of reading and reflection in preparation for their Year 13 courses and we look forward to welcoming them back as Year 13 students in September.

UN International Peacekeepers Day – Wednesday 24th May

By Praneetha Mukkamala 10H
and
Bethan Mapes 10G



On the 24th May, we travelled to Westminster, along with Mrs Chapman, to take part in the 15th United Nations Peacekeepers' Annual Conference. We were very curious, excited but also very nervous about the day ahead.

Before we talk about this conference, it is only apt that we give a summary of what peacekeeping is and the role of peacekeepers. As you must be aware, many countries around the globe are still involved in conflict. It is the Peacekeepers' duty to help these countries to make an early transition from conflict to peace by providing them with security and the political and peacebuilding support needed. UN Peacekeeping is guided by the three basic principles of: consent of Political Parties within the conflicted country; impartiality to any party or force; and abstaining from using force, except in self-defence and defence of the mandate. Currently there are sixteen peacekeeping opera-

tions which are deployed in four continents. The International Peacekeepers Conference is held in honour of every single peacekeeper who was, is and will be involved in any of these vital missions, and also to discuss the changes that need to be made to peacekeeping to make it more effective.

The day began with an opening speech given by General Sir Gordon Messenger who is the Vice Chief of the Defence Staff at the Ministry of Defence. He spoke about how the UN has a reformed agenda focusing on the 'Three Ps': better Planning; more meaningful Pledges; and improved Performance. He also spoke very strongly about the importance of education for peacekeepers and gender equality. He said that the U.K should be a 'pen holder' in training and informing individuals on gender issues with a specific focus on the prevention of sexual violence in conflict. He emphasised his belief that 'gender has a place in all military doctrine' and should never be ignored. With that brief but inspiring speech, our day at the conference began.

Our first session was named "Better Peacekeeping?" or "People Centred?" What do these approaches mean and how can they be implemented? It was during this session that we became more aware of how the UN actually works and of its review panel HIPPO (High-level Independent Panel of Peace Operations). HIPPO's recommendation for better Peace Keeping is to make it people centred with three key focuses:

- 1) Don't Abuse People – this refers to both the civilians and the peacekeepers who have been deployed.
- 2) Protect the people and it was mentioned that this can be done using three tiers: firstly through dialogue; secondly through physical protection; and thirdly through creating a protective environment around the civilians.
- 3) Engage and listen to the people. This is seen to be crucial for a successful mission as the people of the country know the country the best. They can be very useful in providing information to the peacekeepers so they can predict when there might be an attack.

But during this session, we also learnt that the political parties and officials of the government were the most important, as if the UN attacks government forces, then it can be asked to leave the country and this put the civilians in a dire situation. The UN can only aid and assist the government of the country, it cannot go against it. Therefore if the government is the primary perpetrator, the UN is affectively ineffective.

The second session was about 'Leadership and Accountability.' This session focused on sexual exploitation of mainly women but also young boys by peacekeepers. The session began with a timeline of events, painted out by Nicola Dahren-dorf (International Humanitarian Law and Gender Adviser to the British Peace Support

team for East Africa) that showcased the struggle that was needed to raise awareness of this issue. This twenty-four year timeline began in 1993 where protests began in Cambodia regarding sexual exploitation by peacekeepers after a mission there. But these protests were dismissed because of the mind set 'boys will be boys.' In 1995, it was reported that women were trafficked and abused by a UN Peacekeeper and it was also revealed that exploitations of refugees – boys, girls and women – had taken place. But whether the peacekeeper involved was brought to justice or not, was not mentioned. Surprisingly, it was not until 2005 that an office for sexual exploitation and abuse was created. But again in 2015, in the Central African Republic, high profile dismissals of peacekeepers took place regarding this issue and it was seen as a 'cross institutional failure.'

In 2017, these issues were again addressed, but more thoroughly in the HIPPO report and Dr Marsha Henry (Associate Professor, LSE) emphasised at the conference that, sexual abuse within peacekeepers is not a separate issue to a criminal offence and seeing it as one, because high profile military officials are involved, does not help at all. She again reiterated the need to educate not only the peacekeepers but also the civilians on how they can get help if they are abused. She later spoke about how 'experts' were deployed to Haiti to handle sexual abuse that happened there, but they were not trained effectively to help

those abused and there was a lack of communication as many of these officers could not speak French. This again highlighted another failure of the UN and the need for awareness, trust and schooling.

Fred Carver (Head of Policy, UNA-UK) spoke about how there was a lack of justice for those who have been abused. He also spoke about how some peacekeepers believe that sexual exploitation is a minor offence, as many peacekeepers have received no punishment for this offence. It seems that many peacekeepers know of the loopholes within the law that help them get away with this crime. Also it was mentioned that it was simply not part of some of the Commanders' culture to call out their troops on these offences as for some peacekeeping is their livelihood, perhaps the Commanders don't want to be the cause of their troops' demise, so they do not intervene.

Within both of these sessions, the recurring theme was that the peacekeepers were not properly educated. And as we know 'knowledge is power', so maybe many of these problems within the UN could be rectified through education. Also we found it shocking that the peacekeepers who were deployed to help the government protect the people from the conflict within the country, had such little interaction with the people they were protecting. We are glad that the new reforms made by HIPPO tackle this issue by spotlighting the need for communication. It was also said during these sessions, that the troops that are

deployed, consist of peacekeepers from a variety of ethnicities, nationalities and backgrounds, so the brief given to them could vary as it was not given collectively. This could cause confusion, due to the lack of communication within the troops, which would mean that there would either be a delay in their work or their work would be ineffective. Although this might seem like an obvious thing to do, the new reforms state that the briefs should be clear but also given collectively to the whole troop at the same time.



Angolan Ambassador to the UK

Despite these fascinating and informing sessions, the reason this day was truly special was because we were able to lay a wreath at the Cenotaph in memory of Dame Margaret Anstee, who was not only an ex-student of CCHS but also a peacekeeper herself and is most notable for her work in the Southern African nation, Angola. It was heart-warming to see how the Ambassador for the President of the Republic of Angola, Antonio Luvualu de Carvalho, spoke with such respect and gratitude towards 'Madam Anstee' (as he lovingly called her.) He spoke of how he remembered her visit to his homeland and of how her efforts have made a difference in him and the people of Angola.

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It was wonderful to see how someone who studied in the same school as us, had impacted people's lives all the way in Africa and how she is still remembered and thanked for, even after she has passed on. We are proud to have been able to play a part in honouring her. The day ended with a closing



statement from Princess Tessy de Luxembourg, who is the Patron of UNA-UK. She has not only served as an officer in the Luxembourg Army, but is now a peacekeeper herself. Already having briefly spoken to her while waiting to go to the Cenotaph, we were star struck, not because it was the first time we had met royalty, but because of the way she spoke with such knowledge and confidence about all that had been



said in the previous session. And as we walked out of the building, we felt motivated by Dame Margret Anstee, Princess Tessy and all the individuals we had been surrounded by. We felt driven to achieve something worthwhile in our lives, so we are also remembered even after we pass on.

Finally, we would like to thank Dr. Graham once again for having selected us and Mrs Chapman for letting us be a part of this unforgettable experience. Words aren't enough to express our gratitude but if we had to say something then all we could ever say is thank you.

Drama and English Year 9 Enrichment Day 4 - June 15th by Fleur Smith

On the 15th June, year nine went to see *The Woman in Black* in the Fortune Theatre. We started the day off with an English and Drama workshop. In the English workshop we first studied and analysed the opening passage of the original book written by Susan Hill; we looked at the techniques she used in her writing to create suspense and the main themes of this passage. Then we watched the trailer for the theatre production and for the 2012 movie. We then analysed these for use of music, lighting and speech. The whole group decided the film trailer seemed much creepier than the theatre one did! In the drama workshop we played a few games before trying to create suspense through our acting by using

long silences. This was difficult as it felt very awkward to sit for long periods of time in complete silence. Then we focused on the idea of playing multi-roles as there are only two actors in the stage production. We were given six different costumes in a pair and we had to develop a different character who was watching horse racing using our voices and physicality with each outfit. This was fun as we created each character as an extreme to make it easy to differentiate between them.



In the afternoon we travelled by coach to the Fortune Theatre to watch the show. We were watching the matinee showing and so it started at three o'clock. Once we had all received our tickets on the bus and texted friends on other coaches to find who we were sat near, we finally made it to the theatre. When everyone was settled into their seats, the show began. Everyone felt a little apprehensive due to the eerie appearance of the set and because of the general theme of horror we know knew to expect from the storytelling. During the show there were many screams from the audience and by the time it came to the interval, everyone was feeling a little shaken. The general dark lighting in the theatre and the many silences made everyone anxious about what was to come and sudden sound effects



from behind made even the least fearful of us jump. The scariest part had to be when the woman walked down the aisle through the seated audience members in the stalls. The ending also left everyone feeling uneasy due to the clear inevitability of what would follow... However I will not spoil the ending for anyone who is yet to see this amazing show.

In conclusion, the whole of Year 9 thoroughly enjoyed our trip to see *The Woman in Black*, even if we all jumped during the show several times and all left still feeling slightly unsettled. We would like to thank all Drama and English staff for organising this day and all the staff who accompanied us on our trip.

Year 7 Normandy Trip

By Holly White 7C

In June, Year 7 made a hike over to Normandy for a few days. With the support of the teachers (thanks for being such amazing organisers), we were able to have a fabulous time, developing our language skills and learning all about the history of Normandy. It was an opportunity to build friendships, and uncover William the Conqueror!



On our first day, we spent some time at Rouen Cathedral, exploring the sights that lay within! Our previous work on impressionism in Art was the reason we went there, and we compared Monet's pictures to the real thing. Being such a massive building, it's really hard to resist going inside! I certainly wouldn't have wanted to go to the top; it is four hundred and ninety-five feet tall in total.

The second day we visited two different places. As there was so many of us and so much to do, each coach travelled to different destinations. Our coach - Lady Capulet - firstly took us to Bayeux, where we viewed the Tapestry. It pictures the Battle of Hastings in 1066, and William the Conqueror's lead-up to it. Using only eight colours, the ancient tale is depicted in seventy metres of linen. Prior to this, we had the chance to buy things in the town (including ice cream), and everybody could hang out with



their friends! I decided to buy a cat decoration for home and a mint drink which my teacher had recommended before we went. As she said, the drink was incredibly refreshing for such hot weather.

In the afternoon, we went to Falaise: the castle at which William the Conqueror was born. Our tour guide was exceptional, and we learnt many facts about the structure and layout of the castle, as well as the Duke himself. We had a relaxing break for a while, when we sketched the castle to later use as inspiration when we returned to CCHS for our Art lessons. One of the most exciting facts I learnt was that they put cloth in the wooden bath so they could strain and re-use the water, even though they were rich enough to have more provided.



On our third and final day, we ventured to Honfleur, a Norman fishing town, with a scenic port that we were lucky enough to visit. The boats were all very pretty, and the sails blew gently in the sea breeze. Honfleur accommodates one of the only wooden Churches in France, and to symbolise the importance of fishing in this town, the roof is shaped like an upside-down boat. Additionally, we saw the clock tower opposite the Cathedral. Here we were also allowed to spend some time doing some last-minute souvenir shopping.

Sadly, after this we had to return to England back to school, but it was a trip I will never forget.

My favourite part of Normandy was most definitely Bayeux, because it had a rural touch whilst still maintaining the modern sense of security and happy vibe. The Bayeux tapestry was an inspirational sight, which showed us so much about civilisation in that age. To have created such a detailed image through some simple stitches in such a short period of time was phenomenal, and tells us so much information we could not justify otherwise. However, all the trips were amazing, and I would most definitely accept if I had the chance to re-live it!



German Exchange - 24th - 31st March 2017

In my opinion, the German exchange was a great way to gain experience and see how the language you're learning fits into the real world; we also saw how life varies in different cultures, which is especially interesting considering how near our countries are, yet sub-



tly different in everyday life. My host family were really welcoming and throughout the first weekend we spent some time with both his family and some of his friends who also had exchange partners. Although they weren't my best friends, I got to know them throughout the week, and we now get along really well. Every day was busy but not exhausting, and we had so much fun! My favourite trip must have been the chocolate museum, where we visited the Ritter Sport factory and made



our own chocolate, mostly in German, which was delicious; the shop afterwards was brilliant too. During the week, we visited the small town of Backnang multiple times with both the school and our partners. I found it to be a beautiful historic town with a delicious ice cream cafe! The teachers were amazing and really supportive if we ever had a problem, so thank you!

By Lena Leinemann, Year 9

My experience on the German exchange was an invaluable one, not only for improving my German speaking skills but for helping my confidence when speaking languages. Being someone who is currently studying more than one foreign language, I can safely say

that going on the German exchange has helped me with my confidence when speaking any language because when you are immersed in another culture and environment you are challenged to think on the spot when speaking, which really stretches your vocabulary and especially helps you when you have to think on your feet in oral exams. It also gives you the confidence to speak even if what you are saying might not be perfect. My exchange family took me to somewhere new every day and I especially enjoyed going to my exchange's dance class where there were a lot of other English students and we all joined in with the German exchanges. I especially enjoyed visiting Heidelberg as I had never been there before and all of the architecture was extremely beautiful. In addition to going on trip with school, I was also given the opportunity to go on school trip with the German school to the Stuttgart Opera house because my exchange student studied music. This was a particularly stretching experience as the entire tour of Opera



house was in German, however I really surprised myself with my ability to understand quite a lot of what the tour guide was telling us and I picked up a lot of new words and phrases through this hugely beneficial experience.



My favourite part of the exchange was staying with my host family because they really supported to me and did everything possible to make me feel welcome. They made me feel like a part of their family and encouraged me to speak as much German as possible but they also helped me when I struggled, I even managed to read a bedtime story to my exchange's youngest sister one evening with the help of my exchange! My exchange and I got on really well and have continued to speak to one another since the exchange, we also plan to meet up again in the summer. In summary, the German exchange was unforgettable, it enabled me to gain confidence when speaking German, make a lot of new friends both German and English and allowed me to see and experience so many new and difference things. It is an opportunity that I am very grateful for and I would encourage anyone who is able to take advantage of it as it is invaluable!

By Rose Caddy, Year 10

Bath Trip

Anna Nicholas, Marketing Prefect, Year 10

For Enrichment Day 4, Year 10 went on the annual trip to Bath to learn about the history of the city and also have an insight into Roman life. As soon as we arrived and booked into the youth hostel that would be our home for the night, we took a brief stroll around the city to become familiar with our surroundings. Whilst we did take in some of the beautiful architecture, I am sure that

most of us were also making a mental list of the shops we were planning to visit during our free time the day after! We then headed back to the hostel for dinner and some frantic running around the corridors to find where all of our friends would be staying-the 12 bed dormitories were a firm favourite among the year! The next morning, after breakfast, we all walked down to the city for an hour of free time in which lots of money was spent. Our first educational stop was the Roman Baths. We began with an hour long session, learning about Roman tombstones; our Latin was really put to the test! We also got to see some real Roman artefacts. After this, we were able to walk around the baths, aided by an audio guide which helped us imagine what the area would have looked like back when the Romans used them. Countless pictures were taken by the murky green water- the weather was definitely on our side! Our next activity was a guided tour around the city, focusing on the life of Jane Austen. I personally found this very interesting as, although she is very famous for her classic novels, much of her life had been a mystery to me before this tour. This was then followed by another hour of free time before heading back to the coach. Although our trip to Bath was very brief, it is safe to say that we all thoroughly enjoyed our stay in such a beautiful city and found it truly fascinating to learn about its history. It was also a perfect opportunity to practice our Latin. Thank you to all of the teachers that made this trip possible.

Adventure Island Trip

By Katie Heaysman, Physics Prefect

On Monday 3rd July, the Year 12 physicists made their way to Adventure Island to 'experience forces in action'. We spent the morning putting into practice many concepts we had learned in the classroom that related to circular motion and energy transformations, such as calculating where to sit on a spinning ride to have the best experience. After a delicious lunch of seaside chips, we then worked out the kinetic energy at the top of the loop-the-loop on the (terrifying) Rage rollercoaster, and tested whether we actually undergo free-fall during Sky Drop. With the weather on our side, and absolutely no queues at all, I'm sure I can speak for all of us that we had a fantastic time. We would like to thank the physics department for an amazing trip, and particularly Mrs Nicoll and Dr Cannon for accompanying us.

CHIPS

By Abbie Oster, Marketing Prefect, Year 10

We have had considerable success with the work that has been carried out in raising money for charity and internationalism during the course of the year. This has resulted in over £3000 being raised for various charities including Alpha One awareness, local hospices and a wide range of other great causes. There have been numerous cake stalls and non-uniform days such as the non-

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we had our annual House Cakes on the School's 110th birthday which proved to be just as successful where we donated a number of cakes to the local homeless charity CHESS.



More recently, there was BlueFest on the 7th July which was hosted by the Senior Prefects with the help of the Parents' Association. This was a fun and entertaining afternoon for both students and teachers, with ten stalls featur-



ing a Tombola, Pick n Mix, a homemade Photobooth and many more, all donations raised went to the charity MIND which supports people with mental health disabilities.

BlueFest also demonstrated the huge amounts of talent that comes to CCHS, with many girls performing songs, dances and also the teacher's 'Man Band' showed off their amazing skills! Overall, Bluefest was a massive success, where the whole school supported each other, but

more importantly raising a significant sum for the charity.



Pinky Lilani, CBE, DL visit

By Aishwarya Bandara,
Marketing Prefect, Year 10

We were lucky enough to be graced with the presence of the wonderful Pinky Lilani - an author, motivational speaker, food expert and women's advocate - a few months ago. From discussions about her love for food to celebrating the achievements of women to ex-wives and to boys, Pinky had everyone in awe of her humour and sheer brilliance.



All of us were able to relate to her from the moment she stepped into the room till the very end (when many didn't want to part with her) which is a skill in itself because holding the undivided attention of so many young people is understandably not an easy feat. After explaining to us the series of events that shaped her life and lead to that day, she continued by telling us about

the awards she's founded dedicated to women. Both the Women of the Future Awards and the Asian Women of Achievement Awards have the purpose of giving recognition to women leading in their areas of work, whether that be business, arts and culture or the numerous other categories. Also, the nominations for the Women of the Future Awards are now open so if you know of someone who you believe is deserving of the award (who is aged 35 or under on December 31st 2017) then head to the following nomination page: www.awards.womenofthefuture.co.uk/nominate/



There were many memorable moments throughout the afternoon and one of these undoubtedly has to be the crowds of CCHS girls that were rushing to get a taste of the potato curry that Pinky kindly made for us. Never before have I seen so many people interested in potatoes as I did that day!

Pinky's enthusiasm coupled with her fabulous cooking was unparalleled and we all re-learned something important that day - if you're determined and work hard enough, anyone can achieve their dreams. Even if it means cooking in Waterstones to convince them to sell your book.



Learning Resource Centre

Mrs Angela Martin, Librarian

The Library Charity Week was a huge success with both students and staff taking part in the various activities. Lunchtime on Tuesday was particularly busy as many students made hedgehogs; a fun way of 'recycling' old books!



On Thursday there were staff and students in the library, eating their lunch and then munching their way through a cream tea. All of the money raised is going towards the Living Hope Charity School in Uganda.



More than 200 books have been added to the library shelves this term; fiction books such as the Brotherband Chronicles series by John Flanagan and the Magical Venice series by Holly Webb have proved extremely popular; revision guides for both KS3 and the new GCSE 9 - 1 grades are ready for when the students return in September; non-

fiction books for history and geography have also been added on specific topics covered in the curriculum. Students and parents are welcome to make their own suggestions by e-mailing the library address on cchslibrary@cchs.essex.sch.uk.

One of the 'pet hates' of many library staff members is the habit of some students who turn the corners of the pages to mark their place in the book they are reading. To combat this at CCHS, we have produced a template to create our own bookmarks and then print them off on card. Currently, we have bookmarks on the Tudors, the EU, Chelmsford and French verbs with other language verbs to follow shortly. Do encourage your daughters to make use of these rather than damaging any books!

Lastly, I would like to say a huge THANK YOU to all of the parents who have bought books from our Amazon Wish List and kindly donated them to the library. I can reassure all of you that the books have arrived safely and can be borrowed by your daughters over the summer holidays.

**'Our greatest glory is not
in never failing but in rising
up every time we fall'
Nelson Mandela**

Music

Mrs Sarah Clements

Cabaret concert

The evening of Tuesday 4th July saw the performance of our annual Cabaret Concert. From the 3 weeks of auditioning the 65 or so acts that wanted to perform, we selected over 20 solo and ensemble performances from students from year 7 up to year 12. The evening really showcased the breadth of age, ability, experience and genres of Music that we have at CCHS. Items included a classical piece by a string quartet, romantic piano solos, and a very entertaining 20th century grade 8 cello solo which involved all sorts of playing styles including at one point, slapping the strings! The standard of performance was outstanding and in many cases really moving too.

The Music prefects played a big role in the organisation before the concert by helping to audition, and during it by handling all logistics, calling students to go on stage and even announcing the items on the programme. As always both performers and prefects were completely professional in their conduct and a credit to the school. I thoroughly enjoyed the process and was very proud of every single one of them. I look forward to it all again next year, hopefully it be slightly less warm!

Sports News

Miss Sarah Bellamy, Miss Georgie Sales and Mr Paul May



ESAA Track & Field National Finals 2017

By Tomi Owwoye, Year 10 PE prefect

On Saturday 1st July 2017, the Inter girls team competed at the ESAA track and field cup National Final at Horspath Athletics Stadium, Oxford. We stayed overnight at a hotel and made our way to the competition by minibus early on Saturday morning.

In this competition there are 3 rounds - the first round which is held locally at Melbourne, Chelmsford, the regional round, which is very important as it determines whether we qualify for Nationals, and of course the National Final. The expectation is that every girl must do a two events out of a track, field, or relay. It was really important that everyone was put in the right events to get the most points we possibly could. In the first round, we scored 392 points, in the regional round 403 and at nationals 410. We were always learning from previous competitions to see where we could improve with positions and persisted in training every lunch time and every week after school. The competition is based on points and not necessarily position: individual performance is key. Some of us performed exceptionally well at the regional rounds but didn't perform as well as we would have liked to at nationals and vice versa. Because of varied performances the outcome was at times unpredictable but we all competed to the best of our ability on that day.

With stronger competition than we had ever faced, we managed to make it into the top 12 schools from all over the country that took part to qualify, placing 8th in the country, just 3 points behind the two schools who drew in 6th.

As junior girls we got to the National final in 2015 at this same competition in which we came 3rd in the country, so it meant a lot to us that we qualified this year- especially as it is the Year 10 girls' last year in the ESAA competitions.

Competing for the school for the last 4 years has taught me so much about teamwork and the importance of cohesion in events like these. At times we felt like giving up, as a team we carried one another through and we are all very pleased with the outcome. I'm so proud of everyone and I couldn't have asked for a better team of girls to share this experience with. Also a huge thank you to Miss Bellamy, Miss Sales and Mr May for their hard work and continued support in making opportunities like this possible for us.

CCHS CRICKET 2017

Mr Paul May

The School has had two cricket teams playing indoor and outdoor matches this year, Under 13 (Yrs 7&8) and Under 15 (Yrs



9 & 10). The Under 15 team consists of just Year 9 students as we only started cricket with this group when they were Year 7's.

The U15's played in the County Indoor Competition and won a couple of matches but did not get through to the County Final as they did the previous year but they were up against teams with Year 10 players.



The U13's also played in the County Indoor Competition and they did get through to the County Finals where they came 4th in Essex.

In the summer term there are competitions for both hard ball and softball cricket and both school teams were entered in to the Mid-Essex Cup and the Essex Cup hard ball competitions and soft ball cricket festivals.

In the U13 Mid Essex Cup we were drawn against New Hall School and lost a very close fought match by just 3 runs. In the U13 Essex Cup we played Robert Clack School from Romford in the 1st Round and beat them comfortably by 70 runs. In the 2nd round we played Hall Mead School from Upminster and just narrowly lost by 1 wicket.



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In the U13 Essex Hard Ball Cricket Festival we played four games and won three losing to St Martins by 1 run!

In the U15 Mid Essex Cup we have got through to the Semi Final v Shenfield School due to be played on Monday July 17th. In the U15 Essex Cup we played Bancrofts School in the 1st Round and lost by 20 runs. In the U15 Essex Softball Cricket Festival we came 2nd out of 12 schools losing to Shenfield in the Final.

All the girls in both squads have done exceptionally well this year, many of the girls have never played cricket before and have made excellent progress to be able to compete well against teams with much more experienced players.

The U15 team has not had the services of their Captain and county player Charutha for the whole season due to a long term knee injury and a couple of the squad have struggled to make all the games due to other commitments so it's been a tough season for them but they have kept smiling and as always have given their best in every game despite having older players against them.

The U13 team, led by Captain Preesha Jain, have had a very promising season, although they have not won anything they really have made great progress and with 13 players in the squad who have all trained regularly throughout the season the future looks good, particularly next season when the Year 8's from the U13 squad will join the Year 9's to make a very strong U15

squad for both the Indoor and Outdoor season.

Well done to all the players.

Sports Day 2017 By Miss Sarah Bellamy

On the 27th June, the school set off to Chelmsford Sports & Athletics Centre, Melbourne for Sports Day. The weather was warm and dry and the school looked very athletic with everyone in PE kit and sportswear.

Following on from the previous Sports days we had a parade for the houses, the houses set off with their banners and flags around the track to loud cheers from the crowds. Houses were in good voice and Stewart last years' Champions took the honour of leading the parade.



With warm-ups completed and CCHS staff & Year 12 girls in place ready to officiate, the competition began. The athletes gave their all and each house rooted for their members. With some outstanding



performances and records being broken the day went extremely well. The rain would not stay away for the whole day and the relay runners did get a touch wet.

With the rain now pouring, the presentation could not take place quite as normal with the students staying in the stand and umbrellas were being held over our lovely guest of honour, Margaret Cousins, Mrs Chapman and presenters. With



a quick bit of reorganising by Mr Steele, all winners received their certificates and the overall results were announced for both the Four House Cup and Five House Shield. The individual athlete winners were presented with their certificates on the day but will receive their trophy at the CCHS Sports Presentation Evening on 2nd October. Well done to all the athletes who competed



Sports News



and performed so well on the day and to all houses who cheered their team members on so enthusiastically.

It only leaves me to thank the CCHS staff members and Year 12 helpers who performed their roles so well, we cannot run the event without all your hard work and time. The Chelmsford Sport and Athletics Centre and staff for all their help on the day; Mr Cable, Mrs Gross and Mrs Sheldon for producing the programme and the fabulous Mr May and Miss Sales their help and expertise before and on the day. Finally, a thank you to all the parents who came to support their daughters, we hoped you enjoyed the day.

Four House Cup Overall winners:



- 1st Hepburn
- 2nd Grey-Thompson
- 3rd Curie
- 4th Stewart

Five House Cup Overall winners:



- 1st Curie
- 2nd Frank & Stewart
- 4th Grey-Thompson
- 5th Hepburn

Year results:

Year 7

- 1st - Curie
- 2nd - Frank
- 3rd - Grey-Thompson
- 4th - Hepburn
- 5th - Stewart

Year 8

- 1st - Grey-Thompson
- 2nd - Curie
- 3rd - Hepburn & Stewart;
- 5th - Frank

Year 9

- 1st - Hepburn
- 2nd - Curie
- 3rd - Grey-Thompson
- 4th - Stewart

Year 10

- 1st - Grey-Thompson
- 2nd - Hepburn
- 3rd - Stewart
- 4th - Curie

Year 12

- 1st - Stewart
- 2nd - Frank
- 3rd - Curie
- 4th - Hepburn
- 5th - Grey-Thompson

Individual Winners:

Year 7 - Temilola Awolesi



Year 8 - Amelia Cook



Year 9 - Rebecca Anderson



Year 10 - Tomi Owioye



Year 12 - Susan Oduleye





Athletics

Having had many of our athletes training down at Melbourne (CSAC) throughout the winter, most of the girls were ready for the season ahead. We really are extremely lucky to be able to train at such fabulous facilities with brilliant and highly experienced coaches. So we much give a special thank you to Mr & Mrs Sergeant who help train the athletes all through the year.

Some of our athletes in Years 7-9 started the summer season by attending the Athletics Masterclasses, where several were encouraged to join Chelmsford Athletics Club. I do hope some of the athletes took up this opportunity. As the season continued we competed against various schools from across Essex. The Woodlands School, Basildon came over to CSAC, Melbourne and competed in both track & field event for years 7-10. We also went over to New Hall and Great Baddow to compete in competitions for Years 7-10. Once again, the CCHS girls showed excellent promise for the National and CESSA competitions coming up later in the term.

Mid-Essex Trials followed closely, with eight girls being selected to represent Mid-Essex at the Essex Schools Championships 10th June 2017 and two students were selected as a reserves. Well done to all the following girls:

Junior Girls (Year 8&9)

Amelia Cook - Long Jump - 4.34m 13th

Intermediate Girls (Year 10&11)

Keira Bainsfair - 300m Hurdles - 44..24s	1st - Essex Champion
Amelia Day - 300m - Injured	
Lucy Aitchison - 1500m - 5.22.64	8 th
Lauren Scott - 800m - 2.34.23	6 th
Tomi Owoe - Shot Putt - 9.54m	8 th
Jessica Prentice - Triple Jump - 9.97m	3rd
Dulcie Morrell - Javelin - 26.01m	9 th

Mary Ogunmokun & Rochelle Acquah-Aikins were reserves for the event.

As the competition is of a very high level so the students should be very proud of their achievement. Well done to all the girls who competed and represented Mid-Essex so well.

The Year 7 Essex Schools Championships which Mr May runs on behalf of Essex Schools took place on July 5th at CSAC, Melbourne, where only one of our students qualified for the Mid-Essex team. Ody tried very hard but could not quite perform to her best but still finished 12th in Essex out of 20 throwers.

Several Year 12 students helped to run the event, and did very well, showing excellent leadership and organisation skills. Thank you to all the students who attended.

Year 7 - Ody Ozono - Discus 15.34 12th

Kiera Bainsfair, Year 10

Kiera was selected to represent Essex at the English Schools Track & Field Championships in Birmingham on the 7th & 8th July, where she performed extremely well and came away from the competition with a Silver medal in the Inter Girls (Yr10&11) 300m Hurdles. This led to Kiera representing England in Dublin at SIAB Championships, where she came 6th in the 300m Hurdles and won a Gold medal for the 4 x 300m relay. Congratulations to Kiera on having an excellent season once again this year. We are extremely proud of you.



Kiera collecting her Silver medal at ESAA Championships from Robbie Grabarz (GB High Jumper).



Kiera representing English Schools at SIAB - Gold in 4 x 300m Relay

ESAA Track & Field Cup

In the Track and Field Cup, all athletes have to compete in one track and one field event, with the relay counting as either. Points are awarded for how fast the girls run, how far they jump or throw etc.

We entered both Junior & Intermediate Girls teams into the national competition once again and had particular high hopes for the Inter team to get to the Nationals again. The Inter team competed on 11th May 2017 and performed well, finishing 2nd with 392 points and guaranteed a place at the Regional Finals. The Junior team had to travel to Thurrock for their competition on 18th May, which was an unfamiliar track to them. The team supported each other throughout the day, and performed well. The team came 3rd on the day but had a wait to see if they secured a place in the Regional Final.

First Round scores:

Junior Girls – 18th May 2017 3 : 292pts : Chelmsford County High School for Girls

100m	13.8s = 21pts 14.2s = 17pts	Amelia Cook Sophie Scott	High Jump	1.20m = 14pts 1.20m = 14pts	Katie Connew Bissie Shupo
200m	31.2s = 14pts 30.9s = 15pts	Simi Adewale Cassiah Harverson	Long Jump	4.39m = 21pts 4.07m = 16pts	Amelia Cook Cassiah Harverson
800m	2m58.0s = 15pts 3m04.0s = 13pts	Daisy Marshall Danielle Sirett	Shot Putt	5.50m = 10pts 6.94m = 15pts	Simi Adewale Matilde Francesconi
1500m	6m30.0s = 11pts 6m19.0s = 12pts	Katie Connew Zoe Barnard	Discus	11.59m = 8pts 19.56m = 19pts	Daisy Marshall Moyo Okenla
Hurdles	13.4s = 22pts 18.7s = 2pts	Bissie Shupo Moyo Okenla	Javelin	10.43m = 6pts 13.75m = 11pts	Yasmin Yong Danielle Sirett
Relay	1m00.1s = 16pts	Zoe, Sophie, Matilde & Yasmin			



Intermediate Girls – 11th May 2017

2 : 392pts : Chelmsford County High School for Girls

100m	13.2s =	24pts	Rochelle Acquah-Aikins
	14.3s =	13pts	Oloruntomisin (Tomi) Owoeye
200m	29.1s =	17pts	Anjola Oduyoye
	29.2s =	16pts	Ebunoluwa Adetunji
300m	49.4s =	15pts	Dulcie Morrell
	48.4s =	16pts	Rebecca Anderson
800m	2m29.0s =	23pts	Lauren Scott
	2m43.8s =	16pts	Eleanor White
1500m	5m14.7s =	20pts	Lucy Aitchison
	=	0pts	:
Hurdles	11.5s =	29pts	Kiera Bainsfair
	=	0pts	:
Relay	56.2s =	19pts	
	=	0pts	
High Jump	1.41m =	18pts	Anjola Oduyoye
	=	0pts	:
Long Jump	4.95m =	23pts	Kiera Bainsfair
	4.24m =	15pts	Rebecca Anderson
Triple Jump	8.59m =	12pts	Jasmine Randall
	9.35m =	18pts	Ebunoluwa Adetunji
Shot	9.31m =	25pts	Ayodeji Otubusen
	10.00m =	28pts	Oloruntomisin (Tomi) Owoeye
Discus	17.23m =	12pts	Lauren Scott
	16.64m =	11pts	Eleanor White
Javelin	24.48m =	22pts	Dulcie Morrell
	=	0pts	:

Regional Results

Due to clashes with school events, both teams had to attend a Regional B Final, which took place in Watford, on 12th June. The weather was much improved on the previous year but was still a little cold. Both teams had a few changes from the first round, but this did not stop them cheering their team mates on and performed even better than they did in the first round. The Junior team scored 306 and came 10th. The Inter team won the event and managed to score 403 points, this meant they had a tense wait to see if they qualified for the Nationals, which they did.

Junior Girls Regional Final

10 : 306pts : Chelmsford County High School for Girls, Essex

100m	13.8s =	21pts	Amelia Cook
	15.3s =	10pts	Matilde Francesconi
200m	29.4s =	20pts	Sophie Scott
	30.8s =	15pts	Cassiah Harverson
800m	3m02.8s =	14pts	Daisy Marshall
	2m59.9s =	15pts	Danielle Sirett
1500m	6m34.3s =	10pts	Katie Connew
	6m36.3s =	9pts	Zoe Barnard
Hurdles	13.2s =	23pts	Bissie Shupo
	14.9s =	14pts	Moyo Okenla
Relay	61.7s =	14pts	
	=	0pts	
High Jump	1.14m =	12pts	Katie Connew
	1.29m =	17pts	Bissie Shupo
Long Jump	4.40m =	22pts	Amelia Cook
	4.21m =	18pts	Cassiah Harverson
Shot	6.22m =	12pts	Matilde Francesconi
	6.44m =	13pts	Valerie Jeyibo
Discus	13.17m =	10pts	Daisy Marshall
	18.16m =	17pts	Moyo Okenla
Javelin	14.02m =	11pts	Lara Boyd
	12.39m =	9pts	Danielle Sirett

Intermediate Girls Regional Finals

1 : 403pts : Chelmsford County High School for

100m	13.7s =	19pts	Rochelle Acquah-Aikins
	14.1s =	15pts	Tomi Owoeye
200m	30.0s =	14pts	Anjola Oduyoye
	29.3s =	16pts	Ebunoluwa Adetunji
300m	47.8s =	17pts	Amelia Day
	49.7s =	14pts	Rebecca Anderson
800m	2m35.0s =	20pts	Lauren Scott
	2m47.5s =	14pts	Eleanor White
1500m	5m10.9s =	21pts	Lucy Aitchison
Hurdles	12.0s =	27pts	Kiera Bainsfair
Relay	56.7s =	19pts	Rochelle, Lucy Aitchison
High Jump	1.29m =	14pts	Anjola Oduyoye
Long Jump	5.03m =	23pts	Kiera Bainsfair
Triple Jump	9.79m =	20pts	Amelia Day
	9.66m =	20pts	Ebunoluwa Adetunji
Shot Putt	9.95m =	28pts	Ayodeji Otubusen
	10.70m =	32pts	Tomi Owoeye
Discus	16.23m =	11pts	Lauren Scott
	21.35m =	17pts	Eleanor White
Javelin	24.01m =	21pts	Dulcie Morrell
	23.95m =	21pts	Rebecca Anderson

Girls, Essex

CESSSA Championships

The CESSSA Championships took place at Melbourne (CSAC) on 20th June 2017. Mr May runs the whole competition on behalf of MESSSA. Twelve schools compete in total for the Championships. We supply several students to help the

competition to run smoothly, they learn new skills and enhance their leadership skills.

The athletes had been training hard and were hoping for victory. In the CESSSA Championships, athletes could compete in up to three events - one track, one field event and 4x100m relay or just one event, allowing more students the opportunity to compete. The girls' spirit was high, but they knew they had to be fully focused on the task if they wanted to win their year group. Sadly, the Year 8 team could not compete as they were in Germany, so we knew that the overall competition could not be won by us but this did not stop the girls supporting each other and performing to the best of their ability. Nearly all girls made it to the finals, ensuring they scored some points for their team. We also had several girls crowned District Champions due to their excellent performances on the day. Well done to all the girls who competed and to the girls who helped the teams and staff to ensure all our athletes competed to the best of their ability.

A massive thank you to all the PE staff, Mrs Henderson and Mr & Mrs Sergeant who have trained the athletes all year round.

Results

70m Hurdles	Lara Boyd	4 th
100m	Sierra Kargbo	7 th
200m	Temi Awolesi	5 th
800m	Anica Nicovic	9 th
1500m	Zoe Barnard	9 th
Relay 4 x 100m	Ruby Gleeson Alesha Mead Krishtika Mishra Kasope Ogunbiyi	8 th in Heat
Long Jump	Victoria Abbott	5 th
High Jump	Temi Awolesi	4 th
Shot Putt	Sam Ericsson	2 nd
Discus	Ody Ozono	1 st
Javelin	Lara Boyd	6 th

Year 7

75m Hurdles	Rebecca Anderson	4 th
100m	Mia Hillsden	5 th in Heat
200m	Katie Smith	8 th
800m	Lena Leineman	3 rd
1500m	Lauren Bailey	10 th
Relay 4 x 100m	Katie, Rebecca, Mia & Issy	
High Jump	Eilidh Deacon	6 th
Long Jump	Issy Berryman	8 th
Shot Putt	Mary-Beth Kogbe	3 rd
Discus	Emily Olley	6 th
Javelin	Rebecca Anderson	4 th

80m Hurdles	Kiera Bainsfair	1 st - CESSSA Champion (District Record)
100m	Rochelle Acquah-Aikins	1 st - CESSSA Champion
200m	Ebun Adetunji	3 rd
800m	Lauren Scott	1 st - CESSSA Champion
1500m	Lucy Aitchison	1 st - CESSSA Champion
4 x 100m Relay	Ebun, Kiera, Rochelle & Amelia	1 st - CESSSA Champions
Long Jump	Tomi Ibrahim	9 th
High Jump	Kiera Bainsfair	1 st - CESSSA Champion
Triple Jump	Amelia Day	1 st - CESSSA Champion
Shot Putt	Tomi Owweye	1 st - CESSSA Champion
Discus	Jess Shaw	3 rd
Javelin	Dulcie Morrell	7 th

Year 9

Year 10

Overall Results

Year 7 - 6th

Year 8 - No team - Students in Rhineland

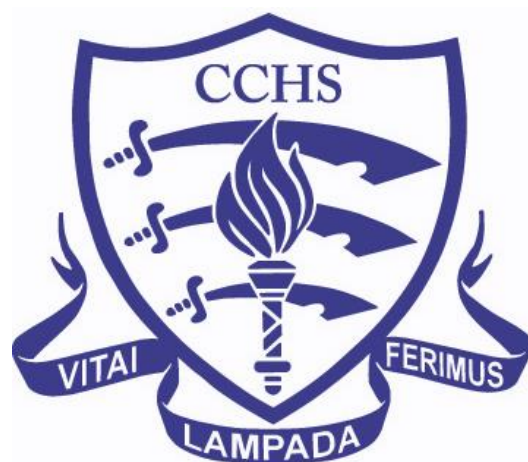
Year 9 - 7th

Year 10/11 - 1st CESSSA Champions

Overall Girls - 5th

Thank you to all the parents who have supported the teams over this term, it is always lovely to see you encouraging the teams.





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