## Chelmsford County High School for Girls Leadership Conference Friday 24 October 2014

## With Grateful Thanks to our Sponsors:

Birkett Long & Savills

8:20-8:50	Arrival
	Guest schools and CCHS students arrive via Dining Hall entrance
	Conference Registration and Breakfast available from 8.20 am
	Welcome activities, hopes and plans for the day, networking
	Speakers arrive via main reception: Coffee with Mrs Chapman
8:50-10:40	Keynote Speakers' Panel
	8.50 am students seated in hall.
	Introduction and expectations: Korede Alabi and Aziza Bangura, Chairwomen
	9.00 am platform party arrives. Welcome from Mrs Chapman
	Chairwomen introduce the panel session
	Keynote Speakers:
	Introduced by by Hannah Francis, Olivia Gennings, Rhiannon Mahoney and Frankie Sutcliffe
	Charlene Laidley
	Charlene Laidley International
	Harry Gaskell
	Managing Partner, Ernst & Young
	Ailie MacAdam
	Managing Director, Rail – Global, Bechtel
	Mitra Janes Diversity and Inclusion Manager, DLA Piper UK LLP
	Overtions from the floor
	<ul> <li>Questions from the floor</li> <li>Vote of thanks by Shivani Valera, and presentations by Teni Oladipo-Akinrulli, Hannah</li> </ul>
	Francis, Olivia Gennings and Frankie Sutcliffe
	Press session
10:40-11:00 Dining Hall	Break and refreshments provided by Year 11 catering team
11:05-12:00	Workshop Session 1
	W1A Women and Leadership. Gender differences, exploring the barriers/challenges and investigating how to overcome them. Led by Mitra Janes. Venue: L11/12
	W1B Cooking on a Budget. A workshop which gives students guidance on how to budget and manage their money. Led by Mulanga Osayuwa, Eileen Gbago, Heidi Mills, Taylor Downing and Olivia Roffey supported by Mrs Williams. Venue: Cookery Room T4
	W1C What Makes YOU Awesome?! How to Make a Compelling Personal Brand. Led by Charlend Laidley. Venue: Hall
	W1D Engineering That Changes the World. Led by Ailie MacAdam. Venue: L8.

12:00-12:05	Short break and changeover time
	Workshop Session 2
12:05-1:00	W2A Women and Leadership. Gender differences, exploring the barriers/challenges and investigating how to overcome them. Led by Mitra Janes. Venue: L11/12
	W2B Cooking on a Budget. A workshop which gives students guidance on how to budget and manage their money. Led by Mulanga Osayuwa, Eileen Gbago, Heidi Mills, Taylor Downing and Olivia Roffey supported by Mrs Williams: Venue: Cookery Room T4
	W2C We Are All Entrpreneurs: How to Build a Successful Business? It's a Mindset, not a Business Model! Led by Charlene Laidley. Venue: Hall
	W2D Engineering That Changes the World. Led by Ailie MacAdam. Venue: L8.
	W2E Finance Workshop. Career paths into investment banking and leadership qualities. Led by Helen-Marie Moloney, Investment Banker. Venue L9
1:00-1:45 Hall	Shared Lunch provided by CCHS students
Hall	Networking, completion of feedback cards from morning session
1:45-2:30	Workshop Session 3
	See separate sheet for full workshop descriptions
	W3P De-stress with yoga! Venue: L 11/12
	W3Q Be Body Confident. Venue: L1
	W3R Bollywood Dance. Venue: Drama Studio
	W3S The Power of Words. Venue: L8
	W3T #EpicFail. Venue: L3
	W3U Women in Politics. Venue: L9
	W3V 'In Tune' Venue: M2
	W3W Language and Culture Workshop. Venue: L10
2:30-2:35	Changeover time
2:35-3:20	Workshop session 4
	W4P De-stress with yoga! Venue: L 11/12
	W4Q Be Body Confident. Venue: L1
	W4R Bollywood Dance. Venue: Drama Studio
	W4S The Power of Words. Venue: L8
	W4T #EpicFail. Venue: L3
	W4U Women in Politics. Venue: L9
	W4V 'In Tune' Venue: M2
	W4W Language and Culture Workshop. Venue: L10
3:25-4:00	<ul> <li>What next? Networking for the future</li> <li>Feedback, review of the day</li> <li>Evaluation and Thanks</li> </ul>

## **Afternoon workshop descriptions**

- **WP De-stress with yoga!** Led by Annabel Baker, Charlotte Ginnaw, Ana Sengupta, Josephine Akoro, Amrit Sandhu, Kismet Lalli supported by Mrs Foley. This workshop will look at a mixture of ways stress is bought on and can be dealt with. We will spend much of the time doing yoga a stress relieving exercise so make sure you bring comfy bottoms! **Venue: L11/12**
- **WQ Be Body Confident.** Led by Sophie Bryan, Emily Rome, Frankie Sucliffe, Abbie Everett, Shivani Valera supported by Mrs Warner. This workshop will discuss ways to improve body confidence and how this will affect you as a leader. **Venue: L1**
- **WR** Bollywood Dance. Led by Harshila Solanki, Sabrina Singh, Itse Omatsuli, Neha Bassi supported by Miss Harrisson. Dancing to improve self confidence and self esteem in a fun, healthy and active way! **Venue: Drama Studio**
- WS The Power of Words. Led by Charlotte Joiner, Leyla Spratley, Karishma Sangtani, Dani Olusanya supported by Miss Greenwood. A workshop emphasising the importance of communication as an influential tool through creative writing, songs and literature and how, if mastered, it can allow you to change minds. Venue: L8
- **WT #EpicFail**. Led by Hannah Francis, Charley Pye, Elizabeth Hanna supported by Mrs French. Ever failed at something? Found it hard to start again? In this workshop you will learn how to pick up the pieces and some techniques you can use when things don't go quite according to plan. **Venue: L3**
- **WU** Women in Politics. Led by Rhiannon Williams, Ashleigh Mears, Olivia Neave, Alice Wall and Annabel Jackson supported by Dr Graham. A workshop exploring the influences women have had in shaping the political world, and they challenges they faced and still do face today. **Venue: L9**
- **WV** 'In Tune' Led by Anoushka Vindlacheruvu and Samantha Green supported by Mr McGee. Learn how to become a great leader, get 'In tune' with your group, and play some music. (It involves getting a person in a group of 5 who does not normally lead a group to lead a group in playing a familiar piece of music.) **Venue: M2**
- **WW** Language and Culture Workshop. Led by Sabrina Dizdar, Rebecca Jackson and Phoebe Okolie supported by Mrs Adams. Learn about languages from around the world and different cultures with games and food tasting! **Venue: L10**